

# **Access Consciousness®**

## **Having you bars run®**

### **What are the Bars?**

There are 32 bars of energy that run through and around your head that connect to different aspects of your life. These points are referred to as "the bars®"

### **Why would I want my Bars run?**

What if it is possible to change most things in your life that are not working for you and have more of what is really fun and joyful for you?

Having your bars run will at worst make you will feel like you have had an amazing massage but other benefits of having your bars run include:

People and situations that once drove you nuts and created great difficulty in your life suddenly no longer bothers you, and is not a problem anymore.

Deep relaxation, while revitalising and energising at the same time.

More ease with every aspect of your life.

Happiness - General depression vanishes for many after just one session.

Most People say they sleep better

**All of life comes to me with Ease, Joy & Glory**

For more information contact

May Lloyd

07586 349 410

May@saname.co.uk

www.saname.co.uk

