**EMDR Case Presentation Form**

Client Age & Gender:

**Phase 1: Client History**

Presenting problem:

Brief summary of trauma history:

Most recent trauma/triggers:

Worst traumatic memory known:

First traumatic memory known:

**Phase 2: Preparation**

DES:

Safe/Calm Place:

Container:

Additional resource development:

**Phase 3: Assessment**

EMDR Treatment Plan (complete one of the following, and indicate reason for choice):

* Issue Drive
* Timeline
* 10 Worst
* Single Event

**Phase 4: Desensitization**

Target being processed/presented:

Picture:

NC, PC, & VOC:

Emotions:

SUD:

Body Sensations:

Reprocessed? How did it go?

**Phase 5: Installation**

VOC to 7? How did it go?

**Phase 6: Body Scan**

Clear? How did it go?

**Phase 7: Closure**

Incomplete/complete? How done? How did it go?

**Phase 8: Reevaluation**

At next session. How did it go?

Questions: