



National Alliance on Mental Illness

Southwest Iowa Support Groups

Feel free to join us!



nami Connection

National Alliance on Mental Illness RECOVERY SUPPORT GROUP



Council Bluffs 6:30PM

1st and 3rd Tuesdays of each month
Council Bluffs Public Library
400 Willow Ave.



Clarinda 6:00PM

2nd and 4th Mondays each month
Lied Public Library
100 E Garfield St.



United Church of Christ
Atlantic 1607 Hazel St.

1st and 3rd Thursdays 2:00PM
2nd and 4th Thursdays 6:30PM



Virtual VETERANS 7:00PM

1st and 3rd Mondays each month
See our website to register!



Virtual 6:30PM
Every Thursday

See our website to register!



Virtual 10:00AM
Every Monday

See our website to register!



nami

National Alliance on Mental Illness

Family Support Group



Virtual 6:30PM

First Tuesday of each month
See our website to register!



Clarinda 6:30PM

3rd Tuesday of each month
Southwest Iowa Families
215 E Washington St.