

# **SURE SUCCESS NATURAL CARE & WEIGHT LOSS WELCOMES YOU!!**

## **YOUR FIRST VISIT**

- **TO QUALIFY FOR APPETITE SUPPRESSANTS**
  - **AGE BETWEEN 18 -65 (SEE BELOW FOR FURTHER INFORMATION)**
  - **NOT BREASTFEEDING**
  - **NOT POSTPARTUM (DELIVERED A BABY) WITHIN 6 WEEKS**
  - **NOT ON OTHER STIMULANT DRUGS (ADDERALL, ENERGY DRINKS, EXCESSIVE COFFEE INTAKE, ETC)**
- **Complete health history form,**
- **Brief physical exam**
- **You will receive EKG (\$25), WE WILL NOT SUBMIT TO INSURANCE**
- **LAB DRAW (SEE INSTRUCTIONS BELOW)**
- **BMR (BASAL METABOLIC RATE) TEST – required for all patients, \$25, INFO GIVEN AT FIRST VISIT.**

## **MORE INFO ABOUT QUALIFICATION FOR APPETITE SUPPRESSANTS.**

- **If your BMI is between 25-29 and you have a family history of diabetes, hypertension, heart disease, stroke, high cholesterol, or obesity, you may qualify.**
- **If you have hypertension, your blood pressure must be under good control with medication (less than 140/95).**
- **IF you have Diabetes, your HGAIC MUST BE LESS THAN 10.**
- **If you are anemic, your hemoglobin must stay above 10 to continue with the program.**
- **If you are seeking Phentermine (Adipex) or HCG for any purpose other than weight loss (i.e. Energy), you do not qualify for this program. You will be asked to leave if such information is obtained.**
- **If you have an eating disorder (anorexia, bulimia etc), you do not qualify for our program.**
- **If you do not follow clinic rules and policies, you do not qualify for this program.**

## **SPECIAL EVENTS PROGRAM TO TAKE APPETITE SUPPRESSANTS**

THIS PROGRAM IS FOR PATIENTS THAT ARE NOT OVERWEIGHT PER BMI BUT WHO MAY HAVE A HIGH BODY FAT PERCENTAGE OR HAVE GAINED WEIGHT CONSIDERABLY FROM THEIR NORMAL WEIGHT. THIS ALSO PERTAINS TO INDIVIDUALS PREPARING FOR A WEDDING, A SPECIAL VACATION, CLASS REUNION, OR OTHER SPECIAL EVENTS. YOU CAN PARTICIPATE IN THE PROGRAM FOR A LIMITED TIME.

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## LAB POLICY

- **MINIMUM REQUIRED LABS: (CBC, CMP, LIPID PANEL, TSH, HGAIC).**
- **VITAMIN D level: recommended but not required**
- **PATH LABS can submit a claim to your insurance company. A \$10 draw fee will be owed. If you receive a bill, you will need to communicate with Path Labs. PATH LABS is a separate company from Sure Success Natural Care & Weight Loss.**
- **SELF PAY LAB DRAW \$85 (CBC, CMP, LIPID PANEL, TSH, HGAIC)**
- **LAB, BMR AND EKG WILL BE UPDATED ANNUALLY (every 12 months)**
- **WE WILL NOT WAIT ON FAXED LAB RESULTS or ACCEPT LAB RESULTS ON YOUR PHONE.**

**LAB RULES:** You will need to have lab drawn before you see the doctor. If you bring in lab from your PCP, the lab must be **LESS THAN ONE YEAR OLD AND NORMAL**. Make sure you have a copy of your labs on paper. We do not accept labs on phone. If you do not bring a copy of your labs, we will need to draw your labs in our office in order for you to receive medicine on the same day of your visit.

**LAB RESULTS:** If you have your lab drawn the day of your appointment, your results will not be available the same day.

Please do not call the office to go over lab results over the phone. If normal, lab results will be discussed at your next visit.

Once the doctor receives your results, it will be determined if you need to be notified. You will receive an abnormal lab letter in the mail or via Klara (text) or you will be called if you have any urgent abnormal lab levels. Otherwise, your lab results will be discussed at your next visit.

If you want to go over your lab results and seek treatment with the doctor, you will need to schedule a medical appointment. The fees for medical appointments are \$240 for new patients and \$150 for follow-up patients.

**YOU WILL INCUR A \$45 FEE TO YOUR ACCOUNT FOR NO SHOW APPOINTMENTS OR LATE CANCELLATIONS WITHIN 48 HOURS BEFORE YOUR APPOINTMENT.**

**THANKS FOR YOUR INTEREST IN SURE SUCCESS NATURAL CARE**