

November 2022

Veterans Day November 11th!

Over 8,000 US MAIL Home & Business Delivery to Southern St. Johns County Communities Monthly!!

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Vail Point
Southwood
Grand Ravine
Winding Creek
Summer Breeze
Crescent Cove
South Walk
and others



St. Augustine OBSERVER

NEWS INFORMATION FOR & ABOUT RESIDENTS OF SOUTHERN ST. JOHNS COUNTY FL

Light-Up! Night Kickoff the Holiday Season!



The City of St. Augustine's spectacular holiday lights display returns this year, November 19 through the end of January. The best way to experience the Nights of Lights and get the best views is to park at the Historic Downtown Parking Facility, adjacent to the St. Augustine Visitor Information Center at 10 S Castillo Drive, and enjoy the displays by strolling the city's Old World Streets, taking a horse and carriage ride, or by boarding one of the many special holiday tour vehicles.

Since the lights burn bright every night, many have discovered more leisurely pace by visiting the city midweek when many lodging establishments offer reduced rates, wait times at restaurants are less, and traffic and parking are less of a challenge. (continued on page 6)

St Augustine South Reflections

by Ruth Hope



"Water, water everywhere, nor any drop to drink" came to mind in the aftermath of Hurricane Ian. When Ian made landfall September 28 on Cayo Costa Island as a high end, category 4 storm, it was much further south than predicted. Its eye didn't come over our county. St Augustine South did have rain and wind, but the biggest impact was the storm surge. We generally think of the northern stretch of Shore Drive near Douglas Crane park when there is flooding with Nor'easters and hurricanes. But it was the southern reaches of Shore Drive and Lewis Point that called to mind Samuel Taylor Coleridge's Ancient Mariner's lament after Ian passed us by.

We again have sailboats blown up onto the side of our Waterfront Park and the lived aboard old shrimper by Douglas Crane park sank. Getting storm wrecked boats removed is apparently faster than the lengthy legal process for removing abandoned boats from the marsh and waterways. St Johns Sheriff's Office is hoping to fast-track removal of abandoned boats that sank or moved close to Shore Drive, by using their storm clear up powers. If not, the sailboat stuck in the marsh near the end of Saturn Dr, for more than a year, is now close enough to hang (continued on page 6)

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11th Annual Santa Suits 5K

The 11th Annual Santa Suits on the Loose 5K presented by Bozard Ford, to benefit St. Augustine Youth Services (SAYS), is a walk/jog/run that will be held on December 10, 2022. It begins at the St. Augustine Pier at 8 AM. The race follows a flat 3.1 mile course through St. Augustine Beach neighborhoods. Last year participation was roughly 1200 "Santa" themed runners, making it the 3rd largest race in St. Johns County. This year race organizers expect an even larger turn-out.



Registration is LIVE at www.racesmith.com. The price per participant is \$35 through December 9th. Race morning registrations increase to \$40. Race registration includes your choice of a Santa Suit or

a T-Shirt, finisher medal and lots of holiday cheer! Awards are presented to top finishers. The race also features a Community Team Challenge and a School Team Challenge. Groups with the most of runners receive a travelling trophy to keep for the year.

All race proceeds are used to directly support SAYS' youth mental health programs and help provide "normal life experiences" to our residential foster kids and those with mental health diagnosis and (continued on page 9)

St. Augustine Observer
2465 US 1 South #8
St. Augustine, FL 32086

RING IN THE HOLIDAY SEASON
IN GRAND STYLE AT

Christmas on the River

TO BENEFIT COA'S CARE CONNECTION

SUNDAY, NOVEMBER 20, 2022
5 PM - 8 PM

RIVER HOUSE, 179 MARINE ST.
ST. AUGUSTINE, FL



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St. Augustine Observer

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2465 US 1 South PMB #8 • St. Augustine, FL 32086
Email: clifflogsdon@att.net • Online: www.StAugustineObserverOnline.com

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to the St. Augustine Observer, 2465 US1 South PMB #8, St. Augustine Florida 32086. Information may also be e-mailed to clifflogsdon@att.net.

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Tatiana Diaz
Sales & Media

(904) 894-0204

Email: TatianaObserver@gmail.com

The purpose of the St. Augustine Observer is to serve residents of St. Augustine area Communities.

First priority will be given to reporting news and activities of the residents of the St. Augustine local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest as space permits.

Information should be received by the 15th of the month in order to appear in the following month's issue. Articles or information may be sent

"Follow us on Instagram and Facebook: @staugustineobserver"

St. Augustine Shores Community Calendar

**The Shores Service Corporation
Shores Homeowners Association**
(904) 794-2000

www.staugshores.org

Shores Monthly Meetings

- **Shores Service Corporation's** monthly meetings are held on the second Thursday of each month. Meetings are at 6 p.m. at the Riverview Club.

- **Conquistador Condominium** Board meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.

- **Fairview Condominium** Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.

- **Greens Condominium** Board meetings will vary. Contact Jeff Edwards at Sovereign-Jacobs at 904-461-5556.

- **Casa Bella Condominium** Board Meetings are 3rd Mondays of each month at 6pm. Meeting location will be determined & posted on bulletin board 48 hours prior to each meeting. (March 21, April 18, May 16, June 20, July 18, August 15, September 19, October 17, November 21, December 19). For Information contact Property Manager Debby Bisogno at 904-461-5556.

St. Augustine South Community Calendar

St. Augustine South Improvement Assoc.

709 Royal Rd. St Augustine, 32086

email: info@staugsouth.com

www.staugsouth.com

(904) 615-6916

SASIA Meeting 3rd Wed at 7PM

There will be no Community Meetings during the summer. Normally they are held the third Wednesday of each month at 7:00pm at the SASIA clubhouse except for July and August. You are welcome to join us in September for our monthly community meeting on Wednesday, September 21st at 7:00pm

SASIA Board Members

President - Jerri Sue Dawson
1st V.P. - Nicolette Soucy
2nd V.P. - Doris Taylor
Secretary - Open
Treasurer - Margo Geer
Mike Oliver
Robert Kennedy
Oonna Hueck
Mick Jones
Alan Chappell
Sarah Pierce

Distribution Locations for the Observer

- Shores Riverview Club
- Anastasia Island Library
- St. Johns County Pier Park
- Shores Golf Course
- YMCA
- Main Library
- Southeast Library
- Shores Deltona Realty

Community Classifieds

The Observer offers free community classified listings for USPS selected addresses in Southern St. Johns County and paid subscriptions. Classified ads will not be printed without a name, address and phone number included with the request. 5 items or less should be sent. Free ads are not for Business or Personal Service ads. Placement is not Guaranteed.

Business, Service, seeking work, etc. may be placed in the classified section: (1-4 lines) \$5, (5-8 lines) \$10, (9-12 lines) \$15, (13-16 lines) \$20. These Ads should be paid in advance before placed. Send your listing and payment, if required, to Observer, 2465 US1 South PMB#8, St. Augustine, 32086. You may email your ad to clifflogsdon@att.net. Deadline for all listings or ads is the 15th of every month for the next monthly issue.

FOR SALE: Shabby Chic items both antique, vintage, and current day... linens, china, home decor, frames, pictures, books, etc. Call 904-797-4258 to view.

FOR SALE: ELLIPTICAL - Sole E35 with floor mat, one owner, very good condition, have not used in 5 years. text 516-319-9688

FOR SALE: Singer professional sewing machine(antique circa 1951) good working cond. \$200.00 Call 904-251-5481.

Car Service

Providing dependable, safe, courteous transportation to all airports/hospitals. Pearl Car Service (904) 677-3275.

Coins, Gold & Jewelry

I buy Silver Coins, Gold and Jewelry at great prices. Call Mike at 904-501-1449.

FOR SALE: Used Washer & Dryer . Washer work well. Dryer not heating up. Asking \$130 Call 904-687-3362.

WANTED: Female roommate wanted to share High end apartment. Covered parking, elevator. \$950.00 818-625-4045.

WANTED: Cleaning person wanted , also lawn person, handy man. References. Please call 904-687-3362.

Caregiver/CNA for seniors

Local Shores resident. How can I help make you or a loved ones life easier? Showering, errands, social outings, meals, etc... Please call Sarah at 904 599 2670.

Retired LPN Caregiver

Inhome companion, senior or child sitter sevice availble 24 hours. Reasonable rates and professional referebces. Call Sierra 904-377-7227

River House Christmas on the River

On Sunday, November 20, 2022, from 5 p.m. to 8 p.m., Council on Aging (COA) invites the community to ring in the holiday season once again at River House with "Christmas on the River." The annual fundraising event supports COA's Care Connection program, which provides St. Johns County seniors with many services they need in order to continue to enjoy independence and quality of life at home.

Attendees are invited to enjoy wine tasting, heavy hors d'oeuvres, beer and wine, live music, and holiday shopping in the spectacular waterfront setting of River House in downtown St. Augustine.

This year will mark the first time the event will be held in person since pandemic-related closures began in 2020.

"The Christmas on the River event evokes the holiday spirit so well," said Becky Yanni, COA's Executive Director. "It is so festive and fun - and it is driven by a sincere wish to give back to our (See page 3)community's elders and bring them comfort and joy during the holidays and all year long."

COA's Care Connection program is financed entirely through donations and fueled by the labor of caring COA volunteers from the community. Services provided include minor home repairs, lawn maintenance, wheelchair ramp construction, as well as assistance obtaining low or no-cost prescriptions, utility assistance, pet food, wheelchairs, and other assistive devices. Care Connection supports seniors in remaining in their homes where they are most comfortable, rather than being forced by circumstances to enter assisted living. The program provides crucial services for which no other funding sources exist.

Tickets to the event are \$100 per person and may be purchased online by visiting www.coajc.org/cotr, or over the phone by calling COA's Sheri Brideson at 904-209-3700. A range of sponsorship opportunities are available in support of the event from the \$300 Ruby level to the \$1,200 Diamond level. All sponsorships include tickets to the event and numerous recognition opportunities.

For more information, visit www.coajc.org/cotr, or contact Sheri Brideson at 904-209-3700 or sbrideson@coajc.org. River House is located at 179 Marine Street, St. Augustine, FL 32084.



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Evening Services 5:30 p.m.
Wednesday Night Services 7 p.m.

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904-824-8888

St. Augustine Shores & South News & Events

Shores Riverview Club Activities November 2022

November DANCES RSVP required: Call 904-794-2000 or at www.staugshores.org/dance-rsvp. **BYOB* Guests: \$15.00/pp**
Dance Club Members FREE – **Open seating**

EARLY SOCIAL Bold City Classics **MAIN SOCIAL** Traces of Gold
Sunday, November 6th Friday, November 18th
6:00pm to 9:00pm 7:00pm to 10:00 pm

GUESTS \$5/pp/class

Exercise Class Led by Marcia **Tuesdays and Thursdays at 9:00 am.**

Barre Workout Class led by Mary, **Tuesdays at 5:30 pm.** Classic Barre is dance-based fitness class designed to sculpt, stretch, and strengthen.

Chair Yoga Class led by Nancy, **Mondays, Wednesdays & Fridays at 10:45 am.** A gentler form of yoga for those whom balance is an issue.

Yoga Class led by Nancy, **Mondays, Wednesdays & Fridays at 9:00am.** Class is geared to all levels. Bring a non-skid mat & wear comfortable clothing.

Evening Yoga Class led by Annamarie, **Wednesdays at 5:30pm.**

Line Dancing Class led by Jinny, **Mondays at 6:30pm and Wednesdays at 1:00pm.**

Art Group Class led by Una, **Wednesdays at 1:30-4 pm.** Bring your current project and share expertise and ideas on all aspects of drawing/painting, including composition, perspective, color, mediums, etc.

Dance Class Class led by Shawn, **Mondays at 1-2pm.** Bring your dancing shoes and a partner!

Dance Synergy Class led by Mary, **Thursdays at 10:30.** Learn the fundamentals of dance while strengthening your core.

Shimmy, Stretch, and Strengthen Class led by Annamarie, **Thursdays at 4:00pm**
Come shake it out and work on your strength.

Mahjong Led by Marcia, **Wednesdays at 9:30** *must have at least 4 to play

Upcoming Events

Early Social



Nostalgia
Saturday, December 17
7-10pm

Main Social



Frank Saffi
Friday, December 30
7-10pm

Opportunity Observer & Beaches News Journal

The Observer is seeking marketing person to reach local business organizations for advertising in the local community newspapers. If interested please contact Cliff Logsdn at 904-607-1410

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Wedding
Birthday
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Fund Raisers
Holiday Party
Class Reunion
Graduation Party


RIVERVIEW CLUB
SAINT AUGUSTINE SHORES
790 Christina Drive
St. Augustine, FL 32086
904.794.2000



Shores Communications Corner News & Information from the Shores Service Corp.

A Small Corner of England

By the time this article goes to print it will be November, a time when our thoughts turn to those who have served our country and particularly those who have made the ultimate sacrifice in the cause of freedom.

After the end of World War Two, Cambridge University gifted an area at Madingley to the American government to be used as a last resting place for American Service Personnel who died during the conflict. Also to commemorate the many who lost their lives in the seas around England and in the skies over Europe and have no known grave.

It is said that a picture can paint a thousand words and the attached picture speaks more eloquently than any text, so it can be the voice of all those who rest here in honor.

Lest We Forget



St. Augustine Shores Service Corp.
790 Christina Drive | St. Augustine, FL 32086
904.794.2000 • www.staugshores.org

Christmas Market Local Crafters and Bake Sale

The Shores United Methodist Women is hosting their annual Christmas Market on Saturday, November 12th from 8 a.m. to noon. Bring your Christmas Shopping

List for remarkable low prices for handcrafted items! There will be Christmas aprons, fine handmade products of knitting and crochet items as well as other handmade Christmas decorations by local crafters. Visit the Bakery Shop for Georgia pecans and a variety of delicious homemade baked goods and treats. For all those attending, Christmas Raffle tickets can be purchased for a chance to win a range of fantastic prizes! Prizes include Restaurant Gift Certificates, Handmade Items, and Gift Baskets filled with goodies! The Christmas Market will be held in the Christian Education Building on the church's campus. There is plenty of free and accessible parking. Proceeds from the UMW sale benefit local community charities. Shores United Methodist Church is located at 724 Shores Blvd, between the golf course and Hartley Elementary. For More information call 797-4416 or visit www.shoresumc.org.



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Religious School
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SASIA News and Calendar of Events

November 2022

All events are held in the SASIA Clubhouse at 709 Royal Road. If you wish to contact SASIA please email info@staugsouth.com. All dates are subject to change.

Check out our Facebook page www.facebook.com/staugsouth, our Nextdoor page (search for St. Augustine South Improvement Association), and our Instagram page www.instagram.com/saintaugsouth/. Like and follow us so you can see what is happening at the SASIA clubhouse each week.

Visit our website www.staugsouth.com to sign up for our monthly newsletter and community event reminders. Everyone is welcome to subscribe, you do not have to be a member. If you'd like to join SASIA or rent our clubhouse you can do so online, or contact us at info@staugsouth.com or 904-615-6916.

Food Truck Night with El Hombre's Tacos - Friday, November 11th - 5-7pm

Grab a bite to eat after a busy week at work. Support a food truck from one of our SAS residents! El Hombre's Tacos will be here with their Mexican street style tacos and delicious toppings. Drinks will be available.

Arts & Crafts Fair - Saturday, November 5, 2022, 10am-2pm

Kick off your holiday shopping by supporting local artists and crafters at the SASIA Arts and Crafts Fair. We have multiple artists signed up with unique wares to sell. There will be stained-glass, jewelry, photography, paintings, fiber arts and more!

The Art Fair will feature refreshments by Wingin' It food truck and Mister Softee ice cream. Come out and shop local. Bring your family and friends!

Holiday Community Meeting / Holiday Dinner - Wednesday, December 21st - 7pm

The December community meeting is traditionally a dinner hosted by the SASIA officers and open to all members and residents. There is no charge for members. For nonmembers dinner is \$20 per person or you can take this opportunity to join for a \$24 annual fee.

Upcoming Events

Arts & Crafts Fair - Saturday, November 5th 10am-2pm

Food Truck Night - El Hombre's Tacos- Friday, November 11th 5-7pm

SASIA Community Meeting - Wednesday, November 16th - 7:00 pm

Holiday Celebration with Santa - Saturday, December 10th - 5:00pm

SASIA Community Meeting/Christmas dinner - Wednesday, December 21st - 7:00 pm

Jewish Historical Society Gathers on Veterans Day at St. Augustine National Cemetery

The 104th anniversary of the Armistice ending World War I will be observed by the St. Augustine Jewish Historical Society (SAJHS) on Veterans Day, Friday, November 11, 2022 at 11 am at the St. Augustine National Cemetery, 104 Marine Street, St. Augustine, 32084. A short and informal discussion of St. Augustine's role in the Spanish American War and the Jews who were involved in those efforts, will be a part of the brief commemoration. The St. Augustine Jewish Historical Society (SAJHS) is a non-religious, non-sectarian organization. The November 11th event is open to all, the public is welcome, there is no charge and no advance arrangements are necessary.

Call (904) 766-5222 for best directions. For further information visit the SAJHS website at www.sajhs.com or email at sajhs1565@gmail.com or 804-914-4460.

The mission of the St. Augustine Jewish Historical Society--now in celebrating its tenth year-- is to promote greater knowledge and understanding of the Jewish experience in St. Augustine within a broad cultural context from the founding of the City in 1565 to the present.

St. Augustine Archaeological Association

On Tuesday, November 1, 2022, the St. Augustine Archaeological Association (SAAA) will continue its monthly lecture series with a talk given by Charlie Hall on her field school experience at Fort Mose and her current academic work on African American history in Florida.

The presentation will be in the Solarium at Flagler College. Doors open at 6:30 for the 7PM presentation. There will be someone present in the lobby to direct you to the correct elevator. Come early and enjoy the view from atop the grand Ponce de Leon Hotel.

Ms. Hall, a senior in Flagler College's Anthropology program, is one of the first recipients of the SAAA's Eugene Lyon Education Fund which was able to fund her participation in the 2022 FAS professional meeting as well as an internship focused at Fort Mose, resulting in this presentation among other things. Her future goals include museum work and repatriations, epidemiology and health, and oral histories.

Dr. Lori Lee, a Kenan Distinguished Professor of Liberal Education in Anthropology at Flagler College and will join Ms. Hall to collaboratively discuss ongoing research efforts at Fort Mose.

Thanks to Florida Public Archaeology Network and Flagler College, our co-sponsors. For more information on this and upcoming events, visit our website: saaa.shutterfly.com

Trivia Night is Back!

You and all community adults are invited to join us at Temple Bet Yam for a fun night of Travel Trivia on Saturday, November 12, 2022 at 6 PM! For only \$18, we'll have 6 rounds of trivia, dinner, and prizes for the top 3 teams. We will also have a 50/50 raffle.

Come out and test your knowledge of food, landmarks, Israel, pixelated pictures, and U.S. Road Trips. You can play at Temple Bet Yam, 2055 Wildwood Drive, St. Augustine. Please RSVP Teresa Freedman at 774-994-2066 or Teresa.freedman@gmail.com by November 9.

We're looking forward to seeing you there!

TEMPLE BET YAM PRESENTS

Travel Trivia Night

Saturday, November 12th @ 6:00 PM
ADULTS ONLY - \$18 per person

Includes Dinner and Prizes

50/50 Raffle

Teams consist of up to 8 players
Create your own team, or let us match you!

Contact Teresa at
(774) 994-2066 or teresa.freedman@gmail.com
RSVP DEADLINE: WEDNESDAY, NOVEMBER 9th 2022

--- Temple Bet Yam Trivia Night RSVP Form ---

Name: _____

Phone (home): _____ (cell): _____

Email: _____

of people: _____

Amount enclosed \$ _____ check # _____

Please make checks payable to Temple Bet Yam and note "Trivia" in memo.
Mail to: PO Box 86098, St. Augustine, FL 32086

Join in the continuing journey of the St. Augustine Blue Star Memorial Marker

You are invited to a Veterans Day celebration to re-dedicate the Memorial Marker and surrounding gardens to the service of all American Service men and women

WHEN : NOV 11, 2022 @ 2pm 1 St Johns Medical Park Drive

Reception to follow at The Garden Club of St Augustine (3440 Old Moultrie Road)



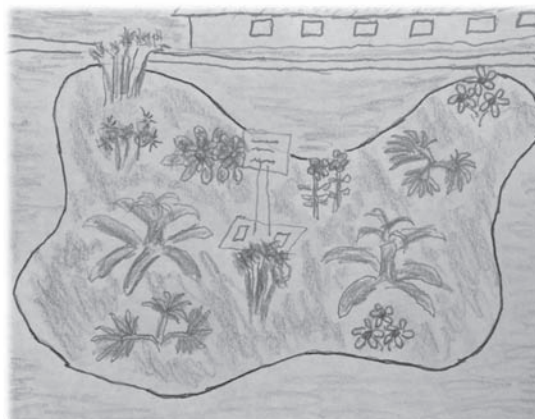
The Marker was moved south of St Augustine in the 1970's as US1 was widened from 2 to 4 lanes.

The Marker was originally dedicated to WWII veterans at a location north of St Augustine on March 17, 1950.



The Garden Club of St Augustine will celebrate a new living garden and signage to honor all American Veterans.

Contact Steve at dogoodthings904@gmail.com or (443)465-5818



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News From Around St. Johns County

Gamble Rogers Concert Series Continues

Gamble Rogers Folk Festival and St. Johns Cultural Council have partnered to present a new concert series, Live from The Waterworks, celebrating the legendary recording artist Gamble Rogers, whose balladry and storytelling shaped American folk music. Events will be held on the third Saturday of each month from October through June. Purchase tickets for the first three concerts online at:

- <https://www.eventbrite.com/d/united-states--florida/live-from-the-waterworks/>
- Nov. 19: Jim Carrick and Charley Simmons with Charlie Robertson
 - Dec. 17: Michael Reno Harrell with Bob Patterson

Concerts are limited to 100 seats at each concert at The Waterworks, 184 San Marco Avenue in St. Augustine, Florida. Doors for each show open at 7 p.m. and the opening act will start at 7:30 p.m.

General admission tickets are available for individual concerts for \$20.00 + a \$2.85 ticket fee.

A VIP concert pass for \$100 includes premium seating for the October, November and December shows, one free beverage at each show, and sponsor recognition in the event program.

St. Augustine Travel Club

The St. Augustine Travel Club will have its next gathering on Thursday, November 10 @ 3:00 PM, at the SE Library on US 1 South (nearby SR 206) Our topic will be NORWAY and OSLO -- See the beautiful scenery of this Scandinavian country and its famous fjords, well-preserved and picturesque medieval city of Bergen, traditions of village life, maritime history in the capital Oslo including the Viking ships and the famous Kon Tiki raft.



gg62176354 GoGraph.com

For those of you who do not know about the club, it is formatted as an armchair travel presentation with a brief lecture and a video highlighting areas around the world, with focus mostly on Europe, but also other parts of the world. Also, some of our participants

have hosted a presentation based on their own travel experiences. If you are interested in doing a presentation about your unique travel experience, please let us know. The Travel Club also organizes a cruise in the Caribbean region once a year, and is published in the local papers. If you require any further information, please call Peter Dytrych at (904) 797-3736.

Light-Up! Night Kickoff the Holiday Season!

(continued from page 1)



Night of Lights in the Plaza Light-Up! Night, set for Saturday, November 19, 2022, begins at 4:00pm with a spirited performance by Showtime USA, a high energy song and dance troupe of young people that deliver a wide variety of holiday musical favorites. Showtime's performance will be in front of St. Augustine's City Hall, the Lightner Museum, 75 King Street. Then at 5:30pm from the historic Plaza de la Constitución Gazebo, the All Star Orchestra

takes the stage with great swing and big band sounds all in grand holiday style.

At 6:30pm, the lighting ceremony begins that culminates with the turning of a switch that fills every corner of the city with brilliant, magical holiday sparkle. Entertainment continues in the Plaza until 7:30 p.m. as thousands gathered for the lighting ceremony linger in the downtown area to start their holiday shopping, have dinner the company of good friends, or to simply enjoy the beauty of the city in the glow of millions of white lights.

Flagler Hospital Free Monthly Education

Living with Cancer Support Group

3rd Wednesday of each month at 11:00 am at Care Connect (3rd floor of the Whetstone building) This is an informal gathering for adults with any type of cancer and their caregivers. It is open to all affected by cancer. This group will provide the opportunity to meet others in similar situations, share your stories, provide practical suggestions and offer support to each other. If you prefer to participate virtually via Zoom, please call 904-819-4793 for further instructions.

Breast Cancer Support Group

1st Tuesday of each month at 6:00pm in Flagler Hospital's Matanzas Room. The mission of the Breast Cancer Support Group of St. Augustine is to give help, comfort and friendship to breast cancer patients, survivors and their families. They invite many guest speakers, including doctors, pharmacists, nutritionists, educators, etc. They gather together to share the company of others with similar experiences and offer each other comfort and support. For more information, visit www.bcskofstaug.com or email bcsgofsa@gmail.com.

Restorative Yoga: Rest, Heal, Restore

Wednesdays Weekly from 1:15pm - 2:15pm at the Wellness Center Taught by Certified Yoga Instructors through the Christina Phipps Foundation Restorative yoga encourages physical, mental and emotional relaxation. Ease into this yoga session with gentle stretching and breathing techniques that allow you to experience the following benefits that Restorative Yoga offers: - Relax the mind and body - Enhance your mood - Soothe the nervous system - Reduce chronic pain - Improve sleep. Please call the Cancer Education and Support Center at 904-819-4793 for information about any of these programs.



400 Health Park Blvd. | St. Augustine, FL 32086
Tel: 904-819-4793
www.flaglerhealth.org



Flagler
Hospital

South Reflections

(continue from page 1)

Holiday decorations! As of the middle of October, the County storm clear up has been off to a slow start and our roads are still lined with piles of tree debris and Spanish moss. Most gardeners have cleared the storm damaged plants from their beds and started to replant where needed. Gathering seeds, and making cuttings from our fall prunings, to share with neighbors at the fall plant swap, is one of the great community activities in St Augustine South: our gardeners love talking about and sharing plants and seeds.



As we come to then end of the 2022 storm season, we have already celebrated the fall with the SASIA Fall Festival, given out candy to trick and treaters, and are looking forward to Thanksgiving and the Holidays. We have much to be thankful for including living in our wonderful neighborhood. I hope that acknowledging the goo that we have will encourage compassion for the less fortunate. I will collect blankets for the homeless on the Saturday after Thanksgiving, November 26. Please, consider donating any light-weight blankets that you decide to replace as you change over to warmer fall and winter bedding. Comforters and fleece blankets are not suitable for the homeless; cotton waffle blankets are ideal. Light weight sleeping bags are also welcomed by the unsheltered homeless. Donations

will be distributed to the Cold Weather Emergency shelters at Grace United Methodist Church and First United Methodist Church, and given to Home Again St Johns. I will also collect simple toiletries for Home Again to distribute to their homeless clients.

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The Wildflower Meadow Group

by Cindy Taylor



It's hard to believe we're heading into November but Hurricane Ian made it clear: it's fall in Florida. The Matanzas River flooded beyond its banks and water crept into the lower part of the lower meadow. When it receded back into the river, it left behind a line of debris marking how far it had come. It didn't invade as far as Hurricane Mathew in 2017 but covered all the flowering railroad vine and there were only two or three

swamp sunflower that survived. That's part of nature: giving and taking. Thankfully, Baker and Company carefully removed the debris from the lower meadow when they removed it from the grounds of the Riverview clubhouse.



Amazingly, the delicate blue curls hung on and were no worse from the storm but then they're in the middle of the meadow, further from the river. The blazing star weren't affected either because, as luck would have it, they hadn't yet begun to bloom. Apparently, the rattle box are tough because they had begun to bloom but didn't lose their flowers. Then again, they're in the middle of the meadow about the same distance from the river as the blue curls and blazing star.

Also in bloom in the middle of October are Flat Top Golden Rod, Golden Rod, Golden Aster, Fire Bush, and native grasses, including Elliott and Muhly grasses. Fall is the season when these grasses are in their glory. It's when they



go to seed and fall sunlight highlights their delicate, pastel colors complemented by the surrounding umbers and ochres of summer flowers fading back into the soil. It's the old and the new forever trading places, according to nature's plan.

Thanks again to Marlene for her photo contributions.

Call Cindy at 904-797-3931 or Marlene at 305-968-0447 for more information. If we can't answer, leave a message and we'll call you back. Also feel free to call if you're interested in sharing your photos of the meadow.



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Forget the serious stuff going on and just have an evening of irreverent fun! This production features some of ACT's favorite performers including Francesca Bellavista (The Dining Room, The Lifespan of a Fact), Dexter McDaniel (The Immigrant, The Lifespan of a Fact), Stephen Mitchell (Murderers), Harolyn Sharpe (Murderers, The Immigrant) and more!

ADMISSION INFO: Tickets are \$22, \$12 for Students, available online or at the door. Contact: 954-444-0045. Email: act@aclassictheatre.org

* Event durations (if noted) are approximate. Please check with the presenting organization or venue to confirm start times and duration.

184 San Marco Avenue, St. Augustine, FL 32084

- Dec 2, 2022 at 07:30 pm (Fri) • Dec 3, 2022 at 07:30 pm (Sat)
- Dec 4, 2022 at 02:00 pm (Sun) • Dec 9, 2022 at 07:30 pm (Fri)
- Dec 10, 2022 at 07:30 pm (Sat) • Dec 11, 2022 at 02:00 pm (Sun)



A.C. PAPA Call for Submissions

Ancient City Poets, Authors, Photographers & Artists, or A.C. PAPA, is accepting submissions until November 30, 2022 for the fourth issue of the literary magazine focusing on the good, the bad, the ugly, and everything in between about the sunshine state. “I want to give Florida an opportunity to speak,” said Chris Bodor, a founding member of the Ancient City Poets and publisher of A.C. PAPA, in a press release. Submissions of poetry and articles of interest that cover Florida from any and all angles are what Bodor is looking for in the fourth issue of A.C. PAPA. For more information and the submission guidelines, visit www.bodor.org.



We have recently been awarded the distinction of being the local chapter for the Florida State Poets Association (FSPA). Our once a month readings are open to all and they qualify as our monthly chapter meeting. As a community of poets and poetry lovers, we have been gathering on the last Sunday of the month in Saint Augustine, Florida since August of 2009. If you have ever gone to one of our monthly readings over the last nine years, you should Invite your friends to come and check it out. Just go to the event link and click that you are interested or attending. Also invite a few friends while you are at it.

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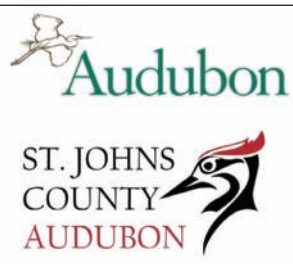
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The Art Studio
of St. Augustine Beach, FL
Art Studio News
by Paul Slava



November's First Friday will feature the National Audubon Society's 2022 Winning Photographs Exhibit. Please join us Friday, November 4th from 5pm until 8pm.

Award winners were featured in the Summer 2022 issue of Audubon magazine. They will also travel the country as part of an Audubon Photography Awards exhibit where they will be on display at 28 venues in 19 states - including many Audubon nature centers - between October 2022 and June 2023. The Art Studio will be one of those venues and we will have the Exhibit for our November First Friday Opening. The show will be available to view up until November 22nd. When they will be shipped to their next destination.



To compliment the exhibit we are also having our members with their own art with an Aviary theme. We are very excited to be a part of this National Event.

The Art Studio is also proud to be partners with the City of St. Augustine Beach and co-host the 3rd

Annual Beach Art Walk where artists will be showing and selling all along A1A Beach Blvd. There will also be many booths outside and inside the Studio. The event is Saturday, November 26th from 2pm to 7pm and kicks off the "Light Up the Beach" Holiday Season.

The Art Studio is located at 370 A1A Beach Blvd. in the St. John's County Pier Park and is open 7 days a week from 12pm to 5pm. We are a 501(c)(3) Non-Profit organization that brings Art and Culture to the community and offers classes, special events, exhibitions and rental space. For more information visit us at www.beachartstudio.org, Facebook or call 904-295-4428.



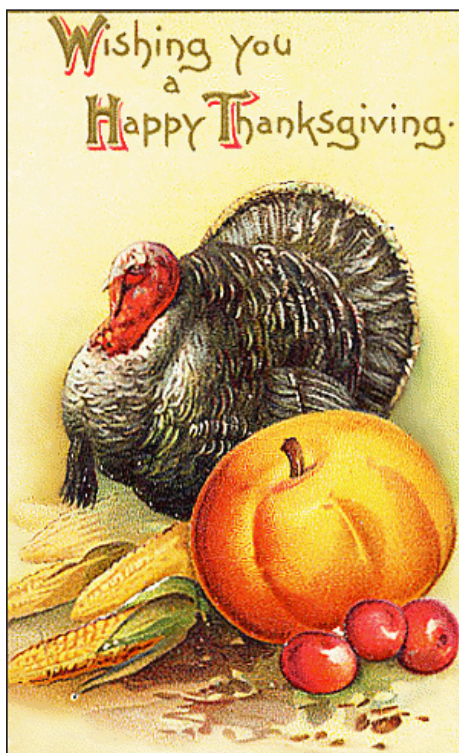

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11th Annual Santa Suits on the Loose

(continued from page 1)

non-traditional a families, especially during the holidays.

This year the logo was custom designed by Taylor Hillyard, a first year student at Flagler College. He donated his talent and time to design a logo and characters that the race can utilize year after year. He will also be a participant in the race. Additionally, race founder Mary Jacobs will be joining everyone at the Start/Finish line. Her return is an honor and a great way to celebrate the success of Santa Suits on the Loose and its contribution to SAYS. The committee is working hard on more entertainment, fun and cheer. The 2022 race is expected to be TREE-mendous




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ONLY YOU KNOW & I KNOW

Many Homeowners are probably wondering what's really happening in the local St. Johns County Real Estate Market with Inflation and Interest Rate Hikes. At this writing, the Year-to-Date stats are available to the end of August and the number of Total Sales in 2022 is down by 5% but up 11.3% in Dollar Volume (compared to YTD 1/1-8/31/21). **Here are some other stats - 2022 compared to 2021:**

New Home Sales up by 12.3% in Number of Sales & up 37% in Dollar Volume

Single-Fam. Resales down by 19% in Number & down 2% in Dollar Volume

Residential Lots are up in Number by 12.7% & up by 18.5% in Dollar Volume

Fortunately, I keep Historical Data so I can share with you if the decline in single family resales, which

is most likely the category that means something to my readers, compares to a "Pre-Virus" year (YTD Jan-Aug 2019).

Now, you know & I know:

Number of Single-Fam. Resales in 2019 - 3,825 | in 2022 - 4,289

Dollar Volume in Resales in 2019 - \$1.518B | in 2022 - \$2.745B

Days on the Market have definitely increased for Sellers and there are some tips that we have for them to help them and prospective Buyers but you have to Get in the Know! Call me for more information about your property. I've been helping Buyers and Sellers in St. Augustine since 1984. Call me at 904-540-2360!



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SMUG/BUG...WUG?

by Dirk Schroeder

Social Media User Group (SMUG) Checklist - mostly free of charge

Here are the Social Media Platforms to establish (in order of relevance)

1. **Facebook (META)** - establish a "Personal" account and a "Business" account - they're free. If you want to post Listings on FB, you will need to do that on your Personal account as of 2023 since FB will remove all Listings from Business Pages (unless you pay FB to upgrade your Business account - \$9/mo.). Your Business page and your Personal page will be linked. When posting on Personal pages, try to make sure that your content is generally personal info with a hint of business (you may alienate your friends if you're all business) and that you business posts are interesting, relevant and/or entertaining/funny.

1. a) **Instagram** - use the same user ID and Password as your FB - these accounts can be linked and when you post to one you can post to both. Insta focus is moving to "Reels" (short videos) rather than posts (they are competing

with TikTok for the video space on the Net).

2. **LinkedIn** - even though it is a "professional/resume" site, you can use it to establish your name and professional image on the Net. Also, when people Google your name, you are much more likely to come up on top of the search if you have an identity here.

3. **NextDoor** - this is a more local SM platform where you can join groups like St. Aug. South, Treasure Beach, Coquina Gables, St. Aug Shores, etc... The only word of caution here is that these groups also post hyper-local content of which you want to avoid commenting on. Choose your comment carefully and try to keep things upbeat, positive and relate it to your real estate expertise.

4. **Pinterest** - the least significant of the SM platforms but, if you can figure out how to be relevant here then you will be competing with fewer Realtors.

As with all SM content, the rule is think twice & post once. Read before posting.

A Year with Frog and Toad Musical

The fall season continues with the fun and friend centered family musical A Year with Frog and Toad, a one-hour version of the Broadway hit. Based on Arnold Lobel's well-loved books, this whimsical show follows two great friends – the cheerful, popular Frog and the rather grumpy Toad – through four fun-filled seasons. Waking from hibernation in the Spring, Frog and Toad plant gardens, swim, rake leaves, go sledding, and learn life lessons along the way. The two best friends celebrate and rejoice in the differences that make them unique and special. The production is under the direction of Joshua Sewell and Isabel Dondero.

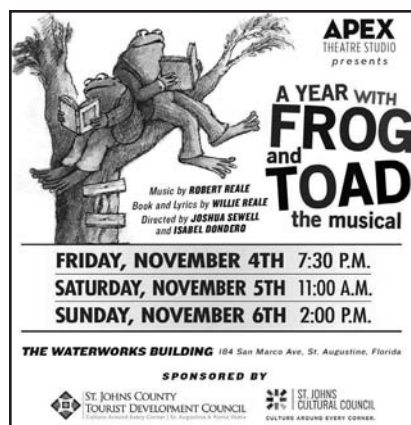
"We are really excited to share this sweet tale with families in The Waterworks," Dondero said. "It will allow younger audience members to connect with the performers in a friendly and fun way."

Performances of A Year with Frog and Toad are 7:30 p.m. Friday, November 4; 11 a.m. Saturday, November 5; and 2 p.m. Sunday, November 6. Seating is limited to 80 guests. Reservations are recommended. Tickets are available at www.apextheatrejax.com/events

Support for these productions has been provided by the St. Johns Cultural Council and the Tourist Development Council of St. Johns County.

A Year with Frog and Toad is at The Waterworks, 184 San Marco Blvd. Friday, November 4th (7:30 p.m.), Saturday, November 5th (11:00 a.m.), and Sunday, November 6th (2:00 p.m.). Ticket are \$15.00 via Eventbrite: <https://www.eventbrite.com/e/apex-theatre-studio-presents-a-year-with-frog-and-toad-family-musical-tickets-416689017067>

Established in 2013, Apex Theatre Studio Inc. (501c3) is the premiere training facility in Northeast Florida for intermediate and advanced level young theater artists. The studio combines a robust performance schedule (10 productions a year), interaction with nationally recognized guest artists, and an experienced teaching staff to provide a dynamic learning environment. Visit www.apextheatrejax.com and follow on social media at www.facebook.com/apextheatrejax and on Instagram @apextheatrejax.



November & December 2022 Council of Aging River House Events

The following programs will be held at COA's River House, 179 Marine Street, St. Augustine, FL, beginning in November / December 2022. Classes are 4 to 7 weeks long and begin the first week of November. River House will be closed on Nov. 8, Nov. 24, and during the last two weeks of December.

For questions, please call 904-209-3655 or email tharris@coasjc.org. For more information, please visit www.coasjc.org/river-house:

One-on-One Tech Help – 6 weeks start Tuesday, Nov 1 from 10 am to 2 pm Call 904-209-3655 to reserve a spot. Participation is free.

REGISTRATION REQUIRED: Registration is required for the following programs, and space is limited. To review course details and to register, please visit <https://coasjc.coursetorm.com/category/river-house>:

Ballroom Dance Group Class – 6 weeks start Tue, Nov. 1 from 12:45 pm - 1:45 pm
Spanish for Beginners & Nearly Beginners - 6 weeks start Tue, Nov. 1 from 11 am - 1 pm

Tai Chi - Tue's & Thur's for 6 weeks start Tue, Nov. 1 from 11:15 am - 12:15 pm
Line Dance - 6 weeks start Tue, Nov. 1 from 11:30 am - 12:30 pm
Spanish Level 2 – 6 weeks start Tue, Nov. 1 from 1:30 pm - 3:30 pm
Chair Yoga – 6 weeks start Wed, Nov. 2 from 10:30 am - 11:30 am
Beginning Acrylic Landscape Painting - 7 weeks start Wed, Nov. 2 from 11:30 am - 1:30 pm

Intermediate / Advanced Tap Dancing – 7 weeks start Wed, Nov. 2 from 1:30 pm - 3 pm

Intermediate Acrylic Painting - 7 weeks start Wed, Nov. 2 from 2 pm - 4 pm
Herbology – 6 weeks start Wed, Nov. 2 from 3:30 pm - 4:30 pm
Guitar, Jamming to the Classics – 5 weeks start Wed, Nov. 16 from 11:30 am - 1:00 pm

Ukulele Levels 1 & 2 – 5 weeks start Wed, Nov. 16 from 9:45 am - 11:15 am
Chair Yoga - 5 weeks start Thur, Nov. 3 from 9 am - 10 am
Learn to Play Bridge Level 2 – 6 weeks start Thur, Nov. 3 from 10 am - noon
Belly Dance (Level 2) - 6 weeks start Thur, Nov. 3 from 10:45 am - 11:45 am
Introduction to Calligraphy – 5 weeks start Thur, Nov. 10 from 11 am - 12:30 pm
Belly Dance for Fitness and Fun - 6 weeks start Thur, Nov. 3 from 11:45 am - 12:45 pm

Colored Pencil Art - 6 weeks start Thur, Nov. 3 from 1:30 pm - 3:30 pm
Tap Dance for Beginners - 6 weeks start Thur, Nov. 3 from 2 pm - 3 pm

OPEN PROGRAMS: Open programs are free, and do not require registration. No open programs will be held on Nov. 8, Nov. 24, or during the last two weeks of December. Visit www.coasjc.org/river-house for more information:

Legal Lecture Series: How to Handle Your Kids on Legal Issues: Led by Megan Wall of St. Johns County Legal Aid. Fri, Nov 4 at 10:00 am

Humana presents: Understanding Medicare and Medicare Options - Wed, Nov. 9th from 10:00 a.m. - 11:00 a.m.

Travel Club - Presentation of upcoming travel opportunities on Thur, Nov. 17 from 2 pm - 3 pm
Happy Hookers - Come join this social group as they crochet, knit, etc. Every Tue from 10 am - 12 pm (No meet-up on Nov. 8)

Open Art Studio - Bring your art project to work on while you socialize with other artists! Every Tue from 10 am - 12 pm (No meet-up on Nov. 8)

Mahjong - Bring your mahjong game and come play with others. Every Tue from 1 pm - 3 pm (No meet up on Nov. 8)

Widow to Widow - Join us for a support group by widows for widows. 1st and 3rd Wed from 11:30 am - 12:30 pm

Scrabble Open Play – Come socialize with others while playing this popular spelling game. Every Wed from 1 pm - 4 pm

Book Club - Come join others in reading and discussing various books. Every Wed from 2 pm - 3:30 pm

Winter Wonderland Dance Show - On Wed, Dec. 21st at 10:30 am stop by River House for a free Dance Exhibition presented by the Tap Dancing and Belly Dancing classes.

The River House Discussion Group - Come enjoy lively discussions on various topics. Thur from 1 pm - 2:30 pm (No meet up on Nov. 24)

Open Card Play - Bring your deck of cards and socialize over a friendly card game of your choosing. Every Thur from 1 pm - 4 pm (No meet up on Nov. 24).

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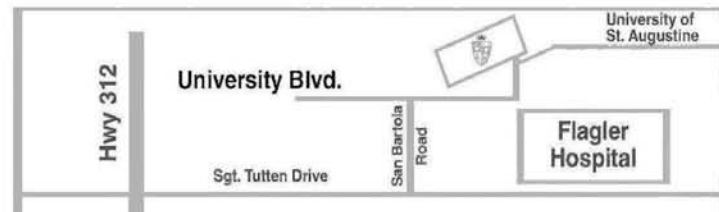
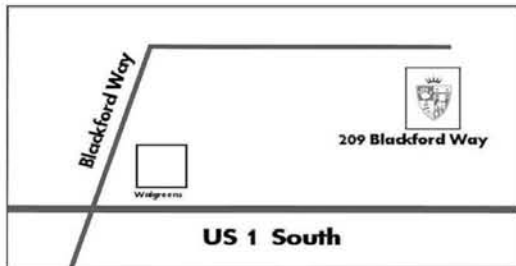


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SIJ Dysfunction

By Rob Stanborough
PT, DPT, MHSc, MTC, CMTPT, FAAOMPT
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“SI” or “SIJ” stands for the sacroiliac joint. The pelvis forms a stable ring using three bony structures, two side pieces call the ilium and a keystone in the middle, called the sacrum. The SIJ is where the sacrum and ilium come together on the right and left. legs. This stable ring transmits forces from the ground, into the legs to the spine.

The SI joints are not supposed to move much. They should “wiggle”, allowing for a little motion with walking, sitting, or standing. The SIJ moves quite a bit during childbirth to open the birth canal, which is why the SI joints are more mobile in women than men. But that said, excessive or imbalanced movement can be problematic and painful for women or men. Such imbalances can occur with asymmetrical movements, such as habitually crossing one leg over the other or sleeping on one side more than the other. Golfing can also create imbalance by producing a significant torque through the stance or lead leg. Motor vehicle accidents, falls, hard or miss-steps off curbs or in a hole can also jar the joint resulting in pain that may not be seen until weeks later.

A few weeks ago I encountered a woman with SI joint dysfunction and pain, which is the very reason for this month’s topic. Unfortunately, she has been in pain for quite some time, but we are making progress. Because of her SIJ imbalances, also referenced as pelvic obliquity, she has developed a difference in her leg-length, further creating changes in the lower extremity and low back musculature.

Treatment can be difficult but not impossible. If one SI joint moves to little (hypomobile) and the other too much (hypermobile), the body tries to

provide ability to the hypermobile joint overusing muscles. This is difficult because there are few muscles that cross the SIJ. But through treatment of myofascial trigger points, restoring balance to the SIJ, and retraining using specific exercise, SIJ dysfunction can be overcome.

SI joint dysfunction is more common than people think, and often mistaken for a lower lumbar problem due to the pain manifesting in the lowest portion of the back/pelvis. It can also produce pain in the buttock region but rarely manifests down the leg. Pain is usually experienced more in sitting than standing. It can also be felt in the transition of sit-stand. Although early intervention is best, chronic cases can be treated with success, as with my current female patient.

If you think you may have SI joint dysfunction, consult your MD or PT and become fully functional again.

Rob Stanborough is a physical therapist with over 20 years of experience. He is president and co-owner of First Coast Rehabilitation, a Senior Instructor for Myopain Seminars (www.myopainseminars.com) and co-author of Myofascial Manipulation: Theory & Application, 3rd ed by Proed Inc. He is certified in manual therapy, a Fellow of the American Academy of Orthopaedic Manual Therapists and has presented on the topic of soft tissue dysfunction in a variety of venues. Read previous columns posted on www.firstcoastrehab.com.



A Few Facts About Cats

by Susan Johnson

Did you know that Felix, the universally beloved cartoon cat, was created in 1919 during the silent film era? His name was most likely derived from felix silvestris lybica, the Middle Eastern wildcats from which our domestic cat evolved. Like much of the feline population, Felix began life as a stray, although cats today now live indoors or outdoors in equal numbers.

Research shows that our feline friends are relinquished just as frequently as their canine counterparts, but the statistics for reunited cats are more sobering: less than 2% of cats are returned to their owners, compared with an almost 20% return rate for dogs.

We all know how independent cats can be and, while they may leave their indoor environment for a variety of reasons, if not spayed or neutered, they can have multiple litters every year. The St. Augustine Humane Society can help! We encourage all pet owners to take advantage of our ongoing low-cost spay and neuter programs, wellness checks, weekly pet food pantry, and more. Each one of our programs supports the mission of the St. Augustine Humane Society – to facilitate a healthy animal population, mitigate animal suffering, and keep pets and their owners together – forever!

If you or someone you know is facing barriers to successful pet ownership or needs more information on our services, please contact the St. Augustine Humane Society at (904) 829-2737, EXT 111 or email us at media@staugustinehumane.org. We’re here to help.



Kickin' Goals in St. Johns County



JAXUSL Ownership Team, a Jacksonville-based group of investors and executives, has acquired the rights to a USL Championship expansion franchise with the intent of beginning play in 2025. The new club will be the first in Northeast Florida to feature both men’s and women’s professional soccer. JAXUSL also has formed a partnership with Florida Elite Soccer Academy, one of the largest and most successful youth soccer organizations in the United States.

Headquartered in St. Johns County, Florida Elite includes more than 10,000 members throughout Northeast Florida and fields pre-professional teams in USL League Two and USL W League. The expansion club will be among the first in the United States to offer a complete pathway from youth to pro for men and women. For more information please visit JAXUSL.com

The Chamber is pleased to announce the JAXUSL Ownership Team will be speaking at the December 2, 2022, EDC Breakfast on their new United Soccer League’s (USL) expansion teams. Come learn about Northeast Florida’s latest professional team and the economic impact they will bring to our community!

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St. Johns County Clerk and Comptroller releases new taxpayer guide to county finances

St. Johns County Clerk of the Circuit Court and Comptroller Brandon J. Patty today presented the second edition of the award-winning Popular Annual Financial Report (PAFR), "Tracking Your Tax Dollars: A Guide to St. Johns County's Finances," to the Board of County Commissioners.

The Popular Annual Financial Report, or PAFR, features key highlights from the lengthier Annual Comprehensive Financial Report (ACFR), a yearly accounting of the county's finances and budget. Designed to be straightforward and reader-friendly, the PAFR illustrates St. Johns County's financial picture for fiscal year 2020-2021 and includes how residents' tax dollars are collected, spent and invested.

"Providing easy access to county government financial information demonstrates our steadfast commitment to transparency and accountability to the residents of St. Johns County," Clerk Patty said.

The 20-page booklet also offers economic information and noteworthy trends on demographics, housing, taxes and more.



The PAFR is accessible online at stjohnsclerk.com/pafr. Printed copies will be available in mid-October by request at the St. Johns County Clerk of the Circuit Court and Comptroller, Richard O. Watson Judicial Center, 4010 Lewis Speedway, in St. Augustine.

The Annual Comprehensive Financial Report includes the financial statements for the Board of County Commissioners, Clerk of the Court, Property Appraiser, Sheriff, Supervisor of Elections and Tax Collector. The full report is available online at stjohnsclerk.com/county-annual-financial-report/.

About the St. Johns County Clerk of the Circuit Court and County Comptroller

The Florida Constitution established the Clerk of the Circuit Court and Comptroller function in 1838 to create a system of checks and balances at the county level. In St. Johns County, the clerk is Clerk of the Circuit Court and also serves as the County Treasurer, Recorder, Auditor, Finance Officer and Ex-Officio Clerk of the County Commission.

Learn more about the Clerk's office online at stjohnsclerk.com and connect with us on Facebook, Instagram and LinkedIn.

Computer Corner

by Steven Aldrich
904-479-5661



Mobile Connectivity ~ Got WIFI?

Quite often I find that my clients are not connecting their smart phone to their home WIFI. I thought I would explain the benefits here.

Our smart phones require connectivity to the internet to be "smart". The term "smart" refers to their ability to do more than make & take phone calls. They can take photos, get & send email, search the web, track your movement, notify emergency personnel if you have fallen, and many more "smart" things. To do this, they need to be connected to the web.

When you have a smart phone you have your calling plan, and your "data plan" which is the internet connectivity over the cellular network. Data on Cellular can be quite expensive, if you do not have an unlimited plan. For this reason, it is wise to ensure that you at least connected to WIFI when you are home.

If you are connected to your home WIFI, the cellular data plan is not utilized. Rather, your WIFI is used to do all the connectivity for "smart" capabilities on the phone. This saves on your Cellular Data plan costs and may provide a much faster connection, depending on your internet connection to home.

Some other perks to using WIFI at home are:

- Cloud uploads to Dropbox and other Cloud storage services wait until you are on WIFI by default to upload the backups of your

photos and files. This default can be changed, of course.

- In homes or locations that cellular connections are weak, the WIFI connection gives you better reception if you can utilize "Calling over WIFI" (check with your provider).

- Better battery life on your cell phone while at home.

When you should not use WIFI: It is not advisable to use free Public WIFI unless it requires that you enter a password to join it. Open or Insecure WIFI is unencrypted, which means that all the communications you do on that WIFI are viewable as plain text. If you log into an account, the username and password are easily readable by anyone else on that WIFI. Unencrypted WIFI should be avoided, period! Most modern cell phones will warn you of this.

If you are not sure that you are using WIFI, or even how to connect, you can contact your cell provider, search google, or give me a shout. I'd be happy to schedule an appointment.

Steven Aldrich is a technology advisor with decades of experience as an IT Director and is the owner of First Coast Computer Services. Contact Steven if you need a trusted advisor to come to your business or home and help with your technology. See my ad on this page. Steve@fccspro.com or (904) 479-5661.

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