## Event 1 Mixed 5k Run CC 5K Race

| Name | Age | Team | Avg Mile | Finals | Points |
| :---: | :---: | :---: | :---: | :---: | :---: |
| \& Under Results - Women 5000 Run |  |  |  |  |  |
| 1 Anderson, Laurie |  | Unattached | 9:25.8 | 29:17.82 |  |
| 2 Caprood, Bergen | W9 | Unattached | 9:30.6 | 29:32.73 |  |
| 3 Johnson, Caleigh | W9 | Unattached | 9:44.7 | 30:16.34 |  |
| 4 Rodewald, Molly | W9 | Unattached | 11:18.4 | 35:07.67 |  |
| 5 Howse, Courntey | W | Unattached | 12:34.8 | 39:04.78 |  |
| 6 Burt, Maisie | W6 | Unattached | 16:45.7 | 52:04.40 |  |
| 10-11 Results - Women 5000 Run |  |  |  |  |  |
| 1 Riley, Grace | W10 | Unattached | 9:16.6 | 28:49.12 |  |
| 2 Giumarra, Sadie | W10 | Unattached | 11:14.3 | 34:54.72 |  |
| 3 Eicher, Allyson | W10 | Unattached | 12:30.9 | 38:52.78 |  |
| 12-15 Results - Women 5000 Run |  |  |  |  |  |
| 1 Giumarra, Natalie | W12 | Unattached | 7:37.6 | 23:41.43 |  |
| 2 Schorpp, Megan | W13 | Unattached | 8:13.4 | 25:32.69 |  |
| 3 Hill, Ryan | W15 | Unattached | 9:27.8 | 29:24.07 |  |
| 19-29 Results - Women 5000 Run |  |  |  |  |  |
| 1 Denno, Amanda | W29 | Unattached | 9:56.1 | 30:51.82 |  |
| 2 Gordon, Melissa | W26 | Unattached | 11:30.6 | 35:45.49 |  |
| 30-39 Results - Women 5000 Run |  |  |  |  |  |
| 1 Lanzon, Cynthia | W38 | Unattached | 7:00.7 | 21:47.01 |  |
| 2 White, Cynthia | W33 | Unattached | 9:26.9 | 29:21.05 |  |
| 3 Giumarra, Kerry | W37 | Unattached | 11:16.3 | 35:01.09 |  |
| 4 Brown, Heather | W34 | Unattached | 11:28.6 | 35:39.31 |  |
| 5 Wendell, Courtney | W37 | Unattached | 12:07.4 | 37:39.69 |  |
| 6 Burt, Erin | W35 | Unattached | 16:46.0 | 52:05.30 |  |
| 40-49 Results - Women 5000 Run |  |  |  |  |  |
| 1 Olmstead, Kristin | W43 | Unattached | 8:33.2 | 26:34.23 |  |
| 2 Stark, Elaine | W45 | Unattached | 9:09.4 | 28:26.89 |  |
| 3 Sponzo, Beth | W43 | Unattached | 9:18.4 | 28:54.64 |  |
| 4 Caprood, Alissa | W41 | Unattached | 9:37.6 | 29:54.35 |  |
| 5 Jorgensen, Laurie | W41 | Unattached | 10:31.2 | 32:40.85 |  |
| 6 Sherwood, Michelle | W43 | Unattached | 11:08.6 | 34:36.98 |  |
| 7 Quinn, Colleen | W45 | Unattached | 11:18.7 | 35:08.35 |  |
| 8 Eichin, Elissa | W45 | Unattached | 11:30.3 | 35:44.49 |  |
| 9 Eicher, Todd | W42 | Unattached | 12:31.1 | 38:53.31 |  |
| 9 \& Under Results - Men 5000 | Run |  |  |  |  |
| 1 Reynolds, Ian | M9 | Unattached | 8:14.2 | 25:35.42 |  |
| 2 Grant, Jack | M9 | Unattached | 8:16.9 | 25:43.70 |  |
| 3 Jorgensen, Troy | M7 | Unattached | 8:27.0 | 26:14.90 |  |
| 4 Jorgensen, Bryce | M9 | Unattached | 9:13.5 | 28:39.59 |  |
| 5 Coulter, Carter | M9 | Unattached | 10:03.2 | 31:13.80 |  |
| 6 Howse, Hunter | M9 | Unattached | 12:30.2 | 38:50.72 |  |
| 10-11 Results - Men 5000 Run |  |  |  |  |  |
| 1 Lane, Matthew | M11 | Unattached | 7:42.2 | 23:55.84 |  |
| 2 Rowley, Samuel | M11 | Unattached | 7:42.6 | 23:57.07 |  |
| 3 Cross, Logan | M11 | Unattached | 9:57.4 | 30:55.83 |  |
| 4 Schorpp, Ron | M10 | Unattached | 10:00.3 | $31: 04.86$ |  |
| 12-15 Results - Men 5000 Run |  |  |  |  |  |
| 1 Sponzo, Nick | M1 4 | Unattached | 6:46.0 | 21:01.26 |  |
| 2 Stark, Ethan | M1 4 | Unattached | 7:07.6 | 22:08.37 |  |
| 3 Grant, Riley | M12 | Unattached | 8:13.5 | 25:33.19 |  |
| 30-39 Results - Men 5000 Run 1 Verheyn, Greg | M35 | Unattached | 7:20.9 | 22:49.60 |  |

## 2015 Spartan Sprint - 5/17/2015 <br> Queensbury Schools <br> Rankings

| ....Event 1 Mixed 5k Run CC 5K Race |  |  |  |  |
| :---: | ---: | ---: | ---: | ---: | ---: |
| 2 Donell, Jeffery | M32 Unattached | $7: 28.9$ | $23: 14.58$ |  |
| 3 Kruimski, Matt | M37 Unattached | $8: 36.7$ | $26: 45.21$ |  |
| 4 Turner, Brian | M38 Unattached | $8: 50.5$ | $27: 28.13$ |  |
| 5 McKeever, Jesse | M39 Unattached | $9: 34.7$ | $29: 45.41$ |  |
| 6 Monastero, Cory | M38 Unattached | $9: 53.7$ | $30: 44.43$ |  |
| 7 Coulter, John | M38 Unattached | $10: 03.9$ | $31: 15.96$ |  |
| 40-49 Results - Men 5000 Run |  |  |  |  |
| 1 Jorgensen, Todd | M44 Unattached | $6: 43.2$ | $20: 52.45$ |  |
| 2 Jones, Timothy | M41 Unattached | $6: 57.6$ | $21: 37.36$ |  |
| 3 Decker, Lance | M45 Unattached | $7: 07.5$ | $22: 08.15$ |  |
| 4 Hill, Jason | M44 Unattached | $8: 37.9$ | $26: 49.05$ |  |
| 5 Cross, Jason | M41 Unattached | $8: 42.2$ | $27: 02.29$ |  |
| 6 Reynolds, Ken | M40 Unattached | $9: 06.1$ | $28: 16.44$ |  |
| 50-59 Results - Men 5000 | Run |  |  |  |
| 1 Carpenter, Peter | M57 Unattached | $7: 07.1$ | $22: 06.75$ |  |
| 2 McGivney, Will | M53 Unattached | $7: 39.8$ | $23: 48.56$ |  |
| 3 Stevens, Paul | M54 Unattached | $8: 43.3$ | $23: 59.22$ |  |
| 4 Lane, Thomas | M53 Unattached | $9: 31.2$ | $26: 28.09$ |  |
| 5 Leonbruno, Mike | M58 Unattached | $9: 16.9$ | $28: 50.01$ |  |
| 6 Matte, Paul | M55 Unattached | $9: 26.9$ | $29: 21.25$ |  |

