

# Illness Policy

Updated March, 8<sup>th</sup> 2023

**\* Please note that if someone in the child's household is sick or waiting on a covid test the child cannot attend. We highly recommend testing your child if they are sick with any symptoms. \***

*In the event of an unexpected closure due to an emergency, illness and or pandemic, we will give as much notice as possible. If a temporary closure occurs, fees will not be reimbursed, your fees do not reflect attendance but hold your spot at our facility. Please note health questions will be asked upon arrival at the centre if a child or someone within their household is unwell or been exposed to covid19 the child may not attend the centre.*

**\*\* Each scenario is different, so we are going to do every situation case by case. You must check in on seesaw and get an answer before your child can return to the centre if your child has been at home unwell or someone in the household was unwell. \*\***

Symptom	May Return When
Fever	May return to childcare after 2 calendar days and no new symptoms appear. Child must be fever free (without being medicated) for 2 full calendar days before returning to childcare.  Must check in on Seesaw before returning. Sibling(s) must stay home.
Cough, Difficulty Breathing, Wheezing or Sore Throat	May return to childcare after 2 calendar days if no new symptoms have appeared. If they have a <b>cough</b> as a symptom, then it must be minor before returning and it cannot be consistent during nap time or outdoor play.  Must check in on Seesaw before returning. Sibling(s) must stay home.
Vomiting and/or Diarrhea	May return to childcare after the child is symptom free for 2 calendar days and no new symptoms appear.  Must check in on Seesaw before returning. Sibling must stay home.
Rash, Cold Sores	May return to childcare after rash or sores have cleared up. Must be symptom free/ no new symptoms.  Must check in on Seesaw before returning. Sibling(s) can attend if they are symptom free.
Pink Eye (Conjunctivitis)	May return to childcare once the discharge or redness from the eye is gone — or until <b>1 calendar day after antibiotics has started</b> . Conjunctivitis is very contagious. Must be symptom free/ no new symptoms.

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	Must check in on Seesaw before returning. Sibling(s) can attend if they are symptom free.
Unexplained fatigue, aches, or cold/flu-like symptoms	May return to childcare after 2 calendar days if no new symptoms have appeared.  Must check in on Seesaw before returning. Sibling(s) must stay home.
Runny Nose	May return to childcare after 1 calendar day if no new symptoms have appeared. If the runny nose has started to subside, is a minor runny nose that is clear snot, and cannot be consistent during nap time or outdoor play.  Must check in on Seesaw before returning. Sibling(s) can attend as long as they are symptom free.
Combination of Symptoms	May return to childcare after 2 calendar days symptom free and if no new symptoms appear  Must check in on Seesaw before returning. Depending on the symptoms of the sibling who is sick, the return date will be evaluated for the sibling who is symptom free.
Teething	<b>If the child is teething, they may attend unless they have a fever.</b>  Symptoms of teething may include: <ul style="list-style-type: none"> <li>• drooling</li> <li>• rash on the face (typically caused by a skin reaction to drool)</li> <li>• gum pain</li> <li>• fussiness or irritability</li> <li>• trouble sleeping</li> </ul> <p><i>“Teething does not cause fevers. If you have any concerns, call 811 to speak with a nurse or contact your healthcare provider.” - Fraser Health</i></p> <ul style="list-style-type: none"> <li>• If your child has a temperature above 100.4°F (38°C) it is <b>considered</b> a fever, not a slightly increased body temperature.</li> </ul>

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Returning After Air Travel	<b>The children and family members must be symptom free after returning from their travels.</b>
Positive Covid 19 Case of Attending Child	<ul style="list-style-type: none"><li>• Inform us right away.</li><li>• Children may return after 5 days and are symptom free.</li></ul> Must check in with us over seesaw before returning.
A parent/ someone in the household tests Positive	If someone in the household tests positive: <ul style="list-style-type: none"><li>• The child cannot attend for 5 days and symptom free</li></ul> Must check in with us over seesaw before returning.
Getting Vaccinated	<ul style="list-style-type: none"><li>• We cannot take the risk assuming your child has a fever or is feeling unwell from getting the flu shot, the covid vaccine, or any vaccine in general.</li><li>• If your child develops any symptoms after getting vaccinated, please follow the illness policy.</li></ul> Must check in with us over seesaw before returning.

- For example, if your child is sent home on Monday morning at 10:30 am and asked to stay home for 2 calendar days, your child may return Thursday after speaking with the supervisor.
- Disregard of our illness policy puts others in risk and can result in losing your spot at our facilities.

\* Self-diagnoses and assumptions are never accepted.