

BIBLICAL NATURAL HEALTH CERTIFICATE PROGRAMS

BY

PROFESSOR DR. UREAKA PRESCOTT

Immunotherapy Certificate Program

Course Descriptions

Immunology I

4 Credit Hours

You will learn about Innate and Adaptive Immunity, Biologically Significant Molecules, Cells and Cell properties, Organization and Inheritance of HLA, Determinants of Immunity, Exposure to Antigens, How to Identify Cells, how to recognize T Lymphocytes, and B Lymphocytes. This will put you into a professional category with exceptional knowledge that most people in natural health do not possess. This course is “a must” for all who intend to enter the health care field.

Immunology II

4 Credit Hours

You will learn about Immunoglobulins, Specific Immunoglobulins, Genetics of Immunoglobulin Diversity, Immunoglobulins Allotypes and Idiotypes, T-cell Receptor Diversity, Cellular Interactions and Cytokines, Humoral Immune Response, Cell-Mediate Immunity, and the Classical Pathway and Membrane Attack Unit are discussed.

Immunology III

4 Credit Hours

This last part delves into Passive Immunity, Active Immunity, Immune System Responses, Immunity at Surfaces, Effects of Antibodies, Cell-Mediate Immune Events, Manifestations of Immunodeficiency, Acquired Conditions of Depressed Immunity, Primary Conditions Affecting Both T Cells and B Cells, Disorders of T and B Cells, Deficiencies in the Complement System, Abnormalities of Phagocytosis, Neoplasms, Inflammation and Immune Mediated Diseases, Transplantation Immunology, and Cancer Immunology.

Total Credit Hours

12

Holistic Nutrition Certificate Program

Course Descriptions

Nutrition & Holistic Healing I

3 Credit Hours

You will learn the benefits of good nutrition, and what carbohydrates, fats, proteins, vitamins, and minerals are best for the human body. Also, water, air, enzymes and antioxidants, diet and digestion are discussed in detail. Further learning is in detoxification, exercise & weight management, recipes, and the power of herbs.

Nutrition & Holistic Healing II

3 Credit Hours

Learn to recognize and educate people who suffer with depression, addiction, anxiety disorders, eating disorders, insomnia, obsessive-compulsive disorders, schizophrenia, and childhood mental disorders.

Nutrition & Holistic Healing III

3 Credit Hours

Musculoskeletal fitness is discussed with concentrations on pain management, arthritis, fibromyalgia, chronic fatigue syndrome, osteoporosis, strain and injuries, and TMJ. Learn how to keep the heart healthy; prevent stroke, details on chelation therapy, and treatment for anemia. Study also, environmental illness, food allergies, asthma, and more. Learn about different cancers, and the use of prevention and treatment protocol. Rebuild the body's biochemistry with nutrition, learn of migraines, MS, women's health, and of the anti-aging process.

Therapeutic Foods

3 Credit Hours

Your body has the ability to heal itself using food as medicine. Every major ailment has a food remedy that can reverse its course. You will discover how to reverse and prevent cancer using food, how heart disease and Alzheimer's can be prevented using food and nutrients, how food can cure chronic fatigue, and how diets and vitamins can restore vitality and energy.

Total Credit Hours

12 Credit Hours

Homeopathic Medicine Certificate Program

Course Descriptions

Course Title

Homeopathic Medicine

4 Credit Hours

A review is included concerning diseases in the 21st Century and how they may be treated with homeopathy. You will learn about how to view symptoms as a defense, the “Law of Similars,” understanding small doses, understanding the healing process, body/mind personalities, unconventional approaches to homeopathy, limitations and risks of homeopathic medicine, and the opposition to homeopathy. Scientific Verification of Homeopathic Medicine: The empirical evidence, clinical evidence, clinical trials on animals, laboratory evidence, and the implications of homeopathic research

Homeopathic Remedies

4 Credit Hours

The rules of how to use remedies are discussed, and you will learn how to select the correct remedy. Also, the method of “how to find a remedy” is discussed. Then you will learn all the names of the major homeopathic remedies and from what source they are derived, beginning at A and finishing at Z. The textbook makes a good reference book to be kept in the library of the beginning “homeopath” that needs a quick reference to which to refer.

Homeopathy for Children

4 Credit Hours

This course targets children and their specific needs. The textbook is written by Dr. Henrietta Wells, a British homeopath. She delves into the history and use of homeopathy, the advantages, common criticisms, how to mix homeopathy and allopathic medicines, and explains how remedies are made. Also, Dr. Wells lists rules for dosage, potencies, and repetition of doses. Interestingly, she includes thoughts on First Aid and Acute Diseases. Moreover, other sections include the best way to treat common acute childhood ailments and diseases. Lastly, she explains how to use the Materia Medica and what remedies to use for various diseases. Most importantly, she gives a list of companies for homeopathy to contact to purchase the best homeopathic products.

Total Credit Hours

12 Credit Hours

Aromatherapy Certificate Program

Course Descriptions

Aromatherapy I

4 Credit Hours

Aromatherapy is the use of fragrance—that is, scented oils to enhance the health of mind and body. Learn the difference between vegetable and base oils, and how they work. This course also covers oils that help burns, back problems, stress, VDU, and burnout! There are assertive oils for sports, dance, and workouts! Learn methods of treating injury, oils for muscles, foot care, and even oils for babies! You will learn how the oils are made, and how to use “Essential Oils.”

Aromatherapy II

4 Credit Hours

The various oils are discussed and their benefits. Mentioned are: Almond Oils, Apricot Oils, and even Castor Oils. The toxicity of oils is discussed, and you will learn how Castor Oil will kill a child, but on the other hand, pharmaceutical-grade castor oil has been used to remove certain toxins. Learn the “Do’s and Don’ts” of the various oils, as examples of the most popular two are: 1.) Jojoba Oil - best known for its resemblance to the oil of the sperm whale, this pale yellow is pressed from jojoba nuts or beans. It contains minerals, protein, and a wax similar to collagen; and 2.) Rose Hips and Oil - another popular oil has been shown to heal human conditions that have not responded to other therapies, including radiation burns, sun-damaged skin, chronic ulceration in paraplegics, bed sores, skin grafts, dry skin and serious scars over 20 years old.

Aromatherapy for Pets

4 Credit Hours

Unknown to most people, is that “aromatherapy” also works on pets. Discussed in this assignment is how it works and how to apply it to various kinds of pets. Three of the most popular oils discussed for pets are: 1.) Basil (called French basil, also called common basil, or holy basil). This is a tender culinary used in Eastern and Ayurvedic Medicine. It’s a colorless or pale-yellow essential oil; 2.) bergamot (Lat. Citrus bergamia), a traditional Italian folk medicine, bergamot oil was often used to treat fevers and worms. This oil also has analgesic or pain-relieving, antiseptic, antispasmodic, antitoxic, gas-relieving, digestive, diuretic, deodorant, laxative, stimulant, tonic and worm killing properties; and 3.) chamomile (Lat. Matricaria chamomilla, known as German, true or annual chamomile, and Anthemis nobilis, Roman or perennial chamomile); this essential oil of annual German chamomile is thick and blue with an intense, sweet herbal fragrance. The oil of perennial Roman chamomile is clear and yellowish green with a sweet clean fruity odor. Both are used in aromatherapy. Chamomile is an anti-inflammatory, pain-relieving, antispasmodic, gas-relieving, fever-reducing, antiseptic, wound-healing digestive aid and calming herb of the highest order.

Total Credit Hours

12 Credit Hours

Master Herbalist Certificate Program

Course Descriptions

Herbalism I

4 Credit Hours

This brief introduction gives the student an understanding of “how” herbals affect organs in the body. The “Principles of Herbal Healing” are also discussed for the sake of the student, so that he/she may compare conventional medicine with herbal medicine and learn how to choose the “Right Herb” for the diagnosis. One essential factor learned is: “More is Not Necessarily Better” for anyone, and taking too many herbals of one kind, may cause allergy or even death in rare cases. Discussed in Part One is: a.) plans for long range improvement; b.) origins of Traditional Chinese Medicine (TCM); c.) sizing up ways to render herbal treatment to children and older adults; and discussed are d.) Disorders of the Immune System, Psychosomatic Complaints, Allergies, Capsules, Extracts, Granules, Lozenges, Medicinal Spirits, Plant Juices, Syrups, Tablets, Teas, and Tinctures, as well as other maladies too numerous to mention.

Herbalism II

4 Credit Hours

This study discusses in detail Common Health Problems and “how” herbs may bring about a remedy for some Common Bad Health Maladies such as: Acne, Atherosclerosis, ADHD, Benign Prostatic Hypertrophy (BPH), Breast Cancer, Congestive Heart Failure, Constipation, Depression, Endometriosis, Eye Problems, Fibromyalgia, Gastritis, Hypertension, IBS, Memory Problems, Rheumatoid Arthritis, Stomach Cancer, Wrinkles, and Yeast Infections. All total, there are more than 160 herbal remedies discussed. Most of these herbals bring about amelioration (improvement) in humans, who suffer with various illnesses or maladies.

Herbalism III

4 Credit Hours

This study discusses growth, storing, and use of herbs. Some of the subjects discussed are Acupuncture, Aromatherapy, Douches, Estrogen-Reducing Diet, Foot Baths, Kegel Exercises, Massage, Ointments, Plasters, Poultices, Relaxation Techniques, Steam Inhalations, Teas, as well as other subjects not listed herein.

Total Credit Hours

12 Credit Hours

Naturopathic Psychology Certificate Program

Course Descriptions

Mental Conditions & Nutritional Therapy

4 Credit Hours

This is a vital reference manual for those suffering with mental disorders. Many individuals have nutrient imbalances due to genetic and environmental factors. The author shows how individualized nutrient therapy treatments have brought many successful results and can have a powerful impact on mental health.

Natural Health Remedies for Stressful Conditions I

4 Credit Hours

This course focuses on the benefits and healing properties of natural medicine. Discussed are oriental medicine, acupuncture, acupressure, meditation, homeopathy, botanical medicine, chiropractic care, massage therapy, psychotherapy, family therapy, and biofeedback.

Natural Health Remedies for Stressful Conditions II

4 Credit Hours

You will learn the value of "Stress and Relaxation" therapy, and how it influences the mind, body, and spirit. Learn about natural therapies and they may help others and yourself. Study the effects of anxiety on the mind and body, aromatherapy, and the psychological causes of depression and what can be done to eliminate these problems. In addition, special herbal formulas are given, diets, nutritional formulas, massage reflexology, and how one may learn to "control his/her thoughts" for a better outlook on life.

Total Credit Hours

12 Credit Hours

Homeopathic Psychology Certificate Program

Course Descriptions

Homeopathic Psychology I 4 Credit Hours

This foundational course combines psychology with homeopathy. This course describes in depth the personality profiles of some 35 polychrests. The comprehensive aspect of this course covers a mix of psychological astrology and homeopathy when one explores the elements and some polychrests. This in-depth study provides detailed information on 35 major types, giving insight on diagnosis, mental and emotional traits, and physical characteristics. The broad profiles of major constitutional remedies give the student a good overall picture of the personality type and therefore ways of remembering facts about the archetype, by having a unifying theory for each remedy.

Homeopathic Psychology II 4 Credit Hours

This course displays how homeopathy can be used effectively to treat a wide range of emotional and mental problems, including anxiety; depression and withdrawal; insecurity, shyness, and immaturity; fears and phobias; schizophrenia; an obsessional disorder. This course explains the simple to the complex. encompassing minimum doses, rapid and gentle cure, and comprehensive principles analytically with examples. This course presents the results of different types of diseases in the same person with examples of the apt diseases.

Homeopathic Psychiatry 4 Credit Hours

In this course you will study "delusions" - which are misrepresentations of reality. Homeopathic psychologists consider the study of delusions to be often the most important symptom in determining the best medicine for the patient. This lengthy and detailed course provides truly rich detail a 100+ medicines (a mixture of common and rare remedies!), with much practical insights into primary psychological states of people and the medicines they need. This course will exceed your expectations and provides a significant contribution to modern homeopathic learning. The Delusion rubrics are treasures which need to be unlocked. Some homeopaths dismiss them altogether as delusions which are too difficult to rely upon. This course exposes the student to the interesting concept of such to not only understand these critical rubrics but to effectively use them in practice.

Total Credit Hours

12 Credit Hours