

# Leicester, Leicestershire and Rutland Adult Care and Support Services Directory 2022

Your essential guide to choosing and paying for care and support

In association with











## Contents



Introduction How to use this Directory	4
Helping you to stay independent Local services, equipment and solutions	5
<b>Support from your local council</b> First steps and assessment	15
Services for carers Assessment, benefits and guidance	17
Care in your own home How it can help	22
<b>Living well with dementia</b> Local support and advice	23
Paying for care in your home Understanding your options	25
Home care providers A comprehensive list of local agencies	29
Housing options The different models available	44
Specific care and support needs Support for people with learning disabilities or at mental health conditions or sensory impairments of life care and advocacy are also discussed.	
Care homes Types of homes and activities explained	55
Paying for care Understanding the system	59
Important information Further help and information	61
East Midlands Care Positively promoting the independent long-term care sector	<b>65</b>

Residential care in Leicester, Leicestershire and Rutland Comprehensive listings by region	69
Shaping adult social care in Leicestershire Your chance to have your say	97
Useful local contacts	97
Useful national contacts	101
Index	104

Essential checklists	
Assistive technology	14
Home care agency	20
Care homes	51
Residential dementia care	58









Leicester City, Leicestershire County and Rutland County Councils' distribution of this publication does not constitute their support or recommendation of any of the products or services advertised or listed within. All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Leicester City Council, Leicestershire County Council, Rutland County Council and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, refer to the following contact details. In Leicester, email ASCAdmin@leicester.gov.uk or call 0116 454 5610. In Leicestershire, email adminteamcoalville@leics.gov.uk or call 0116 305 2169. In Rutland, email enquiries@rutland.gov.uk or call 01572 722577.

**Alternative formats** 

This Directory is available electronically at **www.carechoices.co.uk**. The e-book is also Recite Me compatible for those requiring information in the spoken word.



# Introduction

As a result of the COVID-19 pandemic, many groups, services and activities have been postponed, changed how they operate or have had to stop completely. This Directory reflects 'business as usual' and therefore it is recommended you check with the activity, group, or service to determine availability and to get the most up-to-date information.

Welcome to this edition of the Leicester, Leicestershire and Rutland Adult Care and Support Services Directory, which contains information for adults looking for care or support within Leicester City, County and Rutland, whether they are paying for it themselves or receiving support from their local council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There is a host of organisations and voluntary services who could help you. Search the local online directories below to find out what's available in your area.

**Leicester City Council** 

Web: mychoice.leicester.gov.uk

**Leicestershire County Council** 

Web: www.leicestershire.gov.uk/lisd

**Rutland County Council** 

Web: ris.rutland.gov.uk

In the next chapter of this Directory, you'll find out how voluntary and community organisations can support you to remain living independently at home, stay active in your community and get out and about as much as possible. See page 5 for more information.

If you think you need more formal care and support,

arrange an assessment with your local adult social care department to discuss your specific needs. If you require an assessment, this is free of charge, irrespective of your income. More details are provided on page 15. The assessment will determine whether you have eligible care and support needs. If you do, you will then need a financial assessment to determine whether you are eligible for financial support via a Personal Budget.

Alternatively, your financial circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 25 for those paying for care at home and 59 for those paying for residential care.

Support or care to remain living in your own home may be the option which best suits your circumstances. Ideas to make life easier at home start on page 10 and a list of local home care providers begins on page 29.

If you are unable to remain living at home with support, you may want to consider housing options such as an Extra Care scheme, sheltered or wardenassisted housing (details of these begin on page 44) or residential care. Comprehensive lists of care homes and care homes with nursing in Leicester, Leicestershire and Rutland start on page 71.

There's also important information about care decisions, including finding care in another county and how to make a comment or complaint about a service.



# Helping you to stay independent

Voluntary and community organisations can supply preventative care services. These are a vital form of support and can help you to maintain independence, remain part of your community and delay or avoid the need for more statutory interventions.

Examples include:

- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers;
- handyperson schemes;
- community transport schemes;
- lunch clubs and social groups; and

day services/opportunities.

Search the local online directories listed on page 4 to find out what's available in your area.

## Contacting your local council

If you feel you need support to remain independent, first look to your community using the information and resources discussed so far and in the remainder of this chapter. If you think you need more formal care and support, arrange an assessment with your local adult social care department using the contact details listed on page 15.

If you live in Leicestershire, First Contact Plus is an online tool which helps adults find information about a range of services all in one place. Visit www.firstcontactplus.org.uk

## Day opportunities, activities and wellbeing therapies

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day opportunities give people the chance to change their routine, meet new people and stay connected in their community. There is a wide variety around the county, catering for older people, and for people with mental health conditions, learning disabilities and dementia.

Accessing day opportunities can be as important for

carers as those attending as they allow for a regular break from caring.

You can find local day opportunities by exploring mychoice.leicester.gov.uk in Leicester, www.leicestershire.gov.uk/lisd in Leicestershire or ris.rutland.gov.uk in Rutland. Where traditional day opportunities are on hold due to COVID-19, there may be socially distant alternatives available, including online activities.

You can also try searching for local opportunities, activities and therapies using the 'find services' tool on the NHS website. See page 103 for more information.



## Meals on wheels and lunch clubs

There are several providers who can deliver frozen or freshly cooked meals to your home which you can arrange privately. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

Consider the organisations listed below and opposite to privately arrange a meal delivery service. Alternatively, you may find local meal delivery services can be provided by some cafés, pubs and restaurants. Most supermarkets can also deliver frozen or chilled meals.

#### **Grace Dieu Mobile Meals Ltd**

Tel: **07734 010235** 

Email: info@gracedieumeals.co.uk
Web: www.gracedieumealsltd.co.uk

#### ICare meals service

Tel: 01858 469902 (Monday to Friday,

9.00am to 5.00pm).

Email: leicestermeals@icaregroup.co.uk

Web: www.icarecuisine.co.uk

### **Kinds of Queniborough Food Service**

Tel: **0116 260 0741 / 07714 503754** (Monday to

Friday, 8.30am to 7.00pm; and Saturday,

8.30am to 2.00pm).

Email: kindsofqueniborough@hotmail.co.uk

Web: www.kindsofqueniborough.co.uk

#### **Oakhouse Foods**

Tel: **01536 903779** (Monday to Friday,

9.00am to 5.30pm).

Email: midlands@oakhousefoods.co.uk

Web: www.oakhousefoods.co.uk

#### **Wiltshire Farm Foods**

Tel: **0116 303 3437** (Monday to Friday,

9.00am to 5.00pm).

Email: info@wiltshirefarmfoods.com Web: www.wiltshirefarmfoods.com

## Adapting your home

To remain in your own home for as long as you would like, you should ensure it is safe, secure and warm. Some forward planning to ensure the garden doesn't become a burden is also sensible. If you are not planning to move, think about major adaptations to your home which would make life easier now and later such as:

- improving access to your home;
- widening doors or installing ramps for permanent wheelchair use; and
- modifying your bathroom so you have easier access to toilet and washing facilities.

If you live in your own property, and you're able to fund your adaptations yourself, check the Age UK Business Directory at **www.aubdleicestershire. co.uk** for trustworthy businesses, or MyBuilder at **www.mybuilder.com/how-it-works** for quality tradespeople who have been reviewed by other homeowners.

For more information about other local Age UK services, see page 97.

You can find top tips for buying a stair lift privately on the Living Made Easy website at **www.livingmadeeasy.org.uk** (search 'stairlifts').

If you're a private tenant, you'll need to approach your landlord. If you live in social housing or a council property, your options for major adaptations depend on where you live. In Leicester City or Rutland, contact your local council directly. In Leicestershire, contact your local district or borough council who are responsible for major adaptations. See contact details on pages 99 and 100.

Help may be available for people with disabilities or health related problems which affect their ability to stay living in their own home. Request an assessment using the contact details below.

Leicester City • Tel: 0116 454 1004

Leicestershire • Tel: 0116 305 0004

**Rutland** – Start by requesting a 'Housing MOT'

Tel: **0300 123 1745** 

Email: housingmot@longhurst-group.org.uk

### Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers who meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by

email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 63), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit

www.carechoices.co.uk

## Common difficulties with daily living

You may find you have become a little stiff or less physically agile because of a medical condition, the impact of COVID-19 restrictions or other reasons, such as a disability. Before beginning to look for equipment, it is helpful to be clear about exactly which areas of daily living are becoming difficult. What difficulties are you facing and why?

This may seem obvious, but not all difficulties are best helped by equipment, and it may be the situation can be resolved through other actions such as medical intervention, short-term rest and in some cases, a period of exercise and movement.

If the issues are likely to be a long-term concern, equipment could help and support your daily activities. Some items of equipment can be more helpful in certain situations than in others and talking to suppliers can help to determine the most suitable equipment for you. Trying it out will help establish whether it will support you.

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.



## Equipment to aid daily living

If you have decided that using equipment is the best way of maintaining your independence at home, the following options may be able to help.

#### Self-care

Self-care empowers you to live independently for longer, giving you the confidence to remain in your own home and complete everyday tasks safely.

With a wide range of equipment choice and Trusted Assessor advice, through local mobility retailers or online, finding equipment that is right for you has never been easier. This can range from food preparation and mobility to dressing and bathing aids.

For online advice, you could use an online self-assessment tool giving you free impartial advice about all types of equipment, to make daily living easier. Visit AskSARA at

asksara.livingmadeeasy.org.uk

You could also consider shopping online at

www.manageathome.co.uk, Medequip's online retail store for daily living aids, delivered directly to your home. To order your free catalogue, visit www.manageathome.co.uk/catalogue-request

VAT relief is also available on many products, giving you financial help if you are disabled or have a chronic illness. To find out more, visit

www.manageathome.co.uk/vat-relief

## Integrated Community Equipment Loan Service (ICELS)

ICELS is a local authority and NHS funded service providing equipment on loan to support independent living within the community.

The provider until 31st March 2022 is NRS Healthcare. Call **0844 893 6373** or email **enquiries@lr.nrs-uk.net** for more information.

Medequip will be the new provider from 1st April 2022. To contact Medequip, call **0116 216 8686** or email

LLRcommunityequipment@medequip-uk.com













## keeping people independent for longer

From 1st April 2022, Medequip will be working with Leicester City Council, Leicestershire County Council, Rutland County Council and NHS Clinical Commissioning Groups for Leicester City, West Leicestershire and East Leicestershire and Rutland to provide assistive living equipment in your area, through the Integrated Community Equipment Loan Service (ICELS). Medequip also provide a retail service for those who wish to purchase or rent equipment themselves.

www.medequip-uk.com



## **Return Recycle Reuse**

Help your Local Authority and NHS services by returning equipment you no longer need

Contact Medequip now to request a collection

Call **01162 168686** 

Email LLRcommunityequipment@medequip-uk.com

Return Recycle Reuse Copyright @ 2017 by West Suffolk NHS Foundation Trust – used with permission

If you would prefer to return equipment to Medequip yourself, you can bring it to our distribution centre:

### Medequip Leicester Depot:

Unit B Wharf Way Glen Parva Leicester

LE2 9TF

Monday to Friday 8:00am - 6:00pm (From 1st April 2022)

# Manage Home

Manage At Home's range of products are designed to promote independence at home and manage daily living more easily. We stock a wide selection of over 3,000 mobility and disability aids to help you stay safe and independent at home.

Find us on:



@ManageAtHome

Call us or visit our website to request a free catalogue

Shop mobility aids at www.manageathome.co.uk



**\** 0800 910 1313



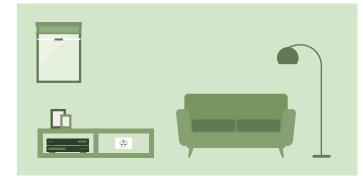
Lease a Care Alarm which is monitored 24 hours a day for as little as £2.99 per week

www.medequip-connect.com

0800 910 1390

## Making life easier at home

If you have difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which may better suit your needs.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

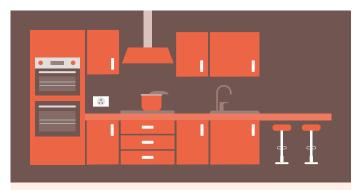
If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit

#### www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available so that you can turn your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Try making a note of when you've taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also longhandled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

#### Is eating and drinking becoming difficult?

Large-handled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

**Using taps** can be made easier by fitting tap turners. You could also consider changing to leverstyle taps which might be easier for you to use.



Handled plug



Chair raisers



Chopping board



Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at **www.carechoices.co.uk/staying-independent-at-home/** There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 22.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**?

You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built-in support frame if it's **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

The Warm Homes Discount Scheme helps vulnerable and older people stay warm and healthy. In Leicestershire, complete the First Contact Plus online referral (see page 99). In Leicester City, contact Citizens Advice (see page 98). In Rutland, the Local Energy Advice Programme (LEAP) visits households in or at risk of fuel poverty. See page 100 for details. To find out more about the national Warm Home Discount Scheme, visit

www.gov.uk/the-warm-home-discount-scheme



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

## **Shopmobility**

Shopmobility loans manual and powered wheelchairs and scooters to people with limited mobility so they can shop and use leisure and commercial facilities.

Schemes are available in Leicester City, Fosse Shopping Park, Coalville, Loughborough, Melton Mowbray and Market Harborough.



## **Wheelchairs**

Wheelchairs can make it possible for you to get out, move around safely and can also help your carers if you have one. If you need a wheelchair for longer than six months and have a permanent disability, talk to your GP. They will be able to refer you to the local wheelchair service for a mobility assessment to find out if you fit the criteria for a wheelchair on a long-term loan.

If you are not eligible for a wheelchair through

the NHS, but would like to borrow or hire one, the following organisation may be able to help.

#### **British Red Cross Medical Loan Scheme**

Provides short-term wheelchair loan.

Tel: 0300 456 1914

Web: www.redcross.org.uk/get-help/borrow-a-wheelchair

Buying a wheelchair privately is an alternative option.

## **AskSARA**

The Disabled Living Foundation (DLF) provides a quick and easy to use online guided advice service called AskSARA, which can help anyone who finds they have difficulties with everyday tasks.

Visit **asksara.livingmadeeasy.org.uk** to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment which might help with your support needs, use the checklist on page 14 to make sure it's right for you.

## Assistive technology, telecare and community alarms

Assistive technology is a term used to describe devices and systems which can help people to live in their own homes and community with greater safety and independence.

There are different types of assistive technology depending on your needs and situation. These range from simple battery-operated items to more complex devices, such as telecare equipment which links through your telephone to a community alarm monitoring centre so help is available 24 hours a day, giving security and peace of mind.

Telecare sensors which are linked to a community alarm can automatically detect things such as fire and heat, low temperature in a room, carbon

monoxide, a fall in the home or a vulnerable person exiting the property.

Simple sensors which do not need to be linked to a community alarm can alert a carer in the same house to a call for support, movement in an area or the opening of a door.

Assistive technology is also available for raising an alert and locating a person in their community via GPS satellite location devices or for detecting a person's activity within their home. In addition, there is an increasing amount of mainstream mobile and internet-linked assistive technology which can contribute to the safety and wellbeing of a vulnerable person and support their carers.

Community alarms can give you peace of mind 24 hours a day, seven days a week and are ideal for anybody who feels vulnerable and may need an urgent response. The alarm is worn around the neck or wrist and is connected to your home phone line. At the touch of a button, you will be able to speak to an operator who will help assess what support is needed, such as contacting your next of kin or the emergency services.

Most district councils in Leicestershire provide a chargeable community care alarm service, find out more at www.leicestershire.gov.uk/lifelinestelecare-and-alarms

In Leicester City, LeicesterCare provides a chargeable telecare service (current costs are between £0.76 and £3.97 per week dependent on your circumstances). Contact the team to find out more about how this service can help you, your family or friends. Note: prices correct as of April 2021 but may increase over time.

Contact Leicester City Council's telecare and assistive technology specialists, LeicesterCare, on

## **0116 373 7961/7962**, **0116 454 0230** or by email at **leicestercare@leicester.gov.uk**

For more information about assistive technology, telecare and alarms in Leicester City and Leicestershire, visit www.medequip-connect.com

In Rutland, you can contact the assistive technology service run by Longhurst Group on behalf of Rutland County Council. Call **0300 123 1745** or email **lifeline@longhurst-group.org.uk** 





We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit

https://asksara.livingmadeeasy.org.uk You can download and print this checklist at www.carechoices.co.uk/checklists Will it need to be installed by a professional? Suitability Does the equipment support your specific Can the retailer provide you with training in using the equipment? needs? Are you willing to use it? Reliability Will it fit into your everyday life and routine? Will it work if you have pets or live with other Have you tried a demo of the equipment? people, e.g. could someone else set off a sensor alarm by accident? Do you understand what the equipment is for? Do you need to take it with you when you Have you read reviews of the particular piece leave the house? Is it transportable? of equipment you are looking at? Consider these before making your purchase. Does the equipment have any limitations that would make it unsuitable for you? Can you speak to someone who already uses it? Will it work alongside any assistive technology Does it require batteries? Find out how often you already have? they will need changing and whether the equipment will remind you to do this. **Usability** Is it durable? If you might drop it, is it likely Is a simpler piece of equipment available, to break? e.g. a pill case rather than an automated pill dispenser? Cost Does the equipment need a plug socket, and Do you know how much it costs? will its wire cause a trip hazard? Will you need to pay a monthly charge? Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? Are there alternative solutions that might Are you able to use it? Are there any aspects be free? you don't understand? Is there a cost associated with servicing the Is it portable? equipment? **Notes** 

# Support from your local council

If you approach your local council for social care support, your needs and finances will be assessed.

If you have a carer, they can be involved and have their needs assessed too.

#### Your assessment

If you are over 18 and think you have care or support needs, you have the legal right to request an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

The assessment will also consider:

- what you can do for yourself (your strengths);
- what help and support you have or could have from the people in the community around you; and
- what support you may need to keep you safe and well.

Following the assessment, adult social care will make an eligibility decision. Your local council will give you more information on eligibility but, all councils use the same national criteria to assess eligibility, as defined in the Care Act 2014.

If you have eligible care and support needs, adult social care will talk to you about finding the right solutions which may range from information and advice to what services you may need. Whilst the assessment is free, a financial assessment will be carried out to determine how much you will have to contribute to the cost of any services.

Information on paying for care can be found on page 25 if you are receiving home care and page 59 if you are moving into a care home.

You will need to refer to adult social care in Leicester, Leicestershire or Rutland for an assessment. You can complete a self-assessment if you want to, with support as necessary, where you will fill out the documentation yourself. In Leicester City and Leicestershire, you can complete an online self-assessment.

## **Leicester City Council**

Web: mysupportneeds.leicester.gov.uk

### **Leicestershire County Council**

Web: customerportal.leics.gov.uk

Alternatively, to contact adult social care to request an assessment, refer to the details below.

#### **Adult Social Care Leicestershire County Council**

Tel: **0116 305 0004** (Monday to Thursday, 8.30am to 5.00pm; and Friday, 8.30am to 4.30pm).

Out-of-hours tel: 0116 255 1606

Email: adultsandcommunitiescsc@leics.gov.uk Web: www.leicestershire.gov.uk/adult-social-care-and-health

### **Adult Social Care Leicester City Council**

Tel: **0116 454 1004** (Monday to Friday

8.00am to 6.00pm).

Out-of-hours tel: 0116 255 1606

Email: contact-response@leicester.gov.uk
Web: www.leicester.gov.uk/health-and-socialcare/adult-social-care

### **Adult Social Care Rutland County Council**

Tel: **01572 758341** (Monday to Thursday, 9.00am to 5.00pm; and Friday, 9.00am to 4.30pm).

Out-of-hours tel: **0116 255 1606** Email: adultduty@rutland.gov.uk

Web: www.rutland.gov.uk/my-services/health-and-family/adult-social-care

## **Personal Budgets**

If you are eligible for financial support from your local council, you may be given a Personal Budget.

A Personal Budget is the amount of money councils calculate it will cost to meet the support needs of eligible people.

If you are eligible for a Personal Budget, the actual amount your local council will contribute will depend on your eligible needs and your finances.

The money must be spent in line with a support plan which will be agreed by both you and your local council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget.

If you are eligible for a council contribution towards your Personal Budget, it may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by an authorised person;
- as a managed service which may be limited to those organisations who have a contract with the council; or
- as a mixture of the above.

Direct Payments must only be used to pay for the care and support agreed in your care and support plan. Any eventual contractual agreement for services through a Direct Payment is between you and your care provider, not your local council.

## Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward.

If you need services when you return home from

hospital, adult social care can work with you, your family and carers to either restart services already in place prior to admission or to assess any needs.

For more information about assessments, see page 15.

## Reablement

Reablement is an intensive short-term service which helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, which may vary from a few days up to a few weeks. The support you receive will be continuously monitored and reduced as you get stronger and more independent.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do

things for yourself. It can also mean you do not start to depend on support which could cost you money. For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances which means you need to cook. They may also identify pieces of equipment which could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or adult social care if you think you might benefit from reablement. They can put you in touch with the right services if they feel reablement will help you.

## **NHS Continuing Healthcare**

Some people with long-term needs qualify for social care arranged and funded solely by the NHS.

This is known as NHS Continuing Healthcare. This is free of charge, wherever it is delivered.

NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

Many people are not aware of NHS Continuing Healthcare so consider asking your GP, adult social care, hospital staff or people co-ordinating your care for more information.

The process involved in NHS Continuing Healthcare assessments can be complex. An organisation called **Beacon** gives free independent advice on NHS Continuing Healthcare.

Tel: 0345 548 0300

Web: www.beaconchc.co.uk

## Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

## Services for carers

## Who is an adult carer?

A carer is anyone over the age of 18 who looks after, unpaid, an adult friend or family member who due to illness, disability, substance misuse or a mental health need, cannot cope without their support. A carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical. The carer may be helping with:

- dealing with finances;
- liaising with doctors and social workers;

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communication.

## Carers' support in Leicestershire

Carers can access support in Leicestershire if the person being cared for lives in the county of Leicestershire and both the carer and cared for person are over the age of 18.

Whether caring full-time or just a few hours a week, there is an information and advice service for carers across Leicestershire through the County Council's Carers' Support Service.

The Carers' Support Service includes an advice line,

telephone befriending, carers' support groups and support to complete a carers' assessment.

Tel: 01858 468543

Email: maureen@supportforcarers.org

Web: www.supportforcarers.org

There is also a wide range of other local and national organisations who can provide support to carers in Leicestershire. Details of these can be found beginning on page 21.



#### **→** Other resources

Leicestershire County Council has teamed up with Carers UK to provide carers in Leicestershire with a wide range of digital resources including:

- free access to the 'Jointly' app allowing carers to share and manage their caring responsibilities with friends, family and neighbours. The app is a central place to store and share important information about the person being cared for.
   Set up appointments, allocate tasks, save files and notes, manage medication and lots more;
- online courses helping carers identify and find resources, technology and support to help continue caring;
- guides from Carers UK free publications for carers, including: Upfront guide to caring, Looking after someone – carers rights guide and Being heard: a self-advocacy guide for carers; and
- links to local resources and sources of information and support for people who

are looking after a loved one.

## Carers UK Digital Resource for Carers Web: www.carersdigital.org

Your free access code is DGTL7729. Use this code to get access to all the services listed in this section.

In Leicestershire, carers can apply for a carers' assessment online. It will take about 20 minutes to complete, and carers will be asked questions about themselves and the person they care for.

Carers will need an email address to register, and they can complete the form themselves or get someone to do it for them. The form can be accessed from the website below.

#### **Leicestershire County Council**

Web: **www.leicestershire.gov.uk** (search 'what is a carer's assessment?').

## **Carers' support in Leicester City**

Carers caring for someone who lives in Leicester City should approach the Leicester Carer Support Service in the first instance, wherever possible.

The Leicester Carer Support Service will ensure that carers receive information and advice relevant to their specific needs and are offered appropriate support. The Leicester Carer Support Service will also ensure a referral is made for a carers' assessment when required and will support the carer to complete the online referral. With consent, this will include a record of the support that the service has already provided to the carer.

## **Leicester Carer Support Service**

Tel: 0116 222 0538

## Carers' support in Rutland

The Rutland Carers Team work with unpaid carers who are caring for someone who could not manage on their own due to illness, disability or mental health issues. Carers can contact the team to request a carer's assessment. As part of the conversation, carers will discuss the impact of their caring role on their wellbeing and identify any support needs they have. The team will then help carers to identify the services and support options that are right for them.

The Carers Passport is a free ID card for carers, that is recognised across Leicester, Leicestershire and Rutland. It is available to those who provide help to a family member, friend or neighbour who cannot

manage on their own. It has been created to help carers be more easily recognised, and to allow them to access the support and services they need. You can request a Carers Passport in Rutland by using the details below.

#### **Rutland Carers Team**

Tel: **01572 758341** 

Email: carersteam@rutland.gov.uk

You can also contact independent organisations such as Voluntary Action South Leicestershire, Carers Trust East Midlands or Age UK Leicestershire and Rutland for additional carers' services – contact details are on page 21.

Agency 1			lity rating*				
Agency 2		<u>£</u>					
Agency 3		6					
We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at <b>www.carechoices.co.uk/checklists</b>							
About the agency		Accommodating your needs					
How long has the agency been operating?		Can the agency accommodate your needs if they increase? Ask about the process for this.					
How long are staff allocated per visit?  Can you contact the agency in an emergency or outside office hours?		Does the agency have a training scheme in place?					
Does the agency have experience		Are all staff trained to a certain level?					
with your specific needs?		Are staff able to help with administering medication if required?					
<b>Staff</b> Are you likely to be visited by different staff each day?		Is there a way for staff to communicate with each other about the support they provide when they visit you? How?					
Are all staff checked with the Disclosure and Barring Service?		Regulation					
Will you be notified in advance if your care worker is on holiday or sick?		Will your support plan be reviewed at regular intervals?					
Are staff matched to you specifically, based on your needs and preferences?		Can you see the agency's contract terms?  Can you lodge a complaint easily?					
Can you meet your care worker(s) before they start?		Are complaints dealt with quickly?  Can you see a copy of the agency's					
Does the agency have both male and female staff?		CQC registration certificate and quality rating?					
Notes							

<sup>\*</sup>See page 63.

## Having a carers' assessment

Carers are entitled to a carers' assessment regardless of:

- the amount or type of care they provide;
- their financial means:
- whether the person they care for has eligible care and support needs or doesn't wish to be assessed by adult social care;
- their level of need for support;
- whether they live with the person; and
- whether they receive Carer's Allowance or not from the Department of Work and Pensions (DWP).

A carer's individual assessment will look at their existing support network, for example, family or friends. It considers the things they want or need to achieve outside of their caring role, the impact caring has on their ability to carry out those

activities and how it affects their wellbeing.

#### **Carers' Personal Budgets**

Based on the information contained in a carer's assessment, adult social care will determine their eligibility for support. Whether a carer is eligible for a carers' Personal Budget or not, they will be provided with advice and information to support them in their caring role.

A carers' Personal Budget allows carers to buy support for themselves to support them in their caring role. It cannot be used to buy support for the cared for person. The money is not taxed, and it will not affect any welfare benefits.

#### **Benefits**

Carers are encouraged to find out about Carer's Allowance and other benefits either they or the person they care for could apply for at **www.gov.uk** 

## **Useful organisations supporting carers**

You can find out more about the local organisations supporting carers by exploring mychoice.leicester. gov.uk in Leicester, www.leicestershire.gov.uk/information-and-support-directory in Leicestershire or ris.rutland.gov.uk in Rutland. Rutland County Council also has a dedicated carers team, see page 19.

### **Age UK Leicester Shire & Rutland**

Free and confidential support offered to older and younger carers of older people, including information and advice, home respite and carers' support groups. For more information about other local Age UK services, see page 97.

Tel: **0116 299 2233** 

Email: enquiries@ageukleics.org.uk

Web: www.ageuk.org.uk/leics/our-services/

support-for-carers

#### Carers Centre Leicestershire & Rutland, The

A local charity committed to helping carers of people with differing needs across Leicester, Leicestershire and Rutland.

Tel: 0116 251 0999

Email: enquiries@thecarerscentre.org.uk Web: www.claspthecarerscentre.org.uk

### **Carers UK Digital Resource for Carers**

Leicestershire County Council has teamed up with Carers UK to provide carers in Leicestershire with access to a wide range of digital tools and resources. Your free access code is DGTL7729. See page 19 for more details.

Web: www.carersdigital.org

## **TuVida**

A local organisation supporting carers in the East Midlands. It supports both adult and young carers and has various support groups and services to help carers in their role.

Tel: 0115 824 8824

Email: eastmidlands@tuvida.org
Web: www.tuvida.org/eastmidlands

#### **Voluntary Action South Leicestershire (VASL)**

VASL is a charity providing a specific service for carers across Leicestershire, including carers' support groups, information and advice and help with carers' assessments.

Tel: 01858 468543

Email: maureen@supportforcarers.org
Web: www.vasl.org.uk/services/support-for-

carers-leicestershire

# Care in your own home

Carefully chosen home care with a good quality provider is an excellent way to retain your independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to remain living at home, in your own familiar surroundings, and to retain a quality of life you might have feared you had lost.

## Why choose home care?

Reasons for choosing home care can vary.

Sometimes, after a stay in hospital, someone might find they need some help whilst they recuperate.

Others can find a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You will be fully involved in looking at what will suit you best. Your family can also be involved if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself.

## How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care which can enable them to remain living at home.

Agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See below for more information about live-in care.

A list of all home care agencies operating in Leicester, Leicestershire and Rutland starts on page 29.

## Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary.

The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 63.



## Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers which meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 63), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit

www.carechoices.co.uk

The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking any care provided meets essential standards of quality and safety and awards

quality ratings. Further information is on page 63.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

# Living well with dementia

There is another publication produced by Care Choices that provides more detailed advice to support people affected by dementia to live well. It is called the Dementia Friendly Leicester, Leicestershire and Rutland Guide.

You can get a copy of the guide from your local library, most GP surgeries or by calling Care Choices on **01223 207770**. The guide is also available online at **www.carechoices.co.uk/publication-type/dementia-guides** 

In the guide, you will find a wealth of advice for you and your family, from first diagnosis and through

your journey with dementia. It also contains a list of local community groups and national helplines that specifically support people affected by dementia which compliments the services and support explained in the guide.

If you would prefer to talk to someone, your first point of contact should be one of the local Dementia Support Services. There are two different services, one covering Leicester and Leicestershire and one covering Rutland, both provided by Age UK.



## The Dementia Support Service in Leicester and Leicestershire

The Dementia Support Service provided by Age UK Leicester Shire & Rutland, offers free information, support and guidance for people with memory issues and/or a diagnosis of dementia, and their carers. You may want to contact the service for:

- personalised one to one support;
- information, advice and signposting;
- post diagnostic support;

- social groups and activities;
- informal carer learning sessions; and
- digital resources.

#### Tel: 0116 223 7363

Email: dementia.support@ageukleics.org.uk Web: www.ageuk.org.uk/leics (search 'dementia support service').

## The Dementia Support Service in Rutland

Age UK Leicester Shire & Rutland also provide a Dementia Support Service in Rutland which complements the Admiral Nurse service and offers face-to-face support, advice and information to people affected by dementia, including:

- information about diagnosis;
- information about services and how to access ongoing support;
- a peer support group and the Rutland Carers'

Support group; and

access to training opportunities for informal carers.

Tel: 01572 823942

Mob: 07738 820910

Email: yvonne.rawlings@ageukleics.org.uk Web: www.ageuk.org.uk/leics (search 'Rutland

dementia support service').

## Other local dementia support

These are other organisations who are committed to supporting people to live well with dementia in Leicester, Leicestershire and Rutland.

#### **Admiral Nurse Service**

This service provides specialist dementia support. When things get challenging or difficult for people living with dementia and their families, Admiral Nurses offer one-to-one support, expert guidance and practical solutions tailored to individual needs and challenges. Contact the service using the details below for referral criteria.

Email: admiralnurse@rutland.gov.uk (Rutland). Email: admiralnursing@uhl-tr.nhs.uk (University Hospitals of Leicester NHS Trust, based at the Leicester Royal Infirmary).

There are other local Admiral Nurses – find out if there is one in your area by calling Dementia UK on **0800 888 6678** or visiting **www.dementiauk.org/get-support/find-an-**

## Leicestershire Police and Leicestershire Fire and Rescue Services

Leicestershire Police and Leicestershire Fire and Rescue Services support the creation of Dementia Friendly Communities and work with local agencies in Leicester, Leicestershire and Rutland to support initiatives and work which supports this aim, including becoming Dementia Friends. One initiative local police are promoting is the Herbert Protocol. This form helps people to be found more quickly if they go missing. You can download the form by visiting

www.leics.police.uk/notices/af/herbertprotocol and it is also available in local police stations.

#### Local health services

Memory issues are often the first thing people notice with dementia. If you're worried your memory is getting worse or is beginning to affect everyday life, the best thing to do is talk to your GP.

admiral-nurse

#### **The Memory Service**

The Memory Service provides diagnostic assessment and treatment for people with dementia by Leicestershire Partnership NHS Trust. The service is accessed via a referral from your GP. This service is provided across Leicester City, Leicestershire County and Rutland. The service is provided by psychiatrists and mental health nurses. This service also refers people to their local Dementia Support Service (see page 24) for post diagnostic support. Leicestershire Partnership NHS Trust also provides a range of other services for people affected by dementia.

Web: www.leicspart.nhs.uk (search 'memory service').

### **University Hospitals of Leicester NHS Trust**

The University Hospitals of Leicester (UHL) Dementia Strategy Group has trust-wide, multi-professional representation, with members from Age UK, and includes patient and public involvement. The group is responsible for improving the quality of care for people with dementia and their carers who are admitted to hospital, ensuring recommendations from key national and local policies are implemented. Please tell staff if you have dementia and look out for the Forget-Me-Not logo around the hospital. The Dementia Support Service (see page 24) runs within Leicester hospitals too.

Web: **www.leicestershospitals.nhs.uk** (search 'dementia').

## **Dementia Friendly Community initiative**

In Leicester, Leicestershire and Rutland (LLR) there is an active and supportive Dementia Friendly Community and several local Dementia Friendly Community Groups. These groups have developed in response to local interest and can link even closer to local communities, organisations and businesses

and support people to live well with dementia and raise awareness about living with dementia.

To find out more, contact the joint Chairs samantha.clarke@blaby.gov.uk or lynne.woodward@leicestershire.pnn.police.uk

# Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. However, some types of savings are not considered when determining your contribution, so it may be worth asking adult social care for a financial assessment to check.

The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell adult social care when your savings are likely to fall below this amount.

Councils calculate charges in accordance with national regulations set by the Government. This ensures people are only required to pay what they can afford, considering capital, income and some disability expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend because of your disability or illness.

Figures mentioned here may change over the lifetime of this Directory.





The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

## Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA), or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how

much income or capital you have.

AA is for people over state retirement age when they first claim (state retirement age is gradually increasing), and PIP to those aged 16 to 64 when they first claim. If you received PIP before you reached state retirement age, you will continue to receive PIP, provided you continue to meet the eligibility criteria. There are different rates which can be awarded, dependent on the level and type of help you need. These can be found at **www.gov.uk** 

## Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

**Money Helper** 

A free and impartial money advice service set up by the Government.

Tel: 0800 138 7777

Web: www.moneyhelper.org.uk

**Society of Later Life Advisers (SOLLA)** 

Aims to assist consumers and their families in

finding trusted, accredited financial advisers who understand financial needs in later life.

Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 59.



#### **SEND Local Offer**

Information for children and young people with special educational needs and disabilities is known as the 'Local Offer'. Further information on each local authority's offer can be found below.

#### **Leicestershire County Council**

Web: www.leicestershire.gov.uk/education-and-children/special-educational-needs-and-disability

#### **Leicester City Council**

Web: families.leicester.gov.uk/send-local-offer

### **Rutland County Council**

Web: ris.rutland.gov.uk (select 'SEND Local Offer').











# Home care providers

**180 Surrey Street** 

Leicester

Tel: 0116 216 6362 **OP D PD LDA MH YA** 

21 Huntingdon Road

Leicester

Tel: 0116 276 5691 D PD MH SI YA

Web: www.falconcareagencyltd.com

24/7 Flex Care Ltd

Leicester

Tel: 07796 008201 OP D PD LDA SI YA

24/7 Helping Hands Service Ltd

Leicester

Tel: 07721 991331 **OP D PD LDA YA** 

Web: www.247helpinghands.co.uk

2M Health And Homecare Services Ltd

**Ross Walk Leicester** 

Leicester

Tel: 0116 266 6778 **OP D LDA MH SI YA AD** 

Web: www.2mhealthandhomecare.co.uk

3 Star Health Care Ltd – Leicester

Leicester

Tel: 07716 740075 **OP D PD SI YA** 

Web: www.3starhealthcare.com

**39 Carnation Road** 

Loughborough

Tel: 07575 714245 MH YA AD

**A&R Guardian Services Ltd** 

Leicester

Tel: 07960 510689 **OP D PD LDA MH SI YA** 

Web: www.arguardian.co.uk

**A2L Care Services** 

Leicester

Tel: 0116 319 5150 **OP D PD MH YA** 

Web: www.a2lcareservices.co.uk

**Abbey Support & Services Ltd** 

Leicester

Tel: 07718 170186 OP D PD MH SI YA

Web: www.abbeysupportandservices.com

Absolute Care – Barrow

Loughborough

Tel: 01509 881595 **OP D PD SI YA** 

Web: www.absolutecareagency.org

**Abundant Life Care Ltd** 

Leicester

Tel: 07863 096983 **OP D PD LDA YA** 

Web: www.abundantlifecare.co.uk

**Accredo Support & Development Ltd** 

Leicester

Tel: 0116 272 1345 PD LDA MH SI YA

Web: www.rehabilityuk.co.uk

**Achieve With Us Ltd** 

Hinckley

Tel: 01455 890494 **OP LDA MH SI YA** 

**Action Deafness** 

Loughborough

Tel: 0844 593 8440

Web: www.actiondeafness.org.uk

**Actus Healthcare** 

Leicester

Tel: 07868 154898 **OP D PD SI YA** 

**ADA Homecare Ltd** 

Hinckley

Tel: 01455 640360 **OP D PD MH SI YA AD** 

Web: www.adahomecareltd.org

**Adaptus Cares Ltd** 

Leicester

Tel: 0116 247 0327 OP D PD LDA MH SI YA AD

Web: www.adaptuscares.co.uk

Advance

Leicester

Tel: 0333 012 4307 LDA MH YA

Web: www.advanceuk.org

Affinity Trust – Domiciliary Care Agency – Central

Leicester

Tel: 0116 236 3793

Web: www.affinitytrust.org

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs



at home.

independence

Personal care

Dementia care

Household tasks

Medication support

Outings & activities

## Please visit our website or call us at any time.

We are always happy to come and meet you to discuss how our services can help.

Loughborough, Charnwood & Melton Mowbray

loughborough@radfieldhomecare.co.uk

Leicester East, Groby & Oadby

leicestereast@radfieldhomecare.co.uk

www.radfieldhomecare.co.uk

**Alliance SC Ltd** 

Leicester

Tel: 0116 279 5185 **OP D PD LDA MH SI YA AD** 

Web: www.alliancesc.co.uk

**Alpha-Imperial Private Ltd** 

Leicester

Tel: 0116 319 6239 **OP D PD LDA MH SI YA** 

Web: www.alpha-imperialcare.co.uk

**Always Take Care Ltd** 

Oakham

Tel: 01572 869138 OP

Web: www.alwaystakecare.co.uk

**Amicare House** 

Leicester

Tel: 0116 260 1747 **OP D PD LDA MH SI** 

Web: www.amicare.org.uk

**Apollo Care & Support Ltd** 

Leicester

Tel: 07957 905276 **OP D PD LDA MH SI YA AD** 

Web: www.apollo-care-support.co.uk

**Arch Domiciliary Care Services Ltd** 

Leicester

Tel: 0116 326 0167 **OP D PD LDA MH SI YA AD** 

Web: www.arch-futures.org

**Arona Support** 

Leicester

Tel: 07719 069174 OP D PD LDA MH SI YA AD

Web: www.aronasupport.co.uk

**Ashlands Mews** 

Leicester Advert pages 52 & 53

Tel: 0116 270 6634 PD LDA MH YA

Web: www.prime-life.co.uk

**Aspire UK** 

Leicester

Tel: 0116 262 1999 **OP D PD LDA MH SI YA AD** 

Web: www.aspireuk.co.uk

**Assured Community Care** 

Melton Mowbray Advert page 28

Tel: 01664 650021 OP D PD SI

Web: www.assuredcommunitycare.co.uk

Authentic Kare Company Ltd – 8 Wyndham Close

Leicester

Tel: 0116 292 7274 **OP D PD LDA MH SI** 

**B-Hope and Care Services Ltd** 

Leicester

Tel: 07707 508543 **OP D PD SI YA** 

**Bait'ul Care Ltd** 

Leicester

Tel: 0333 772 0827 **OP** 

Web: www.baitulcare.com

**Barclay Services** 

Leicester

Tel: 0116 368 0914 **OP LDA YA** 

Web: www.chartwelltrustcare.org/services/

supported-living-services

**Bateleur HC Ltd** 

Leicester

Tel: 0116 326 0380 **OP D PD LDA MH SI YA** 

Web: www.bateleur.info

**BCML Health Ltd** 

Leicester

Tel: 0116 246 4859 **OP D PD LDA MH SI YA** 

Web: www.bcmlhealth.com

**Beaumont Business Enterprise** 

Leicester

Tel: 0116 478 3433 **OP D PD YA** 

Web: www.pro-help.co.uk

**Best Deal Care Ltd** 

Leicester

Tel: 0116 429 9934 **OP D PD LDA YA** 

Web: www.bestdealcare.co.uk

Bi Flexi Support Ltd

Leicester

Tel: 0116 282 5012 **OP D PD LDA MH SI YA** 

**Blue Arch Homecare** 

Leicester

Tel: 07557 774723 **OP D PD SI YA** 

Web: www.bluearchhomecare.co.uk

Blue Ribbon Care (Leicestershire and Rutland)

Market Harborough

Tel: 01858 827092 **OP D LDA MH SI YA AD** 

Web: www.blueribboncare.org.uk

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs



## Where caring matters

Established in 1994

**Shepshed Carers** proudly provide **high quality** domiciliary care for the elderly, disabled and seriously ill. Our services, which ensure you maintain your **independence**, **dignity** and **choice** include:

- Personal Care
- Escort duties
- Meal preparation
- Household &
- Sitting Service

Domestic Tasks

For more information, please contact us:



01509 505243 • www.shepshedcarers.co.uk administration@shepshedcarers.co.uk



At Witlens Ltd, we passionately believe that most people want to receive care whilst in their homes to maintain their independence for as long as possible.



- Supported Living Care Live-in Care
- Respite Care Companionship
- End of life Care

We are a household name in Domiciliary Care and Supported Living Service, for more info on how we can help, contact us:

01164 973936 • www.witlens.co.uk management@witlens.co.uk



Right at Home Loughborough | | Home

Quality care services in the comfort

of your own home

If you or a loved one are looking for high

quality care, companionship, or support for

complex conditions, contact Right at Home

Loughborough for more information.

Contact us: 01509 279360

www.rightathome.co.uk/loughborough



WITLENS Ltd

My Homecar

Tel: 0116 218 4989 / 218 4965 Email: leicester@myhomecare.co.uk Web: www.leicester.myhomecare.co.uk

#### Helping you remain independent in your own home

- Medication Assistance Palliative Care Respite Cover
- Shopping Service Laundry Service Cleaning Service
- · Transportation Service · Live in Care · Personal Care
- · Companionship · Dementia Care · High Dependency Care
- · Meal Preparation · Sleeping night & Waking night care

All our staff are fully checked, inducted, trained and certified in accordance with skills of care.

My Homecare is a Care Quality Commission Registered Service Provider







We provide a broad range of services supporting older people, adults, children and families in their own homes; The services include:

Supported Living – Helping adults with a range of needs to live independently
and safely in their local communities. The support provided is flexible and based
on individual needs. It can range from a few hours each day to full time. We offer
a service that helps people with a wide range of support needs retain their
independence whilst still having that extra physical and emotional support.

We also provide Live-in Care, Domiciliary Care, End of Life Care,
Dementia Care and more

0330 133 2490 www.midlandscaredirect.co.uk info@midlandscaredirect.co.uk







Panashe Home Care Services is a medium sized, family run organisation which provides care and support for people living in their own home. All our care givers are fully trained and passionate about what they do.

At Panashe we strive to make a difference in people's lives by listening and ensuring that people do not have to change their lifestyles to receive care. Instead our Team goes the extra mile to meet people receiving care at their point of need.

We care because we love to care, **there is no place like home**.

Panashe Care specialises in a full range of care services to include:

Live In care
Personal care
Medication prompting
Shopping
Domestic support

Companionship and Dementia care Learning Disability care End of Life champions

For more information, contact us:

0116 266 9996 • 0116 2697583 07468 490 972

www.panashecare.co.uk info@panashecare.co.uk

OP D PD

Bluebird Care (Leicester, Hinckley, Bosworth and Blaby)

Leicester

Tel: 0116 217 1405 **OP D PD LDA MH SI YA AD** 

Web: www.bluebirdcare.co.uk/leicester

**Bluebird Care (Market Harborough and Oadby)** 

Leicester

Tel: 0116 271 8222 **OP D PD LDA SI YA** 

Web:

www.bluebirdcare.co.uk/market-harborough-oadby

Bluebirdcare Ltd / Loughborough & Ashby-de-la-Zouch

Loughborough

Tel: 01509 815869 **OP D PD LDA MH SI YA** 

Web: www.bluebirdcare.co.uk

**Bluewood Healthcare** 

Leicester

Tel: 0116 255 8866 **OP D PD LDA MH** 

Web: www.bluewoodhealthcare.co.uk

Bluewood Recruitment Ltd – Loughborough

Loughborough

Tel: 0116 255 8866 **OP D PD LDA MH YA** 

**BM Care Management Solutions Ltd** 

– 1A West Street

Leicester

Tel: 01455 846343 **OP PD LDA MH SI YA** 

Web: www.bmcmsolutions.co.uk

**Bonney Care Agency** 

Leicester

Tel: 07795 598671 **OP D PD LDA MH SI YA** 

Web: www.bonneycare.co.uk

**Bosworth Homecare Administrative Offices** 

Nuneaton

Tel: 01455 292648 **OP D PD LDA MH SI YA** 

Web: www.bosworthhomecare.co.uk

**Brand Care** 

Leicester

Tel: 0116 273 6277 **OP D LDA MH YA** 

Web: www.allagcare.co.uk

**Bridgegate Home Care** 

Leicester

Tel: 07909 600094 **OP PD YA** 

**Bright Almond Care Ltd** 

Leicester

Tel: 07983 920962 **OP D PD LDA SI YA** 

Web: www.brightalmondcare.co.uk

**Bright Intergrated Care Ltd** 

Leicester

Tel: 07876 516109 OP D PD LDA MH SI YA AD

**Brockshill Woodlands** 

Oadby Advert pages 52 & 53

Tel: 0116 271 6014

Web: www.prime-life.co.uk

**Burbage Homecare Ltd** 

Hinckley

Tel: 01455 239435 OP D PD SI YA

**Business Box, Leicester (Paradise Hope Ltd)** 

Leicester

Tel: 0116 279 5141 **OP D PD LDA MH SI YA AD** 

Cairbairz Ltd – Leicester

Enderby

Tel: 0116 284 9889 **OP D PD LDA SI YA** 

Web: www.cairbairz.co.uk

Care 4 U - 466 Melton Road

Leicester

Tel: 0116 266 1800 **OP D PD LDA MH SI YA** 

Web: www.care4u-ltd.co.uk

Care at Home (Midlands) Ltd

Ratby

Tel: 0843 289 1197 OP D PD LDA SI YA AD

Web: www.careathomemidlands.co.uk

**Carelink Healthcare Professionals Ltd** 

Leicester

Tel: 0116 251 3373 **OP D PD LDA MH SI YA** 

Web: www.carelinkhealthcare.co.uk

Caremark – Charnwood

Loughborough

Tel: 01509 643434 **OP D PD LDA MH SI YA AD** 

Web: www.caremark.co.uk

Caremark Hinckley Bosworth & Blaby

Leicester

Tel: 0116 429 1100 OP D PD LDA MH SI YA AD

Web: www.caremark.co.uk

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

**Carers Direct Homecare Ltd** 

Leicester

Tel: 0116 273 6066 OP D PD LDA MH SI YA AD

Web: www.carersdirecthomecare.com

Carewatch (Harborough)

Market Harborough

Tel: 01858 466999 OP D PD LDA MH SI YA AD

Web: www.caremark.co.uk

**Caring Companions Homecare Ltd** 

Leicester

Tel: 0116 319 2450 **OP D PD LDA MH SI YA AD** 

Web: www.caringcompanionshomecare.co.uk

Caring Company Rutland Ltd, The

Oakham

Tel: 07764 235075 OP D PD SI YA

Web: www.thecaringcompanyrutland.co.uk

Caring Hands (Domiciliary Care) Ltd

Ashby-de-la-Zouch

Tel: 01530 563300 **OP D PD LDA MH SI YA** 

Web: www.caring-hands.co.uk

**Caring Hands Leicester Ltd** 

Leicester

Tel: 0116 229 3006 **OP D PD LDA MH SI YA AD** 

**Case Healthcare** 

Leicester

Tel: 07462 318983 **OP D PD LDA MH SI YA AD** 

**Choice East Midlands (Supported Living)** 

Market Harborough

Tel: 01858 419145 **OP LDA YA** 

Web: www.hft.org.uk

**Choices Care Ltd** 

Leicester

Tel: 0116 268 2982 **OP D PD LDA MH SI YA** 

Web: www.choicescare.org

**CM Community Care Services Ltd Leicester** 

Leicester

Tel: 07919 400681 OP D PD LDA SI YA

**Community Careline NWL Ltd** 

Hugglescote

Tel: 01530 262688 **OP D PD MH SI** 

Web: www.communitycareline-nwl.co.uk

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

**Community Support Services** 

Oakham

Tel: 01572 722577 **OP D PD LDA MH SI YA AD** 

Web: www.rutland.gov.uk

**Community Support Services Micare** 

Oakham

Tel: 01572 758341 **OP D PD LDA MH SI YA AD** 

**Companion Care Agency** 

Leicester Advert page 28

Tel: 0116 319 0997 **OP D PD YA** 

Web: www.companioncareagency.net

**Compassion Care Service Ltd** 

Loughborough

Tel: 07903 053069 **OP D PD LDA MH YA** 

**Creative Care** 

Leicester

Tel: 0116 278 0148 LDA MH SI YA

**Creative Care (Leicester)** 

Leicester

Tel: 0116 246 1425 **OP LDA MH YA** 

**Creative Care Ltd** 

Leicester

Tel: 0116 248 7175 **OP D PD LDA MH SI YA** 

**Creative Support – Leicester Service** 

Leicester

Tel: 0116 254 6520 LDA MH

Web: www.creativesupport.co.uk

**Crewton Care** 

Leicester

Tel: 07588 495436 **OP YA** 

Web: www.crewtoncare.com

**Crystal Care Service (Leicester)** 

Leicester

Tel: 07481 833399 **OP D PD LDA** 

Web: www.crystalcareuk.com

**D & H Community Support Ltd** 

Wigston

Tel: 0116 296 6915 **OP D PD LDA MH SI YA** 

Search for care at www.carechoices.co.uk to find support in your area

## Home care providers continued

DR & C Private Home Care Ltd

Leicester

OP D PD LDA MH SI YA Tel: 0116 255 5560

Web: www.drcprivatehomecare.co.uk

**Dandelion Home Care** 

Leicester

OP D PD MH SI YA Tel: 0116 216 1440

Web: www.dandelionhomecare.co.uk

**Direct Care Works Ltd** 

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 262 9332

Web: www.directcareworks.co.uk

**Diversity Social Care Ltd** 

Leicester

**OP D PD LDA MH SI YA AD** Tel: 07508 516254

Web: www.diversitysocialcare.co.uk

**Divine Home Care Ltd** 

Leicester

Tel: 0116 268 1341 **OP D PD LDA YA** 

Web: www.divinehomecare.co.uk

**Domiciliary Care Service** 

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 454 5422

**Domiciliary Care Services (UK) Ltd** 

- Knighton Road

Leicester

OP D PD MH SI Tel: 0116 270 1602

Web: www.domiciliarycareservices.org.uk

**Dreisco Care Ltd** 

Wigston

Tel: 0116 277 1222 **OP D PD LDA MH YA** 

Web: www.dreiscocare.com

**Dynamic Care Services Ltd** 

Leicester

OP D PD LDA MH SI YA Tel: 07538 632553

Web: www.dynamiccareservices.com

**E&S Care At Home Ltd** 

Leicester

OP D PD YA Tel: 07513 491556

**East Midlands Homecare Ltd** 

Castle Donington

OP D PD SI YA Leicester Tel: 01332 813913

Web: www.eastmidlandshomecare.co.uk

**Elliott Residential Care Home** 

Leicester

**OP D LDA MH SI YA** Tel: 0116 254 4458

Web: www.elliottcarehome.co.uk

**Embraced Care** 

Leicester

OP D PD LDA MH YA Tel: 07951 177340

**Emma Way Associates** 

Leicester

**OP PD YA** Tel: 01664 840730

**Enable Inclusive Support Ltd** 

Leicester

Tel: 0116 268 1341 PD LDA MH SI YA

Web: www.enableltd.co.uk

**Enlightened Care Generation Ltd** 

Leicester

**OP D PD LDA MH YA** Tel: 0116 279 5174

**Enliven Social Care Ltd** 

Melton Mowbray

Tel: 0333 533 0021 **OP LDA MH YA** 

**Eunha Healthcare Ltd** 

Leicester

**OP D PD LDA MH YA AD** Tel: 07411 340456

**Evershining Care Services** 

Leicester

OP D PD YA Tel: 0116 262 2175

Web: www.everyshiningcare.co.uk

**Evolving Care Ltd** 

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 216 6605

Web: www.evolvingcare.co.uk

**Excell Care Services** 

Hinckley

**OP** Tel: 01455 248570

**Exceptional Home Care** 

Lutterworth

**OP D PD SI YA** Tel: 01455 207890

Web: www.exceptionalhomecareltd.co.uk

**Family Care Agency** 

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 326 0315

Web: www.familycareagency.co.uk

Fay Medical Ltd

Tel: 07960 372345 OP D PD LDA MH SI YA AD

## Home care providers continued

FDS Divine Care Ltd
– 29 Glaisdale Close

Leicester

Tel: 07897 924966 **OP D PD LDA SI YA** 

Fosse Healthcare - Leicester

Leicester

Tel: 0116 279 1600 **OP D PD LDA MH SI** 

Web: www.fossehealthcare.co.uk

**Fouta Quality Care Ltd** 

Leicester

Tel: 07981 956151 **OP D PD LDA MH SI YA** 

**Freedom Support** 

Market Harborough

Tel: 01858 463546 **OP PD LDA MH YA** 

Web: www.freedomsupport.co.uk

FTM Dance CIC, Pera Business Park

Melton Mowbray

Tel: 07543 068872 PD LDA SI YA

**G&M Healthcare Services Ltd** 

Leicester

Tel: 07946 386448 **OP** YA

**Geraint House** 

Leicester

Tel: 0116 276 5971 **OP D PD LDA MH SI YA AD** 

**Glee Care Ltd** 

Leicester

Tel: 07533 119755 **OP D PD LDA SI YA** 

Web: www.gleecare.co.uk

**Gold Crown Care Services Ltd** 

Leicester

Tel: 0116 319 4500 **OP D PD LDA MH SI YA** 

Web: www.goldcrowncare.co.uk

**Goldfinch Care Agency Private Ltd** 

Oakham

Tel: 01572 868921 **OP D PD YA** 

Web: www.goldfinchcare.co.uk

**Grace Care UK** 

Leicester

Tel: 0116 273 3034 **OP D PD LDA MH SI YA AD** 

Web: www.ukgracecare.co.uk

**GreenSquareAccord Leicester** 

Leicester

Tel: 0121 500 2361 **OP D PD LDA MH SI YA** 

**Halcyon Days Community Opportunities Ltd** 

Leicester

Tel: 07903 102244 OP D PD LDA SI YA

Hales Group Ltd – Leicester

Leicester

Tel: 0116 260 2181 **OP D PD LDA MH SI YA AD** 

Web: www.halescare.co.uk

**Hartington Road Care Home** 

Leicester

Tel: 0116 242 5779 **OP D PD LDA MH SI YA AD** 

**Heartwell House Residential Care Home** 

Leicester

Tel: 0116 266 5484 **OP D LDA MH SI YA** 

Help at Home (Connaught House)

Loughborough

Tel: 0207 186 0500 **OP D LDA MH SI YA** 

Web: www.helpathome.co.uk

Help at Home (Danbury Gardens)

Leicester

Tel: 0116 276 5959 **OP D PD LDA MH SI YA** 

Web: www.helpathome.co.uk

Help at Home (Oak Court)

Leicester

Tel: 0116 277 8441 **OP D YA** 

Web: www.helpathome.co.uk

Help at Home (St Marys House)

Lutterworth

Tel: 01455 558986 **OP D PD LDA MH SI YA** 

Web: www.helpathome.co.uk

Help at Home (Waterside Court)

Loughborough

Tel: 01509 642597 **OP D PD LDA MH SI YA** 

Web: www.helpathome.co.uk

Help at Home Leicester

Leicester

Tel: 0116 244 4930 **OP D PD LDA MH SI YA** 

Web: www.helpathome.co.uk

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

**Helpful Home Care Ltd** 

Leicester

OP D PD LDA MH SI YA Tel: 0116 442 2181

Web: www.helpfulhomecare.co.uk

**Helping Hands Homecare Services** 

Leicester

OP D PD MH SI YA Tel: 0116 283 5698

**Helping Hands Leicester** 

Advert page 28 Leicester

OP D PD LDA MH SI YA AD Tel: 0116 490 5934

Web: www.helpinghands.co.uk

**Helping Hands Market Harborough** 

Lutterworth Advert page 28

**OP D PD LDA MH SI YA AD** Tel: 01455 244559

Web: www.helpinghands.co.uk

**Helping Hands Wigston** 

Leicester Advert page 28

OP D PD LDA MH SI YA Tel: 0115 896 4708

Web: www.helpinghands.co.uk

**Heroic Care Ltd** 

Hinckley

OP D PD LDA MH SI YA AD Tel: 01455 363121

Web: www.heroiccare.com

**Hinckley Carer Support Scheme** 

Hinckley

OP D PD LDA MH SI YA Tel: 01455 614655

**HK Care Consulting Ltd** 

Leicester

OP D PD LDA MH SI YA Tel: 07882 136154

Web· www hkcare co uk

**Hodman Care Ltd** 

Leicester

OP D PD MH YA Tel: 0116 319 4944

Web: www.hodmancare.com

**Holmwood Gardens Domiciliary Care Services** 

Advert page 83 Leicester

**OP D PD LDA MH SI YA** Tel: 0116 287 3072

Web: www.knightonmanorcareservices.co.uk

**Home Instead Senior Care** 

Hinckley

OP D PD LDA MH SI YA Tel: 01455 247979

Web: www.homeinstead.co.uk/hinckley

**Home Instead Senior Care** 

Leicester

**OP D PD LDA MH SI YA** Tel: 0116 216 5306

Web: www.homeinstead.co.uk/

charnwoodloughboroughandcoalville

**Home Instead Senior Care** 

Market Harborough

Tel: 01858 540317 OP D PD LDA MH SI YA

Web: www.homeinstead.co.uk/market-harborough

-corby-rutland

**Home Instead Senior Care** 

Rugby

OP D PD LDA MH SI YA Tel: 01455 247100

Web: www.homeinstead.co.uk/rugby

**Home Straight Partnership Ltd** 

Oakham

**OP D PD LDA MH SI YA** Tel: 01572 722590

Web: www.home-straight.co.uk

Homecare Assessment and Reablement Team (HART) Leicestershire

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 305 4978

**Homepeace Care** 

Hinckley

**OP D PD YA** Tel: 01455 233804

Web: www.homepeace.org.uk

**Hunters Lodge** 

Lutterworth

**OP D PD LDA SI YA** Tel: 01858 880538

Web: www.bondcare.co.uk/care-homes/

hunters-lodge-care-home

**Huntsman's Lodge DCA** 

Leicester

**PD LDA MH** Tel: 0116 232 5229

Web: www.caretechcommunityservices.co.uk

iCall Care

Leicester

**OP D PD LDA SI YA** Tel: 0116 212 8558

Web: www.icallcare.co.uk

**Infinity Care Services Ltd** 

Leicester

OP D PD LDA MH SI YA AD Tel: 0203 092 3250

Web: www.infinitycareservices.org.uk

**Inheritance Medical Ltd** 

Leicester

Tel: 07941 879466 OP D PD LDA MH SI YA AD

Innovations24 Ltd

Leicester

Tel: 07592 241655 **OP D PD LDA MH** 

**Integrated Crisis Response Service** 

Leicester

Tel: 0116 454 5422 **OP D PD LDA MH SI YA AD** 

**Interpid Care & Support Services** 

Leicester

Tel: 07802 783568 **OP D PD LDA MH SI YA AD** 

Web: www.interpidcare.com

**Jakaranda Care** 

Leicester

Tel: 07555 189197 **OP LDA MH YA** 

Web: www.jakarandacare.co.uk

JaMax Homecare

Loughborough

Tel: 01509 557081 **OP D PD LDA MH SI YA** 

**Jewel Home Care** 

Leicester

Tel: 07718 290346 **OP D PD MH YA** 

Web: www.jewelhomecare.co.uk

June Home Care Ltd

- Loughborough & Charnwood area

Loughborough

Tel: 01509 351001 **OP D PD** 

Web: www.junehomecare.org

**Kare Plus Loughborough** 

Loughborough

Tel: 01509 642070 OP D PD LDA MH SI YA AD

Web: www.kareplus.co.uk/Loughborough

**Karing Hands Care** 

Coalville

Tel: 01530 452352 **OP D PD MH YA** 

**Key 2 Care Leicestershire** 

Loughborough

Tel: 01509 278799 **OP D PD SI YA** 

Kingfisher Care (Midlands) Ltd

Hinckley

Tel: 01455 616493 **OP D PD SI Y/** 

Web: www.kingfishercare.wixsite.com/care

**Kirby Care Ltd** 

Leicester

Tel: 07596 922667 **OP** YA

**Knighton Manor Ltd** 

Leicester

Tel: 0116 244 8455 **OP D PD LDA MH YA** 

Web: www.gratiacare.co.uk

**Kris Carers Ltd** 

Leicester

Tel: 0116 243 6483 OP D PD LDA MH SI YA AD

Web: www.kriscarersltd.co.uk

Lansdowne House – Leicester

Leicester

Tel: 0116 299 2233 **OP** 

Web: www.ageconcernleics.com

**Learning Support Centre, The** 

Leicester

Tel: 0116 254 8881 PD YA

Web: www.learningsupportcentre.com

**Leicester Jamaica Community Service Group** 

Caribbean Court

Leicester

Tel: 0116 251 2224 **OP** 

Web: www.wiscp.org.uk

**Leicestershire Community Support Scheme** 

Loughborough

Tel: 01536 411415 **OP D LDA YA** 

Web: www.mencap.org.uk

**Lifeways Community Care Ltd (Leicester)** 

Leicester

Tel: 07805 408704 **OP D PD LDA MH YA** 

**Luminary Care Ltd** 

Loughborough

Tel: 07961 721053 OP D PD MH SI YA

Web: www.luminarycare.co.uk

**Lustro Health** 

Leicester

Tel: 07578 302502 **OP D MH YA** 

**MacIntyre Leicester LifeLong Learning** 

Leicester

Tel: 0116 270 2697

Web: www.macintyrecharity.org

Medacs Healthcare – Leicester

Leicester

**OP D PD SI YA** Tel: 0116 264 3922 **OP D PD LDA MH YA** 

Web: www.medacs.com

**MELM Care Solutions** 

Leicester

Tel: 07786 261952 **OP D PD MH SI YA AD** 

Web: www.melmcare.co.uk

**Melton Care Services** 

Wigston

Tel: 0116 464 5760 OP D PD LDA MH SI YA AD

Web: www.meltoncareservices.co.uk

**Melton Care Services Ltd** 

Melton Mowbray

Tel: 01664 569943 OP D PD LDA MH SI YA AD

Web: www.meltoncareservices.co.uk

**Melton Mencap** 

Melton Mowbray

Tel: 01664 564237 **OP PD LDA SI YA** 

Web: www.meltonmencap.org.uk

**Melton Supported Living Service** 

Melton Mowbray

Tel: 0116 305 5652 PD LDA MH SI YA

Web: www.leics.gov.uk

**Mercie Grace Care** 

Leicester

Tel: 0116 319 3033 **OP D PD LDA MH YA** 

Meridian Health and Social Care – Hinckley

Hinckley

Tel: 01455 616663 **OP D PD LDA MH SI YA** 

Web: www.meridianhsc.co.uk

**Meridian Health and Social Care – Leicester** 

Leicester

Tel: 0116 254 1275 **OP D PD LDA MH SI YA** 

Web: www.meridianhsc.co.uk

Mi Life Care Services Ltd

Leicester

Tel: 0116 269 8834 **OP D PD LDA MH SI YA** 

Web: www.milifecareservices.com

**Midlands Care Direct** 

Leicester Advert page 32

Tel: 0330 133 2490 **OP D YA** 

Web: www.midlandscaredirect.co.uk

Mill Farm

Market Harborough

Tel: 01858 540317 **OP D PD LDA MH SI YA** 

**Mosaic: Shaping Disability Services** 

Leicester

Tel: 0116 231 8720 **OP D PD LDA MH SI YA** 

Web: www.mosaic1898.co.uk

MTM Care Services Ltd – Leicester

Leicester

Tel: 0116 254 5926 **OP D MH YA** 

**Murray Healthcare Services Ltd** 

Leicester

Tel: 07449 705355 **OP D PD MH SI YA** 

My HomeCare HFW Ltd

Leicester

Tel: 07415 815887 **OP D PD MH YA** 

My Homecare Leicester

Leicester Advert page 32

Tel: 0116 218 4989 OP D PD MH YA

Web: www.leicester.myhomecare.co.uk

**NAS Community Services (Leicester)** 

Leicester

Tel: 0116 258 1841

Web: www.autism.org.uk

**NDH Care (Leicester)** 

Leicester

Tel: 01163090111 OP D PD LDA MH SI YA AD

Web: www.ndhcare.co.uk

**New Hope Care Leicester** 

Wigston

Tel: 0116 288 6974 **OP D PD LDA MH YA AD** 

Web: www.newhopecare.co.uk

**New Hope Care Rutland** 

Oakham

Tel: 0121 552 1055 **OP D PD LDA MH SI YA AD** 

Web: www.newhopecare.co.uk

**New Hope Housing and Support** 

Leicester

Tel: 07733 357596 **OP D PD LDA MH YA** 

Web: www.Newhopecareltd.co.uk

**New Horizon Care** 

Market Harborough

Tel: 01536 762332 **OP D PD LDA MH SI YA AD** 

Web: www.NewHorizonsCare.co.uk

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

**Newcross Healthcare Solutions Ltd** (East Midlands Service)

Leicester

OP D PD LDA MH SI YA Tel: 0116 298 8192

Web: www.newcrosshealthcare.com

**Next Care Ltd** 

Leicester

**OP D PD LDA YA** Tel: 0116 241 7425

Web: www.nextcare.org.uk

NISE Nursing Ltd – Leicester

Leicester

**OP PD LDA MH SI YA** Tel: 0845 124 9200

Web: www.nise.co.uk

No 8 Baysdale Road

Leicester

Tel: 07882 661389 OP D MH

No Place Like Home Midlands Ltd

Coalville

Tel: 01530 569739 **OP D PD YA** 

Web: www.noplacelikehomecare.co.uk

**Onduty 24 Ltd** 

Leicester

**OP PD LDA MH YA** Tel: 0116 276 5916

Web: www.onduty24.co.uk

**Panashe Home Care Services Ltd** 

Leicester Advert page 32 **DPDSIAD** Tel: 0116 266 9996

Web: www.panashecare.co.uk

**Passion Healthcare Ltd** 

Leicester

**OP D PD LDA MH SI YA** Tel: 0116 212 7942

**Pathfinders Community Support Ltd** 

Leicester

Tel: 0116 367 8144 OP D PD LDA MH SI AD

**Personal Touch Care Ltd** 

Loughborough

OP D PD LDA MH SI YA AD Tel: 01509 768050

Web: www.personaltouchcare.org.uk

**Personalized Care** 

Hincklev

D PD LDA MH SI YA Tel: 07867 802382

Web: www.personalized-care.co.uk

**Practical Care Solutions Ltd** 

Leicester

**OP D PD LDA MH YA** Tel: 07411 306269 Tel: 07446 123745

**Precious Hope and Home Care Ltd** 

Leicester

OP D PD LDA MH SI YA AD Tel: 07736 950090

Web: www.precioushopecare.co.uk

**Premium Home Care Services Ltd** 

Leicester

OP D PD MH SI YA Tel: 0116 319 2474

**Prestige Care 247 Ltd** 

Leicester

**OP D PD LDA YA AD** Tel: 01455 363500

Web: www.prestigecare247.co.uk

Prestige Nursing - Leicester

Ashby-de-la-Zouch

**OP D PD LDA MH SI YA AD** Tel: 01530 415000

Web: www.prestige-nursing.co.uk

Prestige Social Care Services Ltd – Leicester

Leicester

OP D PD LDA MH SI YA AD Tel: 07908 785659

Web: www.prestigescs.co.uk

Private Home Care UK Ltd (Leicester)

Leicester

OP D PD LDA MH SI YA AD Tel: 0333 577 5077

Web: www.privatehomecareuk.com

**Prospects Healthcare Ltd** 

Leicester

**OP LDA MH YA AD** Tel: 07718 698506

**Provision Care Ltd** 

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 319 2212

Web: www.provisioncare.org

**Pure Care Support Leicester** 

Leicester

Tel: 0116 254 9450 OP D PD LDA MH SI YA

Web: www.purehomecare.co.uk

**Purple Care** 

Hinckley

Tel: 01455 886406 OP D PD LDA MH YA

**Purple Heart Health Care** 

Leicester

**OP D LDA MH YA** Tel: 0116 348 3124

Web: www.purplehearthealthcare.co.uk

**Qualitywatch Care Services Ltd** 

Leicester

**DPD LDA MH SI AD** 

OP

Raageh Care Ltd - 91 Crafton Street

Leicester

Tel: 0116 478 6999 OP D PD LDA MH SI YA AD

Web: www.raagehcareltd.co.uk

Radfield Home Care Loughborough, **Charnwood & Melton Mowbray** 

Loughborough

**OP D PD SI YA** Tel: 01509 426 037

Web: www.radfieldhomecare.co.uk Advert page 30

Radfield Home Care Stamford, Peterborough & Rutland

Stamford

**OP D PD MH SI YA** Tel: 01780 755722

Web: www.radfieldhomecare.co.uk

Rehoboth Health and Home Care Ltd

Leicester

OP D PD LDA SI YA AD Tel: 07799 194858

Web: www.rehobothcare.co.uk

Reign Supreme Care Services Ltd – Leicester

Leicester

Tel: 0116 268 1341 OP D PD LDA SI YA AD

Web: www.reignsupremecare.co.uk

**Reliance Community Care Ltd** 

Leicester

OP D PD LDA MH SI YA AD Tel: 07891 778646

Web: www.reliancecommunitycare.com

**Revive Care Ltd** 

Leicester

Tel: 07402 897642 LDA

Web: www.revive-care-limited.co.uk

**RHS24 Care Registered Office** 

Leicester

OP YA Tel: 0116 319 5972

Web: www.rehoboth24.co.uk

**Richmore Care Services** 

Leicester

**OP D PD LDA MH SI YA** Tel: 0116 403 0070

Right at Home Loughborough

Loughborough Advert page 32

OP D PD LDA MH YA Tel: 01509 279360

Web: www.rightathome.co.uk/loughborough

**Rising Care Services Ltd** 

Leicester

Tel: 07584 221697 OP D PD LDA MH SI YA AD

Web: www.risingcareservices.co.uk

Roseleigh Day Care

Hinckley

Tel: 07909 795950 OP PD LDA MH SI YA

Web: www.roseleighdaycare.co.uk

RT-Care Solution Ltd – Main Office

Leicester

OP D PD LDA MH SI YA Tel: 07863 667722

Web: www.rtcaresolution.com

**Rutland Cottages** 

Oakham Advert pages 52 & 53

Tel: 01572 722350

Web: www.prime-life.co.uk

**Rutland House** 

Louahborouah

OP D PD SI YA Tel: 07888 827656

Web: www.rosecarolinecare.co.uk

**Rutland House Community Trust** 

Oakham

OP D PD LDA SI YA Tel: 01572 771001

Web: www.rutlandhousecommunitytrust.co.uk

Saint Care Agency

Leicester

PD LDA MH SI YA Tel: 07736 636098

Web: www.saintscareltd.co.uk

**Salus Care Group** 

Leicester

**OP D PD YA** Tel: 01455 817444

**Select Care Services Ltd** - 109 Coleman Road

Leicester

OP D PD LDA MH SI YA Tel: 0116 276 1111

Web: www.selectcareservices.co.uk

**Sensitive Care Solutions Ltd** 

Leicester

**OP D LDA MH YA** Tel: 0116 296 3830

Web: www.dreproperties.co.uk

**Serenity Inmind** 

Leicester

**OP PD LDA MH SI YA** Tel: 07841 989614

Web: www.serenityinmind.co.uk

Seven Steps Healthcare Ltd – Leicester

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 319 1600

**Shalom Home Care Ltd** 

Leicester

Tel: 0116 276 5935 OP D PD LDA MH SI YA

Web: www.shalomhomecare.co.uk

**Shepshed Carers Ltd** 

Loughborough Advert page 32

Tel: 01509 505243 **OP D PD LDA MH SI AD** 

Web: www.shepshedcarers.co.uk

**Smith Crescent Supported Living Service** 

Coalville

Tel: 01530 815887 PD LDA MH SI YA

Web: www.leics.gov.uk

**Snowdrop Homecare Rutland Ltd** 

Oakham

Tel: 01572 756707 OP D PD SI YA

Web: www.snowdrophomecarerutland.co.uk

Sova Healthcare – Leicester

Leicester

Tel: 0116 270 9807 **OP D PD LDA MH SI YA** 

Web: www.sovahealthcare.co.uk

**Spirit Home Care** 

Leicester

Tel: 0116 266 0099 OP D PD LDA MH SI YA

Web: www.spirithomecare.co.uk

**Springfield** 

Ashby-de-la-Zouch

Tel: 07736 822253 OP D PD SI YA

Stables Mauricare Ltd, The

Leicester

Tel: 0116 225 1632 **OP D PD LDA MH SI YA AD** 

Web: www.mauricare.com

**Stibbe Lofts** 

Leicester

Tel: 0116 221 5463 LDA MH SI YA

**Storm Homecare Ltd** 

Leicester

Tel: 0116 253 8601 **OP D PD LDA MH SI YA** 

**Support & Connections Office** 

Melton Mowbray

Tel: 01664 424044 OP PD LDA MH YA

Web: www.supportandconnections.co.uk

**SureCare Charnwood and Rushcliffe** 

Loughborough

Tel: 01509 260001 **OP D PD LDA SI YA** 

Web: www.surecare.co.uk/charnwood/

**SureCare Leicester** 

Leicester

Tel: 0116 296 1432 **OP D PD LDA SI YA** 

Web: www.surecare.co.uk/leicester

**Swan Care Group Ltd** 

Leicester

Tel: 0116 456 7108 **OP PD YA** 

**Sycamore Court** 

Leicester

Tel: 0116 478 7516 **OP LDA MH YA** 

Web: www.sanctuary-supported-living.co.uk

**Tailormade Healthcare** 

Leicester

Tel: 0116 216 0286 **OP D PD LDA MH SI YA** 

Web: www.tailormadehealthcare.co.uk

TLR Health Care Services Ltd – 180 Surrey Street

Leicester

Tel: 0116 216 6362 **OP D PD LDA MH YA** 

**TML Care Solutions Ltd** 

Market Harborough

Tel: 01858 432751 **OP MH YA** 

Web: www.tmlcare.co.uk

**Trinity Independent Care Ltd** 

Leicester

Tel: 07568 168240 OP D PD MH SI YA

Tsuri Care, The

Hinckley

Tel: 07958 278997 **OP D PD LDA MH YA** 

Web: www.thetsuricare.com

**UK Care Staffing** 

Leicester

Tel: 0116 251 7959 **OP D PD LDA MH YA** 

Web: www.carestaffing.co.uk

**UK Care Team Ltd** 

Leicester

Tel: 0116 444 3333 **OP D PD LDA MH SI YA** 

Web: www.ukcareteam.com

**UK Instant Services Ltd – Leicester** 

Leicester

Tel· 0330 113 8011 **OP PD LDA MH YA** 

Web: www.instanthealthcareuk.co.uk

**UK Top Care Ltd** 

Leicester

Tel: 0116 233 0092 OP D PD LDA MH SI YA

**Universal Care Services Hinckley** 

Hinckley

Tel: 0247 637 1197 **OP D PD LDA MH SI YA** 

Web: www.universalcareservices.co.uk

**Vale Care Ltd** 

Melton Mowbray

OP D PD SI YA Tel: 07581 128339

**Wellbeing Homecare Services Ltd** 

Leicester

Tel: 01332 987878 D PD LDA MH SI

**Valland Care and Support Ltd** 

Leicester

**OP D PD MH SI** Tel: 0116 482 6690

Westminster Homecare Ltd (Leicester)

Leicester

Tel: 0116 276 9056 OP D PD LDA MH SI YA AD

Web: www.whc.uk.com

**Value Based Care** 

**Velvet Glove Care Ltd** 

Leicester

OP D PD MH YA Tel: 07952 747073

**WHM Work Connections Supported Living Office** 

Leicester

Tel: 01509 812004 **OP PD LDA MH SI** 

Web: www.workconnections.co.uk OP D PD SI YA Tel: 01536 201100

**Victory Care Ltd** 

Leicester

Corby

OP D PD LDA MH SI YA Tel: 0116 254 9174

Web: www.victorycare.co.uk

Witlens Ltd

Leicester Advert page 32

Tel: 01164 973936 OP D PD LDA MH SI YA

Web: www.witlens.co.uk

**Village Homecare** 

Leicester

OP D PD LDA MH SI YA AD Tel: 01455 290257

Woodleigh Healthcare (Leicester Branch)

Leicester

**OP D PD LDA MH SI YA** Tel: 0116 243 6199

**Vintage Social Care Ltd** 

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 436 2990

Web: www.vintagesocialcareltd.co.uk

**Wyville Home Care Services Ltd** 

Leicester

**OP D PD MH SI YA AD** Tel: 0116 279 5104

Web: www.wyvillehomecare.com

**Vision Homecare Group** 

Leicester

OP D PD LDA MH YA Tel: 0116 451 0099

Web: www.visionhomecare.org

Your Choice Care Ltd - Office

Leicester

**OP D PD LDA MH SI YA** Tel: 0116 296 0194

Voyage (DCA) Leicestershire

Hinckley

**OP PD LDA MH YA** Tel: 01455 615061

Web: www.voyagecare.com

Your Independence Matters Ltd

Leicester

OP D PD LDA MH SI YA AD Tel: 0116 216 6443

**Waterlees Supported Living Service** 

Wigston

Leicester

PD LDA MH SI YA Tel: 0116 305 6753

Web: www.leics.gov.uk

YourLife (Glen Parva)

Leicester

Tel: 0116 247 7533 OP D PD

Web: www.yourlife.co.uk

**Welland Place** 

Market Harborough

D PD MH SI Tel: 01858 412060

Web: www.mha.org.uk

Yourlife (Market Harborough)

Market Harborough

**OP D PD SI** Tel: 01858 433453

Web: www.yourlife.co.uk

**Wellbeing and Support Ltd** 

OP D PD LDA MH SI YA Tel: 0116 236 5220

Web: www.wellbeingandsupport.com

Tel: 01572 720057

Yourlife (Oakham)

Oakham

OP D PD SI

Service **OP** Older people (65+) **D** Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

# Housing options

There is a range of housing options that combine independent living in a home of your own with security of tenure, along with care services arranged according to need.

Schemes may be run by housing associations, the local authority, voluntary organisations or private companies. Properties may be available for rent, mixed tenure or to purchase.

### **Extra Care housing**

Extra Care housing (sometimes called assisted living or retirement living) is similar to sheltered/warden-assisted housing, but with the additional reassurance there are staff on site 24 hours a day, seven days a week in the event of a crisis or urgent need.

Each self-contained flat or bungalow is designed to be user-friendly and will usually have:

- a kitchen, bathroom, bedroom and living room;
- adaptations, such as handrails, a level-access shower and lower worktops for wheelchair users; and
- alarms throughout, to call for help in an emergency.

Many schemes include a range of facilities and activities which are aimed at supporting your health, wellbeing and leisure interests. You can join in as much or as little as you wish. Some larger Extra Care housing schemes may have facilities such as a hairdresser, hobby room, restaurant and health and fitness facilities.

If you live in Leicestershire, you may wish to arrange Extra Care housing privately.

The **Housing Care** website offers comprehensive advice about Extra Care schemes, as well as a search function allowing you to locate schemes across the country. Visit **www.housingcare.org** 

For more information on Extra Care schemes visit **www.leicestershire.gov.uk** (search 'extra care housing').

Alternatively, you may prefer to seek assistance from your local district or borough council (see page 99 and 100 for contact details).

For residents in Leicester City and Rutland, contact adult social care.

### **Leicester City Council**

Tel: **0116 454 1004** 

Email: contact-response@leicester.gov.uk
Web: www.leicester.gov.uk/health-and-social-care/adult-social-care

### **Rutland County Council**

Tel: **01572 758341** 

Email: adultduty@rutland.gov.uk

Web: www.rutland.gov.uk/my-services/health-

and-family/adult-social-care

# Sheltered or warden-assisted housing

Sheltered (or retirement) housing is provided by local council housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site during office hours or visits regularly. Many sheltered housing schemes also have communal lounges,

laundry facilities, lifts, door entry systems and specially adapted facilities.



### **Supported Living**

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters

of self-contained flats on the same site, shared accommodation, and Extra Care housing. The individual, a private landlord, a housing association, a local authority, or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 12).

### **Shared Lives**

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support. If you are interested in becoming a shared lives carer, please refer to the contact details here.

### **Leicester City Council**

Tel: **0116 454 3740** 

Email: sharedlives@leicester.gov.uk

Web: www.leicester.gov.uk (search 'become a

shared lives carer').

### **Leicestershire County Council**

Tel: 0116 305 8133

Email: sharedlives@leics.gov.uk

Web: www.leicestershire.gov.uk (search

'become a shared lives carer').





# Specific care and support needs

### Learning disability and autism

If you, or someone you know, has a learning disability or autistic spectrum disorder, you may be eligible for support from your local council. To access this support, you can request an assessment of your care and support needs. The council may also provide you with information and advice about what support is available in your local community or from other services.

Councils work to make sure people with learning disabilities have:

- access to the healthcare they need and the support they want to live healthy lives;
- support to enter into employment, training or voluntary opportunities;
- the choice to form friendships and relationships within the local community; and
- the confidence to live independently as possible and achieve their potential.

Councils aim to support people to remain living independently in their own homes wherever possible, but if you need to move somewhere with care and support, you might like to consider other housing options, see page 44.

You can also explore **mychoice.leicester.gov.uk** in Leicester, **www.leicestershire.gov.uk/lisd** in Leicestershire or **ris.rutland.gov.uk** in Rutland.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Leicester, Leicestershire and Rutland. Any learning disability providers are denoted with **LDA**.

You may also find the organisations listed here useful.



### **Learning Disability Partnership Boards**

These are groups of people working to improve the lives of people with learning disabilities and those who support them in Leicester, Leicestershire and Rutland. Contact each board individually for more details but usually, visitors are welcome to attend board meetings, held every few months, to share their views and experiences.

### **Leicester City**

Web: **www.leicester.gov.uk** (search 'learning disability partnership board').

#### Leicestershire

Tel: 07712 321554

Email: Claire.Summerfield@leics.gov.uk

Web: www.betterlives.org.uk

#### **Rutland**

Tel: 01572 722577

Email: enquiries@rutland.gov.uk

Web: www.rutlandpartnershipboard4u.net

#### **Leicestershire Autistic Society**

A voluntary organisation providing support, information and advice to families and professionals supporting people with Autism in Leicester, Leicestershire and Rutland.

Tel: **0116 291 6958** 

Email: leicestershireautisticsociety@gmail.com Web: www.leicestershireautisticsociety.org.uk

### Leicestershire Down's Syndrome Group

This group is associated with the national charity the Down's Syndrome Association and works to provide a far-reaching support and advice network to families across Leicestershire.

Tel: 07595 821127

Email: info@leicesterdownsgroup.co.uk Web: www.leicesterdownsgroup.co.uk

#### Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.

Tel: **0808 808 1111** 

Email: helpline@mencap.org.uk
Web: www.mencap.org.uk

#### Scope

Offers free, impartial and expert information, advice and support to disabled people and their families.

Tel: **0808 800 3333** (Monday to Friday, 9.00am to 6.00pm; and Saturday to Sunday, 10.00am to 6.00pm).

Email: helpline@scope.org.uk Web: www.scope.org.uk



### Mental health

If you are worried about your mental health, it's important to remember you aren't alone. Lots of people have issues with their mental health and there's help and advice available in Leicester, Leicestershire and Rutland to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the organisations listed here for free help and support.

# Leicestershire Mental Health Advocacy and Information (LAMP)

An independent voluntary organisation promoting good mental health for everyone in Leicester, Leicestershire and Rutland.

Tel: 0116 255 6286

Email: info@lampdirect.org.uk Web: www.lampadvocacy.co.uk

#### **Life Links Richmond Fellowship**

This service covers Blaby, Oadby and Wigston districts and Leicester City.

Tel: 0800 023 4575

Email: Leicestershire.Lifelinks@richmondfellowship.org.uk

Web: www.rflifelinks.co.uk

#### **Mental Health Matters**

This service is for people living in Charnwood, Hinckley and Bosworth, Melton, North West Leicestershire districts and Rutland.

Tel: 0300 323 0189

Email: leicestershire.andrutlandmhm@nhs.net

Web: www.mentalhealthmatters.com

# My Mind Matters (Voluntary Action South Leicestershire (VASL)

This service covers the Harborough district.

Tel: **01858 411383** 

Email: mindmatters@vasl.org.uk

Web:

www.vasl.org.uk/our-projects/my-mind-matters

### **Turning Point**

If you're an adult living in Leicester, Leicestershire or Rutland, mental health crisis support is available through a helpline service.

Tel: 0808 800 3302

Email:

Leicestershire.Helpline@turning-point.co.uk



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

Mello@myfamilyourneeds.co.uk



- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Subscribe today

### **Sensory impairments**

If you're worried about your sight and or hearing, you should arrange an appointment with your GP, who will be able to provide advice and guidance or signpost you to local services. Depending on the extent of your sensory loss, your GP may refer you to a specialist.

If you are referred to a sight or hearing specialist, you may be contacted by Vista, a local charity working with children and adults affected by sight loss in Leicester, Leicestershire, and Rutland. Vista maintain a register of people who are blind or deafblind and can discuss the resources available to support you, including:

- assessment and rehabilitation;
- deafblind reablement;
- transcription services;
- sensory impairment awareness training;
- primary school health care programme; and
- digital vision services.

Alternatively, if you or someone you know is starting to experience sensory loss, Vista's staff can provide you with information and support to help you maintain a fulfilled life.

### Vista

Tel: **0116 249 8839** 

Email: info@vistablind.org.uk
Web: www.vistablind.org.uk

Equipment to support you with everyday tasks
If you're having difficulties because of your
impairment, there's a wide range of equipment,
technology and gadgets you can get such as alarms,
sensors, adapted telephones, television loops and
grab rails. See page 8 for more information.

You can search for other local sensory services by exploring **mychoice.leicester.gov.uk** in Leicester, **www.leicestershire.gov.uk/lisd** in Leicestershire or ris.rutland.gov.uk in Rutland. You could also contact the organisations listed below.

#### Sense

Offers free and impartial information about complex sensory and communication needs, including deaf blindness.

Tel: **0300 330 9256** (including text relay).

Email: info@sense.org.uk
Web: www.sense.org.uk

### **Signing Network**

Organises weekly sessions for deaf people in Leicester, Leicestershire and Rutland. The group also offers a general information service, free letter translation and social activities.

12 Frog Island, Leicester LE3 5AG

Tel: **0116 253 2571** 

Web: www.signingnetwork.org.uk

You can also contact your local council for a care and support assessment if you have additional needs, see page 15 for contact details.

## **Advocacy**

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times.

If you have substantial difficulty in understanding and making decisions about your care and support and you don't have an appropriate person to speak on your behalf, your local council may arrange for a free independent, advocacy service if you meet certain criteria. If you don't meet these criteria, you can arrange to have an advocate at your own cost.

You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care or support.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own fully informed decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them, provided you meet the criteria set out in this section.

pages 97 and 100 respectively. Contact them and explain your circumstances as best as you can.

### Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean you can convey your wishes if you want to, including where you would like to die. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

The 'Dying Matters' website has lots of information helping you to talk about this sensitive subject with your family. Visit **www.dyingmatters.org** 

When choosing a care service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

It is also important to know all health and social care staff must be trained in communication regarding end of life care and will be trained in assessing the needs of individuals and carers.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

### Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Things to consider are included on 'How to arrange a funeral', a webpage created by Hospice UK. Visit www.hospiceuk.org/information-and-support/i-need-support-bereavement/how-arrange-funeral

You do not have to instruct a funeral director, but if you do, ensure the director you choose is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

You may be able to get some financial help with funeral expenses, provided you meet certain eligibility criteria set by the Government. For more information, visit www.gov.uk/funeral-payments

See page 103 for details of organisations who may be able to help you plan for the end of your life or your funeral.









# Welcome to... the care that you deserve

At your local Barchester care home, you'll find care, support and reassurance for yourself or your loved one. We put residents first, focusing on personalised care and improving well-being, whilst always taking the time to understand what each individual enjoys, with lots of ways to continue the hobbies you love and learn new ones.

Residential care • Dementia care • Respite care Daily life-enriching activities programme • En-suite bedrooms All staff trained in specialist dementia care  $\cdot$  Choice of lounges  $\cdot$  Hair salon

Call to find out how we can support you and your loved one.

For more information about Barchester and your local care homes visit: www.barchester.com

**Chater Lodge** High Street, Stamford, PE9 3TJ 01780 778 176

**Tixover House** Tixover Grange, Rutland, PE9 3QN

01780 778 177



If you are considering a care home, see the checklist on page 51.

See page 59 for more information on paying for care homes in Leicestershire.



Two beautiful, boutique style residential care homes located in Stoneygate, Leicester and the Leicestershire market town of Ashby-de-la-Zouch. Our kind friendly staff are here to help you maintain your dignity and independence and support you to enjoy your life. We arrange activities and entertainment as well as enjoy our own surroundings - including our beautifully landscaped gardens.



### **Leaholme Residential Home**

8 Springfield Road, Stoneygate, LE2 3BA

Please call now to book a visit

0116 270 2665

### **Westwood House Residential Home**

35 Tamworth Road, Ashby-de-la-Zouch, **LE65 2PW** 

Please call now to book a visit

01530 415959





www.yourhealthgroup.co.uk



Home 1	é amis, i amis
Home 2	<u>£</u> <u>£</u>
Home 3	
We suggest that you take paper with you when visiting download and print this checklist at <b>www.carechoices</b>	
Staff	Personal preferences
What is the minimum number of staff that are available at any time?	Is the home too hot/cold? Can you control the heating in your room?
Are staff respectful, friendly and polite?	Is the décor to your taste?
Do staff have formal training?	Are there restricted visiting hours?
Are the staff engaging with residents?	Is there somewhere you can go to be alone?
Activities	Does the home feel welcoming?
Can you get involved in activities you enjoy?	Catering
Is there an activities co-ordinator?	Can the home cater for any dietary
Does the home organise any outings?	requirements you may have?
Are residents escorted to appointments?	Does the menu change regularly?
Do the residents seem entertained?	Can you eat when you like, even at night?
Does the home have a varied	Can you have food in your room?
activities schedule?	Is there a choice of food at mealtimes?
Life in the home	Is alcohol available/allowed if you want it?
Is the home adapted to suit your needs?	Can visitors join you for meals?
Can you bring your own furniture?	
Are there enough plug sockets in the rooms?	<b>Fees</b> Do your fees cover all of the services
Are there restrictions on going out?	and activities?
Is there public transport nearby?	Are fees likely to change regularly?
Does the home provide any transport?	Is the notice period for cancellation of
Can you make/receive calls privately?	the contract reasonable?
Can you decide when to get up and go to bed?	Could you have a trial period?  Can you keep your room if you go
Does the home allow pets?	into hospital?
Does the home use Digital Care Planning accessible to families?	Can you handle your own money?  *See page 63



# Enjoy life at PrimeLife

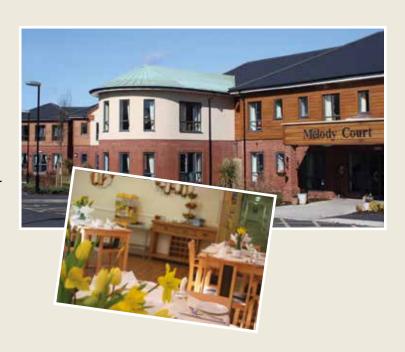
At PrimeLife, we specialise in providing a high quality standard of living tailored to our clients' individual needs. We ensure that our client's respect, dignity and right of choice are at the heart of everything we do. We offer comfortable, homely and safe living in a friendly and social environment, ensuring all of our clients enjoy life with PrimeLife.

# **Peaker Park Care Village**

In Market Harborough, comprises 3 separate facilities

Melody Court offers spacious en-suite accommodation for both Residential and Nursing Clients, whose needs are associated with age, frailty, dementia and/or a physical disability.

Mulroy House & Fiddlers Corner each 24 beds, offer single room studio en-suite apartments for Residential and Nursing clients whose needs are associated with age, frailty and/or a physical disability.



# **The Rutland Care Village**

Rutland Care Village is a National Health Care Design Award winning complex in Oakham, offering a wide range of services to clients whose needs are associated with old age, frailty and dementia, with a specialist nursing service available to clients with complex medical conditions. In addition to our 4 high quality care centres, the Village also offers 24 one and two bedroomed cottages for clients who wish to retain independence over the majority of their daily lives, and a 20 person Day Centre for clients needing social stimulus and interaction.

For more details please contact **Katie Tipper on (0116) 270 5678**121 Knighton Church Road, Leicester LE2 3JN

www.prime-life.co.uk | email: katietipper@prime-life.co.uk



# PrimeLife

# **Charnwood Oaks**

Charnwood Oaks is a design award winning, purpose built, 84-bed nursing home, for clients whose needs are associated with old age and dementia, offering all spacious, en-suite room accommodation, just a short walk away from the busy town centre of Shepshed.

# Homes in your area.....

- 50 Stoneygate Road
- Old Station Close
- Acorn Close
- Stoneygate Ashlands
- Braunstone Firlands
- Brockshill Woodlands

- Charnwood Oaks
- Island Place
- Stoneygate Oaklands
- White Acres
- St. Georges

- Clarendon Beechlands
- ◆ Holmes House & Holmes Court
   ◆ The Rutland Care Village & **Brambles Social Club** 
  - Peaker Park Care Village
  - Barons Park
  - Lutterworth Country House

### A Choice of 3 First Class 'Person Centred' Care Packages.....

# **Residential/Nursing/Continuing Healthcare**

A full package of care/support needs, provided 24 hours a day, 7 days a week.

# **Respite Care**

A short break or a well deserved rest.

# Day Care

Enjoy a morning, an afternoon or a complete day with us.

If you are receiving direct payments or a personal budget from Social Services, PrimeLife are happy to help in any way they can.

Whatever your choice, PrimeLife treat every client as an individual. Our care packages are carefully tailored to meet your personal needs and wishes of each and every PrimeLife client. Why not create a 'home from home' and bring your own furniture and even your own pets if you wish. Our care staff are fully trained and carefully selected for their warm and friendly manner. We offer a varied and nutritious daily menu, full laundry service and a fabulous social programme consisting of regular outings and events within our care home.

For more details please contact Katie Tipper on (0116) 270 5678 121 Knighton Church Road, Leicester LE2 3JN

www.prime-life.co.uk | email: katietipper@prime-life.co.uk



**Spencefield Grange & Meadow's Court** 

Luxury Residential Care Homes offering the highest standards of care, bespoke care packages and Dementia Friendly environments.

Our Services: Long & Short stays, Respite stay & personalised care packages

Enquire to see why 'Our Home Is Your Home'

**Spencefield Grange** Davenport Rd

Evington, Leicester, LE5 6SD

T: 0116 2418118

**Meadow's Court** Old Church Street Old Aylestone, Leicester, LE2 8ND

Kirklands Healthcare Ltd

T: 0116 2248888

Tast Midlands

Member of:

or email enquiries@kirklandscare.co.uk www.kirklandscaregroup.co.uk

# Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC). The CQC inspects every care home and home care agency, publishing a report along with a quality rating.

CQC quality ratings must be displayed at the operator's premises and on its website.

You can also find inspection reports and ratings for all services on the CQC's website (**www.cqc.org.uk**).

### Types of care home

It may have been suggested that you need to move into a residential care home, because of an accident or an increase in your need for daily support, but this may not necessarily be the right decision. You should explore the other housing options available to you, seek advice, and make the right decision for you. See the information beginning on page 44 for alternative housing options to residential care.

### Care homes without nursing

If you are finding it increasingly difficult to manage at home or in the community and need greater security and care, a care home may be the best option. Care homes can help you with maintaining or developing your independence, being part of the community and doing meaningful activities that you enjoy. Care homes can also assist you with bathing, dressing, moving, eating and drinking.

It is a good idea to have a care and support assessment from adult social care before you choose a care home to ensure it is the best way to meet your needs, see page 15 for more information about assessments.

#### Care homes with nursing

A care home with nursing provides the same care and support as a care home but with 24-hour nursing staff on hand. You will need to be assessed by adult social care or Health to determine your eligibility and needs. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social care worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly, the current amount is £187.60 per week. This figure may change over the lifetime of this Directory, please use it as a guideline only.

For help with finding care homes and care homes with nursing in your area, visit this Directory's website at **www.carechoices.co.uk** 

### **Activities in care homes**

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class. Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and

maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure all staff appreciate the part they play in delivering high-quality activity provision. Ensure you speak to any potential care providers about the activities they provide in their care home before making any final decisions.



# Exceptional Excellence

www.3abcare.co.uk

# Your first choice for Nursing, Residential, Respite and Dementia Care in Leicester & Leicestershire

### We offer...

- Fully inclusive person centred care 24 hours a day.
- Newly refurbished rooms and lounge areas, homely designed with our residents in mind.
- Single rooms, with en-suites available with great garden views. All rooms may be personalised.
- Exceptional care by highly trained Carers at all the Homes, with Nursing care 24/7 at Harley House and The Willows Care Home.
- Full time Activities Coordinators at all sites, providing group entertainment and one to one activities for residents.
- Beautiful landscaped garden and patio areas, for residents to walk and relax in.







Trusted family run business with more than 40 years' experience providing the very best level of care for all

### **Harley House**

10-12 Elms Road, Leicester LE2 3JE

0116 270 3672

harleyhousecarehome@hotmail.co.ul

### The Willows

14-16 The Lant, Shepshed, Loughborough LE12 9PD

01509 650669

the.willows@3abcare.co.uk

### **Brook House**

15 Bell Lane, Husbands Bosworth, Lutterworth | F17 6| A

01858 880247

brookhouse@3abcare.co.uk

### Care homes and people with dementia

Care homes and care homes with nursing are regulated by the Care Quality Commission and all can say they support people living with dementia. However, there are ways they can demonstrate a focus on dementia care, have training in supporting people with dementia and make their home dementia friendly.

Some newer, purpose-built homes have family-sized units or gardens you can explore. Some homes will have cabinets outside of your room, containing your personal items enabling you to recognise your room. Some homes have rummage boxes filled with items to look through, some may be period items, these can be useful for reminiscing.

When looking at a care home, it's important to consider what activities are provided. Meaningful daily activity can really help you to engage and have a good quality of life. There should also be group activities you can choose to be involved in – such as music, dance and exercise. The options are endless and should be developed with you, and other residents in mind. A good care home or care home with nursing will support you to make

your own daily decisions. This may be as simple as choosing what you'd like to eat or wear that day or helping you to perform day-to-day tasks, like laying the table, folding the washing or gardening. This is relationship-centred care with person-centred outcomes – these simple approaches to daily living can help you to maintain control over your life.

Most people will want to be fully involved in your life if you move into a care home. A good home will ensure that your carer and close family are involved as much as possible in your care. If your carer feels that the home is not involving them as much as they would like, they should speak to the manager, who should value their input and knowledge of your condition and should see them as a partner in your care and support.





# The Best in Care

Avery Healthcare offers a safe and supportive environment where residents can flourish, make new friends, maintain contact with their local communities and live a life of possibility.

- · Residential, respite and dementia care
- Nutritionally balanced seasonal menus
- · Spacious, beautifully decorated bedrooms
  - · Safe visits for family and friends
- Stimulating schedule of daily activities and entertainment
  - Highly trained staff teams

### Hinckley House

Hinckley 0116 4042025

#### South Lodge

Leicester 0116 4042026

averyhealthcare.co.uk







Home 1			ality rating*
Home 2		<u>£</u>	
Home 3			
	the care homes o	g care homes so that you can make notes thecklist on page 51. You can download a	
Design		Health	
Are there clear signs throughout the home?		Can residents get help with eating and drinking?	
Has the home been designed or adapted for people with dementia?		How often does the home review residents' medication?	
Are the home and grounds secure?  Are there prompts outside the residents' rooms to help people identify their own?		Does the home offer help if a resident needs assistance taking medication?  Do GPs visit the home regularly?	
Is the décor familiar to your loved one?		Staff	
Choices		Are staff trained to identify when a resident might be unwell?	
Do residents get a choice in terms of what they wear each day?		Are staff trained to spot when someone	e
Are residents encouraged to be independent?		needs to go to the toilet?  Do the staff have any dementia-specifit training (ayperiance)?	c
Can residents decide what to do each day?		training/experience? Will your loved one have a member	
Can residents have a say in the décor of their room?		of staff specifically responsible for their care?	
Activities		Approach to care	
Are residents able to join in with household tasks like folding washing?		Does the home follow a specific approach to dementia therapy, for example, validation therapy?	
Are there activities on each day?		Will the home keep you informed	
Can residents walk around outside on their own?		about changes to your loved one's care  Does the home have a specific	?
Are residents sitting in front of the TV or are they active and engaged?		approach to end of life care?	
Are there rummage boxes around?		Does the home keep up to date with best practice in dementia care?	

<sup>\*</sup>See page 63.

# Paying for care

When a local authority provides or arranges your care services, you may be asked to contribute

towards the cost of care at home or in a care home, depending on your personal circumstances.

### Financial assessment for permanent residential care

The financial assessment looks at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home. If you choose not to have a financial assessment, you will be responsible for arranging and paying the full cost of your care and support in a care home.

If you have capital and savings of less than £14,250, this is not taken into account in the assessment but you may be asked to make a contribution from your income and the local authority will help to meet the cost of your placement, up to the authority's standard rates.

If you have capital and savings between £14,250 and £23,250, you are likely to have to contribute more

towards the cost of your care. If your capital and savings amount to more than £23,250, you will usually pay the full cost of your care yourself. However, some savings are not considered, you are still entitled to an assessment of your needs by your local council and you may be able to get some support with funding your care, see page 60.

These figures may change during the lifetime of this Directory.

If you are eligible for support from your local council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount your local council would usually pay for someone with your needs. If the home you choose charges a fee more than the local authority's funding limit, you will usually need to find someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 60).

# **Running out of money**

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let your local council know well in advance. It must undertake an assessment of your circumstances before deciding if it will help with the cost of your placement.

If you become eligible for council support with funding your care, and the home you are living in charges more than your local council's normal funding limit, you will usually need to find someone to help pay the difference. This is known as a 'top-up' or 'third party payment', see page 60 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level. Understanding your rights before moving into care

is essential. There are several financial products and specialist companies which may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 61 for more information.



### Non-means-tested support

Some support may be available to you without your local council needing to assess your finances.

#### **Benefits**

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on your needs. Everyone who needs care should consider claiming these benefits. However, these benefits or part of the benefits will not be paid if you are, or become, a permanent resident in a care home with funding assistance from the local authority.

If you are entitled to the mobility component of Personal Independence Payment or Disability Living Allowance, this payment will not stop once you move into a care home and is not included in your financial assessment, unless your placement in a care home will be funded entirely by NHS Continuing Healthcare.

See page 16 for more information.

You may also want to consider applying for Universal Credit (if you are under state pension age) or Pension Credit (if you are state pension age or over).

### Self-funding your care

Paying for care can be an expensive and longterm commitment, so it is strongly recommended you seek specialist information and advice before entering any arrangements. It is important you seek specialist advice from appropriately qualified and regulated financial advisers, see page 61 for suggested contacts.

### Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, your local council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

### **Deferred Payment Scheme**

After the twelve-week property disregard period, you may be offered a Deferred Payment Scheme. This allows you to delay selling your former home

during your lifetime. Any fees paid by your local council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan. There is also an annual maintenance fee and a one-off fee to join the scheme which covers all legal and administrative costs for the lifetime of the loan.

Your local council will limit the amount of the loan, depending on the available equity in your property or your share of the property.

### **NHS Nursing Care Contribution**

Whether you are a temporary or permanent resident, if you live in a care home which provides nursing care, you may be entitled to a non-meanstested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

# Top-up payments

If you are eligible for council support, you will be offered a choice of homes that meet your local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity to make the payment.

Before anyone agrees to pay your top-up, they should be aware the amount may increase, and they need to be confident that they can sustain the payments for as long as they are required. They will need to sign a contract with your local council to confirm that they are able to do this.

If the additional payments stop being paid for any reason, then you should seek help and advice from your local council.

You may have to move to a home whose charges fall within the local authority's funding levels.

If you are already resident in a care home, and no

top-up was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This may happen if a change to your arrangements is made at your request or with your agreement, for example you move to a more expensive room.

It is important to note that councils have a duty to offer you a place at a home which accepts their funding rates. If no such place is available, a top-up should not be charged.

### Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market.

A list of independent financial advisers who are

accredited by the Society of Later Life Advisers can be found at **www.societyoflaterlifeadvisers.co.uk** or you can call **0333 202 0454**.

Several organisations provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what sort of options are available.

### Age UK

Tel: **0800 678 1602** 

Web: www.ageuk.org.uk/information-advice/

money-legal

**Citizens Advice** 

Web: www.citizensadvice.org.uk

**Money Helper** 

Tel: 0800 138 7777

Web: www.moneyhelper.org.uk

# Important information

# Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 63), indicating the quality of care provided.

→ You can also view an electronic version of this Directory on the site and have it read to you by using

the 'Recite Me' function. Visit the Care Choices website at **www.carechoices.co.uk** 

### How solicitors can help

Getting timely advice and planning for your future can ensure you or your family do not have to make decisions or take actions at a point of crisis.

A solicitor can give you impartial advice about wills, gifts, estate planning and Powers of Attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive so preparing an LPA is always advisable, providing you have somebody

sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and may be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk** 

# Comments, compliments and complaints

You have the right to make comments, compliments or complaints about any care or support services you receive. You should feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

If you want to make a complaint, you should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served.

Making a complaint should not be made difficult for you and should not affect the standard of care you receive whether in your own home or in a care home or care home with nursing. Care services are required to have a simple and easy to use complaints procedure.

If you are concerned about the care you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. If you need to make a formal complaint, you should follow the service's complaints procedure. The service has a duty to respond to any complaints made.

If you have a complaint about a breach of regulations, contact your local office of the

Care Quality Commission (see below for more information about the CQC).

If you're unhappy with the standard of care you, or someone else is getting at home from a care worker or a care home arranged by your local authority, speak to the care worker or manager of the care agency or care home first. If you're not satisfied with their response, speak to your local adult social care department. If you're unhappy about decisions made by adult social care about your care and support, speak to your allocated

social care worker or their manager.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on **0300 061 0614** and ask them to assist you. The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.

# Inspecting and regulating care services



Health and social care services must be registered to show they

meet a set of standards.

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well-led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well, and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

Always check the date of the last inspection as this may be up to two years ago. New homes, although registered with the CQC, may not receive an inspection until they have been open for at least 12 months. If you're concerned about any findings in the report, speak to the manager of the service to see what improvements have been made. It's always good to contact the home to arrange a visit and see if this can be done before making any decisions. If possible, speak to users of the service and/or their family.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next, and what to look out for when it does. If you want to share your experience of care, visit www.cqc.org.uk/share

Tel: **03000 616161** 

Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

Write to: The Care Quality Commission,

Citygate, Gallowgate,

Newcastle upon Tyne NE1 4PA

# **Out-of-county care**

You can choose a care home outside your home county. You may want to be closer to friends, family members or you may want to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. → Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions.

You should seek further advice before making your decision.

For help finding care providers in Leicester, Leicestershire, Rutland and other regions, visit this Directory's website at **www.carechoices.co.uk** to search for care which meets your requirements.

## Protecting adults at risk of abuse

An adult at risk of abuse is a person aged 18 years or over who has care and support needs and is experiencing or is at risk of abuse or neglect. As a result of their needs for care and support, the person is unable to protect themselves from the risk or experience of abuse or neglect.

#### What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical harm or suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, discriminatory, financial or neglect. It could also cover the issues of modern slavery, domestic abuse, self-neglect and organisational abuse – this may range from one-off incidents to ongoing ill-treatment. It can be through neglect or poor professional practice.

### Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user; or
- an occasional visitor or someone who is providing a service.

If you think someone is being abused, call:

- Leicester City Council on 0116 454 1004 (8.00am to 6.00pm, Monday to Friday);
- Leicestershire County Council on **0116 305 0004**(8.30am to 5.00pm, Monday to Thursday; and 8.30am to 4.30pm on Fridays); or
- Rutland County Council on 01572 758341
   (9.00am to 5.00pm, Monday to Thursday; and 9.00am to 4.30pm on Fridays).

Your concerns will be taken seriously and will receive prompt attention, advice and support.

#### Outside these hours:

- call the Emergency Duty team across Leicester, Leicestershire and Rutland on 0116 255 1606;
- leave a message on the answerphone; or
- call the police on **101**, or **999** if it is an emergency.

If the abuse is also a crime such as assault, racial harassment, rape or theft you should involve the police. If the police are involved adult social care will work with them and with you to provide support.

#### You can also:

- contact the Care Quality Commission (CQC) on 03000 616161 if the adult at risk of abuse is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. They have responsibilities under the Leicester, Leicestershire and Rutland Safeguarding Adults Multi Agency Policies and Procedures (MAPP) and can advise you about what to do next.

### The Disclosure and Barring Service (DBS)

There is a system for checking all those intending to

work or working with children and vulnerable adults.

The DBS combines the criminal records checking and barring functions to prevent unsuitable people working with children or adults with care and support needs. For more information, visit www.gov.uk/dbs

Care home owners, home care agencies and employment agencies who supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct which harmed or placed at risk of harm, an adult with care and support needs. People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.

# East Midlands Care



This free publication provides you with a lot of information regarding care homes and their services within Leicester.

Leicestershire and Rutland (LLR), which we welcome and support.

In light of the COVID-19 pandemic, we want to talk about the work we have been involved in to protect the safety and wellbeing of our residents and EMCARE members. Our support with issues experienced by EMCARE care homes is ongoing and has covered some of the following:

- monthly coronavirus testing for residents and weekly for staff working in EMCARE homes;
- reducing time residents spend alone, minimising social isolation and encouraging companionship within the homes, whilst maintaining access to regular activities;
- provision of infection control training to staff working in EMCARE homes and increased infection prevention maintenance, including deep cleaning of both communal and private areas:
- a commitment to wholesome and nutritious meals; and
- supporting the local domiciliary care sector that has experienced an increased demand for its services.

EMCARE has been supporting quality care in

Leicester, Leicestershire and Rutland and is the only care association specifically representing and supporting care home providers in these areas. Its members are registered with the CQC and are from the independent and voluntary sector.

The association has an Executive Board, who meet regularly, have a wealth of knowledge and contribute their vast experience in care to support members, quality care and the local and national industry. The board is voluntary and is elected by its members. Board members are from large and small organisations, the independent and voluntary sector, as well as individual professionals. The board is active and represents its members at a number of meetings with colleagues in the local authorities, health and other key bodies, regionally and nationally, in relation to care fees, care home contracts, compliance, safeguarding, commissioning, workforce and more. EMCARE supports its members by:

- positively promoting the independent long-term care sector, good practice and high standards of care;
- providing members with advance notice of forthcoming changes to policy, legislation and regulatory requirements, and assisting members in the understanding and interpretation of these;
- representation of members views to commissioners, inspectors and other key bodies;
- sharing, exchanging, signposting and providing accessible information, knowledge and advice;

Reablement Care



Sensory Impairment Care

Mental Health Care LANGDALE

— CARE HOMES—

DIGNIFIED CARE, INSPIRED LIVING.

Respite Care Residential & Nursing Care

End of Life Care RESPECT
COMFORT
HAPPINESS
FULFILMENT
EMPATHY
SAFETY
EXCELLENCE

Daycare Services

Physical Disability Care

Dementia Care



# LIFE'S JOURNEY, ENHANCED IN OUR HOMES.

# Join our family today!

As we watch seasons of life go by, we see new beginnings, a life full of blossom, colour and adventure, the buzz of life at its peak and the gratefulness of life as it matures into strength and solidarity. A strength that weathers all storms and eventually, with huge wisdom and benefit to all around, finally becomes a free spirit that embodies its beautiful surrounding to live for an eternity.





SCAN ME



Visit our website for more information www.langdalecarehomes.co.uk

- presentations by invited speakers on current topics at our regular meetings;
- helping members understand the implications of local contracts, eligibility criteria and funding;
- impartial and practical support and advice on the differing issues providers face daily and in times of difficulty;
- informing members of grant funding and newly available initiatives:
- special members' rates from partnership suppliers for services and products; and
- free initial telephone advice from our legal advisors on employment, commercial and regulatory issues.

EMCARE is currently leading the Care Home Trusted Assessor project alongside University Hospitals of Leicester (UHL), working with and assisting Leicestershire County Council, UHL and care homes in the county to support and facilitate effective, timely and safe re-admissions and new admissions to care homes in the county.

EMCARE has been running for over 30 years, celebrating and supporting quality care in Leicester, Leicestershire and Rutland. In addition, EMCARE holds regular meetings for its members and

organises a successful annual conference, which has been running for over 20 years.

EMCARE is an affiliated member of Care England and works in partnership with other key agencies and organisations, where possible, such as the Care Association Alliance (CAA), Registered Nursing Homes Association (RNHA) and National Care Forum (NCF).

Due to the importance of the role EMCARE plays, the association believes it is crucial for all providers to develop a collective voice to share their knowledge and it is keen to encourage membership from all care providers in Leicester, Leicestershire and Rutland.

For further information regarding **EMCARE**, its initiatives and membership benefits, please visit **www.emcare.org.uk** or contact the Chairman, **Harj Nanuwa** or the Membership Secretary on **0116 348 8146** or email at **admin@emcare.org.uk** 





For care homes.
For Living

# Your local Bupa care homes in Leicester.

Whether you need to find a care home now or are just starting to look into the options, we can support you and your loved one.

Our teams are trained to care for our residents' individual needs. You're welcome to come and say hello and the teams will be happy to show you around.

Call us for advice or to arrange a visit

### 0808 296 2411

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. Calls are charged at no more than local rate and count towards any inclusive minutes from mobiles. We may record or monitor our calls.





**Ashby Court Care Home** 

- ✓ Residential ✓ Nursing
- ✓ Short stay ✓ Dementia



**Aylesham Court Care Home** 

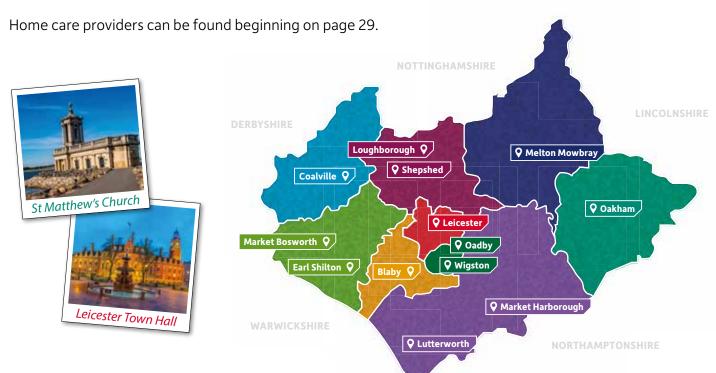
- ✓ Residential ✓ Nursing
- ✓ Short stay

Q119540 OCT19 CS 014

68

# Residential care in Leicester, Leicestershire and Rutland

This Directory is divided into the geographical areas listed on this map.



Blaby		Hinckley and Bosworth		North West Leicestershire	
Care homes	71	Care homes	79	Care homes	91
Care homes with nursing	73	Care homes with nursing	80	Care homes with nursing	93
Charnwood		Leicester City		Oadby and Wigston	
Care homes	73	Care homes	80	Care homes	93
Care homes with nursing	77	Care homes with nursing	89	Care homes with nursing	95
Harborough		Melton		Rutland	
Care homes	77	Care homes	91	Care homes	95
Care homes with nursing	78	Care homes with nursing	91	Care homes with nursing	96







Cherrytree is a family-run and owned care home situated in the quiet village of Countesthorpe. We offer affordable highquality residential, dementia and respite care.

Our friendly and qualified team focus on ensuring every individual's needs are continually met by using tailored care plans. To help lead an enriched life, our dedicated activities team host engaging social programmes as well as regular visits from loved ones.



Cinema room



Hair Dressing



**En-suite bedrooms** 



Flexible & protected mealtimes



Library Room



Housekeeping Service



Nurse call system



Community Engagement **Programme** 

# This home is outstanding."

- K H (Relative)









Book a Viewing Today call: 0116 277 7960 • 07900 99 77 24

Alexandra House – Leicester Places: 17 **Livesey Lodge Care Home** Places: 24 1 Narborough Road, Huncote, Leicester LE9 3AW Livesey Drive, Sapcote, Leicester LE9 4LP **OP D PD MH SI** Tel: 0116 275 3669 Tel: 01455 273536 OP D **Portland House Applegarth** Places: 6 Places: 19 1 Rutland Close, 117 Hinckley Road, Portland Road, Kirby Muxloe, Leicester LE9 2EH Leicester Forest East, Leicester LE3 3PW OP D MH YA Tel: 0116 239 3056 OP D PD LDA MH SI YA Tel: 0116 249 8861 **Tavey House** Places: 12 Web: vistablind.org.uk 4 Grove Road, Whetstone, Leicester LE8 6LN OP D MH YA **Chataway Care Home** Places: 14 Tel: 0116 284 8606 Web: www.taveyhouse.co.uk 4 East Avenue, Whetstone, Leicester LE8 6|G **OP PD YA** Tel: 0116 284 8306 Ty Gwyn Residential Care Home Places: 12 2 Hall Walk, Enderby, Leicester LE19 4AH **Cherrytree Residential Home** Places: 40 **OP LDA** Tel: 0116 286 4271 123 Station Road, Countesthorpe. Web: www.suncarehomes.com/index.php?node=ty-Leicester LE8 5TD Advert page 70 Tel: 0116 277 7960 **OP PD MH YA** gwyn-residential-home Web: www.karahealthcare.com **Waring Close** Places: 16 1-3 Waring Close, Glenfield, Leicester LE3 8PZ **Enderby Grange** Places: 40 Tel: 0116 287 8330 LDA Sparsis Gardens, Narborough LE19 2BQ OP D PD MH Web: www.macintyrecharity.org Tel: 0116 275 2555 Web: www.ala-care.co.uk **West View Care Home** Places: 19 136 Leicester Road, Glen Parva, Leicester LE2 9HG **Famille House** Places: 16 **OP D LDA MH** Tel: 0116 277 3896 4 Station Road, Kirby Muxloe, Leicester LE9 2EJ LDA Web: www.midlandscare.co.uk Tel: 0116 239 4012 Web: www.pathwayscaregroup.co.uk **Whetstone Grange** Places: 38 148 Enderby Road, Whetstone, Leicester LE8 6]] Places: 6 **Heathcotes (Glenfield)** Tel: 0116 247 7876 OP D PD MH 20 Groby Road, Glenfield, Leicester LE3 8GJ Web: www.alacare.co.uk PD LDA MH SI YA Tel: 0116 287 7837 Web: www.heathcotes.net **Willow House** Places: 6 22 Tredington Road, Glenfield, Leicester LE3 8EP **Heathcotes (Kirby Muxloe)** Places: 7 6 Barry Drive, Kirby Muxloe, Leicester LE9 2HG Tel: 0116 232 1971 LDA YA Web: www.kingscarehomes.co.uk Tel: 0116 224 5971 LDA MH Web: www.heathcotes.net Places: 38 Woodheyes 231 Hinckley Road, Leicester Forest East, Kathleen Rutland Home, The Places: 44 Leicester LE3 3PH 117 Hinckley Road, Leicester Forest East, OP D SI Leicester LE3 3PF Tel: 0116 238 7371 Tel: 0116 239 4234 OP D PD LDA MH SI YA Web: www.woodheyes.co.uk Web: www.vistablind.org.uk Places: 32 **Woodway House Kirby House** Places: 41 11 Enderby Road, Blaby, Leicester LE8 4GD Kirby Lane, Kirby Muxloe, Leicester LE9 2JG **OP D YA** Tel: 0116 277 3890 Advert page 69 OP D PD MH SI YA Tel: 0116 239 4286 Web: www.woodwayhouse.co.uk

SI Sensory impairment YA Younger adults

PD Physical disability LDA Learning disability, autism

AD People who misuse alcohol or drugs

OP Older people (65+) D Dementia

Service

**User Bands** MH Mental health



# **Luxury Care Homes In Leicestershire**

A home is more than just bricks and mortar, it is a place you feel safe, well cared for and relaxed.

# Feel part of a community ...

With exceptional standards of 24 hour residential and dementia care with an inclusive fee offer, Ideal Carehomes makes a real difference to the lives of our residents, assisting them to remain independent and ensuring they enjoy an active lifestyle with likeminded people.

# Expect more ...

- ✓ Purpose built homes with spacious, en-suite bedrooms and plenty of social areas
- ✓ Inclusive fees for complete peace of mind
- ✓ Full and varied daily programme of activities
- ✓ Nutritious food, daily laundry and housekeeping



Beaumont Hall
Beaumont Leys LE4 2BD
0116 232 3291



Mountview
Rothley LE7 7NL
0116 303 3303



Woodthorpe Lodge Loughborough LE11 2ER 01509 274 027









### Blaby care homes with nursing

See page 74 for the **Service User Bands** key

Advertisers are highlighted

**Aylesham Court Bupa Care Home** 

195 Hinckley Road, Leicester Forest East,

Leicester LE3 3PH

**Barons Park Care** 

**OP PD YA** Tel: 0116 298 5550 Advert page 68

Web: www.bupa.co.uk

Places: 60

Places: 46

Desford Lane, Kirby Muxloe,

Leicester LE9 2BE

**OP D MH YA** Tel: 0116 238 7337

Web: www.prime-life.co.uk Advert pages 52 & 53 Langdale House Ltd Places: 31

6 Church Street, Sapcote,

Leicester LE9 4FG Advert pages 66 & 67 **OP D PD MH SI YA** Tel: 01455 274544

Web: www.langdalecarehomes.co.uk

See page 59 for more information on paying for care homes in Leicester, Leicestershire and Rutland.

### Charnwood care homes

**Abbeyfield Loughborough Society** Places: 31 42-44 Westfield Drive, Loughborough LE11 3QL

Tel: 01509 266605 OP D YA

Web: www.abbeyfieldloughborough.ik.com

**Acorn Close** Places: 23

2 Cotton Mill Crescent, Shepshed LE12 9DR

**PD LDA MH YA** Tel: 01509 504279

Web: www.prime-life.co.uk Advert pages 52 & 53

**Ash Tree** Places: 6

81 Leicester Road, Shepshed, Loughborough LE12 9DF **OP D LDA** Tel: 01509 650169

Places: 20 Ayeesha-Raj Care Home

86 Loughborough Road,

Mountsorrel, Loughborough LE12 7AU

Tel: 01509 413667 **PD LDA MH** 

**Barkby Road** Places: 7

220 Barkby Road, Syston, Leicester LE7 2AJ

Tel: 0116 260 5088 LDA YA

Web: www.chartwell-care-services-ltd-residential-

care-home.business.site/

Places: 3 Big House, The

236 Beaumanor Road, Leicester LE4 5QB

**PD LDA SI YA** Tel: 0116 243 6199

Web: www.woodleighhealth.co.uk

**Cedar House Care Home** Places: 45

249 Station Road, Rothley, Leicester LE7 7LD

**OP** Tel: 0116 230 3066

**Cedar Mews** Places: 73

67 Hallam Fields Road, Birstall, Leicester LE4 3LX

**OP D PD YA** Tel: 0116 267 4835

Web: www.cinnamoncc.com/care-homes/cedar-mews

**Charnwood Lodge** Places: 17

Woodhouse Lane, Nanpantan,

Loughborough LE11 3YG

**LDA MH YA** Tel: 01509 890184

Web: www.prioryadultcare.co.uk

**Community Living Project** Places: 9

29 Loughborough Road, Quorn,

Loughborough LE12 8DU

Tel: 01509 620858 LDA

Places: 6 **Croft House** 

138 Leicester Road, Thurcaston LE7 7JJ

**LDAYA** Tel: 0116 236 8666

Web: www.voyagecare.com

Places: 12 **Damascus House** 

517 Loughborough Road, Birstall, Leicester LE4 4BJ

Tel: 0116 267 1173 LDA

Freedom Care Ltd - 362 Park Road Places: 1

362 Park Road, Loughborough LE11 2HN

Tel: 0116 366 9655 **LDA** 

Web: www.freedomcare.org

Freedom Care Ltd – 68 Conway Drive Places: 4

68 Conway Drive, Shepshed LE12 9PP

Tel: 01509 557887 LDA MH YA

Web: www.freedomcare.org

**Garendon Residential Home** Places: 14

50-52 Garendon Road, Loughborough LE11 4QD

Tel: 01509 550468 LDA

Web: www.adonaiholding.com

Gilburn Spaces: 7

53 Ashby Road, Shepshed LE12 9BS

LDA MH YA Tel: 07918 777465

Web: www.dignushealthcare.com

**Glebe Cottage** Places: 3 **King Street** 9 Shelley Street, Loughborough LE11 5LD - Care Home Physical Disabilities Places: 17 **OP LDA YA** Tel: 01509 265528 61/63 King Street, Sileby LE12 7LZ Tel: 01509 817750 **OP PD LDA YA** Web: www.glebehouseproject.org.uk Web: www.leonardcheshire.org Places: 43 **Hadrian House** Garden Street, Thurmaston, Leicester LE4 8DS **Lester Court** Places: 10 OP D PD MH SI YA Tel: 0116 269 4397 2a Storer Road, Loughborough LE11 5EQ Web: www.lccl.eu/en/our-homes/hadrian-house Tel: 01509 230622 PD MH YA Web: www.accomplish-group.co.uk Places: 27 **Highbury Residential Home** 38 Mountsorrel Lane, Sileby, Loughborough LE12 7NF Lingdale Lodge Places: 48 OP D LDA MH YA Tel: 01509 813692 Lingdale, East Goscote LE7 3XW Web: www.carehomes-leicestershire.co.uk Tel: 0116 260 3738 **OP D PD MH** Homefield College - Annex Building Places: 3 **Longcliffe Care Home** Places: 42 217 Loughborough Road, Mountsorrel, 300 Nanpantan Road, Nanpantan, Loughborough LE12 7AR Loughborough LE11 3YE Tel: 01509 815696 LDA Tel: 01509 236256 **OP PD** Web: www.homefieldcollege.ac.uk Web: www.longcliffenursinghome.co.uk **Homefield College Ltd Marwood Residential Home** Places: 24 - 139 Homefield Road Places: 4 57 Ashby Road Central, Shepshed, 139 Homefield Road, Sileby, Loughborough LE12 7TG Loughborough LE12 9BS Tel: 01509 812126 LDA Tel: 01509 600625 **OP PD** Web: www.homefieldcollege.ac.uk Web: www.marwoodresidentialhome.co.uk **Homefield College Ltd** Meadows, The Places: 4 - 37 Greedon Rise Places: 3 25 The Meadows, Shepshed, 37 Greedon Rise, Sileby, Loughborough LE12 7TE Loughborough LE12 9QJ Tel: 01509 814640 LDA Tel: 07918 777465 LDA MH SI YA Web: www.homefieldcollege.ac.uk Web: www.dignushealthcare.com **Homefield College Ltd** Places: 66 **Mountview Care Home** - 51 Greedon Rise Places: 3 1093 Loughborough Road, Rothley, 51 Greedon Rise, Silbey, Loughborough LE12 7TE Leicester LE7 7NL LDA Tel: 01509 816091 Tel: 0116 303 3303 Advert page 72 OP D Web: www.homefieldcollege.ac.uk Web: www.idealcarehomes.co.uk Homefield College Ltd **Northfield House Residential Home** Places: 19 - 76 Cossington Road Places: 3 1362 Melton Road, Syston, Leicester LE7 2EQ 76 Cossington Road, Silbey, Loughborough LE12 7RS Tel: 0116 260 7107 OP D PD LDA Tel: 01509 815569 Web: www.homefieldcollege.ac.uk **Old Station Close** Places: 21 Unit 1, Old Station Close, Shepshed, **Huntingdon Court** Places: 43 Loughborough LE12 9NJ Regent Street, Loughborough LE11 5BA OP D PD LDA MH SI YA LDA MH YA Tel: 01509 506218 Tel: 01509 217474 Web: www.lccl.eu/en/our-homes/huntingdon-court Web: www.prime-life.co.uk Advert pages 52 & 53

**OP PD** 

**Orchard Court** 

3a Orchard Gardens, Thurmaston, Leicester LE4 8NS

**OP PD LDA SI YA** Tel: 0116 264 0086

Web: www.ibchealthcare.co.uk

**Pear Tree Grove** Places: 10

97 Fosse Way, Syston, Leicester LE7 1NH

**OP LDA YA** Tel: 0116 269 8686

Places: 16 **Pinglenook Residential Home** 

229 Sileby Road, Barrow upon Soar,

Loughborough LE12 8LP

OP D PD YA Tel: 01509 813071

Web: www.bethesdacarehomes.com

**Primrose Lodge** Places: 15

Lingdale, East Goscote LE7 3XW

**OP D PD** Tel: 0116 269 7871

**Quarry Hill Grange Residential Home** Places: 23

Watling Street, Mountsorrel,

Loughborough LE12 7BD

**OP** Tel: 0116 230 2102

**Quorn Orchards Care Home** Places: 30

11 School Lane, Quorn, Loughborough LE12 8BL

Tel: 01509 413094 **OP** 

Places: 27 **Rearsby Home Ltd** 

34-36 Station Road, Rearsby, Leicester LE7 4YY

**OP D PD MH** Tel: 01664 424519

**Roman Park** Places: 14

99 Fosse Way, Syston LE7 1NH

**PD LDA YA** Tel: 0116 220 7338

Places: 17 **Rose Cottage Rest Home** 

136 Rothley Road, Mountsorrel,

Loughborough LE12 7JX

Tel: 0116 230 2860 Advert adjacent **OP SI YA**  **Stadon Road** 

Places: 20

- Care Home Physical Disabilities Places: 7

42 Stadon Road, Anstey,

Leicester LE7 7AY

**OP PD YA** Tel: 0116 235 2457

Web: www.leonardcheshire.org

**Syston Lodge Residential Home** Places: 25

6 Oxford Street, Syston, Leicester LE7 2AS

Tel: 0116 260 3550 Advert below

Places: 55 **Westroyd Care Home** 

Tickow Lane, Shepshed, Loughborough LE12 9LY

Tel: 01509 650513 OP D PD MH

Web: www.fshc.co.uk Advert page 92

**White Acres** Places: 12

15 Leicester Road, Shepshed LE12 9DF

Tel: 01509 502845 LDA YA

Advert pages 52 & 53 Web: www.prime-life.co.uk

**Woodthorpe Lodge** Places: 66

54 John Boden Way, Woodthorpe,

Loughborough LE11 2ER

Tel: 01509 274027 Advert page 72 OP D MH SI YA

Web: www.idealcarehomes.co.uk



At Rose cottage we believe that everyone is part of our family, and we will strive to support you to achieve your goals.

We are all individuals, and we pride ourselves on providing person centred care that is tailored to the individual.

Our ethos is to create a welcoming, friendly, caring and loving homely environment for each and every resident.

For more information, call 0116 230 2860



0116 260 3550 systonlodge@live.co.uk

### Syston Lodge Residential Home 6 Oxford Street, Syston, Leicester LE7 2AS

Syston Lodge is a purpose built home to accommodate the various needs of our residents. Our aim is to provide a caring, non-institutional, homely atmosphere in which our residents may lead as normal life as possible whilst ensuring their privacy, dignity and individuality are maintained and retaining their status as independent adults.

Our caring and efficient staff are always available to assist and respond to our residents needs, whether they are physical, social or intellectual.

We are proud to provide:

- All single rooms with one twin room
- Passenger lift to all floors
- Menu suitable for all requirements
- Hairdressing, chiropody and physiotherapy

Long and short stay residents welcome

• In house activities and outings programme













### CARING FOR THOSE YOU CARE ABOUT

We pride ourselves on being a well established, family run home offering personalised nursing and residential support, set in beautiful grounds.

Our professional, dedicated team offers 24 hour care for a variety of needs and disabilities including Palliative care, Physical conditions and Dementia.

We have been awarded continued accreditation with the prestigious 'Investors in People' and are a platinum awarded Gold Standards framework accredited Home, as well as being accredited to the highest level of food hygiene.

We offer modern facilities, home cooked meals and qualified professional care at all times.

### What people say about our service:

"A huge thank you to all of you for your sustained, professional, and above all compassionate and affectionate care for him over the past three and a half years."

"I cannot put into words how impressed I have been in the way each of you made Mum's time at The Willows as comfortable as possible."











FOR PROFESSIONAL ADVICE CONTACT US TODAY

01858 463177 • admin@willowsnursinghome.co.uk www.willowsnursinghome.co.uk

105 - 107 Coventry Road, Market Harborough LE16 9BX

**Aarons Specialist Unit** Places: 22

Epinal Way Care Centre, Epinal Way,

Loughborough LE11 3GD

Tel: 01509 212666 **OP PD MH SI YA** 

Web: www.rushcliffecare.co.uk

**Beaumanor Nursing Home** Places: 53

Cartwright Street, Loughborough LE11 1JW

OP D PD SI Tel: 01509 239443

Web: www.rushcliffecare.co.uk

**Berrystead Nursing and Residential Home Ltd** 

1001 Melton Road, Syston, Places: 46

Leicester LE7 2BE

OP Tel: 0116 269 2366

**Charnwood Hall Nursing Home** Places: 25

38 Charnwood Road, Shepshed,

Loughborough LE12 9QF

**OP PD** Tel: 01509 650717

Web: www.charnwoodhallnursinghome.co.uk

**Charnwood Oaks Nursing Home** Places: 84

Sullington Road, Shepshed LE12 9JG

Tel: 01509 600500 Advert page 52 & 53 OP D

Web: www.prime-life.co.uk

Places: 19 Hall, The

Epinal Way Care Centre, Epinal Way,

Loughborough LE11 3GD

Tel: 01509 216616 MH YA AD

Web: www.rushcliffecare.co.uk

**Jasmine Court Nursing Home** Places: 66

Nottingham Road,

Loughborough LE11 1EU

Tel: 01509 265141 OP D PD MH SI YA

Web: www.rushcliffecare.co.uk

**Lonsdale Mews** Places: 64

Farley Way, Quorn,

Loughborough LE12 8XS

**OP D PD YA** Tel: 0333 999 2569

Web: www.careuk.com/care-homes/lonsdale-

mews-quorn

**Matthews Neurorehab Unit** Places: 38

Epinal Way Care Centre, Epinal Way,

Loughborough LE11 3GD

**OP PD SI YA** Tel: 01509 217666

Web: www.rushcliffecare.co.uk

**Thorpe House Nursing Home** Places: 50

Knighthorpe Road,

Loughborough LE11 4JS

**OP D PD SI** Tel: 01509 219877

Web: www.rushcliffecare.co.uk

Places: 60 Willows, The

14-16 The Lant, Shepshed,

Loughborough LE12 9PD

Tel: 01509 650669 Advert page 56 **OP PD YA** 

Web: www.3abcare.co.uk

Harborough care homes

Places: 41 **Brook House Care Home Hallaton Manor Ltd** Places: 41

15 Bell Lane, Husbands Bosworth,

Lutterworth LE17 6LA

OP D Tel: 01858 880247 **Advert page 56** 

Web: www.3abcare.co.uk

Web: www.hallatonmanor.com

**Charnwood Park Residential Home** Places: 11

164 Charnwood Road, Barwell, Leicester LE9 8FU

**OP PD SI** Tel: 01455 844770

Web: www.mentauruk.com Web: www.charnwoodpark.co.uk

**Herons Lodge** Places: 10

OP D PD LDA MH YA AD

138 Northampton Road,

Tel· 01858 555271

Market Harborough LE16 9HF

Cranoe Road. Hallaton LE16 8TZ

LDA MH YA Tel: 01858 465441

Service **OP** Older people (65+) **D** Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs **HF Trust – Cromwell Crescent** Places: 3

83 Cromwell Crescent, Market Harborough LE16 9JW

Tel: 01858 419145 **OP LDA YA** 

Web: www.hft.org.uk

Hunters Lodge Places: 17

26 Berridges Lane, Husbands Bosworth,

Lutterworth LE17 6LE

Tel: 01858 880538 OP D PD LDA SI YA

Web: www.bondcare.co.uk/care-homes/hunters-

lodge-care-home/

**Kibworth Court** Places: 45

Smeeton Road, Kibworth LE8 OLG

Tel: 0116 279 2828

Web: www.newbloom.co.uk

**Kibworth Knoll** Places: 36

12 Fleckney Road, Kibworth, Leicester LE8 OHE

Tel: 0116 279 3879 **OP D PD** 

Web: www.kibworthknoll.co.uk

**Lenthall House** Places: 40

Lenthall Square,

Market Harborough LE16 9LQ

Tel: 01858 463204 OP D PD LDA MH SI YA

**Lodge Residential Home, The** Places: 32

Grange Lane, Thurnby LE7 9PH

Tel: 0116 241 9333 **OP** 

Web: www.thelodgethurnby.co.uk

**Lutterworth Country House Care Home** Places: 66

2 Ashby Lane, Bitteswell,

Lutterworth LE17 4LS

Tel: 01455 558355 Advert pages 52 & 53 OP YA

Web: www.prime-life.co.uk

**Woodmarket House** Places: 42

Woodmarket,

OP D

Lutterworth LE17 4BZ

Tel: 01455 552678 **OP D PD LDA MH SI YA** 

### Harborough care homes with nursing

### Grange Nursing & Residential Home, The

Smeeton Road, Saddington, Places: 50

Leicester LE8 0QT

Tel: 0116 240 2264 OP D PD SI YA

Web: www.grangesaddington.co.uk

Peaker Park Care Village Places: 137

Trojan Place, Rockingham Road,

Market Harborough LE16 7FP Advert page 52 & 53

Tel: 01858 414460 OP D PD MH SI YA

Web: www.prime-life.co.uk

**Rosewood Manor** Places: 70

58 Coventry Road, Market Harborough LE16 9BZ

Tel: 01923 624154 **OP D PD** 

Web: www.rosewoodmanor.co.uk

Sutton in the Elms Places: 42

34 Sutton Lane, Sutton-in-the-Elms,

Leicester LE9 6QF Advert pages 66 & 67

Tel: 01455 286577 **OP PD MH SI YA** 

Web: www.langdalecarehomes.co.uk

Willows Nursing and Residential Home, The

107 Coventry Road, Places: 57

Market Harborough LE16 9BX Advert page 76

Tel: 01858 463177 OP D PD MH SI YA

Web: www.willowsnursinghome.co.uk



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

<b>Bethel/Bethesda Residential Home</b> Equity Road East, Earl Shilton LE9 7FY Tel: 01455 847505	Places: 34  OP D	<b>Kingsfield Court Care Home</b> 40 High Street, Earl Shilton, Leicest Tel: 01455 360220	Places: 70 er LE9 7DG <b>OP D PD</b>
Briars, The 29 Spa Lane, Hinckley LE10 1JA Tel: 01455 613749 Harvey House	Places: 7  OP LDA YA  Places: 44	Web: www.kingsfieldcourt.co.uk  Kirby Grange Residential Home  Markfield Lane, Botcheston, Near L  Tel: 01455 824167  Web: www.kirbygrange.co.uk	Places: 31 eicester LE9 9FG OP D PD MH SI YA
Church Lane, Barwell, Leicester LE9 8I Tel: 01455 843575 OP D PD	DG LDA MH SI YA	<b>Maple House</b> 15 Mill Drive, Ratby, Leicester LE6 0	Places: 5
Hayes Close	Places: 7	Tel: 0116 238 6302	LDA YA
9 Hayes Close, Whitwick, Coalville LE67 5PJ Tel: 01530 837444	PD LDA SI YA	<b>Moat House</b> New Road, Burbage, Hinckley LE10	
Web: www.rushcliffecare.co.uk		Tel: 01455 633271 Web: www.adeptcarehomes.co.uk	OP D YA
<b>Hinckley House Care Home</b> Tudor Road, Hinckley LE10 OEH	Places: 60	Orchard House	Places: 30
Tel: 01455 639710 <b>Advert page 57</b> Web: www.averyhealthcare.co.uk	OP D PD YA	Weston Drive, Market Bosworth CV Tel: 01455 292988	OP D PD
Honeysuckle Farm Desford Road, Newtown Unthank LE9 Tel: 01455 828575	Places: 15 9FL PD LDA	ParkHouse Grange 47 Park Road, Earl Shilton, Leicester Tel: 01455 851222 Web: www.ala-care.co.uk	Places: 40 LE9 7EP OP D PD MH
Web: www.pathwayscaregroup.co.uk		Rowan House	Places: 9
<b>Jubilee Villa</b> 48 Mill Street, Barwell,	Places: 5	2 Spa Lane, Hinckley LE10 1JB Tel: 01455 637972	OP LDA YA
Leicester LE9 8DW Tel: 01455 843510 Web: www.heroiccare.com	PD LDA YA	<b>Saffron House</b> 2A High Street, Barwell, Leicester L Tel: 01455 842222	Places: 48 E9 8DQ OP D PD YA
Kingly Croft	Places: 6	Trees, The	Places: 19
11 Mount Road, Hinckley LE10 1AD Tel: 01455 613823 Web: www.activecaregroup.co.uk	PD MH SI YA	Deveron Way, Hinckley LE10 0XD	PD LDA MH SI YA
Kingly House	Places: 17	Willows Residential Home (Hinckle	ey), The
13-19 Mount Road, Hinckley LE10 1AD Tel: 01455 613823 Web: www.activecaregroup.co.uk	PD YA	89 London Road, Hinckley LE10 1Hb Tel: 01455 615193 Web: www.hc-one.co.uk/homes/th	Places: 40 OP D PD YA
Kingly Lodge	Places: 5	Woodrowe House	Places: 27
kingly Louge	r taces. 5	Ratby Lane, Markfield LE67 9RN	1 (accs. 21

**SI** Sensory impairment **YA** Younger adults

**User Bands** MH Mental health

AD People who misuse alcohol or drugs

### Hinckley and Bosworth care homes with nursing

Ashton Care Home, The

Places: 72

OP D PD MH SI YA

Places: 40

John Street,

67 London Road, Hinckley LE10 1HH

**Hinckley Park Nursing Home** 

Hinckley LE10 1UY Tel: 01455 233350

Tel: 01455 615252

**OP PD** 

**Bosworth Court Care Home** Places: 42 Web: www.hc-one.co.uk/homes/hinckley-park

See page 59 for more information on paying for

Station Road, Market Bosworth CV13 OJP

OP D PD MH SI YA Tel: 01455 290867

care homes in Leicestershire.

**Leicester City care homes** 

Advertisers are highlighted

Places: 2 25 Percival Way

25 Percival Way, Groby, Leicester LE6 OAU

Tel: 07917 191170 LDA MH YA

Web: www.asdsupport.co.uk

A S Care Places: 25

138 Westcotes Drive, Leicester LE3 00S

Tel: 0116 233 4300 OP D PD MH SI

Web: www.mauricare.com

Abberdale Ltd T/A Abberdale House Places: 25

165-169 Hinckley Road, Leicester LE3 OTF

OP D PD MH YA Tel: 0116 291 5660 **Advert below** 

Web: www.abberdaleresidentialhome.co.uk

Places: 37 **Abbey House** 

Stokes Drive, Leicester LE3 9BR

Tel: 0116 231 2350 OP D PD MH SI YA

**Agnes House** Places: 26

Hinckley Road, Leicester LE3 OUX

**OP PD SI** Tel: 0116 255 9174 Advert page 86

Web: www.wyggestons.org.uk

**Alston House** 

Places: 19

380 Aylestone Road, Leicester LE2 8BL

OP D PD LDA MH SI YA Tel: 0116 291 5601

Web: www.midlandscare.co.uk

Anita Jane's Lodge Places: 16

126 Uppingham Road, Leicester LE5 OQF

Tel: 0116 276 8071 MH YA

Places: 40 **Arbor House** 

High Street, Evington,

Leicester LE5 6SH

OP D PD MH SI YA Tel: 0116 273 9033

Ark Care Lodge Ltd, The Places: 18

94-96 Evington Lane,

Leicester LE5 5PP

Tel: 0116 273 6950 LDA

**Ashton Lodge Residential Home** Places: 27

3 Daneshill Road, Leicester LE3 6AN

Tel: 0116 262 0075 OP D PD MH YA

Web: www.ashtonlodge.co.uk

ABBERDALE

Quality care and peace of mind **RESIDENTIAL HOME** 

At Abberdale, we are specialists in dementia and mental health care, providing Long and short term, respite,

day and holiday care.

0116 291 5660

manager@abberdaleresidentialhome.co.uk www.abberdaleresidentialhome.co.uk

Our commitment is to promote person centred care to our residents to ensure we provide the highest level of care

Abberdale Residential Home 165-169 Hinckley Road,

LE3 OTF

possible.





Service

OP Older people (65+) Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults

AD People who misuse alcohol or drugs

Places: 14

**Asra House Residential Care Home** 

15 Asha Margh, Holden Street, Leicester LE4 5LE

Tel: 0116 266 2727 OP D PD SI

Web: www.sanctuary-care.co.uk/care-homesmidlands/asra-house-residential-care-home

**Aylestone Grange** Places: 10

705-707 Aylestone Road, Leicester LE2 8TG

**OP MH YA AD** Tel: 0116 224 9353

Web: www.aylestonegrange.co.uk

**Barclay Street** Places: 6

148 Barclay Street, Leicester LE3 OJB

**OP LDA YA** Tel: 0116 254 7775

Web: www.chartwell-care-services-ltd-residential-

care-home.business.site/

**Beaumont Hall** Places: 60

120 Beaumont Leys Lane, Leicester LE4 2BD

Tel: 0116 232 3291 Advert page 72 OP D YA

Web: www.idealcarehomes.co.uk

**Bodnant House** Places: 10

11 Bodnant Avenue, Leicester LE5 5RB

**OP LDA MH SI YA** Tel: 0116 273 6461

Web: www.care24-7leicester.com

Places: 4 **Bow Lodge** 

339 Scraptoft Lane, Leicester LE5 2HU

MH YA Tel: 07711 986299

**Chantry, The** Places: 13

Chantry Lane, Off Groby Road,

Leicester LE3 9QI

LDA MH YA Tel: 0116 366 9655

Web: www.freedomcare.org

**Cherre Residential Care** 

Places: 42

2 Daneshill Road. Leicester LE3 6AL

**PD LDA MH** Tel: 0116 251 7567

**Church View** Places: 8

5 Springfield Road, Stoneygate, Leicester LE2 3BB Tel: 0116 270 2678

Web: www.advancedcaringlimited.co.uk

**Clarendon Beechlands** Places: 18

28 Central Avenue, Clarendon Park, Leicester LE2 1TB

LDA MH YA Tel: 0116 270 3968

Web: www.prime-life.co.uk Advert pages 52 & 53

**Clarendon Mews Care Home** Places: 47

Grasmere Street, Leicester LE2 7FS

Tel: 0116 255 2774 OP D YA

Web: www.clarendonmews.co.uk

Places: 32 **Cooper House** 

Pasley Road, Leicester LE2 9BT

Tel: 0116 278 2341 OP D PD MH SI YA

**Coriander Road** Places: 4

25 Coriander Road, Bede Island, Leicester LE2 7ER LDA

Tel: 0116 254 4006

Web: www.macintyrecharity.org

**Diamond House** Places: 74

80 Bewcastle Grove, Beaumont Leys,

Leicester LE4 2JW

**OP D PD YA** Tel: 0116 235 5201

**Diwali Nivas** Places: 21

38 Westcotes Drive, Leicester LE3 OOR

Tel: 0116 233 4440 Advert below

Web: www.diwalinivas.co.uk

For an Asian lifestyle and cuisine

0116 233 4440

DIWALI NIVAS

RESIDENTIAL HOME

www.diwalinivas.co.uk

38 Westcotes Drive, Leicester LE3 0QR





At Diwali Nivas, we provide permanent, respite and day care services in a caring, homely atmosphere in which our residents may lead as normal of an Asian lifestyle as possible.

We will ensure the residents privacy, dignity, independence and choices are maintained.

- Gujarati, Hindi and Punjabi speaking staff available 24 hours a day
- Nurse call system and smoke detectors in every room
- Single and Double rooms available Choice of Gujarati/vegetarian menus • In-house entertainment as well as outings and day trips

For more information contact us.

Service OP Older people (65+) Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

**OP D MH** 

Places: 17

**OP D PD LDA YA** 

Places: 11

**Elliott Residential Care Home** 

46-48 Highfield Street, Leicester LE2 1AD

**OP D LDA MH SI YA** Tel: 0116 254 4458

Web: www.elliottcarehome.co.uk

Places: 6 **Evington Grange** 

291 Green Lane Road, Leicester LE5 4NG

Tel: 0116 215 2448 MH YA AD

**Evington Home – Pilgrims' Friend Society** 

Grocot Road, Evington, Places: 30

Leicester LE5 6AL

**OP D PD MH** Tel: 0300 303 1455

Web: www.pilgrimsfriend.org.uk

Places: 50 **Five Rivers Living** 

12 Sangha Close, Leicester LE3 9SW

Tel: 0116 235 3806 Advert below OP D LDA MH YA

Web: www.fiveriversliving.co.uk

**Fosse Court** Places: 22

207-211 Fosse Road North.

Leicester LE3 5EZ

OP D PD LDA MH SI Tel: 0116 251 8822

**George Hythe House** Places: 43

1 Croft Road, Leicester LE4 1HA

Tel: 0116 235 0944

Web: www.midlandscare.co.uk

**Geraint House** 

28 Uppingham Road, Leicester LE5 OQD

Tel: 0116 276 5971 MH YA AD

Glenfield Woodlands Care Home Places: 17

11 Holmwood Drive, Glenfield Woodlands.

Glenfield. Leicester LE3 9LG

Tel: 0116 287 1696 OP D PD MH

Web: www.pearlcare.co.uk

Gokul-Vrandavan Places: 27

12-14 Windsor Avenue. Leicester LE4 5DT

Tel: 0116 266 1378 OP D PD

**Goodwood Orchard Care Home** Places: 21

304 Uppingham Road, Leicester LE5 2BE

Tel: 0116 276 6239 OP D MH YA

**Gratia Residential Care Ltd** Places: 20

472 Groby Road, Leicester LE3 9QD Advert page 83 OP D PD LDA MH YA

Tel: 0116 231 1640 Web: www.gratiacare.co.uk

**Graysford Hall** Places: 72

11 Elmfield Avenue, Stoneygate, Leicester LE2 1RB

OP D PD SI Tel: 0116 478 4530

Web: www.sandersseniorliving.co.uk

Places: 12 **Groby Lodge** 

452 Groby Road, Leicester LE3 9QB

OP D PD MH Tel: 0116 287 1970

# VE RIVERS LIVING OUR FAMILY. IS OUR FAMILY HERE TO HELP OUR COMMUNIT

### YOUR FAMILY, IS OUR FAMILY

Five Rivers Living is a spacious, purpose built care home. We offer residential care and respite care for with dementia related needs and other mental health conditions, or those with physical disabilities.

On top of the **excellent care** we provide, additional

- 50 bedrooms complete with en-suite washing facilities
- Full activities programme
- State of the art carer call system
- Cinema room
- Visiting Dentist, **Chiropodist &** Hairdresser
- On-site hair salon
- Peaceful garden

0116 235 3806 • manager@fiveriversliving.co.uk

www.fiveriversliving.co.uk • 12 Sangha Close, Leicester LE3 9SW

Video home viewings available (contact us for details)

Places: 7

**Gwendolen Road Care Home** Places: 14

305 Gwendolen Road,

Leicester LE5 5FP Advert page 30

**OP D PD LDA MH YA AD** Tel: 0116 273 6277

Web: www.allagcare.co.uk

**Halifax Drive** Places: 33

72 Halifax Drive, Leicester LE4 2DP

**OP LDA YA** Tel: 0116 234 0519

Web: www.craegmoor.co.uk

**Hambleton House** Places: 18

337 Scraptoft Lane, Leicester LE5 2HU

**OP D LDA MH YA** Tel: 0116 243 3806

Places: 19 **Hamilton House** 

31 Highfield Street, Leicester LE2 1AD

Tel: 0116 254 0724 MH YA

**Hartington Road Care Home** 

Places: 8 75 Hartington Road,

Leicester LE2 OGQ

**OP D PD LDA MH SI YA AD** Tel: 0116 242 5779

Web: www.care24-7leicester.com

**Heartwell House Residential Care Home** Places: 13

32 Shaftesbury Avenue, Leicester LE4 5DQ

OP D LDA MH SI YA Tel: 0116 266 5484

**Heathcotes (Aylestone)** 

128 Lutterworth Road, Aylestone,

Leicester LE2 8PG

PD LDA MH SI YA Tel: 0116 277 7658

Web: www.heathcotes.net

**Heathcotes Lutterworth View** Places: 8

88 Lutterworth Road, Leicester LE2 8PG

Tel: 0116 283 8854 PD LDA MH SI YA

Web: www.heathcotes.net

**Hollywell Court Residential Home** Places: 12

464 London Road, Leicester LE2 2PP

**OP** Tel: 0116 270 2252

**Island Place** Places: 39

Gooding Avenue, Leicester LE3 1JS

Tel: 0116 285 5518 MH YA

Web: www.prime-life.co.uk Advert pages 52 & 53

Places: 9 **Knighton Manor Ltd** 

31 Knighton Drive, Leicester LE2 3HD Advert below Tel: 0116 287 3072 OP D PD LDA MH YA

Web: www.knightonmanorcareservices.co.uk

Lansdowne Road (67-71) Places: 26

67-71 Lansdowne Road, Aylestone, Leicester LE2 8AS

**OP LDA YA** Tel: 0116 283 4025

Web: www.craegmoor.co.uk









Knighton Manor Limited is a family run business providing high levels of support for individuals in both Residential and Supported living settings for many years.

As well as providing quality care, we wanted to bring people together and support them to make new friends, have the feeling of community where they can socialise and interact with their peers and neighbours. This is why we are proud to have a large communal area that will be used during the day as a day centre for any individuals who are interested in staying active and socialising whilst having fun and being creative.

0116 287 3072

holmwood\_gardens@outlook.com 5A Holmwood Drive, Leicester, LE3 9SX



### Orchard Manor View - A place to really live!

#### **Our Mission**

Orchard Manor View is a purpose-built care home in the heart of Leicester, caring for adults age 55+, those living with Dementia and Alzheimer's, as well as older individuals with additional care requirements. Our mission is to bring warmth, independence, care and support to all of our residents, and ultimately improving their quality of life.

#### **Dining**

Our specially trained chefs provide a relaxing and flexible dining environment, offering a variety of home cooked nutritious meals on a daily basis and catering for all dietary requirements. They are always happy to master new dishes to make you feel more at home within our spacious dining area. In addition, our service users also have full access to their own fully furnished, state of the art resident's kitchen, which features a dining area as well as French doors opening out onto a patio for Al-fresco dining.

### **Entertainment**

At Orchard Manor View we understand that every individual has different interests, hobbies and needs. As such, we aim to meet all the needs of residents by using a holistic approach to care in order to make them truly feel at home.

#### **Facilities**

From our landscaped gardens, greenhouse and raised planting beds, to the sensory room, courtyard and three themed lounges, we endeavour to cater to everyone's interests. We also have daily events in our multi-functional room, ranging from live performances, to movies, sports and special events displayed on our projector. Furthermore, we are proud owners of 4 state-of-the-art hydrotherapy baths (with Bluetooth music facilities and soft mood lighting).

### Accommodation

Our award-winning accommodation boasts truly luxurious spaces. Every room possesses an en-suite, exquisite furniture with multiple chairs, bedside tables, a coffee table, lamps, a flat screen television and a custom designed electric bed built with our residents in mind. It is also a huge honour of ours to provide accommodation for couples.

For more information on how we can help you or a loved one, please don't hesitate to contact us, we look forward to hearing from you.



0116 319 4460

www.orchardmanorview.co.uk manager@orchardmanorview.co.uk

34 Robert Hall Street, Leicester LE4 5RB

Leaholme Places: 17 **Newton House** Places: 26 47 Prospect Road, Leicester LE5 3RR 8 Springfield Road, Stoneygate, Leicester LE2 3BA **LDA MH** OP Tel: 0116 251 6112 Tel: 0116 270 2665 **Advert page 50** Web: www.yourhealthgroup.co.uk **Oak House** Places: 11 Places: 33 **Lester Hall Apartments** 357 Gwendolen Road, Evington, 15 Elms Road, Stoneygate, Leicester LE2 3JD Leicester LE5 5FP Tel: 0116 274 5400 OP D PD MH SI YA AD **OP MH YA** Tel: 0116 273 1717 Advert page 30 Web: www.lesterhallapartments.co.uk Web: www.allagcare.co.uk Magnolia Care Home, The Places: 38 **Orchard Manor View** Places: 30 6 Monsell Drive, Aylestone, Leicester LE2 8PN 34 Robert Hall Street, Leicester LE4 5RB **OP D PD LDA MH YA** Tel: 0116 291 5602 Tel: 0116 319 4460 Advert page 84 **OP D YA** Web: www.midlandscare.co.uk Web: www.orchardmanorview.co.uk **Marston Court** Places: 22 **Pendene House** Places: 17 67-71 Marston Road, Leicester LE4 9FF 15 Pendene Road, Stoneygate, Tel: 0116 210 3895 **PD LDA** Leicester LE2 3DQ Tel: 0116 270 8911 **OP D** MH Meadow's Court Places: 60 Old Church Street, Old Aylestone, **Pine View Care Home** Places: 15 Leicester LE2 8ND Advert page 54 420 Hinckley Road, Leicester LE3 OWA OP D PD MH SI YA Tel: 0116 224 8888 Tel: 0116 285 5868 OP D PD MH Web: www.kirklandscaregroup.co.uk **Prime Life Ltd** Places: 17 **Melbourne Home** - 50 Stoneygate Road Places: 19 263 London Road. Leicester LE2 3BE 50 Stoneygate Road, Leicester LE2 2AD Tel: 0116 270 6771 **OP** Tel: 0116 270 7276 MH YA Mere Lodge Places: 4 Web: www.prime-life.co.uk Advert pages 52 & 53 93 Mere Road, Leicester LE5 5GQ **Queens Lodge** Places: 4 Tel: 0116 251 7441 LDA 15 Queens Park Way, Eyres Monsell, Milligan Road Places: 8 Leicester LE2 9RO 244 Milligan Road, Leicester LE2 8FD **LDA MH YA** Tel: 0116 278 0148 Tel: 0116 244 2004 OP D PD LDA YA **Queens Park Care Home** Places: 16 Web: www.chartwelltrustcare.org/ 15 Queens Park Way, Eyres Monsell, chartwellservices/milligan-court/ Leicester LE2 9RQ National Autistic Society – Camden Road Places: 12 **OP PD LDA YA** Tel: 0116 278 0148 19 Camden Road, Leicester LF3 2GF Tel: 0116 263 0992 LDA YA **Ryedale House** Places: 7 410 Narborough Road, Leicester LE3 2FR Web: www.nas.org.uk Tel: 0116 224 8605 MH Places: 49 New Wycliffe Home, The 111 Gleneagles Avenue, Rushey Mead, **Silver Birches** Places: 19 Leicester LE4 7YI 85 Lutterworth Road, Aylestone, OP D PD LDA MH SI YA Tel: 0116 266 7093 Leicester LE2 8PJ Tel: 0116 283 2018 **OP D PD MH** Web: www.vistablind.org.uk

SI Sensory impairment YA Younger adults

**OP** Older people (65+) **D** Dementia

Service

**User Bands** MH Mental health

PD Physical disability LDA Learning disability, autism

AD People who misuse alcohol or drugs







### Do you want Peace of Mind?

Thinking about Sheltered Accommodation or Residential Care? But you don't want to lose your independence?

Wyggestons can provide the level of personalised support you need whilst retaining a genuine sense of





- Excellent facilities
  One & Two bedroom apartments
  - Two bedroom cottages
    Security & Safety
- □ 5 acres of landscaped gardens 
   □ Convenient Location 
   □ Convenie

Telephone: 0116 255 9174 enquiries@wyggestons.org.uk www.wyggestons.org.uk

Wyggestons, 160 Hinckley Road, Leicester

**Simmins Crescent/Whitteney Drive** Places: 15

2-6 Simmins Crescent, Eyres Monsell,

Leicester LE2 9AH

Tel: 0116 249 8867 **OP D PD LDA MH SI YA** 

Web: www.vistablind.org.uk

**Skelton Court** Places: 15

41 Ryder Road, Kirby Frith,

Leicester LE3 6UI

OP D PD LDA SI YA Tel: 0116 261 0663

Web: www.sanctuary-supported-living.co.uk/findservices/disability/leicestershire/skelton-court

**South Lodge Care Home** 

307 London Road, Leicester LE2 3ND

OP D PD Tel: 0116 274 8000 **Advert page 57** 

Web: www.averyhealthcare.co.uk

**Spencefield Grange** Places: 60

Davenport Road, Evington, Leicester LE5 6SD

Tel: 0116 241 8118 **Advert page 54 OP D PD MH YA** 

Web: www.kirklandscaregroup.co.uk

**Spinney Lodge** Places: 4

91 Mere Road, Leicester LE5 5GQ

Tel: 07713 476811 LDA MH YA

St Bennett's Care Home Places: 27

346-348 London Road, Leicester LE2 2PL

**OP D LDA SI** Tel: 0116 274 5959 Advert page 90

Web: www.stbennettscare.co.uk

Places: 36 **St Georges** 

Ratcliffe Road, Leicester LE2 3TE

OP D Tel: 0116 274 5115

Advert pages 52 & 53 Web: www.prime-life.co.uk

**Stonesby House** Places: 9

147 Stonesby Avenue, Wigston,

Leicester LE2 6TY

**OP D PD LDA MH SI YA AD** Tel: 0116 283 1638

Web: www.stonesbyhouse.co.uk

Places: 14 **Stonesby House Ltd** 

107 Stonesby Avenue, Wigston,

Leicester LE2 6TY

OP D PD LDA MH SI YA AD Tel: 0116 319 0404

Web: www.stonesbyhouse.co.uk

**Stonesby Lodge** Places: 12

109 Stonesby Avenue,

Leicester LE2 6TY

Tel: 0116 283 0128 MH

Places: 37 **Stoneygate Ashlands** 

Ratcliffe Road, Leicester LE2 3TE

OP D PD MH SI YA Tel: 0116 244 8624

Web: www.prime-life.co.uk Advert pages 52 & 53

**Stoneygate Oaklands** Places: 44

328 London Road, Leicester LE2 2PI

OP D PD MH YA Tel: 0116 270 3454

Web: www.prime-life.co.uk Advert pages 52 & 53

**Synergy Leicester Support Ltd** 

Satya Nivas, 71-73 Checketts Road, Places: 10

Leicester LE4 5ES

Places: 106

**OP D LDA MH YA** Tel: 0116 233 6064

Places: 44 **Thurn Court** 

Thurncourt Road, Thurnby Lodge,

Leicester LE5 2NG

OP D PD MH SI YA Tel: 0116 241 3126

**Venetia House** Places: 12

348 Aylestone Road, Leicester LE2 8BL

Tel: 0116 283 7080 LDA MH YA

**Vishram Ghar** Places: 44

120 Armadale Drive. Netherhall.

Leicester LE5 1HF

Tel: 0116 241 9584 OP D PD MH YA

**Vision Rolleston** Places: 4

20 Rolleston Street, Leicester LE5 3SA

**OP PD MH YA** Tel: 07570 105047

Web: www.visionhomecare.org

**Welford Court** Places: 14

458 Welford Road, Leicester LE2 6EL

Tel: 0116 270 3482 Advert page 93 **OP D MH SI** 

Web: www.welfordcourt.co.uk

Willowbrook Places: 6

20 Wendys Close, Leicester LE5 2HY

Tel: 0116 243 3601

PD LDA MH SI YA AD

Web: www.voyagecare.com

PD Physical disability LDA Learning disability, autism Service OP Older people (65+) D Dementia

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs



Dane View Care Home is located on leafy Glenfield Road and just a 5 minute drive from the centre of Leicester



**Q** 0116 365 1535



enquiries.daneview@bayswoodcare.co.uk



www.bayswoodcare.co.uk



Set within three acres of beautifully landscaped gardens and orchards.

Nursing & Respite

Residential & Daycare

Acquired Brain Injury

Dementia Care

WELCOME Dane View has been designed to provide everything our residents need to relax and feel supported. We have modern facilities including WiFi, assisted baths, on-site salon, recliner chairs and call systems.

Our cinema is connected to over 10,000 films & musicals and our stunning lounge & dining room have floor to ceiling glass panels that allow residents to enjoy amazing views of the gardens. From our sensory garden with its ornamental water feature, to the lush orchard with apple and plum trees, our home offers a tranquil retreat to relax and enjoy. \_\_\_

HOME

For over 25 years our aim at the Bayswood Care Group has been to provide a genuine home for our residents by working together with their families and our staff to ensure a safe and positive environment.

The care we provide at Dane View is focused on the individual needs of each resident. From nutritional meals and daily activities to the everyday routines, care at our home is designed to help our residents enjoy happy fulfilled lives.













"... the whole ambience of Dane View Care Home is overwhelming in a positive way."



care home with nursing
165 Glenfield Road
Leicester
LE3 6DP

**Aaron Court** Places: 91

17 Ramsey Way, Leicester LE5 1SJ

Tel: 0116 241 5552 **OP D PD LDA YA** 

Web: www.abbeyhealthcare.org.uk

**Ashleigh Nursing Home** Places: 21

17 Ashleigh Road, Leicester LE3 OFA

Tel: 0116 285 4576 **OP D PD LDA MH SI** 

Web: www.ashleighnursing.co.uk

**Barclay House** Places: 29

165 Barclay Street, Leicester LE3 OJE

Tel: 0116 255 3039 OP PD MH YA

Web: www.plans4rehab.com

**Braunstone Firlands Nursing Home** Places: 24

Gooding Avenue, Leicester LE3 1JS

Tel: 0116 255 8809 **OP D** 

Web: www.prime-life.co.uk Advert pages 52 & 53

**Dane View Care Home with Nursing** Places: 41

165 Glenfield Road, Leicester LE3 6DP

Tel: 0116 365 1535 **OP D PD LDA MH SI YA** 

Web: www.bayswoodcare.co.uk Advert page 88

**Everdale Grange** Places: 67

78-80 Lutterworth Road,

Leicester LE2 8PG Advert pages 66 & 67

Tel: 0116 299 0225 **OP D PD MH SI YA** 

Web: www.langdalecarehomes.co.uk

**Grey Ferrers** Places: 120

5 Priestley Road, Off Blackmore Drive,

Braunstone, Leicester LE3 1LF

Tel: 0116 247 0999 OP D PD YA

Harley Grange Nursing Home Places: 34

25 Elms Road,

Leicester LE2 3ID

Tel: 0116 270 9946 **OP D PD YA** 

Web: www.hc-one.co.uk/homes/harley-grange

Harley House Care Home Ltd Places: 28

10-12 Elms Road, Leicester LE2 3JE

Tel: 0116 270 3672 **Advert page 56 OP PD** 

Web: www.3abcare.co.uk

Hayes Park Nursing Home Places: 49

2 Cropthorne Avenue,

Leicester LE5 4QJ

Tel: 0116 273 1866 **OP D PD YA** 

Langdale View Ltd Places: 59

Radstone Walk,

Rowlatts Hill LE5 4UH Advert pages 66 & 67

Tel: 0116 276 0600 **OP D PD MH SI YA** 

Web: www.langdalecarehomes.co.uk

**London Road Neurological & Specialist Care Unit** 

362 London Road, Leicester LE2 2PU Places: 33
Tel: 0116 270 6991 OP D PD SI YA

Web: www.cheerhealth.com

**Rushey Mead Manor Care and Nursing Home** 

30 Coatbridge Avenue, Places: 50

Leicester LE4 7ZS

Tel: 0116 266 6606 OP D PD MH SI YA

**Scraptoft Court Care Home** Places: 34

273A Scraptoft Lane,

Leicester LE5 2HT

Tel: 0116 243 1115 Advert page 90 OP D PD MH YA

Toller Road Places: 8

13 Toller Road, Stoneygate,

Leicester LE2 3PH

Tel: 0116 270 3118 **OP LDA MH YA** 

Web: www.cygnethealth.co.uk

Western Park View Nursing Home Places: 60

390 Hinckley Road, Leicester LE3 OWA

Tel: 0116 247 0032 **OP PD** 

Web: www.westernparkviewcarehome.co.uk



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism





### **EXCEPTIONAL CARE IN** A STUNNING LOCATION

The Amwell is a purpose built luxury care home located in the heart of Melton Mowbray. Set within beautiful gardens and a woodland backdrop, we offer exceptional person-centred residential, nursing, dementia and respite care.

Luxury En-Suite Bedrooms • Around the Clock Care Resident Chef • Private Gardens • Hair & Beauty Salon Varied Activities Programme • Gym Cinema Room • Private Car and much more

FOR FURTHER INFORMATION

T: 01664 88 25 25

E: info@theamwellcare.com | www.theamwellcare.com

RESIDENTIAL | DEMENTIA | NURSING | RESPITE CARE



### 0116 243 1115 scraptoft@live.co.uk

### Scraptoft Court Care Home

273a Scraptoft Lane, Leicester LE5 2HT



At Scraptoft Court we offer a comprehensive range of social and nursing care and support to adults. We provide these services to people with physical disabilities and mental health needs including dementia.

We will meet individual's specific and desired needs to achieve greater independence and control over their own lives. We aim to provide a permanent home for our residents; giving them a feeling of individuality and security.

We are proud to offer the following services:

- Nursing Staff available 24 hours a day
- Single and double rooms with en-suite facilities • Large gardens with patio area
- Passenger lift to all floors Choice of menu to suit all needs . Hairdessing, chiropody and physiotherapy services
- In house activities and outings programme

For more information, please contact us.



### ST BENNETT'S **CARE HOME**

ST BENNETT'S CARE HOME 346-348 LONDON ROAD. STONEYGATE, LEICESTER LE2 2PL

0116 274 5959

www.stbennettscare.co.uk

St Bennett's is located in the heart of Stoneygate and is a spacious residential care home with large rooms and lounges and an enclosed garden. We provide the highest standards of personal care to enable residents to maintain their independence and privacy in a friendly family environment.

We can accommodate 27 residents on a short term or a long term basis. We have single and double rooms, many with ensuite facilities. We accept residents in the older persons category as well as people with sight impairment, dementia or learning disabilities.









The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk



- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Subscribe today



hello@myfamilyourneeds.co.uk

### Melton care homes

Broadoak Grange Places: 33

Sandy Lane, Melton Mowbray LE13 OAN

Tel: 01664 562008

Broadoak Lodge

Sandy Lane, Melton Mowbray LE13 OAN

Tel: 01664 481120

Egerton Lodge Residential Home

Wilton Road, Melton Mowbray LE13 OUJ

Tel: 01664 410202 OP D PD MH SI

Web: www.egertonlodge.co.uk

Framland Places: 31

The Mansion House, 11 Faldo Drive,

Melton Mowbray LE13 1RH

Tel: 01664 564922 D YA

Web: www.newbloom.co.uk

Hunter's Lodge Places: 36

Church Lane, Old Dalby, Melton Mowbray LE14 3LB
Tel: 01664 823064 OP D PD MH SI YA AD

Web: www.hunterslodge.org

Mar Lodge Places: 7

26 Nottingham Road,

Melton Mowbray LE13 ONP Tel: 01664 560 302

Web: www.craegmoor.co.uk

**Melton Short Breaks Service** Places: 6

21 Victor Avenue,

OP D PD

Places: 27

**OP D LDA** 

Places: 46

Melton Mowbray LE13 OGG

Tel: 0116 305 5652 PD LDA SI YA

Web: www.leics.gov.uk

**Scalford Court Care Home** Places: 59

Melton Road, Scalford,

Melton Mowbray LE14 4UB Tel: 01664 444696

Web: www.scalfordcourt.co.uk

See page 59 for more information on paying for care homes in Leicester, Leicestershire and Rutland.

### Melton care homes with nursing

Advertisers are highlighted

LDA SI

OP D PD

Amwell, The Places: 88

Asfordby Road, Melton Mowbray LE13 OHN

Tel: 01664 882525 Advert page 90 OP D PD MH SI

Web: www.theamwellcare.com

Waltham Hall Nursing & Residential Home

87 Melton Road. Waltham on the Wolds. Places: 81

Melton Mowbray LE14 4AJ

Tel: 01664 464865 Advert adjacent OP PD

Web: www.walthamhall.com

Waltham Hall Nursing Home

Nursing, Residential and Respite Care for the Elderly







Rated Good by the CQC for care of the residents at Waltham Hall Funded and Private Patients are Most Welcome

01664 464 865 www.walthamhall.com

Melton Road, Waltham on the Wolds, Melton Mowbray. LE14 4AJ

### North West Leicestershire care homes

**April Cottage Retirement Home** Places: 12

54 Belvoir Road, Coalville LE67 3PP

Tel: 01530 451452

**Chestnuts, The** Places: 14

111 London Road, Coalville LE67 3JE

Tel: 01530 834187 LDA

Web: www.thechestnutsresidentialhome.com

Fernleigh Care Home

37 Tamworth Road, Ashby-de-la-Zouch LE65 2PW

Tel: 01530 414755 **OP D PD MH YA** 

Freedom Care Ltd Places: 4

Private Road off Standard Hill, Hugglescote,

Coalville LE67 3HN

Tel: 07929 210270 LDA YA

Web: www.accomplish-group.co.uk

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

OP

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Places: 27

Lyndhurst Lodge Residential Home Ltd Places: 19

87 Burton Road, Ashby-de-la-Zouch LE65 2QL Tel: 01530 563007 OP

Oakleigh Residential Home Ltd Places: 23

50 Ashby Road, Moira, Swadlincote DE12 6DI

OP D PD Tel: 01283 221048

Old School House, The Places: 18

31 Main Street, Thringstone, Coalville LE67 8ND

LDA SI YA Tel: 01530 224426

Web: www.rushcliffecare.co.uk

**Rosedale Care Home Ltd** Places: 7

4 Vicarage Street, Whitwick, Coalville LE67 5GZ

LDA Tel: 01530 837794

Web: www.rosedalecarehome.piczo.com

**Rowans Care Home, The** Places: 54

Owen Street, Coalville LE67 3DA

OP D PD YA Tel: 01530 814466

Web: www.hc-one.co.uk/homes/the-rowans

Silver Oaks Residential Care Home Places: 19

11 Silver Street, Whitwick, Coalville LE67 5EW

Tel: 01530 815665 OP D PD

Web: www.silveroakshome.co.uk

**Smith Crescent Care Home** Places: 6

44 Smith Crescent,

Coalville LE67 4 JE

PD LDA SI YA Tel: 01530 815887

Web: www.leics.gov.uk

**Thornham Grove Care Home** Places: 34

137 Chapel Street, Ibstock LE67 6HG

Tel: 01530 262573 OP D PD SI

Web: www.rushcliffecare.co.uk

**Tillson House** Places: 40

Bradgate Drive, Coalville LE67 4HF

Tel: 01530 832793 OP D PD LDA MH SI YA

Westwood House Places: 16

35 Tamworth Road, Ashby-de-la-Zouch LE65 2PW

Tel: 01530 415959 Advert page 50 OP D YA

Web: www.yourhealthgroup.co.uk

Whiteacres Residential Care Home Places: 18

40 Whitehill Road, Coalville,

Ellistown LE67 1EL

**OP D PD LDA MH SI YA** Tel: 01530 260415



The Lawns Care Home

### When you love every day, it's magic.

Every day in The Lawns Care Home is sprinkled with 'Magic Moments'. Our residents have the opportunity to love every day, by doing the things that they have always loved as well as trying new things along the way.

We offer residential care in a homely and friendly environment.

Call us on 0116 214 9924 to find out more.

The Lawns Care Home la Knighton Rise, Oadby, LE2 2RF

www.brighterkind.com/thelawns



brighterkind

Service

OP Older people (65+) D Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

**SI** Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

OP D PD SI

OP D PD MH SI

**Ashby Court Bupa Care Home** Places: 60

Tamworth Road, Ashby-de-la-Zouch LE65 2PX

OP D Tel: 01530 886 576 Advert page 68

Web: www.bupa.co.uk

Places: 55 **Castle Donington Nursing Home** 

Delvin Lane, Castle Donington DE74 2LJ

**PD SI YA** Tel: 01332 853588

Web: www.rushcliffecare.co.uk

**Coalville Nursing Home** Places: 30

Albert Road, Coalville LE673AA

Tel: 01530 817442

Web: www.rushcliffecare.co.uk

Meadows, The Places: 34

94 Loughborough Road, Thringstone,

Coalville LE67 8LR

**OP PD** Tel: 01530 223800

Web: www.priorygroup.com

**Parkmanor Care Home** Places: 40

Albert Road, Coalville LE673AA

OP D PD MH SI Tel: 01530 817443

Web: www.rushcliffecare.co.uk

See page 59 for more information on paying for care homes in Leicestershire.

### **Oadby and Wigston care homes**

Places: 56 **Aigburth** 

21 Manor Road, Oadby, Leicester LE2 2LL

OP D Tel: 0116 271 5068

Web: www.mha.org.uk/care-homes/dementia-care/ aigburth

**Amberwood Care Home Ltd** Places: 44

218 Aylestone Lane, Wigston LE18 1BD

Tel: 0116 281 3474 OP PD

Web: www.amberwood-care-home.co.uk

**Apple House** Places: 9

16-22 Bushloe End, Wigston LE18 2BA

**OP D LDA YA** Tel: 0116 288 8028

**Authentic Kare Company Ltd** 

-8 Wyndham Close Places: 4

8 Wyndham Close, Oadby, Leicester LE2 4HR

Tel: 0116 292 7274 **OP D PD LDA MH SI** 

**Brockshill Woodlands** Places: 30

Briar Walk, off St Margarets Anne Way, Oadby LE2 5UF

OP D PD Tel: 0116 271 6014

Web: www.prime-life.co.uk Advert pages 52 & 53

**Carlton Drive Short Breaks Service** Places: 7

Carlton Drive, Wigston LE18 1DE

PD LDA SI YA Tel: 0116 305 6753

Web: www.leics.gov.uk

**Conifer Lodge Residential Home** Places: 20

33 Aylestone Lane, Wigston, Leicester LE18 1AB

Tel: 0116 288 3170 Advert below

Web: www.coniferlodge.co.uk

**Curtis Weston House** Places: 44

Aylestone Lane, Wigston LE18 1AB

Tel: 0116 288 7799 OP D PD LDA MH SI YA

**Devonshire Court** Places: 69

Howdon Road, Oadby, Leicester LE2 5WQ

OP D PD YA Tel: 0116 271 4171 Advert page 94

Web: www.rmbi.org.uk

**Heathcotes (Magna)** Places: 6

29 Bushloe End, Wigston LE18 2BA

PD LDA MH SI YA Tel: 0116 288 5241

Web: www.heathcotes.net



Family-run residential homes for the elderly, providing quality care for clients who are over 65 years of age. Both homes are able to provide care on the basis for as long as the resident wishes to reside at the home.

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs



## Devonshire Court Short term breaks & permanent stays

At RMBI Care Co. Home Devonshire Court in Oadby, we provide residential care and residential dementia support for up to 69 residents.

"Our aim is to support our residents to live their lives to the full – having dreams about the future, meeting new friends, and having the right support to remain in control of their lives," says Juliet O'Connor, Home Manager.

### Caring is our way of life

Howdon Road, Oadby, Leicester LE2 5WQ www.rmbi.org.uk

f facebook.com/thermbi twitter.com/thermbi

Enjoy a stay in one of the boutique rooms in our star centre, browse around our mall, watch a film in our cinema room, or enjoy a cold beverage in our cocktail bar.

For more information, please contact:
Michelle Giles on 01162 714 171, or email devonshire@rmbi.org.uk



### Oadby and Wigston care homes continued

**Heathcotes (Oadby)** Places: 8

103 Foxhunter Drive, Oadby, Leicester LE2 5FE
Tel: 0116 271 3955
LDA MH

Web: www.heathcotes.net

**Heathcotes (Wigston)** Places: 8

The Vicarage, Bushloe End, Wigston LE18 2BA

Tel: 0116 288 3043

Web: www.heathcotes.net

**Holmes Court Care Home** Places: 29

Kenilworth Road, Wigston LE18 4UF

Tel: 0116 278 2214 **OP D PD MH YA** 

Web: www.prime-life.co.uk Advert pages 52 & 53

Holmes House Care Home Places: 49

Kenilworth Road, South Wigston, Leicester LE18 4UF Tel: 0116 278 2214 OP D PD MH YA

Web: www.prime-life.co.uk Advert pages 52 & 53

Kingswood Lodge Residential Care Home

Kingswood Lodge, Long Street, Places: 21

Wigston LE18 2BP

Tel: 0116 281 2582 **OP D** 

**Lawns Residential Care Home, The** Places: 41

1a Knighton Rise, Oadby, Leicester LE2 2RF

Tel: 0116 214 9924 **Advert page 92 OP PD** 

Web: www.brighterkind.com

**Linford House** Places: 2

4 Linford Close, Wigston LE18 3PZ

Tel: 0116 201 4462 LDA YA

Web: www.serenityinmind.co.uk

**Sycamore Cottage Residential Home** Places: 14

14 Harbrough Road, Oadby,

Leicester LE2 4LA

Tel: 0116 271 1720 **Advert page 30 OP D YA** 

Web: www.allagcare.co.uk

Willows Court Places: 29

107 Leicester Road, Wigston,

Leicester LE18 1NS

Tel: 0116 288 0223 **OP D PD MH YA** 

See the checklist on page 51 for useful questions to ask when looking at care homes.

### Oadby and Wigston care homes with nursing

### **Cedar Court Residential and Nursing Home**

22-27 Long Street, Wigston, Leicester LE18 2BP

Tel: 0116 257 1330 Places: 52 **OP PD YA** Web: www.hc-one.co.uk

Magna Nursing Home Places: 36

27-29 Long Street, Wigston LE18 2BP

Tel: 0116 288 3320 **OP D PD MH YA** 

Web: www.hc-one.co.uk

Nightingales Nursing Home Places: 38

35 Aylestone Lane, Wigston,

Leicester LE18 1AB

Tel: 0116 288 3443 **OP PD SI** 

See page 59 for more information on paying for care homes in Leicester, Leicestershire and

Rutland.

### **Rutland care homes**

**Aberdeen House** Places: 18

20 Stockerston Road, Uppingham,

**Belton House Retirement Home** 

2 Littleworth Lane, Belton In Rutland,

Oakham LE15 9UD

Oakham LE15 9|Z

Tel: 01572 717682

Tel: 01572 823308 **OP** 

18 Chater Lodge Places: 45

High Street, Ketton, Stamford, Rutland PE9 3TJ
Tel: 01780 778 176 **Advert page 50 OP D PD YA** 

Web: www.barchester.com

Crown House Care Home Places: 21

Crown Walk, High Street, Oakham LE15 6BZ Tel: 01572 770301

Web: www.crownhouse.org.uk

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

Places: 30

OP D PD MH SI

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

**OP** 

### Rutland care homes continued

**Lodge, The** Places: 30

Main Street, Market Overton, Oakham LE15 7PL

Tel: 01572 767234 **OP LDA YA** 

Web: www.lodgetrust.org.uk

Manton Hall Places: 34

Lyndon Road, Manton,

Oakham LE15 8SR

Tel: 01572 737212 **OP D PD MH** 

Oak House Residential HomePlaces: 25

Pond Lane, Greetham, Oakham LE15 7NW

Tel: 01572 812647 **OP PD SI** 

Web: www.oakhouse-carehome.co.uk

**Rutland House Community Trust** 

Willowbrook, Willow Crescent,

Oakham LE15 6EH

Tel: 01572 771001 **OP PD LDA** 

Web: www.rutlandhousecommunity trust.co.uk

Wisteria House Residential Home

**– Rutland** Places: 16

9 Ayston Road, Uppingham, Oakham LE15 9RL

Tel: 01572 822313

If you are considering a care home with nursing, see the checklist on page 51.

### Rutland care homes with nursing

**Tixover House** Places: 48

**Aspen Manor Care Home** Places: 78

Barleythorpe Road, Oakham LE15 6GL

Tel: 01780 668118 OP D PD SI YA

Web: www.alysiacaring.co.uk

Tixover Grange, Tixover, Stamford,

Rutland PE9 3QN

Tel: 01780 778 177 **Advert page 50** 

Web: www.barchester.com

OP D PD YA

Advertisers are highlighted

Places: 10

OP

Oakham Grange Places: 60

Wheatfield Way, Barleythorpe,

Oakham LE15 7UD

Tel: 01572 332211 **OP D YA** 

Web: www.ardale.co.uk

**Rutland Care Village** Places: 82

Huntsmans Drive, Barleythorpe Road,

Oakham LE15 6RP Advert page 52 & 53

Tel: 01572 722350 **OP D PD** 

Web: www.prime-life.co.uk





### Search for care in your area © CareChoices

www.carechoices.co.uk

Q

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

### Shaping adult social care in Leicestershire

Leicestershire County Council is offering you the opportunity to:

- provide your thoughts and opinions;
- influence the way services are designed; and
- develop your skills and networks.

Leicestershire County Council are looking for people who live in Leicestershire and use social care services, care for someone who does or has a vested interest in the development of social care and support; to work with the council in the future. Your time, skills and experience are valued.

To tell the council what you are happy to talk about and how you would like to do that, visit https://surveys.leics.gov.uk/snapwebhost/s.asp?k=147394556714 and complete the contact questionnaire.

Alternatively, you can email **ASCengage@ leics.gov.uk** or call **0116 305 0232** for more information, or to ask for paper copy of the questionnaire.

### Useful local contacts

### Adult Social Care and Health Leicestershire County Council

Tel: **0116 305 0004** (Monday to Thursday, 8.30am to 5.00pm; and Friday, 8.30am to 4.30pm).

Out-of-hours tel: **0116 255 1606** 

Email: adultsandcommunitiescsc@leics.gov.uk Web: www.leicestershire.gov.uk/adult-social-care-and-health

### **Adult Social Care Leicester City Council**

Tel: **0116 454 1004** (Monday to Friday,

8.00am to 6.00pm).

Out-of-hours tel: **0116 255 1606** 

Email: contact-response@leicester.gov.uk Web: www.leicester.gov.uk/health-and-social-

care/adult-social-care

### **Adult Social Care Rutland County Council**

Tel: **01572 758341** (Monday to Thursday, 9.00am to 5.00pm; and Friday, 9.00am to 4.30pm).

Out-of-hours tel: **0116 255 1606** 

Email: adultduty@rutland.gov.uk

 $Web: {\color{blue}\textbf{www.rutland.gov.uk/my-services/health-}}$ 

and-family/adult-social-care

### **Age UK Leicester Shire & Rutland**

For complete list of services currently offered by Age UK Leicester Shire & Rutland, contact:

Tel: **0116 299 2233** 

Email: enquiries@ageukleics.org.uk
Web: www.ageuk.org.uk/leics

### Advocacy

Provides independent advocacy for those in Leicester, Leicestershire and Rutland who are finding it difficult to understand the social care system or communicate their preferences.

Tel: **0116 204 5110** 

Email: advocacy@ageukleics.org.uk

### **Carers' Support Service (Leicester City)**

Provides support and information to all carers over the age of eighteen in Leicester City.

Tel: **0116 222 0538** 

Email: carers@ageukleics.org.uk

### Day care

Day care groups support people with a wide range of needs including physical disability, reduced mobility, mental health and learning disabilities. Accessible transport provided. Free taster days available.

Tel: **0116 222 0558** 

Email: Daycare@ageukleics.org.uk

### **Dementia support**

Provides one to one and group support for people living with dementia and informal/family carers.

→ See page 24 for more information.

Tel: 0116 223 7363 (Leicester and Leicestershire) or

**01572 823942** (Rutland).

Mob: 07738 820910 (Rutland).

Email: dementia.support@ageukleics.org.uk

(Leicester and Leicestershire) or

yvonne.rawlings@ageukleics.org.uk (Rutland).

### **Domiciliary care**

CQC registered. Provides personal care, domestic support and Personal Assistants.

Tel: 0116 299 2266

Email: homehelp@ageukleics.org.uk

### **Footcare**

Professional toenail and fingernail cutting service at venues across Leicester, Leicestershire and Rutland. Home appointments now available.

Tel: **0116 299 2266** 

Email: footcare@ageukleics.org.uk

### Handyperson and gardening

DBS checked staff provide a professional service. Available to owners, occupiers and tenants (where repairs are not the responsibility of the landlord).

Tel: **0116 299 2266** 

Email: handyman@ageukleics.org.uk

### Information and advice

Confidential and independent service. Includes welfare benefits, housing and property, money matters, health and care. Access this service by contacting the Information and Advice helpline, Monday to Friday, 9.00am to 1.00pm. You can also get in touch via email.

Tel: **0116 299 2278** 

Email: ianda@ageukleics.org.uk

### **Better Care Together**

A partnership of local organisations working together to create and improve the quality of sustainable health and social care services in Leicester. Leicestershire and Rutland.

Tel: **0116 295 0750** 

Email: beinvolved@LeicesterCityCCG.nhs.uk
Web: www.bettercareleicester.nhs.uk/better-

care-together-home

### Carers Centre Leicestershire and Rutland, The

A local charity committed to helping carers of

people with differing needs across Leicester, Leicestershire and Rutland. CLASP has been supporting carers for over 25 years, helping them to feel valued, supported and empowered.

Tel: **0116 251 0999** 

Email: enquiries@thecarerscentre.org.uk
Web: www.claspthecarerscentre.org.uk

#### Citizens Advice LeicesterShire

A registered charity offering free, confidential and independent advice on a wide range of topics including claiming benefits, completing forms, paying for care and debt advice. Since 23rd March 2020, all Citizens Advice services have been delivered over the phone, via email or online. Use the contact details provided or visit the website of your local branch to complete an online contact form.

Tel: **0808 278 7970** (Leicester City, Monday to Friday, 9.00am to 4.30pm).

Tel: **0808 278 7854** (Leicestershire, Monday to Friday, 9.00am to 4.30pm).

Web: www.citizensadviceleicestershire.org

### Blaby

Web: www.citizensadviceleicestershire.org/get-advice/blaby

### **Hinckley and Bosworth**

Web: www.citizensadviceleicestershire.org/get-advice/hinckley-bosworth

### **Leicester City**

Web: www.citizensadviceleicestershire.org/get-advice/leicester-city

### Loughborough, Shepshed and Syston

Tel: **01509 649605** (local enquiry line – open Monday, 9.30am to 3.00pm; Tuesday, 9.30am to 12.00pm; and Thursday, 9.30am to 3.00pm). Tel: **0800 144 8848** (general advice line – open

Monday to Friday, 9.00am to 5.00pm). Textphone: 18001 **0800 144 8884** Web: **www.charnwoodcab.org.uk** 

### **Market Harborough**

Web: www.citizensadviceleicestershire.org/get-advice/harborough

### **Melton Mowbray**

Web: www.citizensadviceleicestershire.org/get-advice/melton

### Oadby and Wigston

Web: www.citizensadviceleicestershire.org/get-advice/oadby-wigston

#### Citizens Advice – Rutland

A registered charity offering free, confidential and independent legal advice on a wide range of topics including welfare benefits, debt and housing. The service offers specialist advice for people and their carers living with long- term health conditions which includes disability and carer benefits, employment and paying for care.

Tel: **01572 723494** (call to arrange an appointment, Monday to Friday, 9.00am to 5.00pm).

Web: www.citizensadvicerutland.org.uk

(online contact form provided).

### **Community Advice and Law Service (CALS)**

A not-for-profit organisation providing free information and advice on debt, housing and welfare benefits in Leicester and Leicestershire.

Tel: 0116 242 1120 • Email: enquiries@cals.uk.net

Web: www.cals.uk.net

#### **First Contact Plus**

An online tool designed to make it easier for adults in Leicestershire to access local services. You can search for information and resources about housing, health, living independently and more. Complete the online referral form and you will be contacted within a few days.

Email: firstcontact@leics.gov.uk Web: www.firstcontactplus.org.uk

### **Healthwatch**

Helps you get the best out of your local health and social care services. Healthwatch is an opportunity for the public to influence how social care services are developed locally. If you have something to share about your experience of health or social care services in Leicester, Leicestershire or Rutland, get in touch.

### **Leicester and Leicestershire**

Tel: **0116 251 8313** 

Email: enquiries@healthwatchll.com

Web: www.healthwatchll.com

### **Rutland**

Tel: 01572 720381

Email: info@healthwatchrutland.co.uk Web: www.healthwatchrutland.co.uk

### Leicester, Leicestershire and Rutland Dementia Friendly Community

The Leicester, Leicestershire and Rutland Dementia Friendly Community is made up of various organisations and individuals from across the area, all with the same aim — to improve the lives of people living with dementia and their carers. Email: samantha.clarke@blaby.gov.uk and lynne.woodward@leicestershire.pnn.police.uk Web: www.dementiaaction.org.uk (search 'Leicester, Leicestershire and Rutland Dementia Action Alliance').

### Leicestershire Partnership NHS Trust – Patient Advice and Liaison Service (PALS)

Patient Advice and Liaison Services are one stop shops for patients and their families seeking advice and support on all aspects of healthcare.

Tel: **0116 295 0830** 

Email: PALS@leicspart.nhs.uk

Web: www.leicspart.nhs.uk/contact/patient-

advice-and-liaison-service-pals

### Local Area Co-ordinators (LACs)

LACs aim to improve the health and wellbeing of individuals and communities. This helps to reduce demand on public services (mainly health and social care), preventing people from reaching crisis, and requiring costly care and support services.

Tel: 0116 305 9646

Email: anna.christie@leics.gov.uk

Web: www.leicestershirecommunities.org.uk/csi/

local-area-coordination.html

### **Local District and Borough Councils in Leicestershire**

If you live in Leicestershire but outside of the city, your local council will be one of the following.

**Blaby District Council** 

Tel: **0116 275 0555** 

Web: www.blaby.gov.uk

**Charnwood Borough Council** 

Tel: **01509 263151** 

Web: www.charnwood.gov.uk

**Harborough District Council** 

Tel: **01858 828282** 

Web: www.harborough.gov.uk

### → Hinckley and Bosworth Borough Council

Tel: **01455 238141** 

Web: www.hinckley-bosworth.gov.uk

### **Melton Borough Council**

Tel: **01664 502502** 

Web: www.melton.gov.uk

### **North West Leicestershire District Council**

Tel: **01530 454545** 

Web: www.nwleics.gov.uk

### **Oadby and Wigston Borough Council**

Tel: 0116 288 8961

Web: www.oadby-wigston.gov.uk

### **Local Energy Advice Programme (LEAP)**

LEAP is a free service that is helping people keep warm and reduce their energy bills. LEAP offers a free of charge in-home advice visit and is designed to target households that either are already in or are at risk of falling into fuel poverty. LEAP's Home Energy Advisors can install free, simple energy saving measures in your home, check if you're on the best energy tariff and arrange a free money advice consultation.

Tel: 0800 060 7567

Email: support@applyforleap.org.uk
Web: www.applyforleap.org.uk

### Monday Club, The

A specialist group for people aged 18 to 65 who have Autism Spectrum Disorder or Asperger Syndrome. The club is available to self-refer to and members meet on Monday evenings from 7.00pm to 9.00pm.

Leicestershire Centre for Integrated Living, West End Neighbourhood Centre, Andrewes Street, Leicester LE3 5PA

Tel: 07873 311610

Email: themondayclub@hotmail.co.uk Web: www.themondayclub.co.uk

### **POhWER**

Provide independent mental capacity advocacy, independent mental health advocacy and NHS complaints advocacy services in Leicester, Leicestershire and Rutland.

Tel: **0300 456 2370** 

Text: send the word 'pohwer' with your name and

number to 81025.

Minicom: **0300 456 2364**Email: **pohwer@pohwer.net** 

Web: www.pohwer.net/east-midlands

### RISE Social Prescribing (Rutland)

The RISE Social Prescribing service focuses on what matters to you, helping you to find practical and positive ways to improve your health and wellbeing and get back to living your best life. Ask at your Rutland GP practice or use the contact details below.

Email: RISE@rutland.gov.uk

### **Royal Voluntary Service (RVS)**

RVS volunteers can help you to get back on your feet and feel confident to remain independent, should you need more support than usual after returning home from a hospital stay in Leicester, Leicestershire and Rutland.

Tel: **0116 266 7706** 

Email: leicsrutlandhub@royalvoluntaryservice.

org.uk

Web: www.royalvoluntaryservice.org.uk/our-

services/hospital-support

### **Rutland Community Wellbeing Service**

Based at the Citizens Advice office in Oakham, this is a free, impartial and confidential information, advice and assistance service for Rutland residents who need support to improve their health and wellbeing. Services include money management, healthy lifestyles, housing advice, sensory impairment advice and support to reduce social isolation.

Tel: **01572 725805** 

Web: **www.rutlandwellbeing.org.uk** (online contact form provided).

#### TuVida

A local organisation supporting carers in Leicestershire. It supports both adult and young carers and has various support groups and services to help carers in their role.

Tel: 0115 824 8824

Email: eastmidlands@tuvida.org
Web: www.tuvida.org/eastmidlands

### **Voluntary Action Leicestershire**

A charity working to better the lives of local residents through helping them into work, training

and volunteering opportunities.

Tel: 0116 257 5050

Web: www.valonline.org.uk

If you've not managed to find exactly what you're looking for, visit your local council's online information and services directory.

**Leicester City Council** 

Web: mychoice.leicester.gov.uk

**Leicestershire County Council** 

Web: www.leicestershire.gov.uk/lisd

**Rutland County Council** 

Web: ris.rutland.gov.uk

### Useful national contacts

### **Age UK**

Tel: **0800 055 6112** Web: **www.ageuk.org.uk** 

### **Al-Anon Family Groups**

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811** (10.00am to 10.00pm).

Email: helpline@al-anonuk.org.uk Web: www.al-anonuk.org.uk

### **Alzheimer's Society**

Dementia Connect support line: **0333 150 3456** (Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm).

Web: www.alzheimers.org.uk

### **Association of Charitable Organisations**

A national umbrella body for benevolent charities.

Tel: 0207 255 4480 Email: info@aco.uk.net Web: www.aco.uk.net

### **Association of Independent Care Advisers (AICA)**

AICA represents organisations based in the UK dedicated to helping people identify the most appropriate type of care service and care provider for their individual needs.

Tel: **01483 203066** Web: **www.aica.org.uk** 

### **British Institute of Learning Disabilities (BILD)**

Committed to improving the quality of life for people with a learning disability.

Tel: 0121 415 6960

Email: enquiries@bild.org.uk

Web: www.bild.org.uk

#### **Care Choices**

Searchable website providing comprehensive details of care providers as well as essential information on finding appropriate care and support.

Web: www.carechoices.co.uk

### **Care Funding Guidance**

Helping self-funders make the right choices about paying for their own care and support.

Tel: **01978 513317** 

Email: info@carefundingguidance.org

Web: www.carefc.co.uk

### **Care Quality Commission**

Independent regulator of care services in England. Tel: **03000 616161 •** Web: **www.cqc.org.uk** 

### **Carers Trust**

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.

Tel: **0300 772 9600** Email: **info@carers.org** Web: **www.carers.org** 

### **Carers UK**

The voice of carers.

Tel: **0808 808 7777** (Monday to Friday,

9.00am to 6.00pm).

Email: advice@carersuk.org
Web: www.carersuk.org

#### **Citizens Advice**

Practical, reliable, up-to-date information on a wide range of topics.

Tel: 0800 144 8848

Textphone: **18001 0800 144 8884** Web: **www.citizensadvice.org.uk** 

### **→** CHS Healthcare

Bringing together the NHS, social care, providers and families to arrange care for people in their homes or in the community across the UK.

Tel: **0121 362 8840** 

Email: enquiries@chshealthcare.co.uk

Web: www.chshealthcare.co.uk

### **Dementia Adventure**

Provides supported holidays for people with dementia as an alternative to traditional respite where partners, family, friends, or carers can enjoy an outdoor break together. Holidays are usually five days long, can be bespoke, are subsidised and are available to anyone across the UK.

Tel: 01245 237548

Email: info@dementiaadventure.co.uk
Web: www.dementiaadventure.co.uk

### **Elderly Accommodation Counsel**

Help older people make informed choices about meeting their housing and care needs.

Web: www.housingcare.org

### **Free Wills Month**

A national scheme organised every year allowing people aged 55 and over to have their simple wills written or updated free of charge. The service is offered by a group of charities using participating solicitors in selected locations across England, Wales and Northern Ireland.

Web: www.freewillsmonth.org.uk

### Friends of the Elderly

A charity which supports older people who have a range of practical needs. • Tel: **0207 730 8263** 

Email: enquiries@fote.org.uk
Web: www.fote.org.uk

### **Herbert Protocol**

A national scheme introduced by the police in partnership with other agencies which encourages carers to compile useful information which could be used in the event of a vulnerable person going missing. • Web:

www.leics.police.uk/notices/af/herbert-protocol

### **Homecare Association**

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors. • Tel: **0208 661 8188** 

Email: helpline@homecareassociation.org.uk
Web: www.homecareassociation.org.uk

### Hourglass

Works to protect, and prevent the abuse of, vulnerable older adults. • Helpline: **0808 808 8141** 

Web: www.wearehourglass.org

### **Independent Age**

Produces a wide range of guides and factsheets for older people, their families and carers, covering topics such as staying independent and planning for the future. • Tel: **0800 319 6789** (Monday to Friday, 8.30am to 6.30pm).

Email: advice@independentage.org
Web: www.independentage.org

### Medequip - returning equipment

If your equipment is on loan to you, it must not be sold or disposed of. When you no longer require it, please contact Medequip to request free collection. Alternatively, you may return it to your local drop off point, visit the website below. If you purchased your equipment and are looking to dispose of it, visit the Equipment Recycling page via the website below. Web:

www.medequip-uk.com/returning-equipment

### Message in a Bottle

Organised by Lions Clubs British Isles, the Message in a Bottle Scheme allows for an individual's personal and medical information to be easily accessible to emergency services in the case of an accident. • Tel: **0121 441 4544** 

Email: enquiries@lionsclubs.co

Web:

www.lionsclubs.co/Public/messsage-in-a-bottle

### My Care My Home

A national organisation providing care, support and advice for elderly and vulnerable adults across England and Wales. My Care My Home offers a range of products, services and choices with a focus on maintaining people's independence in their own homes through domiciliary and live-in care.

Tel: **0800 731 8470** 

Email: info@mycaremyhome.co.uk Web: www.mycaremyhome.co.uk

### My Family, Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs. • Web: www.myfamilyourneeds.co.uk

### **National Activity Providers Association (NAPA)**

Promotes the importance of activities for older persons. • Tel: **01494 590421**Email: **info@napa-activities.co.uk**Web: https://papa.activities.co.uk

Web: https://napa-activities.co.uk
National Association of Funeral Directors

Represents funeral homes and has a searchable database of funeral firms. • Web: www.nafd.org.uk

### National Society of Allied and Independent Funeral Directors

Represents privately-owned, independent funeral homes. Has a searchable database of members.

Web: www.saif.org.uk

#### **NHS 111**

Free helpline for urgent medical concerns. You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way.

Tel: 111 • Typetalk: 18001 111 • Web: www.111.nhs.uk

#### **NHS Find Services**

An online tool allowing you to search the NHS website and its service directories for local care opportunities. You can specify your search by service name, type and your condition, or you can browse services from A-Z.

Web: www.nhs.uk/service-search

### Pension Wise - Money Helper

Free and impartial Government guidance for the over 50's about your defined contribution pension options. Call the number below to book a free appointment.

Tel: 0800 011 3797

Web: **www.moneyhelper.org.uk** (select 'Pensions & retirement').

#### **Playlist for Life**

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who meets them to be aware of it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music.

Tel: **0141 404 0683** 

Email: info@playlistforlife.org.uk Web: www.playlistforlife.org.uk

### **Registered Nursing Home Association (RNHA)**

Campaigns for high standards in nursing home care.

Tel: **0121 451 1088**Email: **info@rnha.co.uk**Web: **www.rnha.co.uk** 

### Relatives and Residents Association, The

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: **0207 359 8136** (Monday to Friday, 9.30am to

1.00pm; and Thursdays, 6.00 to 8.00pm).

Email: helpline@relres.org
Web: www.relres.org

### **SANE**

Advice on mental health issues.

Tel: **07984 967708** (leave a message with your first name and a contact number, and a senior volunteer or professional will call you back).

Email: support@sane.org.uk

Web: www.sane.org.uk

### **Silver Line, The**

A dedicated 24-hour helpline for older people across the UK to combat loneliness in the over 55s by providing friendship, information and advice.

Tel: 0800 470 8090

Web: www.thesilverline.org.uk

### **SSAFA**

The UK's oldest national tri-service military charity, supporting the wellbeing of armed forces personnel, veterans and their families and ensuring their dignity and independence is upheld.

Tel: **0800 260 6767**Web: **www.ssafa.org.uk** 

### **Veterans' Gateway**

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: 0808 802 1212

Web: www.veteransgateway.org.uk

#### Which?

Free, independent and practical guidance about making care choices across the UK. Search for specific advice, browse featured content or find the cost of care in your area and your eligibility for financial support.

Web: www.which.co.uk/later-life-care

Index Advertisers in **bold** 

### Home care providers

180 Surrey Street	29	R		Caremark Hinckley	
21 Huntingdon Road	29	D	21	Bosworth & Blaby	33
24/7 Flex Care Ltd	29	B-Hope and Care Services Ltd Bait'ul Care Ltd	31	Carers Direct Homecare Ltd	34
24/7 Helping Hands Service Ltd	29	Barclay Services	31 31	Carewatch (Harborough)	34
2M Health And HomecareServi		Bateleur HC Ltd	31	Caring Companions	
Ltd Ross Walk Leicester	29	BCML Health Ltd	31	Homecare Ltd	34
3 Star Health Care Ltd – Leicester		Beaumont Business Enterprise	31	Caring Company Rutland Ltd, The	34
39 Carnation Road	29	Best Deal Care Ltd	31	Caring Hands	54
-	25	Bi Flexi Support Ltd	31	(Domiciliary Care) Ltd	34
A		Blue Arch Homecare	31	Caring Hands Leicester Ltd	34
A&R Guardian Services Ltd	29	Blue Ribbon Care (Leicestershir and Rutland)	e 31	Case Healthcare	34
A2L Care Services	29	Bluebird Care (Leicester,	21	Choice East Midlands	
Abbey Support & Services Ltd	29	Hinckley, Bosworth		(Supported Living)	34
Absolute Care – Barrow	29	and Blaby)	33	Choices Care Ltd	34
Abundant Life Care Ltd	29	Bluebird Care (Market		CM Community Care	٦,
Accredo Support		Harborough and Oadby)	33	Services Ltd Leicester	34 34
& Development Ltd	29	Bluebirdcare Ltd /		Community Careline NWL Ltd	34 34
Achieve With Us Ltd	29	Loughborough & Ashby-de-la-Zouch	33	Community Support Services Community Support Services	54
Action Deafness	29	Bluewood Healthcare	33	Micare	34
Actus Healthcare	29	Bluewood Recruitment Ltd –	55	Companion Care Agency	34
ADA Homecare Ltd	29	Loughborough	33	Compassion Care Service Ltd	34
		BM Care Management Solution	IS	Creative Care	34
Adaptus Cares Ltd	29	Ltd – 1A West Street	33	Creative Care (Leicester)	34
Advance	29	Bonney Care Agency	33	Creative Care Ltd	34
Affinity Trust		Bosworth Homecare	22	Creative Support	
<ul><li>– Domiciliary Care Agency</li><li>– Central</li></ul>	29	Administrative Offices Brand Care	33 33	<ul><li>Leicester Service</li></ul>	34
		Bridgegate Home Care	33	Crewton Care	34
Alliance SC Ltd	31	Bright Almond Care Ltd	33	Crystal Care Service (Leicester)	34
Alpha-Imperial Private Ltd	31	Bright Intergrated Care Ltd	33	D	
Always Take Care Ltd	31	Brockshill Woodlands	33	D & H Community Support Ltd	2/.
Amicare House	31	Burbage Homecare Ltd	33	D R & C Private Home Care Ltd	
Apollo Care & Support Ltd	31	Business Box, Leicester		Dandelion Home Care	35
Arch Domiciliary Care		(Paradise Hope Ltd)	33	Direct Care Works Ltd	35
Services Ltd	31			Diversity Social Care Ltd	35
Arona Support	31	Cairbairz Ltd – Leicester	33	Divine Home Care Ltd	35
Ashlands Mews	31	Care 4 U – 466 Melton Road	33	Domiciliary Care Service	35
Aspire UK	31	Care at Home (Midlands) Ltd	33	Domiciliary Care Services	-
Assured Community Care	31	Carelink Healthcare	55	(UK) Ltd – Knighton Road	35
Authentic Kare Company Ltd		Professionals Ltd	33	Dreisco Care Ltd	35
– 8 Wyndham Close	31	Caremark – Charnwood	33	Dynamic Care Services Ltd	35

E		Help at Home (Oak Court)	36	K	
<b>L</b> E&S Care At Home Ltd	35	Help at Home (St Marys House)	36	• •	38
East Midlands Homecare Ltd	35	Help at Home (Waterside Court)	36	Kare Plus Loughborough Karing Hands Care	38
Elliott Residential Care Home	35	Help at Home Leicester	36	Key 2 Care Leicestershire	38
Embraced Care	35	Helpful Home Care Ltd	37	•	38
Emma Way Associates	35	Helping Hands Homecare		Kingfisher Care (Midlands) Ltd	38
Enable Inclusive Support Ltd	35	Services	37	Kirby Care Ltd	
Enlightened Care		Helping Hands Leicester	37	Knighton Manor Ltd	38
Generation Ltd	35	Helping Hands Market		Kris Carers Ltd	38
Enliven Social Care Ltd	35	Harborough	37		
Eunha Healthcare Ltd	35	Helping Hands Wigston	37	Lansdowne House – Leicester	38
Evershining Care Services	35	Heroic Care Ltd	37	Learning Support Centre, The	38
Evolving Care Ltd	35	Hinckley Carer Support Scheme	e 37	Leicester Jamaica Community	50
Excell Care Services	35	HK Care Consulting Ltd	37	Service Group	
Exceptional Home Care	35	Hodman Care Ltd	37	– Caribbean Court	38
F		Holmwood Gardens Domicilia	ry	Leicestershire Community	
•	2.5	Care Services	37	Support Scheme	38
Family Care Agency	35	Home Instead Senior Care		Lifeways Community Care Ltd	
Fay Medical Ltd	35	– Hinckley	37	(Leicester)	38
FDS Divine Care Ltd – 29 Glaisdale Close	36	– Leicester	37	Luminary Care Ltd	38
Fosse Healthcare – Leicester	36	– Market Harborough	37 37	Lustro Health	38
Fouta Quality Care Ltd	36	- Rugby		A 4	
Freedom Support	36	Home Straight Partnership Ltd	37	M	
FTM Dance CIC,	50	Homecare Assessment and Reablement Team (HART)		MacIntyre Leicester LifeLong	
Pera Business Park	36	Leicestershire	37	Learning	38
		Homepeace Care	37	Medacs Healthcare – Leicester	38
G		Hunters Lodge	37	MELM Care Solutions	39
G&M Healthcare Services Ltd	36	Huntsman's Lodge DCA	37	Melton Care Services	39
Geraint House	36	Hullisman's Louge DCA	31	Melton Care Services Ltd	39
Glee Care Ltd	36			Melton Mencap	39
Gold Crown Care Services Ltd	36	iCall Care	37	Melton Supported Living Service	39
Goldfinch Care Agency Private	20	Infinity Care Services Ltd	37	Mercie Grace Care	39
Ltd Crass Care LIV	36 36	Inheritance Medical Ltd		Meridian Health and Social	
Grace Care UK GreenSquareAccord Leicester			38	Care – Hinckley	39
GreensquareAccord Leicester	30	Innovations24 Ltd	38	Meridian Health and Social	
H		Integrated Crisis Response	20	Care – Leicester	39
Halcyon Days Community		Service	38	Mi Life Care Services Ltd	39
Opportunities Ltd	36	Interpid Care & Support Services	s38	Midlands Care Direct	39
Hales Group Ltd – Leicester	36	I		Mill Farm	39
Hartington Road Care Home	36	J	20	Mosaic: Shaping Disability	
Heartwell House Residential		Jakaranda Care	38	Services	39
Care Home	36	JaMax Homecare	38	MTM Care Services Ltd	20
Help at Home		Jewel Home Care	38	- Leicester	39
(Connaught House)	36	June Home Care Ltd		Murray Healthcare Services Ltd	
Help at Home		– Loughborough		My HomeCare HFW Ltd	39
(Danbury Gardens)	36	& Charnwood area	38	My Homecare Leicester	39

N		R		SureCare Leicester	42
NAS Community Services		Raageh Care Ltd		Swan Care Group Ltd	42
(Leicester)	39	– 91 Crafton Street	41	Sycamore Court	42
NDH Care (Leicester)	39	Radfield Home Care		Т	
,		Loughborough, Charnwood		Tailormade Healthcare	42
New Hope Care Leicester	39	& Melton Mowbray	41	TLR Health Care Services Ltd	42
New Hope Care Rutland	39	Radfield Home Care Stamford.		TML Care Solutions Ltd	42
New Hope Housing and Suppor		Peterborough & Rutland	41		42
New Horizon Care	39	Rehoboth Health and	-	Trinity Independent Care Ltd	42 42
Newcross Healthcare Solution	S	Home Care Ltd	41	Tsuri Care, The	42
Ltd (East Midlands Service)	40	Reign Supreme Care Services		U	
Next Care Ltd	40	Ltd – Leicester	41	UK Care Staffing	42
NISE Nursing Ltd – Leicester	40	Reliance Community Care Ltd	41	UK Care Team Ltd	42
No 8 Baysdale Road	40	Revive Care Ltd	41	UK Instant Services Ltd	42
No Place Like Home		RHS24 Care Registered Office	41	UK Top Care Ltd	42
Midlands Ltd	40	Richmore Care Services	41	Universal Care Services Hinckley	
		Right at Home Loughborough	41	1/	
O		Rising Care Services Ltd	41	V	
Onduty 24 Ltd	40	Roseleigh Day Care	41	Vale Care Ltd	43
Б		RT-Care Solution Ltd	41	Valland Care and Support Ltd	43
P		Rutland Cottages	41	Value Based Care	43
Panashe Home Care		Rutland House	41	Velvet Glove Care Ltd	43
Services Ltd	40	Rutland House		Victory Care Ltd	43
Passion Healthcare Ltd	40	Community Trust	41	Village Homecare	43
Pathfinders Community		<u> </u>		Vintage Social Care Ltd	43
Support Ltd	40	5		Vision Homecare Group	43
Personal Touch Care Ltd	40	Saint Care Agency	41	Voyage (DCA) Leicestershire	43
Personalized Care	40	Salus Care Group	41	\\\	
Practical Care Solutions Ltd	40	Select Care Services Ltd		VV	
Precious Hope and Home		– 109 Coleman Road	41	Waterlees Supported Living	
Care Ltd	40	Sensitive Care Solutions Ltd	41	Service	43
Premium Home Care		Serenity Inmind	41	Welland Place	43
Services Ltd	40	Seven Steps Healthcare Ltd	41	Wellbeing and Support Ltd	43
Prestige Care 247 Ltd	40	Shalom Home Care Ltd	42	Wellbeing Homecare	
Prestige Nursing – Leicester	40	Shepshed Carers Ltd	42	Services Ltd	43
Prestige Social Care	40	Smith Crescent Supported		Westminster Homecare Ltd	43
Services Ltd – Leicester	40	Living Service	42	WHM Work Connections	, ,
Private Home Care UK Ltd	40	Snowdrop Homecare		Supported Living Office	43
(Leicester)	40	Rutland Ltd	42	Witlens Ltd	43
Prospects Healthcare Ltd	40	Sova Healthcare – Leicester	42	Woodleigh Healthcare	43
Provision Care Ltd	40	Spirit Home Care	42	Wyville Home Care Services Ltd	43
		Springfield	42	Y	
Pure Care Support Leicester	40	Stables Mauricare Ltd, The	42	Your Choice Care Ltd – Office	/ <sub>1</sub> 3
Purple Care	40	Stibbe Lofts	42	Your Independence Matters Ltd	
Purple Heart Health Care	40	Storm Homecare Ltd	42	•	
$\cap$		Support & Connections Office	42	YourLife (Glen Parva)	43
Υ		SureCare Charnwood and	, -	Yourlife (Market Harborough)	43
Qualitywatch Care Services Ltd	140	Rushcliffe	42	Yourlife (Oakham)	43

25 Percival Way	80	Barkby Road	73	Clarendon Beechlands	81
٨		Barons Park Care	73	Clarendon Mews Care Home	81
A		Beaumanor Nursing Home	77	Coalville Nursing Home	93
A S Care	80	Beaumont Hall	81	Community Living Project	73
Aaron Court	89	Belton House Retirement		Conifer Lodge Residential	
Aarons Specialist Unit	77	Home	95	Home	93
Abberdale Ltd		Berrystead Nursing and		Cooper House	81
T/A Abberdale House	80	Residential Home Ltd	77	Coriander Road	81
Abbey House	80	Bethel/Bethesda Residential		Croft House	73
Abbeyfield Loughborough	73	Home	79	Crown House Care Home	95
Society Aberdeen House		Big House, The	73	Curtis Weston House	93
Acorn Close	95 <b>73</b>	Bodnant House	81	Г	
	73	Bosworth Court Care Home	80	D	
Agnes House	80	Bow Lodge	81	Damascus House	73
Alayandra Hayan Laisastar	93	Braunstone Firlands	00	Dane View Care Home	
Alexandra House – Leicester	71	Nursing Home	<b>89</b>	with Nursing	89
Alston House	80	Briars, The	79	Devonshire Court	93
Amberwood Care Home Ltd	93	Broadoak Grange	91	Diamond House	81
Amwell, The	91	Broadoak Lodge	91	Diwali Nivas	81
Anita Jane's Lodge	80	Brockshill Woodlands	93	E	
Apple House	93	Brook House Care Home	77	_	
Applegarth	71			Egerton Lodge Residential Home	91
April Cottage Retirement Home	Ω1	Carlton Drive Short Breaks			
Arbor House	91 80	Service	93	Elliott Residential Care Home	82
	80	Castle Donington Nursing	33	Enderby Grange	71
Ark Care Lodge Ltd, The		Home	93	Everdale Grange	89
Ash Tree	73	Cedar Court Residential and		Evington Grange	82
Ashbaiah Nursing Home		Nursing Home	95	Evington Home  — Pilgrims' Friend Society	82
Ashleigh Nursing Home	89	Cedar House Care Home	73		02
Ashton Care Home, The	80	Cedar Mews	73	F	
Ashton Lodge Residential Home		Chantry, The	81	Famille House	71
Aspen Manor Care Home	96	Charnwood Hall Nursing Home	77	Fernleigh Care Home	91
Asra House Residential Care Home	81	Charnwood Lodge	73	Five Rivers Living	82
Authentic Kare Company Ltd	OI	<b>Charnwood Oaks Nursing</b>		Fosse Court	82
-8 Wyndham Close	93	Home	77	Framland	91
Ayeesha-Raj Care Home	73	Charnwood Park Residential		Freedom Care Ltd	91
Aylesham Court Bupa Care		Home	77	Freedom Care Ltd	<i>J</i> .
Home	73	Chataway Care Home	71	– 362 Park Road	73
Aylestone Grange	81	Chater Lodge	95	Freedom Care Ltd	
D		Cherre Residential Care	81	– 68 Conway Drive	73
D		Cherrytree Residential Home	71	C	
Barclay House	89	Chestnuts, The	91	G	
Barclay Street	81	Church View	81	Garendon Residential Home	73

George Hythe House	82	Hinckley Park Nursing Home	80	1	
Geraint House	82	Hollywell Court Residential		L	
Gilburn	73	Home	83	Langdale House Ltd	73
Glebe Cottage	74	<b>Holmes Court Care Home</b>	95	Langdale View Ltd	89
Glenfield Woodlands Care		Holmes House Care Home	95	Lansdowne Road (67-71)	83
Home	82	Homefield College – Annex		Lawns Residential Care Home, The	95
Gokul-Vrandavan	82	Building	74	Leaholme	85
Goodwood Orchard		Homefield College Ltd		Lenthall House	78
Care Home	82	– 139 Homefield Road	74	Lester Court	74
Grange Nursing & Residential	70	Homefield College Ltd	_,	Lester Hall Apartments	85
Home, The  Gratia Residential Care Ltd	78	– 37 Greedon Rise	74	Linford House	95
	82	Homefield College Ltd	7/	Lingdale Lodge	74
Graysford Hall	82	– 51 Greedon Rise	74	Livesey Lodge Care Home	71
Grey Ferrers	89	Homefield College Ltd – 76 Cossington Road	74	Lodge Residential Home, The	78
Groby Lodge	82	_	79	Lodge, The	96
Gwendolen Road Care Home	83	Honeysuckle Farm		London Road Neurological &	,
H		Hunter's Lodge	91	Specialist Care Unit	89
Hadrian House	74	Hunters Lodge	78 	Longcliffe Care Home	74
Halifax Drive	83	Huntingdon Court	74	Lonsdale Mews	77
Hallaton Manor Ltd	77			Lutterworth Country	
Hall, The	77	' Island Place	83	House Care Home	78
Hambleton House	83	Istaliu Flace	63	Lyndhurst Lodge Residential	
Hamilton House	83			Home Ltd	92
Harley Grange Nursing Home	89	Jasmine Court Nursing Home	77	M	
Harley House Care Home Ltd	89	Jubilee Villa	79		95
Hartington Road Care Home	83			Magna Nursing Home Magnolia Care Home, The	85
Harvey House	79	K		Manton Hall	96
Hayes Close	79	Kathleen Rutland Home, The	71	Maple House	79
Hayes Park Nursing Home	89	Kibworth Court	78	Mar Lodge	91
Heartwell House Residential		Kibworth Knoll	78	Marston Court	85
Care Home	83	King Street		Marwood Residential Home	74
Heathcotes (Aylestone)	83	– Care Home Physical		Matthews Neurorehab Unit	77
Heathcotes (Glenfield)	71	Disabilities	74	Meadow's Court	85
Heathcotes (Kirby Muxloe)	71	Kingly Croft	79	Meadows, The (Charnwood)	74
Heathcotes (Magna)	93	Kingly House	79	Meadows, The (North West	
Heathcotes (Oadby)	95	Kingly Lodge	79	Leicestershire)	93
Heathcotes (Wigston)	95	Kingsfield Court Care Home	79	Melbourne Home	85
Heathcotes Lutterworth View	83	Kingswood Lodge Residential		Melton Short Breaks Service	91
Herons Lodge	77	Care Home	95	Mere Lodge	85
HF Trust – Cromwell Crescent	78	Kirby Grange Residential Home	79	Milligan Road	85
Highbury Residential Home	74	Kirby House	71	Moat House	79
Hinckley House Care Home	79	Knighton Manor Ltd	83	Mountview Care Home	74

N		Rose Cottage Rest Home	75	Thornham Grove Care Home	92
		Rosedale Care Home Ltd	92	Thorpe House Nursing Home	7
National Autistic Society  – Camden Road	85	Rosewood Manor	78	Thurn Court	8
New Wycliffe Home, The	85	Rowan House	79	Tillson House	92
Newton House	85	Rowans Care Home, The	92	Tixover House	96
Nightingales Nursing Home	95	Rushey Mead Manor Care and		Toller Road	89
Northfield House Residential	))	Nursing Home	89	Trees, The	79
Home	74	Rutland Care Village Rutland House	96	Ty Gwyn Residential Care Hom	ie 7.
		Community Trust	96	\ /	
O		Ryedale House	85	V	
Oak House	85	C	00	Venetia House	8
Oak House Residential Home	96	5		Vishram Ghar	8
Oakham Grange	96	Saffron House	79	Vision Rolleston	8
Oakleigh Residential Home Ltd	92	Scalford Court Care Home	91	\^/	
Old School House, The	92	<b>Scraptoft Court Care Home</b>	89	V V	
Old Station Close	74	Silver Birches	85	Waltham Hall Nursing & Residential Home	9:
Orchard Court	75	Silver Oaks Residential		Waring Close	9. 71
Orchard House	79	Care Home	92	Welford Court	8
Orchard Manor View	85	Simmins Crescent/Whitteney Drive	87	West View Care Home	<b>7</b> :
D		Skelton Court	87	Western Park View	1.
Γ		Smith Crescent Care Home	92	Nursing Home	89
ParkHouse Grange	79	South Lodge Care Home	87	Westroyd Care Home	7!
Parkmanor Care Home	93	Spencefield Grange	87	Westwood House	92
Peaker Park Care Village	78	Spinney Lodge	87	Whetstone Grange	7:
Pear Tree Grove	75	St Bennett's Care Home	87	White Acres	7:
Pendene House	85	St Georges	87	Whiteacres Residential Care	
Pine View Care Home	85	Stadon Road		Home	92
Pinglenook Residential Home	75	<ul><li>– Care Home Physical</li></ul>		Willow House	7:
Portland House	71	Disabilities	75	Willowbrook	8
Prime Life Ltd – 50 Stoneygate Road	85	Stonesby House	87	Willows, The	7
Primrose Lodge	<b>7</b> 5	Stonesby House Ltd	87	Willows Court	95
- Louge	13	Stonesby Lodge	87	Willows Nursing and Resident	tial
0		Stoneygate Ashlands	87	Home, The	78
Quarry Hill Grange		Stoneygate Oaklands	87	Willows Residential Home	
Residential Home	75	Sutton in the Elms	78 '	(Hinckley), The	79
Queens Lodge	85	Sycamore Cottage Residential Home	เ 95	Wisteria House Residential	
Queens Park Care Home	85	Synergy Leicester Support Ltd		Home – Rutland	96
Quorn Orchards Care Home	75	Syston Lodge	- 1	Woodheyes	7.
D		Residential Home	75	Woodmarket House	78
R		Т		Woodrowe House	79
Rearsby Home Ltd	75	I		Woodthorpe Lodge	7:
Roman Park	75	Tavey House	71	Woodway House	7:

### Other advertisers

3ab Care Ltd	56	Helping Hands	28	Medequip Connect	9
Active 10 Walking App		Ideal Care Homes	72	Midlands Care Direct	32
Inside fron	t cover	Inspired To Care		My Family, Our Needs 26,	47, 90
Avery Healthcare	57	Outside ba	ck cover	NHS 18 & inside back	covei
Barchester	50	Kara Healthcare	70		2 & 53
Bayswood Care Group	88	Kirklands Healthcare Ltd	54	Radfield Home Care	L W 55
Brighterkind	92	Knighton Manor Care Ser	vices 83	- Leicester East, Groby	
Bupa	68	Langdale Care Homes	66 & 67	& Oadby	30
Care Choices Ltd		Leicester City Council	8	Royal Masonic Benevolent	
5, 7, 28, 45, 49, 69, 96 &	below	Leicestershire County Co	uncil 13	Institution (RMBI)	94
Compassion & Care	28	Manage At Home	9	Wyggestons	86
Five Rivers Living	82	Medequip	9	Your Health Ltd	50



CareChoices

where do you start?

- · Links to inspection reports
- Additional information, photos and web links
- **Brochure requests**



Care Choices Care Choices Limited has taken every care to ensure that the information contained in

this Directory is accurate at the time of print. The company cannot accept responsibility for any errors or omissions in the publication, including if an organisation varies from the information included in an advertisement, the editorial or the listings. Care Choices Limited does not endorse or support any particular organisation included in the Directory. 2022 Care Choices Limited. Care Choices Limited reserves all rights in the titles Care Choices and HOMES Directories and their design.

With so many providers to choose from,

Care Choices™ is a trademark of Care Choices Limited.

Ref. No: 4001/Leicestershire03/0122. Reproduction of any part of this publication in any form without the written permission of Care Choices Limited is prohibited. To obtain extra copies of this Directory, free of charge, refer to the following contact details. In Leicester, email ASCAdmin@leicester.gov.uk or call 0116 454 5610. In Leicestershire, email adminteamcoalville@leics.gov.uk or call 0116 305 2169. In Rutland, email enquiries@rutland.gov.uk or call **01572 722577**.

Published by: Care Choices Limited, Valley Court, Lower Road, Croydon, Nr Royston, Hertfordshire SG8 OHF. Tel: 01223 207770.

Publisher: Robert Chamberlain. Director of Sales: David Werthmann. Editors: Henry Thornton, Olivia Hubbard. Content Editor: Aislinn Thompson. Sales Manager: Paul O'Callaghan.

Regional Sales Supervisor: Vanessa Ryder.

Senior Sales Executives: Kerri Chapman, Claire Cornish, Susan Speaight.

Sales Executives: Hannah O'Neill, Tony Boyce. **Director of Creative Operations:** Lisa Werthmann.

Studio Manager: Jamie Harvey. Lead Designer: Ruth Keating.

Graphic Designers: Jack Elsworth, Kieran Bitten.

Distribution: Gemma Seaber-Shinn.









- heart disease
- kidney disease
- liver disease
- diabetes
- COPD (e.g. bronchitis or emphysema)

Flu can be serious and lead to hospitalisation.

Speak to your GP surgery or pharmacy today about getting a flu jab. It's free because you need it.



nhs.uk/fluvaccine

This is not a full list of conditions. If you have a long-term health condition, talk to your GP surgery or local pharmacist to see if you are eligible for a flu jab.

Cheril Sowell, Registered Nurse

Cheril Sowell

# Inspired: to care •••••

Your journey to a career in social care

### Inspiredtocare.co.uk

Championing careers in adult social care

Suppporting the social care sector with resilience and growth

Supporting social care providers to attract, develop and retain

to attract, develop and retain a quality workforce





