Yoshin Ryu Jujitsu
2nd DEGREE BLACK BELT

BLOCKS FOR STRIKES
- 2-Hand Go With Force
- Forearm Shoulder Wedge
- Bob
- Weave
- Body Block
- Brush Grab Strike #1
- Brush Grab Strike #2
- Brush Grab Strike #3

BLOCKS FOR KICKS
- Outer Slip
- Inner Slip
- Rear Slip
- Body Block
- 3 Leg Checks

PIVOTS (with throws)
- Forward
- Rear
- Side
- Circular Pivot
- (Sweeping Hip Throw)

THROWS
FOOT THROWS
*F,B	Advancing Foot Sweep
S,F,B	Outside Reap
S,F,B	Inside Reap
S,F,B	Small Outside Reap
S,F,B	Small Inside Reap
F,B	Foot Prop Throw
(to Side)	Sliding Foot Sweep

HIP THROWS
**f,r,s	Hip Throw
S	Sleeve Hip Throw
f,r,s	Floating Hip Throw
f,r,s	Sweeping Hip Throw
f,r,s	Springing Hip Throw
f,r,s	Inner Thigh Throw

HAND THROWS
f,r,s	Shoulder Throw
S	2 Hand Shoulder Throw
f,r,s	Body Drop
F	Air Throw
S	Winding Shoulder Throw
S	Tiger Throw
F	Shouldering Throw
S	Knee Roll

SACRIFICE THROWS
f,r,s	Winding Pulling Throw
S	Valley Drop
F	Circle Throw
F	Corner Dash Throw
S	Belt Circle Throw
F	Rice Bag Throw
S	Crab Throw

DEFENSE TO THROWS
- Lower Your Center
- Move Attacker's Center
- Move Your Center

STRANGLES (with some review)
- Cross Strangle
  - 1 Thumbs Up
  - 2 Thumbs Down
  - 3 Mixed Grip
- Sliding Lapel Strangle
- Wing Lapel Strangle
- Rear Naked Strangle
- Rear Naked Choke
- Standing Loop Strangle
- Standing Wedge Strangle
- Reversed Naked Strangle
- Riding Strangle
- Hell Strangle
- Leg Triangle
- Arm Triangle

GRAPPLING
SUBMISSIONS
- (From) Guard
  - 4 Submissions
- (From) Mount
  - 4 Submissions
- (From) Rear Mount
  - 4 Submissions
- (From) Side Control
  - 4 Submissions

SWEEPS / ESCAPES
- (In) Guard
  - 3 Escapes
- (From) Guard
  - 4 Sweeps
- (In) Mount
  - 3 Escapes
- (In) Rear Mount
  - 1 Escape
- (In) Side Control
  - 3 Escapes

TAKEDOWNS / CONTROLS
- Single Leg Takedown
- Double Leg Takedown
- Pulling Guard

(For 2nd Degree Black Belt test only, there will be (5) 7 minute grappling matches.)

* Possible Partner's (Uki) Movement:
 F = forward, B = backwards, S = static
** Appropriate Pivots:
 f = forward pivot while uki is static
 r = rear pivot as the uki moves forward
 s = side pivot as the uki moves backwards