

“Lies Women Shouldn’t Believe” – Week 4

Dec. 2, 2016



Myths and Lies

Lie: a false statement with deliberate intent to deceive; an impostor, sometimes hard to because it is concealed so well. Myth: a widely held but false belief or idea.

Our Physical Health

Lie:

- It's your Doctor's responsibility to ask the questions, and it's your job to answer them.

Walk into any doctor's office around the country and chances are that you'll be the one in the hot seat. In fact, you probably assume that it's your Doctor's responsibility to ask the questions, and it's your job to answer them. But your health—indeed, your very life—might depend on whether you ask a few key questions of your own.

"Do I really need this test?"

"How many patients do you see each month?"

"How many patients have you treated who have had my condition?"

"How many surgeries do you perform each year?"

"Where would you send your wife or children?"

"Can I schedule my surgery for the morning?"

"What else can I do to treat my condition?"

"If I get sick, will you see me in the hospital?"

"Do you earn bonuses based on performance?"

"Who's holding the knife during my procedure? Do you do the surgery yourself, or do your assistants do the surgery?"

"Are you the physician who oversees my entire treatment, including presurgery, surgery, prescriptions, physical therapy recommendations and postsurgery checkups?"