



# PCFLC

Parent-Provided Snack Program

## Weekly Sign-Up Sheet

Requested Donation:

1 FT Child: 2 items/week; 2 FT Children: 3 items/week; 1 PT Child: 1 item/week

Remember: Items are for sharing with the class! Your child will distribute to his classmates your family's donation.

Class: \_\_\_\_\_

Week of: \_\_\_\_\_

Items		Family Providing Item
Cereals & Grains		
	Kellogg's Cracklin' Oat Bran Cereal	
	Quaker Oatmeal Squares Cereal	
	Low or No-Salt Wheat Pretzels	
	Low or No-Salt Wheat Pretzels	
	Box of Whole Wheat Cereal Bars	
	Box of Whole Wheat Cereal Bars	
	Box/Bag of Whole Grain Goldfish Crackers	
	Bran Muffins (6)	
	Bag Mini Whole Wheat Bagels	
	Other Cereal or Grain:	
Fresh Fruit/Vegetables		
	Strawberries	
	Strawberries	
	Cantaloupe	
	Baby Carrots	
	Bag of Clementines	
	Bag of Apples	
	Bananas	
	Watermelon	
	Other Fruit/Vegetable:	

Items		Family Providing Item
Dairy		
	Cheese Sticks	
	Cream Cheese	
	Butter	
	Kefir Drinkable Yogurt (Strawberry)	
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	Tub Fruit Yogurt	
	Block Mild Cheddar	
	Horizon Organic Choc. Or Vanilla Milk Boxes	
	Quart Organic Whole or 2% Milk	
	Quart Organic Whole or 2% Milk	
	Quart Organic Whole or 2% Milk	
	Quart Organic Whole or 2% Milk	
	Other Dairy:	
Other		
	100% Juice	
	100% Juice	
	Water Bottles	
	Jar Unsweetened, All-Natural Apple Sauce	
	Dried, Unsulfured Fruit (Apples, Banana Chips & Apricots)	
	Paper Plates	
	Paper Dixie Cups	
	Roll of Paper Towel	
	Roll of Paper Towel	

Thank you to all our wonderful families for helping make our snacking program a success! We are confident that with your help and your donations we will be able to provide your children with a wide range of nutritious food that will maintain their good health year-round!

Have suggestions? We'd love to hear them! Please write them here:

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