



*We are an open, loving, and inclusive community
that supports thinking creatively and
living a deeply spiritual life.*



The Everyday Wonder of Emotions

Week of May 15, 2022
If You're Happy and
You Know It

**In addition to creating happiness in our lives ...
cultivate the spiritual practices that lead to
joyfulness, especially gratitude.
We need to live from a place of gratitude and joy.**

~Brene Brown,
The Gifts of Imperfection

Visit our Website

Online Sunday Gatherings

Guided Meditation 10:45am

Inspirational Service 11:00am

Community Conversation 12:00pm

If You're Happy and You Know It

Happiness stems from a state of mind and an attitude. We can choose to shift our attitude by focusing on something that brings us joy, whether from a memory or doing something that is pleasing. Focusing on gratitude and our many blessings is a great feeling-bummed buster or a way to make us even happier than we already are.



Sue Fullmer
Meditation Guide



Stef Swink, RScP
Guest Speaker

Online Links

You can access each meditation and service on
CSL St. George Facebook page.

<https://www.facebook.com/CSLSG/live/>

Meditation and service will also stream on YouTube.

<https://www.youtube.com/channel/UCmmd5S1h6OjZpkgndmt5l6A>

Community Conversation on Zoom at Noon.

<https://us02web.zoom.us/j/5628970832>



Reverend Joe Kovach Minister Candidate

We had a successful
candidating
experience when
Reverend Joe Kovach
came to
St George and met in-
person with CSLSG

leadership and provided a stimulating
workshop - R.A.I.S.E UP! - for the
community. Members in attendance voted
in support of Reverend Joe as a candidate.

**The Core Council and Rev. Joe Kovach
are in negotiations regarding the
specifics of a
potential contract for the
CSLSG Senior Minister position.
WE WILL KEEP YOU POSTED.**

Sacred Covenant



There is only One Life. That Life is God's Life.
That Life is Perfect. That Life is my life now.

In knowing that...

**To read the full covenant,
[CLICK HERE](#)**



Our Practitioners want to support you in prayer.

Please email your
prayer request to
prayer@cslstgeorge.org
or email them
individually from our
website
(csls.org/about)
or leave a message at
435-893-6702



CSLSG Community Care Circle

Let us provide
compassionate support
with Life's challenges.

*Leave a message at
435-893-6702
to engage this free and
confidential service*

CSLSG
Book Club

THURSDAYS
@ 6pm

Mutant Message
Down Under
by Marlo Morgan



Hosted by Sue Fullmer and
Marina Anderson

Email for information & Zoom link:
suegfullmer@gmail.com



**CSLSG Wedding
Officiant**

Mary Klein, RScP,
performs marriages,
commitment
ceremonies, and
wedding vow renewals.

Reply to this email and she
will respond to you
directly.

Paypal online donation

**We believe the Power breathing us is greater than any
circumstance, situation, or condition.**

***Our MISSION is to provide spiritual tools for
personal and global transformation.***

***Our PURPOSE is to awaken humanity to its spiritual
magnificence; to awaken our community to its Divine
Nature and the greatest expression of who we are.***

Our VISION is a world that works for everyone.

***Spread
the
Love!!***



- **Give Online:** Paypal link is on our website: [csmsg.org](https://www.csmsg.org) on the Donation page; or Paypal direct with [blue button below](#).
- **Give by Mail:** send checks to CSLSG

Centers for Spiritual Living Events and Information



CSL's Teen Summer Camp 2022 will be IN PERSON for the first time since 2019

When: Wednesday, July 6 -
Wednesday, July 13, 2022

Where: Camp Cedar Ridge in Vernonia,
Oregon

Cost: \$525

[Visit the Camp Cedar Ridge website](#) for
more information and photos.

Registration will open on May 6, 2022, and will end on June 6, 2022. We will again be using the Camp Docs system. There will be no late registration!

Teen groups flying in should plan to land in Portland Airport (PDX). We are working to coordinate airport transportation (vans) for the 45-minute ride to the campground, but larger groups may want to coordinate their own transportation.

Please note: The dates are Wednesday-to-Wednesday instead of our typical Saturday-to-Saturday on a one-time basis. CSL is in the process of purchasing this camp, but Summer 2022 was already booked by other groups. July 6 to July 13 is the only remaining slot available for an in-person experience this year.

Mandatory advisor training is scheduled for the following dates (please choose one):

- Saturday, May 21, from 10 a.m. to 2 p.m. PST (8 a.m. to 10 a.m. MST)

[Click Here for Zoom Meeting- May 21st Advisor Training](#)

- Wednesday, May 25, from 3 p.m. to 7 p.m. PST (1 p.m. to 5 p.m. MST)

[Click Here for Zoom Meeting- May 25th Advisor Training](#)

Stay tuned for more information including COVID protocols, the camp schedule and our 2022 theme.

We look forward to seeing our teens and advisors back in person this summer!

With love,
CSL Teen Camp Leadership Team
Email: TeenCamp@CSL.org

This information also available at csl.org.



Humanitarian Relief Effort for Ukraine

If you would like to contribute to CSL's disaster relief program for Ukraine, we are collecting donations now to be distributed later when we know what needs exist and how to get funds reliably to our community. Use the donation form here, select disaster relief, and add Ukraine in the comments to designate your contribution.

Donate to Centers for Spiritual Living

When people read about issues ranging from women's rights to refugees, or from veterans to natural disasters, Public Good, in partnership with CNN, empowers readers to make a difference by giving them actions they can take in those moments of inspiration, as well as a comprehensive list of nonprofit organizations on the ground that you can donate to.

Help Humanitarian Efforts in Ukraine (publicgood.com)

Global Citizen is a movement of informed world citizens who are taking action to address planetary issues to help make the world a better place. Global Citizen has an updated list of ways you can take action to support the humanitarian relief effort in Ukraine and surrounding countries, with an updated list of nonprofit organizations you can support.

The Ukraine Call to Action – Take Action with Global Citizen

Rev. Laura Hallett

is offering several classes on Zoom and invites you to join in.

Register by emailing her at

revlaurahallett@gmail.com

[CLICK HERE](#) for list of classes available

St George Interfaith Council Opportunities

Heavenly Voices -

Sacred Music to Lift the Soul concert

St George Interfaith Choir and Auburn



Methodist Church Choir
June 1st, 2022, 7:30pm MDT at the
Tabernacle on Main Street

Click **HERE** for the flyer and more
information

ALSO... The SG Interfaith Choir is looking
for new members. Interested?

kathybrown13@gmail.com

With over 28,000 Hispanics in Washington
County the **Centro Latino** serves to teach
English and help with other services to help
the adjustment into this country. This
wonderful service is provided in the church
building next to the St George Temple
where The Church of Jesus Christ of Latter-
day Saints has provided classrooms and
spaces. Mike would love to put a poster up
in any church or any location plus he and
Gordon Hamm will speak to any group that
invites them. This much-needed service will
bless those who learn English.

Contact Mike Aitken at:
aitkenback@gmail.com

**CENTRO
LATINO**



(435) 720-5066

449 S 300 E, St. George, UT 84770

Recursos para ayudar a la comunidad
Resources to help the Latino Community

Clases de Inglés	English Classes Every
Gratis Cada	Tuesday 7pm
Martes 7pm	Wednesday 7pm
Miércoles 7pm	Thursday 7pm
Jueves 7pm	Sunday 7pm
Domingo 7pm	



Suicide Prevention Coalition
(through Southwest Behavioral Center)
is looking for new Interfaith Council members.
If you are interested in serving our greater
St George Community in this way,
please contact Teresa Willie at:

twillie@sbhcutah.org

Help with food collection
every month
on the second and last Saturday
11:30 a.m. – 1:00 p.m.
GRACE EPISCOPAL CHURCH
1072 S 900E, St. George
For more information, click **HERE**



**Food
Collection**

Visit our Website

