



As we gain the broader viewpoint, we shall see that Life must contain two fundamental characteristics. We shall see that there is an Infinite Spirit, operating through an Infinite and Immutable Law.

- "The Science of Mind" p. 43.2

Visit our Website

January Message

Today IS the first day of the rest of our Life!



Our Practitioners

I hope this finds you in the wake of joyful and connecting celebrations for personal faith vour traditions. No matter how they manifest, they are full to the brim with the Light and Love that expresses Itself in each of us. May this year of 2021 reflect healing, perspective and



growth as we transition to the new days that lie ahead.

I imagine we are all curious about how "normal" will now look and feel within the hybrid potential we have created as a world, as a community, and as individuals. Transformation is not an easy process, yet I encourage us to remember and know that the butterfly never regrets its arduous transformation from caterpillar. After all... it can now soar and glide!!

As the world transformed over recent months, so too has Center for Spiritual Living St George. Many hands and hearts made lighter the work of temporarily closing our physical sanctuary. And now those hands and hearts continue to be Guided in the ongoing transformation of how we shall glide and soar in the world and the ethers.

You can see that we continue to expand and enrich our guest speaker line-up on Sundays. We are motivated to keep you informed of opportunities provided by the leadership of the grand offices of Centers for Spiritual Living. We are working on reimagining how we can offer meaningful learning opportunities in the principles of Science of Mind and practical ways to broaden our perspectives and enrich our personal lives and relationships with the God-of-our-knowing.

Please stay tuned right here for all the exciting news as it unfolds. Let us know how we can help you - from prayer and emotional support to assisting you to get on Zoom for our gatherings. We truly are anxious to connect and share our tools and expertise. And our Love.

We strive to continue to be a place where you are spiritually fed in a deep and meaningful way. Bless us all as we walk into our new personal and collective future. That future's foundation is

want to support you in prayer.

Please email your prayer request to prayer@cslstgeorge.org or leave a message at 435-287-8384 or 435-893-6702



CSLSG Community Care Circle

Let us provide compassionate support with Life's challenges, through calls, cards, and prayer.

Leave a message at 435-287-8384 or 435-893-6702 to engage this free and confidential service



CSLSG Wedding Officiant

Mary Klein, RScP, performs marriages, commitment ceremonies, and wedding vow right here and right now. In Divine Creation with you and me and...all of us together.

Love and Blessings to All!

Marina Anderson

CSLSG Core Council President

renewals.

Reply to this email and she will respond to you directly.

Breeze online donation

Meditation

Before Sunday Service
Guided this month by
Sue Fullmer
Please tune in at 10:45 am

See link below



Online Sunday Gatherings:

Meditation 10:45 am

Inspirational Services

11:00 am Community Conversation 12:00 pm

You can access each meditation and service on CSL St. George Facebook page. https://www.facebook.com/CSLSG/live/

Meditation and service will simultaneously stream on YouTube. https://www.youtube.com/channel/UCmmd5S1h6OjZpkgnDmt5l6A

Community Conversation on Zoom at Noon. https://us02web.zoom.us/j/5628970832



Sunday, January 3rd Timeless Wisdom Evolutionary Vision Joe Kovach, RScP

The fundamental principles of Science of Mind are ageless and cross many spiritual traditions. We have the opportunity to continue evolving and expanding our vision, continually growing into something newer and bigger, instead of stagnating.



Sunday, January 17th
Here and Now
Jeffon Seely

As we begin our journey through the year, we take a moment to take stock of where we are as we plan the route. Using spiritual practice and present moment awareness, we take a genuine and deep look at where we are



Sunday, January 10th
Grounding Beyond
the Beginning
Reverend Elisha Christopher

We remember the foundational principles upon which our faith is built. We honor all of the many traditions which Science of Mind has used as springboards, and delve into the deep truth behind all of these teachings: all is one, and always has been.



Sunday, January 24th
Looking Ahead
Reverend Hannah Rothlin

Having taken stock, we're ready to plan our journey and look to where it is that we want to go. What possibilities lie beyond the horizon? Where are the growing edges in ourselves, our communities. and our We movement? set our

right now: in ourselves, our communities, and our movement.

New guest speaker: Jeffon Seely is CEO & Founder at Jeffon Seely of Three Key Life - Speaker and Motivator and recent contributor to *Science of Mind* magazine.

intentions and set to the work of moving forward.



Sunday, January 31st Looking Above Eugene Holden RScP

We never forget that behind (and above!) it all is God. As we advance through our year and continue allowing evolutionary impulse of Spirit to work through us and communities. we remembering and committing to upward journey Divine of Unfoldment.

Join Our Community Conversation

After Service at Noon

Please join us each week after service for casual conversation and thoughtful reflection of service. Together we are stronger in faith and fellowship.

It's EASY!! Just click this Zoom link at noon: https://us02web.zoom.us/j/56289 70832

FYI...This link is also published each week in the Friday reminder.

If you or someone you know would like some assistance getting connected with Zoom, please <u>CLICK HERE</u> and we will help.

We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our <u>MISSION</u> is to provide spiritual tools for personal and global transformation.

Our <u>PURPOSE</u> is to awaken humanity to its spiritual magnificence.

Our <u>VISION</u> is a world that works for everyone.



BOOK CLUB

Another book is on its way!!! Let Sue know you are interested in joining.

Tuesdays 6:00pm

Zoom link: <u>https://us02web.zoom.us/j/</u> <u>5628970832</u>

Email Sue if interested: <u>suegfullmer@gmail</u> <u>.com</u>



It's EASY!! Go to https://smile.amazon

.com/ Enter Center for Spiritual

Living St. George.
That's it!!

A portion of your purchase will go to CSLSG!!



Prayer Over The City January 1 @ Noon

Watch it on the Facebook page for Solomon's Porch Foursquare.

CLICK HERE for Solomon's Porch FB

Sponsored by St George Interfaith Council



Centers for Spiritual Living Recommended Reading List

CLICK HERE for the 2021 reading list from Colorado.



CSLSG is here for YOU.

We invite you to continue to support the Center as we plan for and bring to fruition our glorious todays and tomorrows.

TOGETHER.

- **Give by Text**: text GIVE to (435) 850-6465 and enter your contribution amount
- **Give Online**: at https://cslstgeorge.breezechms.com/give/online OR at Paypal: https://www.paypal.com/cgi-bin/webscr
- **Give by Mail**: send checks to Center for Spiritual Living St. George, PO Box 3132, St. George, UT 84771

Breeze online donation



CSL Sacred Circle Series
Continues for
Black, Indigenous and People of Color
Practitioners and Members

Registration is now open for Practitioners and Members Sacred Circles Starting in January 2021

We are hosting a three-part Sacred Circle series for the opportunity to connect with others from Centers for Spiritual Living Member communities to continue the conversation for greater awareness around racial disparity and

transformation. The first series for Black, Indigenous and People of Color Ministers is in progress and concludes on December 18, 2020. The sessions for Practitioners and Members will start in January, 2021, which is highlighted in this announcement.

This is a prime moment for healing to be revealed in the Black, Indigenous and People of Color communities. There have been ongoing oppressions and marginalization of these communities historically up to current times. The varieties of trauma that result from these experiences often are retained in the physical, emotional and psychological bodies of people in Black, Indigenous and People of Color communities.

The next two parts of the Sacred Circle series starts in January for Black, Indigenous, and People of Color: A Circle for Practitioners (who are not ministers), and one for

Members. Details are outlined below. We will explore the somatic responses that are held from the traumas of our historical and current day societal experiences using the same curriculum. As these groups sit in sacred circle together in support and discussion, the guiding resource will be My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies, by Resmaa Menakem (Central Recovery Press, 2017). Each group will explore together the concepts in the book, their lived experiences, as well as engage some of the suggested exercises individually and collectively.

Here are the desired outcomes of this Sacred Circle Series:

- Create a safe space for honest reflection and awareness of racialized trauma in our lives and in our bodies
- Incorporate spiritual practice with body practices from the book for healing to be revealed
- Regardless of knowledge and awareness levels, come together in community for individual and collective healing and support

It is our full intention that this program will create a confidential space to be honest without shame or judgment for opportunities to learn and grow together. These sessions will not be recorded. Please purchase the primary book as soon as possible. There is also other suggested material that is optional as shown below.

Black, Indigenous and People of Color Circle Facilitators:

Rev. Dr. Sunshine Michelle Coleman is the lead for both the Practitioner and Member Sacred Circles. She is a seasoned facilitator and convener of sacred space, an ordained CSL minister, and founding community leader of Authenticity Journey of Renewal Focus Ministry. She recently completed her doctorate on the exploration of authentic self-expression within Black and Brown women in the United States.

Rosana Martinez, RScP will co-facilitate the Practitioners Sacred Circle. She has been a licensed practitioner and student of Science of Mind at East Bay Church of Religious Science – CSL in Oakland, California since 2007. She is an advocate of mental health rights and is retired from the mental and public health sector. Rosana lives and moves in the world treating others and the Earth from a place of honor and respect, and working for the benefit of all humankind.

Ayodele (Ayo) McClenney, RScP will co-facilitate the Members Sacred Circle. She is a seasoned coach, small group facilitator, and licensed Practitioner at Oneness Columbia Center for Spiritual Living in Maryland. Ayo has designed and delivered workshops in her spiritual community, as well as coursework guiding individuals and organizations to achieve high impact goals.

Black, Indigenous and People of Color Practitioners and Members Circles:

Times & Dates for Practitioners: 5-weeks, 90 minutes/session, 5:30 p.m. Pacific, 6:30 p.m. Mountain, 7:30 p.m. Central, 8:30 p.m., Eastern. No charge. Tuesdays, January 5, 12, 19, 26, February 2, 2021

Practitioner Registration

Times & Dates for Members: 5-weeks, 90 minutes/session, 5:30 p.m. Pacific, 6:30 p.m. Mountain, 7:30 p.m. Central, 8:30 p.m., Eastern. No charge. Thursdays, January 7, 14, 21, 28, February 4, 2021.

Member Registration

As a charitably-minded owner of a traditional IRA, you might consider using two tax-smart tips to help you maximize your charitable impact.

- The first tip is to use IRA income rather than cash to make charitable gifts, as this giving approach may enhance your tax savings while increasing your charitable impact. Just instruct your IRA manager to send a monthly check to your charity from your IRA account and deduct that amount from your annual taxes. Consider how much of your RMD is to be decreased by the charitable donations.
- The second tip is to name a 501(c)(3) public charity—such as a donoradvised fund—as your IRA beneficiary, which may allow you to fund your charitable legacy goals in an efficient way while saving your heirs and estate on taxes.

Source: Charles Schwab

Community Opportunities Shared through the Interfaith Council

- Sunday Feast is served each Sunday at Solomon's Porch Foursquare Fellowship to all. Food distribution is every Friday afternoon. Volunteers are needed to help at Solomon's Porch. Contact Jess Stocking norrisman.js@gmail.com 435 313-1104
- Food distribution at Grace Episcopal Church is every 2nd and last Friday each month at 11:30 AM.
- SwitchPoint's Soup Kitchen is serving lunch Monday thru Friday at the SwitchPoint kitchen. They are in desperate need of volunteers. www.Switchpointcrc.org
- Circles is a program at SwitchPoint that helps families succeed in life. Circles here in St George has been operating for 5+ years and is the model used by the Lt Governor Cox's Task Force on Intergenerational Poverty. Circles works. Please give this serious consideration. Contact Jeff Tuscano for more information. jeff.tuscano@switchpointcrc.org
- Utah Food Bank First Thursday of every month Click HERE for flyer



Sacred Covenant

There is only One Life. That Life is God's Life. That Life is Perfect. That Life is my life now.

In knowing that I am one with this Life, I know that I am one with all of Its blessed expressions which include the presence of a new minister for my beloved spiritual community.

Because I know that the Highest Purpose of my new minister is to express God, I therefore know that my new minister reveals Wholeness. I further know that my new minister is the fulfillment of that which we believe, for it is written:

> Let us learn to draw the Divine Substance down into our own lives and, as freely as It has been given to us, let us give It to others. Thus alone shall we be made Whole. (Ernest Holmes)

As I stand in agreement with my beloved community, I see my new minister revealed before me as growing the Center in Joy and Prosperity.

I now intend to experience my new minister in full cooperation and agreement with my Community, knowing the Truth about myself, for...



• I am accountable and willing to take full responsibility for my actions.

• I participate in and support the nurturance and guidance of the community.

• I act from Wholeness and congruence in thought, word and action; I "walk the talk".

• I embrace.... [express your personal Truth here].

I now accept the highest expression of a new minister into my life, knowing that they are revealed in a way that expresses God and serves the highest and greatest good for all who are touched by their presence.

I am grateful! And so it is. Amen.

Sacred Covenant PDF Copy

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Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | https://www.cslsg.org

STAY CONNECTED



