

Next Community Meeting: Jan 5th, 2022: 2pm

Join Zoom Meeting

<https://us02web.zoom.us/j/88962790862>

Meeting ID: 889 6279 0862

One tap mobile

+13462487799,,88962790862# US (Houston)

Agenda

2:00-2:30 Christine Hollis, our NMDOH Health Equity Specialist will brief us on the statewide efforts to reduce health disparities by centering local community voice, expertise and relationships balanced with population health data. Ms. Hollis is a health communication and policy expert with over 30 years experience in training and building community capacity in health promotion, social marketing, advocacy in the U.S. and overseas.



2:30-2:50 Community Introductions and Updates

2:50-3:00 100% Communities Update

Introducing our new contractors!

Pamela Skinner and Shannon Barnes



Pamela Skinner is our new Community Wellness Council Coordinator and will have administrative duties that keep our board and community informed as to health opportunities around health assessment, action planning and collaboration.

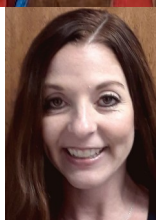
She can be reached at ewerspamela@gmail.com



Shannon Barnes will lead our 100% Communities Initiative and coordinate the 10 Task Forces that families need in order to survive and thrive: Food, Housing, Medical/Dental Care, Behavioral Health, Transportation, Job Training, Early Childhood Services, Parenting Supports, Community Schools, and Youth Mentoring.

She can be reached at shannon@healthyconsultingnm.com

CWC is actively recruiting new board members who represent our diverse community. If you are interested, please begin your orientation at our [webpage here](#).



Ginny Adame
Chair



Fr. Robert
Mundy
Vice Chair



Diana Good
Secretary



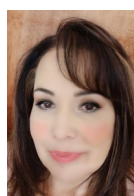
Peggy Gutjahr
Co-Treasurer



Carol Claus
Co-Treasurer



Bart Regelbrugge
Board Member




Linda Montaño
Board Member



Alejandro Coronado
Board Member

JOIN ~ SHARE ~ STRENGTHEN OUR COMMUNITY

In lifting others, we rise ...
Please join us once a month!
Valencia County is a 100% Community.



Community Wellness Council

The Best Gift ... is You!

Why Join Us?

- Make a difference
- Your voice: valued and needed
- Connect and network with others
- Build capacity and readiness in community
- Real change for real people

Priority Areas

- Violence Prevention
- Behavioral Health
- Substance Use
- Healthy Eating
- Active Living

Youth Mentoring
4th Monday @ 3 p.m.

Early Childhood
2nd Tuesday @ 9:30 a.m.

Medical/Dental
2nd Wednesday @ 9 a.m.

Jobs
2nd Wednesday @ 10:30 a.m.

Behavioral Health
2nd Thursday @ 1:30 p.m.

Community Schools
3rd Wednesday @ 12 noon

Housing
3rd Wednesday @ 9 a.m.

Food
3rd Thursday @ 10 a.m.

Parenting Supports
4th Tuesday @ 9:30 a.m.

Transportation
4th Wednesday @ 2 p.m.



For info or to join, contact us:
communitywellnesscouncil@gmail.com
<https://www.100nm.org/valencia/>
 Diana Good (505) 222-0958

Designed by Wilderwood Equine Therapy and Rescue
Sponsored by Village of Los Lunas/ Valencia County DWI Program/ Office of Substance Abuse Prevention Grant Funding

SURVEY OPEN! Click pic

YOUR VOICE MATTERS!

Do you want to share your thoughts and experiences on **access to basic family services** like medical care, childcare, job training, transportation, housing, and more, in Valencia County?

Please take our **10-minute survey** to help us make life better for families in our county.

Visit the survey link:

<https://bit.ly/valencia21>

or Scan the QR code on your iPhone camera or Android QR code app



"V" must be uppercase



Updated Resource Directory is online and ready to use!

<https://www.communitywellnesscouncil.org/Community-Resources.html>

COVID Resources

available as well: <https://www.communitywellnesscouncil.org/COVID-19-Coronavirus.html>

<https://cv.nmhealth.org/covid-vaccine/>

Community-Identified Priorities

- 1) Violence Prevention
- 2) Behavioral Health
- 3) Substance Use
- 4) Healthy Eating
- 5) Active Living



Our Vision: "A community working in cooperation to ensure the health and well being of all its residents." Our Mission: "To promote community collaboration through framework of coordination, assessment and solutions." <https://www.communitywellnesscouncil.org/>. Photo is from a Pre-COVID gathering.