

THREE DAY ITINERARY GEOLOGICAL WONDERS OF THE BURIN PENINSULA

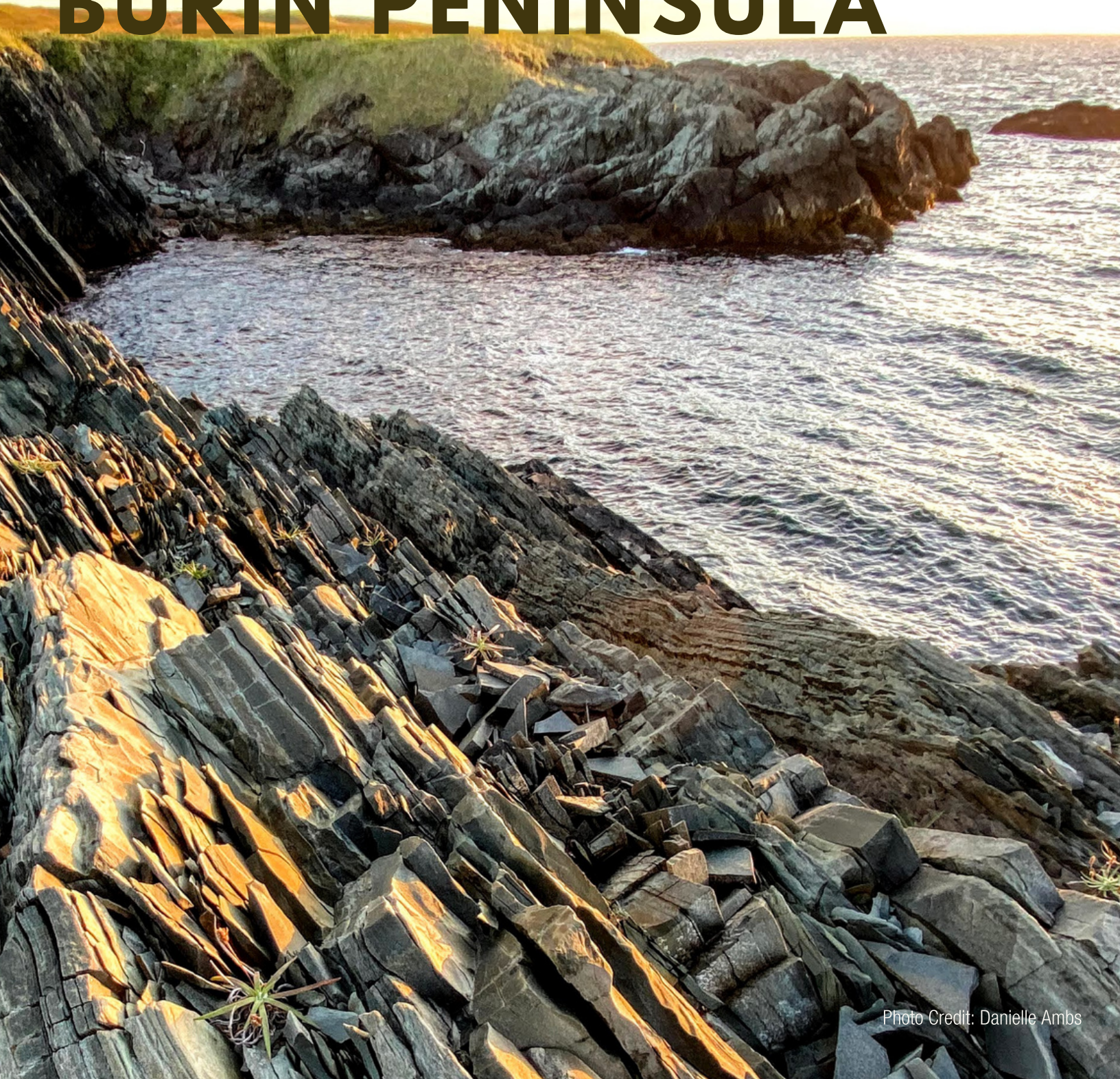


Photo Credit: Danielle Ambbs

DAY ONE

Start your Heritage Run journey at the Goobies visitor information centre. Your first stop is at the Sandy Harbour River view park to learn more about the Southeastern Barrens and glacial erratics. Scan the barrens for caribou, hawks, and bald eagles before continuing along Route 210.

In Boat Harbour West, stop into the Livyer's Lot Economusée to learn about traditional rug hooking and tuck into a home cooked Newfoundland meal at the Tea Rose Café. If you've yet to try a touton, now's your chance!

As you approach Marystown, stop at the Mortier Bay lookout for a panoramic view of one of the largest ice-free harbours in Eastern North America.

Stretch your legs at Frenchman's Cove as you explore the town's freshwater barachois and beaches. A great photo stop!

Arriving in Grand Bank, you'll be greeted by traditional architecture and coastal views. Sharon's Nook is famous for their cheesecake; grab a slice or two to fuel up for a hike along the Marine Trail, where you can freely explore Grand Bank's stunning rocky coastline.

After a day of exploring, it's time to settle in for the evening. Check into Hotel Fortune for the evening and grab a bite to eat in Grand Bank or Fortune. If it's a clear evening, head out to Fortune Head to catch the sunset; Fortune Bay puts on a show at sundown.





DAY TWO

Start your day at the Fortune Head Geology Centre, where you'll be introduced to the unique geology of this region. Pick up a picnic lunch to go from one of the restaurants in Fortune or Grand Bank before heading out with your guide to the Fortune Head Ecological Reserve, where rocks in the superbly exposed low cliffs represent the geological boundary between the Precambrian and Cambrian geological eras.

Additionally, the fossils here represent the first skeletal creatures from 540 million years ago. NOTE: Guided tours not available in 2021 due to COVID-19 restrictions.

Continue your journey around the southern shore of the peninsula (locally referred to as "The Boot"). Prepare to stop for photos as the coastline opens up to panoramic coastal views. As you approach Point May and Lamaline, scan the coast for the French islands of Saint-Pierre et Miquelon not far in the distance. Stop at the viewpark en route to use the telescope and get a closer look at the French archipelago.

Arrive in St. Lawrence and take a guided tour of the Miner's Museum to learn about the town's fluorspar mining history – a story of prosperity but also tragedy. Pick up some handmade fluorspar jewelry from the museum's workshop/gift shop to take home as a memory of your adventure.

Explore Chamber Cove with [Laurentian Legacy Tours](#) and hear the story of one of the greatest U.S. naval disasters in history, and of the heroic rescue effort that took place here. Along the hike, your guide will also point out important geological features of the area and outline their importance in establishing St. Lawrence as a mining centre in the province.

After a busy day, head to the [Ocean View Motel](#) for the evening and enjoy a relaxing meal in their dining room before settling in for the night.

DAY THREE

Set out for Burin, leaving time for photo stops along the way – this coastline and its picturesque communities will take your breath away. As you enter Burin, keep an eye out for the “Turtle Islands,” a group of islands very worthy of a photo for their uncanny resemblance to turtles. The tidal wave memorial in Burin will inform you about the tidal wave disaster that took place in this region in 1929.

Check out the [Burin Heritage Square](#) before heading to [Smuggler's Cove Roadhouse](#) for a delicious southern-style meal. Explore the old western-themed grounds before continuing back towards Marystown where you can fuel up before heading back to the Trans-Canada Highway and the rest of your Newfoundland and Labrador adventure.



Photo Credit: Abby Moss