# The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.

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### Happy Father's Day! Sunday, June 19th

We invite you to gather with us on this special day to honor fathers, grandfathers, great-grandfathers, uncles, nephews, and all caring men during our worship time together.

9:30 am ~ Bible Study, F. Hall 11:00 am ~ Worship, Sanct.

# SPECIAL CALLED MEMBERSHIP MEETING, SUNDAY, June 12, 12:00 pm, Sanct.

Two agenda items will be discussed: a motion to accept Fairfax County's reimbursement for 2023 Bus Shelter Renovation temporary grading and landscaping easement. The second motion is to provide free space to store diapers for distribution to those in need through FACETS Annandale Opportunity Neighborhood. If you'd like a Fact Sheet before the meeting, call the office.

#### **COVID-19 CHURCH UPDATE**

We are currently still "Masks Optional". Our Parish Nurse monitors posted ratings every Thursday when they update the dashboard and will notify quickly if change is needed.



Rev. Moyer and Mrs. Caffrey will continue their current practice of reviewing building user requests. Please continue using hand sanitizer, 20-second handwashing, and good health hygiene (elbow bumps and covering coughs or sneezes to prevent spread of colds and flu). Extra cleaning is done; we continue to disinfect for extra caution. We respect your individual choice to wear or not wear a mask, and we can answer questions or concerns. We will remain flexible, vigilant, and responsive to public health requirements. Thank you for your cooperation!

# Congratulations to these Graduates! Well Done!

Ryan Potter, from West Springfield High School, Springfield, VA. He is Charles and Sandie Potter's Grandson, and will be attending George Mason University, VA.



Holly, Emily, and Lillian Martindale, from Annandale High School, Annandale, VA. Daughters of Carole and Tom Martindale, nieces of Howard and Libby Hicks, and granddaughters of the late Herb and Betty Hicks. Holly and Lillian will be attending Gardner-Webb University in Boiling Springs, NC. Emily will be attending George Mason University in Fairfax, VA.

The next **Young at Hearts Gadabouts** outing for Senior Adults is **Tuesday, June 14**<sup>th</sup>. We will carpool and **leave the church at 10:30 am** to Logan's Roadhouse and Belk, Fredericksburg, VA (lunch and shopping). This is a joyful time of fellowship! Dutch treat. Thank you for our transportation and organizing volunteers! Masks are optional. Please sign up on the Fellowship Hall Bulletin Board or call the office as soon as possible!

**UBC Friends & Family Breakfast** will be **June 25**<sup>th</sup> at 9:30 am at a new place for us in Baileys Crossroads: City **Diner**, 5616 Leesburg Pike, Falls Church, VA. Dutch treat; prayer needs, praises, and devotional are shared. Please join us! Rides available, call Rev. Moyer. Sign-up sheet is on the Fellowship Hall bulletin board or call the office.

ACCA ~ On <u>Saturday, June 18<sup>th</sup>, 11 am-2 pm</u>, the Rotary Club of Bailey's Crossroads, with the Fairfax Co. Police Dept., Mason Dist. Fairfax Co. Police Sta., will have a *STUFF THE CRUISER* Food Drive @Giant Food Store on Columbia Pike in Annandale. All collected food donations will be delivered to the food pantry. Find out more-ACCA - Annandale Christian Community for Action.

### Kairos Moments , , ,

(6/7/22) Reflections of Reverend Pamela Moyer

*Happy Father's Day!* To dads, granddads, greatgrandfathers, uncles, step-dads, men who want to be fathers, father-figures, mentors, and men who show strong leadership in families, churches, and communities. We honor you January 19<sup>th</sup> for your faithfulness.

It seems when I start to write an educational article each month, lately, this needs to be a pastoral moment instead. So much has happened in our world that can cause grief and anxiety (violent shootings of innocent children and adults, the Ukraine war, infant formula shortages, rising prices of food, medicine, and gasoline, unexpected deaths of friends or family, etc.) It is unsettling to say the least, and these circumstances are brought up in almost every conversation. Yet, I am "preaching to the choir!" You all have witnessed more war and peace, life and death, affluence and recession than our current generation can imagine. They are uneasy, yet hopeful, as you can hear in each graduation speech this month. Although we are humans with frailties and fears, we also have a Savior in Jesus Christ that should and does carry us through these trials.

My message today shares hope in his vision of our future, not a news report, poll, academic analysis, or government decision. On Memorial Sunday, we read Lamentations 3:22-33: "22 Because of the Lord's great <u>love</u> we are <u>not</u> consumed, for his compassions never fail. 23 They are new every morning; great is your faithfulness. 24 I say to myself, "The Lord is my portion; therefore I will wait for him."

You are a faithful body of Christ, all who read this newsletter and worship with us. We can influence others as they see our strong faith, but how do we, if our faith is



fragile and world-centered? For me, it means rest, beauty, prayer, and exercise for restoration. On my May vacation, I practiced the prayer tools of journalling, silence, Scripture, solitude, and prayer walking the labyrinth in this photo. It was sublime to spend time with God in his desert creation (a different perspective for sure!), and to see his wonderous "critters" (I saw a non-venomous green/gold snake, a desert spiny lizard, birds, and colorful cactus flowers on my walks). Are you taking some time this summer to recenter your spiritual selves?

Jesus prepared his disciples to receive the Advocate and Comforter (in the person of the Holy Spirit) who would empower them to carry on his ministry despite persecution. Are we spiritually prepared ourselves? Do we hear the chaos and confusion of this divine Pentecost event? Or do we feel a sudden calm, indwelling of the Holy Spirit to nudge us forward into the community, into the mission field of our neighborhoods. Can we hear the rushing wind and faith languages of our culture? Or are we fearful? †

# Parish Nurse's Touch ... Debbie Caffrey

#### Fun in the Sun

Spending time outside is a great way to be physically active, reduce stress, and get vitamin D. You can be



outside without raising your skin cancer risk by protecting your skin from the sun.

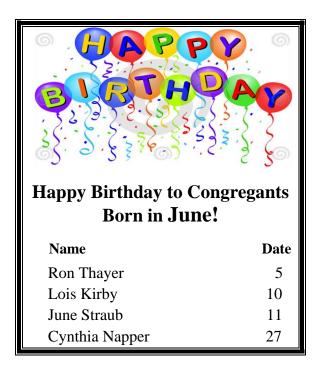
- Pay attention to the time. The sun's UV rays are the strongest between 10 am and 4 pm. Try to schedule your time outside in the early morning or afternoon. If you must be outside during this time, stay in the shade.
- <u>Use the right sunscreen</u>. Choose a sunscreen that is SPF 15 or higher and has "blocks UVA and UVB" or "broad spectrum" on the label.
- <u>Use sunscreen correctly</u>. Sunscreen should be applied 20 minutes before being in the sun and then reapplied every 2 hours. Be sure to reapply immediately after swimming or heavy sweating.
- <u>Wear protective clothing</u>. Wearing protective clothing like a wide-brimmed hat, a long-sleeved shirt, and long pants can protect you from the sun's harmful rays. Some types of outdoor clothing are designed to filter UV rays.
- <u>Sunglasses</u>. Sunglasses that block both UVA and UVB rays protect your eyes from UV rays, reduce the risk of cataracts and protect the tender skin around your eyes from sun exposure. Most sunglasses sold in the United States, regardless of cost, meet this standard. Wrap-around sunglasses work best because they block UV rays from sneaking in from the side.

Taking a few extra precautions will allow you to enjoy your time outdoors!!!!

~ Be Well! Debbie

### **Mission Center Spotlight!**

We are so pleased to have on our premises **Zion Medical LLC Home Healthcare Agency**. Their skilled and friendly staff, nurses, caregivers, occupational and physical therapists provide professional in-home health care services allowing clients to remain safely and comfortably in their own homes. Their mission is to enable their patients to live independently as long as possible. Call (703) 634-3180, mention *United Baptist!* 



# June & July Church Calendar

#### Thursday - Friday, June 9-10

Rev. Moyer on MACBF Retreat, MD



#### Saturday, June 11

8:00 am-2:00 pm NBMBC Yard Sale, Parking lot

#### Sunday, June 12

12:00 pm – UBC Special Called Meeting, Sanctuary 2:30 pm-4:30 pm - Reese Clarinet Stud. Recital, Sanc., Parlor

#### Tuesday, June 14 – YAH Gadabouts Trip

10:30 am Fredericksburg, VA (lunch & shopping), page 1

#### Wednesday, June 15

9:15 am -- Sandwich Team, Fell. Hall

Sunday, June 19 - Worship & Happy Father's Day!

#### Thursday, June 23

12:45 pm-2:45 pm – Goodwin House Hospice, remembrance ceremony for family of deceased patients

#### Saturday, June 25

9:30 am – UBC Friends & Family Breakfast. City Diner See page 1 for details

1:00 pm – Nicole Lamm Student Recital, Sanctuary, Parlor

#### Sunday, June 26

12:15 pm – UBC CLCEB Meeting, Sanctuary

Monday, July 4 – Office Closed for Independence Day

#### Wednesday, July 6, 20

9:15 am – Sandwich Team, Fellowship Hall

#### Sunday, July 17

12:15 pm – UBC CLCEB Meeting, Sanctuary

Wednesday, July 20 – Staff Retreat, Alexandria Locations

#### Sunday, July 24

12:00 pm - Quarterly Membership Meeting, Sanctuary

#### **Contributions**

May 2022 (Final)	<b>Required</b>	<b>Received</b>
Tithes & Offerings	\$5,000.00	\$ 3,845.00
Building Usage	8,633.33	8,075.00
Mortgage Loan (int)	712.33	712.37
Other (Env, B-Thrifty, Flw	vrs <u>) 0.00</u>	52.60
Monthly	\$14,345.66	\$ 12,684.97
Total YTD (Jan-May)	\$71,728.30	\$ 59,947.18
Above/(Below)		\$ (11,781.12)*
Ukraine (not budgeted)		50.00
Benevolence Funds R	ec'd.	\$ 180.00

<sup>\*</sup> Budgeted Investment Transfers are **not** included in the "Required" or "Received"; one (\$48,240) was made March 25, 2022. Other donations are not budgeted, but are gratefully received (BThrifty, Gas, Envelopes Init. Offrg, Flowers). Questions, call Rev. Moyer.

Thank you for your stewardship and prayers! Offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors and staff are working at full capacity and thank you for your generosity. Benevolence offerings by check, clearly marked "Benevolence," may be mailed to the office or cash/checks brought on any Sunday. Thank you.

## Memorial Sunday was May 29th

We thank you for being in Worship this special day and remembering these loved ones who died between May 28, 2021, and May 29, 2022

Rachel Dolores Puckett August 2021 Norma Maxine Meadows September 2021 Mary Katherine Holt September 2021 Mildred C. Dodson February 2022

#### Let Us Also Remember:

Deceased Extended Family and Friends

Deceased Local, Home & Foreign Fulltime Christian Missionaries

Deceased Military Personnel Serving the Cause of World Freedom

The Courageous Ukraine Citizens and Military Men & Women Lost or still fighting for Democracy

The 21 Deceased Brave Innocent Students & Teachers at Robb Elementary, Uvalde, Texas, who lost their lives to incomprehensible violence

All others in the DMV area who died from violence Please see the Community & Global Prayer column for others to remember today

### The United Baptist Church 7100 Columbia Pike Annandale, VA 22003

#### **Return Service Requested**

#### **COMMUNITY & GLOBAL PRAYER**

Serving others in prayer is a needed social and safe action to show your love especially now!

- ACCA Food Pantry funds & volunteers needed
- Those experiencing grief over loss, homelessness, unemployment, or poverty
- Local and Global health issues & vaccination where appropriate
- Mission Center Leaders and Groups we prayerfully support
- All affected by weather, disaster & violence: refugees; all families and victims of mass violence.
- Safety of all police officers and personnel during violent times
- Children, teachers, responders & community of Robb Elem., Uvalde, TX
- For the victims and survivors at the Medical Center in Tulsa, OK
- Pray for protection of women who are under threat for trafficking
- Pray for God's provision for those who have lost everything
- Pray for peace and comfort for those who have left their loved ones behind
- Pray that the global church will not forget the people of Ukraine
- Pray for the war to end and for just peace to prevail
- Pray for the millions of women and children who are scattered throughout Ukraine and abroad