

## 7<sup>th</sup> Grade Mini-Course Descriptions for 2022-2023

### **Fall/Winter 2022**

#### **Session 1: Making Good Choices**

Everyone has heard the expression “What Would Jesus Do?” – Well, is it really that simple? This mini course will give teens the opportunity to talk about the things that impact their lives and the choices that they have to make every day and ask them to consider those choices through the lens of their Catholic Faith.

**Sundays 6:30 – 8:00pm**  
**October 2, October 9, October 16, October 23**

#### **Session 2: Ten Commandments**

How do the 10 Commandments apply to your life today? This course hopes to re-introduce you to the 10 Commandments. In addition to looking at what each Commandment says, teens will be encouraged to update each Commandment so that it is easily understood in the language of today’s teenagers.

**Wednesdays 7:00-8:30pm**  
**October 12, October 19, October 26,**  
**November 2**

#### **Session 3: Conversations with God**

Prayer is central to the development of a deep faith. This mini-course will introduce youth to various forms of prayer. It will include traditional prayer, time in the church to appreciate the sacredness of holy places, and an opportunity to explore how technology can be used to support a healthy prayer life.

**Mondays 7:00-8:30pm**  
**November 28, December 5, December 12,**  
**December 19**

### **Winter/Spring 2023**

#### **Session 4: The Mass and Me**

This mini course will take a closer look at our Mass, including the rites, prayers, and traditions that make up the Celebration of the Eucharist with the hope that teens will feel more connected and enriched when they attend Liturgy.

**Wednesdays 7:00 – 8:30pm**  
**January 18, January 25, February 1,**  
**February 8**

#### **Session 5: A Closer Look at the Lord’s Prayer**

You know the words. You pray the prayer. But have you ever stopped to take a closer look at the Our Father? Ever wondered what one or more of the words means? Or considered how the Lord’s Prayer became so central to our faith? This course will break open the Lord’s Prayer to offer participants a deeper understanding of the prayer and how it can impact their lives today.

**Sundays 6:30 – 8:00pm**  
**March 5, March 12, March 19, March 26**

#### **Session 6: The Gospels according to Dr. Seuss**

Whether it be Thing One, Thing Two, or Cat in the Hat, we know these characters for their noteworthy acts. These Dr. Seuss stories we remember with great affection. Have you ever pondered their biblical connection? In this mini-course participants will dive deeper into the featured bible verses and watch their growing faith become more immersive.

**Mondays 7:00-8:30pm**  
**March 13, March 20, March 27, April 3**

**Safe Environment Training (required annually) – Additional Information about this Training will be coming. There will be a series of dates for youth to select from to complete the training.**