

The Trinity Trumpet

A Monthly Newsletter Published by
Trinity Lutheran Church, Pittsburg, OH
September, 2019



DID YOU KNOW.....

This area of the newsletter is available to share all important happenings of your family and friends. Please submit any news to secretary@pittsburgtlc.org or call the Trinity office at 937/692-5670 so the rest of us can celebrate with you!

Prayer Concerns—Current and ongoing and from the past month:

- Chet & Sharon Wirrig—Health
- Mike Hangen—Health
- Patty Sackett—Health
- Jr Koos—Health
- Buster Casto—Health
- Jody Burns—Cancer
- Mindy Brandon—Awaiting kidney transplant
- John & Karen Davis & family—
For John's kidney transplant
- David Allen Brumbaugh
- Jerry Higgins—Cancer
- Ronda Hanes—Health
- Maxine Didier—Healing
- Kerry Young—Coma & for wife, Julia
- JR Alltop
- Holly McEldowney—Cancer
- Sarah Wolfe—In Hospice, kidney failure
- Matt Martin—Thanksgiving prayers
- Kenny Hesler—Stroke
- Frank Trimble—Illness
- Greg Perry—Heart problems
- Ev Kaiser—Heart problems
- Kenny Johnson—Heart and health issues
- Jacob Riffle—Heart issues
- Connie Rowland—Cancer
- Tom Schoeberl—Cancer free!
- Aubree Myers—Lupus and MS
- Marvin Brumbaugh—Cancer
- Amanda Spahr—Brain issues
- Joe Spahr—Heart issues
- Reese Addington—10 year old with auto-immune disease
- John Young—Cancer
- Mary Philpot—Cancer
- Tracy & Bob—Help through a difficult time
- Aiden Snyder—Leukemia
- Miranda Nolley (Katherine's granddaughter)—Deployed to Kuwait
- Crystal Proffitt—Health
- Ray Chester
- Zane Rhodehamel—Leukemia
- Kelly VanDeGrift—Cancer
- Dennis Riffle
- Jason Couvutsakis—Medical issues
- Ronnie Brumbaugh
- Tony Matamoras—Health
- Barry Ulrich—Vision
- Michelle Lawrence—Baby
- Barb Boehmer—Prayers of thanksgiving—Chemo completed
- David Netzley—Health
- Allison—Personal
- Larry Harter—Knee injury
- Bill Mahaffey—Chemo treatments
- Bob & Rochelle Sadowski—House fire
- Bobby Jagelski—Cancer
- Auzzy Monroe—Diagnostic tests
- Janice Rosenberger—Stroke
- All families suffering with addiction
- Lee Stanley—Hospitalized
- Tommy Scarlis—Brain tumor
- Jason—Brain tumor
- Joe Teeds—Cancer
- Dawn Oswalt—Cancer
- Stephen Angles—Tourettes
- Dave Sroufe—Back surgery
- Jack Myers—Heart issues
- Brian Henderson
- Jaimie Campbell
- Weather and safety for farmers
- Jane Brown—Back surgery
- Lia Powers
- Shirley Hensel
- Mike Chadima—Hospitalized, can't walk
- Ron Fasick—Broken ankle
- Jessica Reily Family
- Heather Anderson—Upcoming surgery to go well



- Logan Nolley (Katherine's grandson) - Has returned from Afghanistan
- Eleta Baughman—surgery
- Mary Ann Shellhaus—recovering from a stroke
- Payton Ulrich—Successful surgery
- Bill—Diabetes
- Tom Schoeberl—Prayers of thanksgiving—Cancer free
- Phil Roth—Open heart surgery
- Chris Michael—Grief
- Dayton shooting victims & families and also the First Responders
- Helena Proffitt

Sympathy to the families of:

Dayton & El Paso
Shooting Victims
Kevin Rhodehamel
Duane Wetzel
Mike Sease
Jerry Hemmelgarn

Prayer requests may be emailed at anytime to trinityprayers@woh.rr.com and upon receipt your request will be shared so that many will be praying immediately.



For all the expressions of sympathy, the lovely memorial service, and the wonderful meal provided by the ladies of Trinity.

— The Family of Olis McKibben



The family of Michael “Mike” Sease would like to thank everyone for their support during a most difficult time and for your attendance at his Memorial Service. A special thanks to Dean Thompson, Pastor Mel, Andy McKibben and the ladies who fixed and served a very delicious lunch, and to the men who helped the ladies. Thanks for the cards, thoughts, and prayers and thanks to Sharon for helping with the bulletins. Everything was really, really appreciated.



I will be out of the office from October 2nd thru October 9th but will be working Monday & Tuesday, September 30th & October 1st and then Thursday & Friday, October 10th & 11th.

Your secretary,
Sharon Fourman

Our July—September Donation Emphasis is the Lutheran World Relief school kits which we have supplied in the past. **Our greatest needs at this time are notebooks, scissors, pencil sharpeners, and crayons. We have an ample supply of pens and pencils.**



- 1 Sturdy drawstring backpack style cloth bag— approximately 14” X 17”, w/ shoulder straps (handmade) *[There are some precut sets available on the table outside the church office.]*
- 1 Ruler—30 cm on one side (May have inches on the other side.)
- 1 Box of Crayons (16 or 24)

- 5 Unsharpened Pencils w/Eraser
- 1 Pencil Sharpener
- 1 2 1/2” Eraser
- 1 Pair Blunt Scissors
- 5 Blue or Black Ball point Pens (No GEL pens)
- 4 70 Sheet College or Wide ruled Notebooks

President's perspective

Trinity Family,

May Gods peace and love be with you all.

Well here I sit at the Great Darke County Fair with my laptop to keep me company. I have an e-mail from our church secretary reminding me that an article needs to be forthcoming. I had better get on the stick.

A tremendous thanks to Marge Warner, because someone had to head it up, and to anyone else who worked with the Bible School Program. What a success it was!

Please remember that anyone who has Thrivent has \$250 action dollars twice a year. If you do not use it, it is gone, although next year it starts again. Please help further our church ministry in this way.

Thank you to the ladies and anyone else who cooked, cleaned, or assisted in any way with the memorial service for Mike Sease. It truly was a blessing to be a part of it.

Now here are two items that I would like each of you to search your hearts over.

Our church Nominating Committee will be asking for names to put on the council ballot for the year 2020. Search your hearts for serving if you are asked. Please, I stress, when you do and if you are elected, it is a position of responsibility. You will be making decisions as to the operation of our church. Meetings are the important way our church business is conducted. With that I mind, you are wanted and needed to fill these positions.

Lastly, we have not been doing too badly this year but just as a friendly reminder, as of the last of July we are \$4000 behind our budget. I know summer is full of lots of stuff to do but I am hopeful that with the coming of fall and winter, we will be able to recover from this deficit and balance our budget by the end of the year.

Peace to all,
Dean

BABY CARE KITS

We are trying to compile 12 Baby Care Kits for Lutheran World Relief. The following items are still needed to complete those kits:



- 9 Long or Short sleeved gowns or sleepers (without feet) - size between 6 and 24 months
- 6 Cloth Diapers—flat fold preferred
- 7 Jackets, sweaters, or sweatshirt with hood
- 8 Hand towels, dark color preferred
- 4 Bars of soap, 4 oz., any brand, in original wrapping

If you have any questions, please contact Linda Baker at 937-545-8410 or twobakers@roadrunner.com



A Season of Gratitude:

Harvesting G(love)s and Hats

by Thrivent Financial- Western Ohio Group

Appreciation, food and fun

Sunday, September 15th

2:00—7:00 PM

The Western Ohio Group of Thrivent Financial is excited to partner with the Light Foundation to show appreciation to our volunteers in Darke County! Please join us as we celebrate you!

This event is FREE but we ask that you please bring new gloves/mittens and/or hats for the Darke County Sheriff's Department Warm Winter Wear Drive! (Dinner is provided).

Please RSVP by September 6, 2019 by calling Andria at 937/778-1353 or email andria.haworth@thrivent.com

Reservations are limited- save your seat today!

Activities Available:


Outdoor Games; Live Music; Fishing Derby for Kids! (with prizes); - (Please bring a pole if you have one!); Longest Sundae in Darke County!

Plan to arrive by 2:00pm and stay as long as you please!

Chenoweth Trails is located at:

440 Greenville Nashville Rd., Greenville OH

Word from Our Pastor



Then he went about among the villages teaching. ⁷He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. ⁸He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; ⁹but to wear sandals and not to put on two tunics. ¹⁰He said to them, "Wherever you enter a house, stay there until you leave the place. ¹¹If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." ¹²So they went out and proclaimed that all should repent. ¹³They cast out many demons, and anointed with oil many who were sick and cured them.

Mark 6:7-13

Brothers and Sisters In Christ,

Grace and peace to you from God our Father and from Jesus Christ Our Savior and Lord, Amen.

Summer is over, past and gone. I look forward to seeing all of you back in the pews for another great year of ministry! I also look forward to seeing and hearing about all the great adventures you had on vacations and stay-cations this past summer. It sure was great for me and PJ to take a breather and relax from the hectic pace for a while. Now it's time to get back to work for God's Kingdom!

I really like the scripture passage above for a model of how the Church does ministry. If you notice, Jesus first calls his disciples together before sending them out. What do you suppose Jesus and the disciples did when He called them back into their small community? My best guess is first and foremost they worshipped together. They might have read scripture together and sang from the Psalms together. Then Jesus taught them in stories we call parables and by sharing examples with them. (That sounds a lot like a sermon to me...) They prayed together. Jesus even gave his disciples a format or a template on how to pray. (We call that the Lord's Prayer...) Then they shared sacraments together. Finally, Jesus gave them their commission for ministry. Jesus called his disciples back into community in order to equip them and then send them out, into the world refreshed and equipped to share the love of God in Jesus Christ with those who were open and ready to hear the Good News. That's what we're called together each and every Sunday to do as well.

I lift up this month an issue that has been on my mind for quite a while now for your prayers and hopefully your action... Our Elementary age Sunday School is alive and thriving, but attendance adult, confirmed members at any Christian Education event has dwindled to almost non-existent. When I first came to Trinity 6 years ago the Adult Sunday School classroom was filled to the brim. People seemed hungry to learn the Scriptures. Maybe it was curiosity over the new pastor, but we averaged 24 adults every Sunday! Sadly, that same Adult Sunday School Class is now down to about 8 souls, usually less than that. I can't recall any newly confirmed members coming back to the Adult Class in recent memory... Without knowing the Bible and our shared Christian story how can we be effective sharing our story with our neighbors and friends? Christian Education offers everyone the opportunity to practice sharing how your life's story has been shaped and guided by God's story. If you're not practicing telling your story here among your brothers and sisters in Christ, I know you must be struggling to share it in a public and maybe hostile world.

When asked, most Christians will tell you the most common way they share their faith is by the way they live their lives. We Christians have somehow gotten the idea that other people will magically know we're Christians and Jesus is our Lord and the Savior of the whole world simply because we smiled at them after they cut us off in the race to the closest parking spot. How you act is important, don't get me wrong, but if you never use words to tell your faith story, don't expect anyone will automatically pick up on it. I urge you to come back to Worship this fall, but also come back to Christian Education. If you're not setting the example, then our younger members won't return either...

So, summer is gone. Rally day is behind us and we're facing another year together worshipping, praying, listening to God's Word, partaking of the Sacraments, attending Sunday School (for both children and adults), and being commissioned to do the ministry Jesus called you to do.

May God bless you in all the things you do that proclaim His name and especially when you use the words of your own faith story to introduce your friend to your best friend, Jesus Christ. Amen!

In Christ's Grace,

Pr Mel

CHRISTIAN EDUCATION

...News for Pre-K through 6th Grade



To Mars and Beyond Bible School has been out of this world. Everything has gone beyond our imagination! We learned to Go Beyond with Faith, Boldness, Kindness, Thankfulness, and Hope through Bible stories, crafts, games, songs, and snacks. I think we adults can learn much from the kids and the Go Beyond goals. Let's help by setting examples of the above for the kids. On board Spaceship Trinity were the following much appreciated helpers—Julie Kossler, Judy Ulrich, Linda Baker, Pam Oswalt, Pat Netzley, PJ Musser, Niki Angles, Michelle Groff, Stephanie Kemp, Pastor Mel, Becky Daniels, Kami Schmitmeyer, Bev Erdmann, & Jr. Koos.

Rally Day will be on August 25 and will continue to focus on the Go Beyond theme. The kids have been earning tickets by attending Bible School and a big prize give away will take place during Rally Day. EP3: 20 will be the grand prize. The kids will participate in the service. Don't forget your backpacks for the Backpack Blessing!

We are in need of Sunday School Teachers. The curriculum is already printed and easy to follow. The Team meets the 3rd Tuesday of the month at 6:30 Just take the folder and use what you want. There is plenty of material for each week. Please let Marge know if you are willing to teach a few times. Your help makes the load lighter for all.

Items to look forward to in the future : fall festival and the annual Christmas program.

Any ideas or questions - call Marge Warner, Christian Education Leader, 937-623-2544

The Team - Pam Oswalt, Linda Baker, Stephanie Kemp, Michelle Groff, Bev Erdmann, and Pastor Mel

WELCA News for September

We held a brief meeting in August to do a bit of planning and discussion for the new year.

2019-2020 WELCA OFFICERS

Pres. - Marge Warner	Vice President—Vancant
Secretary - PJ Musser	Treasurer—Portia Boord
Wernle Rep. - Judy Ulrich	Quilting - Judy Ulrich and Linda Baker
Dinner Chair - Katherine Jump	Christmas Party Committee - Portia Boord and Linda Baker
Sunshine Cards - Julie Kossler	Luncheon Chair - Jr Koos
Giving Tree - Pat Netzley and Pam Oswalt	Mother-Daughter-Friend Committee - Vacant



We discussed the barbecue chicken dinner event and decided to perhaps skip it this year. As an alternative, a community spaghetti may be planned for January 19 (a possible date).

Instead of trading names for Secret Sisters this year, we may plan a Christmas gift exchange.

The mother/daughter/friend event will be discussed later. Ideas from you all are needed.

July- September Giving Tree - School Kits We are collecting the following items: rulers (30 centimeters with inches on other side), box crayons (16 or 24), pencils with erasers, pencil sharpeners, rubber erasers 2 1/2", blunt scissors, blue or black ball point pens, college or regular ruled 70, sheet notebooks.

Each woman at Trinity is welcome to attend the monthly meetings and share in a time of fellowship and spiritual growth. PJ Musser will still provide the cd's for our Worship time.

If you know of any personal or church needs brings your ideas to the Sept. 4 meeting. Linda Baker will be hostess with a co-hostess still needed.

If you haven't been to a WELCA meeting, give it a try. Our women are the best. Hope to see you on August 14 at 6:30pm.

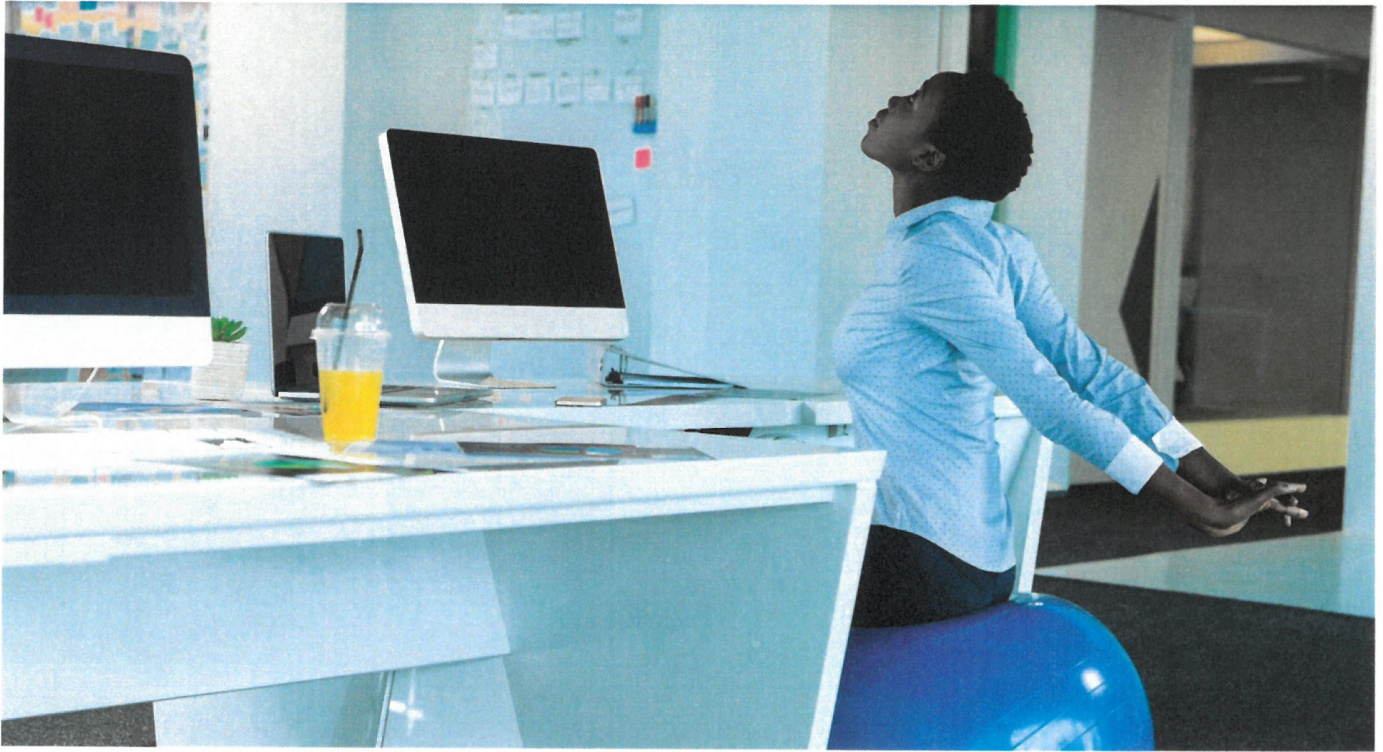
In God We Trust!

Marge Warner - WELCA President 937-623-2544

September Health Tip

Health Ministries

When Sitting Becomes a Pain in the Back



Sitting in one place for too long – like at your desk – can literally become a pain in the back. With a little bit of diligence, the pain can be avoided. Here's how.

Check your Posture

Good posture keeps your body parts aligned and balanced like they were meant to be. That means shoulders back, not slouched forward. Slouching can weaken the muscles that support your spine and put extra pressure on your discs. Good posture also means:

- Keep your feet flat on the floor (or on a small platform if they don't reach the floor). Don't cross your legs.
- Scoot back in the chair.
- Consider putting a cushion behind your lower back or at your shoulder blades to help you keep your spine aligned properly.
- Position your computer screen so it is at eye-level, not above or below.

(over)

Adjust Your Chair

The traditional office chair is designed to provide complete support. Check to be sure yours is adjusted properly.

- When you rest your hands on your desk, your elbows should be at a 90-degree angle. If not, adjust the height of your chair. If after adjusting your chair, your feet do not touch, then use a small footstool to keep a 90-degree angle of the knees.
- Can you easily slide your fingers under your thigh at the front of your chair's seat? If not, use a footrest to raise your feet slightly.
- Sit all the way back in your chair. Is there room for your fist between the seat of the chair and the back of your calves? If not, adjust the back of the chair forward, or add a cushion behind your lower back, or get a new chair. You don't want your calves resting against the chair.
- Adjust the chair's armrests so they cause you to lift your arms slightly at the shoulders.

Some back pain sufferers swear by kneeling chairs, designed to promote good posture without a back support. Others prefer exercise balls (also called yoga balls) instead of traditional chairs to help develop abdominal and back muscles. Be careful with these two options as they require your back and abdominal muscles to do all the work, all the time. If your core is weak, these are not a good options for all day sitting but can be used for short periods of time to develop strength. Standing desks and walking desks are also options to consider if your workplace allows them.

Take Lots of Breaks

Every half hour get up and move for two minutes. This will get your blood flowing and help to keep your muscles and joints loose. Include simple back stretches every time you get up. When you can, take a long walk, focusing on ways to loosen your spine and the muscles that support it.



Source: *Sitting Pretty: Protect Your Back*, Staywell Krames, 9/3/2015; *Caring for Your Back Throughout the Day*, Staywell Krames, 10/18/2015; *Back Safety: Sitting*, Staywell Krames, 10/1/17; UCLA Spine Center; *Spine-Health* published by Veritas Health

The material above is general medical information provided for informative and educational purposes only. General medical advice can never substitute for personal, professional advice given based on your medical history, your family medical history, your medication history, and other factors. Because these factors are different for every person, you should always consult your physician before relying on this information. These health tips should not be construed as establishing a patient-physician relationship between you and Premier Health and/or any staff members. If you need medical assistance, contact (866) 608-3463 to make an appointment with a physician, or call 9-1-1 immediately if it is an emergency.



Cheeseman Updates

Serving as clay pots in Southeast Asia

2 Corinthians 4:7

Local Partnerships

One of our family's highlights this year has been distributing audio Bibles. This month, God has opened doors to work alongside leaders from three local Thai churches so that they can be more involved in creating/distributing Bibles. This excites us because (1) Thais can explain the Gospel to other Thais more effectively than we can, and (2) we want to build ministries that are dependent on God's work through the local church, not us. Please pray for work in the following ways:



- We plan to host a "Bible making party" next month to mass produce audio Bibles. Pray for clear communication and good collaboration with those who participate. Pray that God's Word continues to spread in languages/formats that are the best understood by our community.
- Some people assume that Christianity is for Westerners only. Pray for more neighbors to see that Jesus' grace is for all nationalities. Pray for an attitude of humility and servanthood as we work alongside the local church.
- Pray that those who receive the Bibles would listen to them and desire to follow Jesus.

We continue to thank God for each of you who has been a part of this work. God has provided generously to meet our needs and make this ministry possible.

Wycliffe

Please do not distribute without permission.

For financial partnership send a check to: Wycliffe USA, PO Box 628200, Orlando FL 32862-8200. Attach a note saying: "for the ministry of Nate & Ivy Cheeseman account 248577."

Or go to <http://www.wycliffe.org/Partnership.aspx?mid=FCA44A>

For prayer partnership: Contact us directly: nateandivy@gmail.com <http://nateandivy.blogspot.com>

Prayer Requests & Praises

Children's Outreach

On Saturdays our church has a children's outreach. We've gone a few times to teach kids how to make bread. It's a bit chaotic with 40 pairs of little hands rotating through the kitchen, poking and pulling on sticky balls of dough. Even if the bread doesn't turn out beautifully formatted, the children seem to have fun. Pray these kids will continue to learn and grow in their faith.



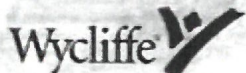
Counseling Training

Thank you for praying for our counselling training. We still have much to learn, but we have almost completed our certification for coaching/stress-assessments. Pray for humility and discernment as we serve Bible translation students.



God's Creation

Overnight, Karis went from playing with teacups and dolls, to being fascinated with worms, moths and cockroaches. God's creation in our own backyard is amazing. But we do hope most of it stays outside. :) Please keep praying for our girls to recognize God's work in the world around them and fall more in love with the creator.



Finally, dear brothers and sisters, we ask you to pray for us. Pray that the Lord's message will spread rapidly and be honored wherever it goes, just as when it came to you.

2 Thessalonians 3:1, NLT



SEPTEMBER CELEBRATIONS



Birthdays

4 Emily Campbell
8 Linda Baker
10 Susan Harter
12 Leah Witters
13 Zachary Long
16 Trevor Shelley

17 Bev Erdmann
Brent Shofner
Mollie Watson
19 Sanny Schneider
Stephanie Burrell
Jarin Young

20 Hunter Rich
21 David Dornbusch
24 Paul Erdmann
28 Darryl Mehaffie
29 Patty Sackett



Anniversaries

3 David & Joyce Hofacker
4 Michael & Lori Mehaffie
6 Brandon & Katy Groff
8 Harold & Debra Harleman

13 Brian & Jennifer Baker
14 Charles & Peggy Didier
21 Kerry & Stephanie Vanatta
22 Barry & Judy Ulrich

23 Mark & Roxanne Groff
24 Neville & Sandra Hughert
30 Eric & Sheila Campbell



Baptisms



1 Sandra Hughert
Susan Harter
2 Abigail Bond
Bryce Robinson
Morgan Taylor
Jarin Young
4 Brian Baker
Joshua Snider

7 Maddie Stacy
13 Beckett Schmitmeyer
19 Cody Troutwine
Jordan Mattox
20 Noah Mehaffie
21 Bradey Hesler
22 Angelo Morelli

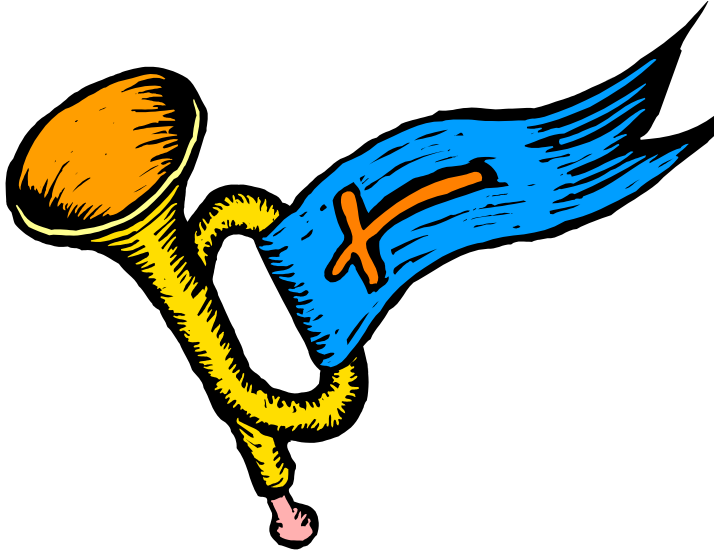
24 Brooklyn Proffitt
Helena Proffitt
Joshua Kossler
26 Deb Sease
28 Jeremy Netzley
30 Cassandra Creech
Katelynn Burrell-Troutwine

SEPTEMBER

DATE	GREETERS	READERS	ACOLYTES	FLOWERS
1	Tony & Linda Baker	Mark Oswalt		
8	Terry & Diane Warner	PJ Musser		
15	Joe & Kelly Netzley	Chris Cassel		
22	Rob & Jennifer Arling	Larry Harter		
29	Steve & Julie Kossler	Bev Erdmann		Pastor Mel & PJ Musser

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sunday School	2 	3	4 6:30 pm WELCA Meeting	5 6:30 pm Worship Team Meeting (if needed)	6 3:30 pm FISH Choice Food Pantry	7
8 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sunday School	9	10 6:00 pm Finance Team 7:00 pm Trinity Council	11 11:30 am Ladies Luncheon	12	13 9:00 am Prayers & Squares Quilting 3:30 pm FISH Choice Food Pantry	14
15 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sunday School 11:30 am Blood Press. Screening 2-7:00 pm Thrivent Event at Chenoweth Trails	16	17 6:30 pm Christian Education Team Meeting	18 8:30 am GGMA Meeting 9:30 am GRCC Soup Kitchen	19	20 3:30 pm FISH Choice Food Pantry	21 9:00 am Mutual Ministry Team
22 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sunday School 11:30 am Blood Press. Screening	23 	24 	25	26	27 3:30 pm FISH Choice Food Pantry	28
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TRINITY LUTHERAN CHURCH

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To—

**Evangelical Lutheran Church
In America**