Your challenge must be completed between 30th June 2021 and 31st December 2021, giving you a total of 6 months to complete. There is no specified distances to run. There's only specified elevation gain in which you must complete to qualify for a bespoke 'Space Goat' medal and ribbon. There are 3 entry types. These are 'The Full Moon', 'The Half Moon' and 'The Crescent Moon'.

ERMS & CONDITIONS

We have the combined total of the heights of 'Rheasilva Mons' located on 4 Vesta Asteroid, 'Equatorial Ridge' on Saturn's Moon, Iapetus, 'Olympus Mon' on Mars. These are the 3 highest points in the solar system and all info about them can be found separately within the official pre-event booklet.

"The Full Moon" is the combined total of all 3. "The Half Moon" is exactly half the total elevation of the combined heights of all 3 and "The Crescent Moon" is 1/4 the elevation of the combined heights of all 3.

You <u>CAN</u> do the challenge by running an organised running event/race. This can also be a social or training run/challenge for yourself. It's your challenge. Complete as you wish as long as it's following the Government's and our own rules, guidelines and do's and don'ts. You can also enter all the runs you've done from 30th June onward, even if you have entered later.

TOTAL ELEVATION FOR "THE FULL MOON" = 213,255FT/ 65KM/ 40.4 Miles (equivalent of 1,165FT per day over the challenge)

TOTAL ELEVATION FOR "THE HALF MOON" = 106,628FT/ 32.5KM/ 20.2 Miles (equivalent of 582FT per day over the challenge)

TOTAL ELEVATION FOR "THE CRESCENT MOON" = 53,314FT/ 16.25KM/ 10.1 Miles (equivalent of 291FT per day over the challenge)

To put this into perspective, Everest is 29,029ft/ 8,848m!!!

PLEASE REMEMBER THAT THE ELEVATION RECORDED IN THIS GUIDE IS THE HEIGHT ABOVE SEA LEVEL.

Only uploading data and/or a photo to prove that you completed your challenge with your e-bib will be accepted as qualification for a bespoke 'SPACE GOAT' medal. Data from GPS watch/phone or app accepted <u>ONLY</u> and you must send this by uploading each segment/section of your journey onto the link sent by our tech guru, Adrian Brown.

NO OTHER METHOD WILL BE ACCEPTED THAN STRAVA, GARMIN AND THE LIKE. WE NEED TO SEE A RECORDED DOCUMENTATION OF YOUR ELEVATION GAIN THROUGHOUT EACH ACTIVITY.

ELAPSED TIME NEEDS TO BE USED AND NOT 'MOVING' TIME.

PLEASE DO NOT RUN UP A HILL, PAUSE, GO BACK DOWN, START YOUR WATCH AND THEN REPEAT. YOUR DATA WILL BE VARIFIED.

NO STAIRS ON THIS CHALLENGE. ALL ACTIVITIES MUST BE COMPLETED OUTDOORS ONLY. THIS IS DIFFERENT FROM PREVIOUS 'GOAT' CHALLENGES BUT THIS WAY MEANS THAT NOBODY'S EFFORT WILL CAN BE QUESTIONED BY OTHER COMPETITORS/PARTICIANTS.

GOING TO SPACE ISN'T NECESSARY TO COMPLETE THE CHALLENGE!

You will be able to keep track and progress of your journey with the website link. You'll be able to upload your data at the same link/webpage. You will be placed onto a 'Strava' – like leader board. The person who has achieved their chosen elevation and run the least amount of miles will be declared 1st. This is how the results will be judged. If you run 1000 miles to complete then that's great but if you do it in 100 miles then that would obviously be most efficient way to complete the event. 'Feeterage' needs to be gauged. This is the amount of feet you get on average per mile that you do. We're not sure this is even a word but it's one that was created by our runners to explain the average elevation per mile. And quite frankly, we bloody well love it!

THERE WILL BE BESPOKE TROPHIES FOR 1^{ST} , 2^{ND} and 3^{RD} in each elevation event. These will be presented to the winners after the challenge has ended, circa early Jan 2022. Medals will be sent as and when people finish so that runners aren't waiting a long time for their memento. There will be goat gifts for male and female winners from $1^{ST} - 3^{RD}$, depending on whether that person has won a trophy. In which case that person will receive the trophy and bespoke medal only and not a goat related gift. (No actual goats or anything from a goat family or real-live animal will be given as a prize. This ISN't '3-2-1'. (Younger runners may require a google/Youtube Search).

YOU DO NOT HAVE TO PHYSIACLLY VISIT THESE PLANETS, MOONS AND ASTEROIDS THAT THIS CHALLENGE IS BASED ON! YOU ARE NOT JEFF BEZOS. YOU CAN COMPLETE YOUR CHALLENGE NEAR TO HOME OR ANYWHERE YOU LIKE, AS LONG AS YOU MAINTAIN AND OBSERVE SOCIAL DISTANCING AND FALL WITHIN CURRENT GOVERNMENT GUIDELINES/RESTRICTIONS.

Head to www.gov.uk/coronavirus to find out the latest information.

You're responsible for bib printing and ink and energy costs. Please note, even though this isn't an actual race, you are advised to still write emergency info and your name on the number in case of an emergency or should the ultimate hazard of dying mid-run actually occur! It's also advised to print more than one bib if you wish or laminate if you're taking your number on each journey, although we strongly recommend that you think about minimising waste. You are advised to keep away from built up areas with lots of people and are advised to maintain 2 metres (6ft) of distance between yourself and anyone else.

If you are taking on major hills and muddy coast path sections, then you are advised to wear the correct kit and be responsible for yourself and others whilst doing so. You are advised to use the correct maps and a compass if you know how to use one. If you don't know then learn to know. Also please stay safe and don't try to get around coastal diversion the easy way. Please follow all the diversion instructions on any diverted section of coast that is laid out before you.

ONLY RUNNING OUTDOORS WILL COUNT.

This is not an actual race! This is a personal challenge. You will be responsible for picking your own routes/paths/journey (and any events of which we're not responsible for outside of Bys Vyken Events & Cornish Trails), and the number of miles if you plan on running more than your specific

entered elevation entry type. THIS MUST BE A COMPLETED WITHIN THE 6 MONTH TIME LIMIT AND IF YOU ENTER LATER THAN 30TH JUNE 2021, YOU'LL STILL ONLY HAVE UNTIL 31ST DECEMBER 2021 TO COMPLETE IT. BUT REMEMBER YOU CAN INCLUDE EVERY RUN YOU'VE DONE FROM JUNE 30TH ONWARD EVEN IF YOU HAVEN'T ENTERED UNTIL LATER. You are advised to keep to public rights of way only and are advised to respect the basic environmental codes of closing ALL gates and not littering on your chosen route.

Upon signing up for this challenge and adventure, you are agreeing to all these rules and regulations laid out in these terms and conditions and declare yourself fit and capable and healthy. This challenge is open to all those wishing to walk as well as run. It is not eligible for any other method of transportation including, but not limited to, cycling (As stated above but needs to be mentioned more than once just in case)

Not everybody will be running the same route and same sections or chunks of elevation at the same time or even in the same places. The leader board is only for added fun.

Bys Vyken Events & Cornish Trails and their race directors, David Andrewartha & Sally Galsworthy, Bys Vyken Race Team, every landowner, tenant or charity responsible for maintaining the area in which you decide to run are not responsible for the route you take, the gear that you wear whilst doing so, the nutrition and hydration, or lack of that you take with you or indeed your injury or death whilst pursuing this challenge. We will have no marshals or aid stations or maps on your route. This is YOUR route, remember. We have no say over where you go or how fast you do it in. You assume complete responsibility for yourselves and your own environment. Sticking to public rights of way and taking and reading a map is advised and essential in lots of places. It's recommended that you figure out where you're going before leaving the home. You are responsible for yourself and recommend that challengers under the age of 16 should be accompanied by an adult.

You are ultimately responsible for sticking to the Government guidelines surrounding what we can and cannot do during the Covid-19 pandemic/crisis.

You are responsible for any and all PPE you may need during your challenges.

You are advised to read the do's and don'ts on the Gov.uk link in your initial email (the one that includes these terms and your bespoke number for the challenge) and on the first page of the terms.

By reading this and entering, you are accepting liability.

ALL PHOTOS/IMAGES THAT ARE POSTED BY YOU ON OUR SOCIAL MEDIA AND/OR EMAILED TO US WILL MEAN YOU GIVE US PERMISSION TO USE THEM FOR PUBLICATION AND PROMOTION OF THIS AND FUTURE EVENTS. YOUR IMAGES MAY BE USED TO ADD TO CERTAIN FACEBOOK ALBUMS BUT WILL NEVER BE SHARED TO ANY OTHER PAGE THAT'S NOT OWNED BY BYS VYKEN EVENTS & CORNISH TRAILS OR WITH ANY INDIVIDUAL. BY SENDING TO US, POTING ON OUR PAGES OR TAGGING US IN SOCIAL MEDIA POSTS, YOU GIVE US PERMISSION TO USE YOUR IMAGES/LIKENESS'.

There will be a <u>no refund</u> policy in place and you will not be allowed to transfer or defer to any actual physical event held by us. IN THE EVENT OF AN EMERGENCY DIAL 999 where you will be able to contact ambulance, police, fire and coastguard services along with mountain rescue if you should need their assistance. Please respect the environmental code. Close all gates behind you and do not litter the area where you run (as previously stated within these terms). Please only do so in an actual emergency.

You must understand that your event fee will be used for the administration of your entry and your medal and posting of said medal before money is declared a profit.

Any charity that you are raising money for with this challenge will NOT be responsible in exactly the same way that Bys Vyken Events & Cornish Trails and those sole trading as Bys Vyken Events & Cornish Trails are not responsible. This is in case you're planning on using this challenge to raise money for good causes. We will absolutely do our best to support you and donate to your cause if you do go down that road.

These terms & conditions were assembled by the Governing Event Director of 'Bys Vyken Events & Conish Trails, David Andrewartha.

You are responsible for all people, animals, dinosaurs, aliens, GELFs and Polymorphs you take with you on your challenge. You should take responsibility for yourselves. We are not responsible for you and for anything you do on this challenge.

We thank you for taking the time to read. Enjoy the lift-off and always reach for the moon, because if you miss and fall you'll still be floating amongst the stars...

XX