

# Hello!



## I'm Cara McCloud

I am super excited to work with you!



My name is Cara, some of the kids I work with call me Miss Cara or just "Cara." Whatever you prefer!

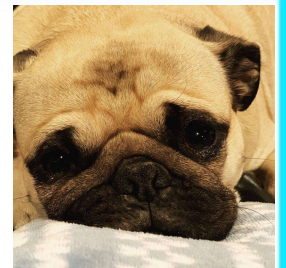
I have been working with children and adolescents for almost 20 years. I know what your thinking, that is a long time, but I absolutely love what I do and I can not picture myself doing anything different!

During the day I work at a private school, helping students learn ways to manage stress, anxiety, anger and sometimes even feelings of sadness.

At night and on weekends, I go to my private office in Cedar Knolls or sit near a computer meeting with children and adolescents helping them learn ways to better cope and manage both the ups and downs of life!

I am married and mom of 2, well actually 3 if you count my fur baby, Maccabee, "Mackey" for short. My son Jake is 13 and my daughter Aubrey is 9. They both are into many things, hockey, cross country, YouTube, Xbox, and Roblox. We are currently obsessed with Stranger Things as a family and most weekends find ourselves binge watching episodes.

I am super excited you chose me to work with and I am looking forward to finding out more about you and how I can help!



### Favorite Things



**Color:** Green

**Place:** Prudential Center! GO DEVILS!

**Treat:** Cake, Buttercream Icing

**Drink:** Lemonade and Ice Tea, has to be mixed.

### Contact

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