What does it mean to be Old-Catholic?

An Old-Catholic is a baptized Catholic Christian that:

1) Adheres to the First Seven Ecumenical Councils of the Church.
2) Professes the Niceno-Constantinopolitan Creed in its original formula.
3) Observes the Ancient Catholic tradition.
4) Affirms the Episcopal-Synodical Polity of the Church.
5) Understands Liturgical Worship as Ancient, Mystical and Solemn.
6) Rejects the modern Dogma of Papal Infallibility.
7) Rejects the Papal Claim to universal (Episcopal) supremacy over the Church.

Whiles these are the fundamental principles of being Old-Catholic, Old-Catholicism is essentially a theological methodology that views the ancient Church and the Patristic tradition as the central hermeneutical principles for understanding the Church today and for the future. While some Old-Catholics belong to the various Old Catholic Churches, most Old-Catholics still regard themselves as Roman Catholic.