

View images and descriptions of all plants at [www.springvalleynatureclub.org](http://www.springvalleynatureclub.org)



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[springvalleynatureclub@gmail.com](mailto:springvalleynatureclub@gmail.com)

**Letter from the President, Donna Johnson**

**March/April 2023**

## **Springtime Yay!**

We are celebrating the season with the announcement that our 2023 Heirloom Vegetable & Herb Sale is officially up and running, awaiting your perusing and orders! Be sure to order early for the best selections. There are some new items and as usual we will have some limited surprise offering for preorder at our April meeting. All available plants will be on-site day of sale Saturday & Sunday, May 20 & 21, 2023 from 10:00AM-4:00PM.

### **March 1, 2023 7:00pm “Care and Feeding of our Backyard Birds” by Dave Brooks**

Find out about the wild birds expected to be visiting our gardens throughout the year. He will have information about the care of our birdfeeders, bird baths and bird houses. Find out about the best feed and what plants would be of benefit to attracting and feeding our feathered friends.

**April 5, 2023 7:00pm “Heirloom Vegetables & Herbs” by Donna Johnson.** Join us for your behind-the-scenes way to find out about the new items available and find out about the attributes of our long-standing favorites that will be available at the Heirloom Vegetable & Herb Sale May 20 & 21. You’ll have the opportunity to find the best choices for home growing in the garden or even in containers. You’ll get a glimpse of some unique, limited supply varieties to pre-order. We will have displays of some unique veggies and herbs and some samples of goodies to try. You’ll find that there are many reasons to grow luscious fruits and veggies to grace your table for seasons to come!

Log onto [www.springvalleynatureclub.org](http://www.springvalleynatureclub.org) to view our plant offerings for 2023. Our website ordering system is now open for Heirloom Vegetable & Herb orders.

Watch for Botanical Interests Seed Racks in the Spring Valley Visitor Center and Farm!  
Loads of Heirloom and Organic seeds!

View images and descriptions of all plants at [www.springvalleynatureclub.org](http://www.springvalleynatureclub.org)

Spring Valley Nature Center 1111 E Schaumburg Road (847) 985-2100  
 Sales & Order Pick Up Saturday/Sunday May 20-21 2023 10:00AM–4:00PM  
 Order Form 2023

**Tomatoes**

	Price	Qty	Total
1000-Aunt Ruby’s German Green – Heirloom very sweet 1-2lb pale green 85 days	\$4.50	_____	_____
1002-Brad’s Atomic Grape – New introduction Very colorful grape tomato 75 days	4.50	_____	_____
1003-Berkeley Tie Dye Green-A kaleidoscope pattern on this amazing tomato	4.50	_____	_____
1004-Berkeley Tie Dye Pink-Plant produces beautiful 8-12 ounce fruit	4.50	_____	_____
1005-Big Rainbow – Heirloom very juicy 1-2lb gold bi-colored fruits 82 days	4.50	_____	_____
1008-Black Beauty- Dark meaty, extraordinarily rich fleshed, high in anthocyanin	4.50	_____	_____
1009-Black Krim- Heirloom from the black sea of Russia. Indeterminate 75-90 days	4.50	_____	_____
1010-Black Cherry – Heirloom sweet robust flavor burgundy colored 65 days	4.50	_____	_____
1011-Bosque Blue Bumblebee-Perfect for snacking or salads, yellow w/blue shoulders 75day	4.50	_____	_____
1012-Box Car Willie – Heirloom reddish orange very prolific old-fashioned flavor 80 days	4.50	_____	_____
1015-Brandywine - Heirloom connoisseurs favorite 1lb fruit 85 to 90 days	4.50	_____	_____
1022-Celebrity – Hybrid impressive early ripening beefsteak type prolific 68 days	4.50	_____	_____
1025-Cherokee Purple - Heirloom dusky purple pink superb flavor very large fruit 80 days	4.50	_____	_____
1027-Chocolate Cherry- These luscious treats are perfect for salads 70 days	4.50	_____	_____
1030-Great White- Heirloom white very large1lb unique very sweet taste 83 days	4.50	_____	_____
1035-German Johnson–Heirloom large 1lb pinkish red very few seeds 76 days	4.50	_____	_____
1036-German Pink- Deep pink beefsteak sweet flavor 10-16 oz 78 days	4.50	_____	_____
1037-Indigo Rose- Deep purple highest in antioxidant of any tomato 55 days	4.50	_____	_____
1038-Honey Delight- Four-ounce yellow fruits will light up the garden and your palate	4.50	_____	_____
1040-Kellogg’s Breakfast - Heirloom very flavorful superbly sweet yellow low acid 80 days	4.50	_____	_____
1044-Money Maker- A well-known variety that produces smooth medium-sized fruit	4.50	_____	_____
1045-Mortgage Lifter-Heirloom sweet rich flavored pink large 1lb crack free 80 days	4.50	_____	_____
1054-Orange Jazz- Fruits are brushed with yellow stripes 10-16 oz 85 days	4.50	_____	_____
1055-Orange Peach- Perfectly peachy with a lightly fuzzy skin and sweet flavor 75 days	4.50	_____	_____
1060-Patio–Hybrid dwarf 2’ tall no staking 4oz fruit great in containers 70 days	4.50	_____	_____
1062-Pink Jazz- This beefsteak often weighs in at 1lb. and has peach overtones	4.50	_____	_____
1063-Roma- Prized for its use in tomato paste and sauces	4.50	_____	_____
1064-Pinapple-Heirloom yellow /red streaked flesh super sweet 2lb 78 days	4.50	_____	_____
1065-San Marzano-Heirloom Italy’s famous best tomato for sauces & cooking 65 days	4.50	_____	_____
1070-Sun Sugar – Hybrid extra sweet yellow cherry good in containers 60 days	4.50	_____	_____
1072-Sugary-Hybrid super sweet grape tomato large yields good for containers 60 days	4.50	_____	_____
1073-Sweet 100-Hybrid very productive bearing long trusses of small sweet cherries 60 days	4.50	_____	_____
1075- Tumbling Tom Red-Hybrid cherry great in containers & hanging baskets 55 days	4.50	_____	_____
1075-1 Tumbling Tom Yellow-Hybrid cherry great in containers & hanging baskets 55 days	4.50	_____	_____
1076-Tommy Toes Red vigorous plants produce hundreds of small 1-inch fruits 55 days	4.50	_____	_____
1078-True Black Brandywine- The ultimate heirloom tomato, this is the real thing!	4.50	_____	_____
1085-Yellow Pear- Gardeners like this variety because its unusual and even cute	4.50	_____	_____

View images and descriptions of all plants at [www.springvalleynatureclub.org](http://www.springvalleynatureclub.org)

**Spring Valley Nature Center 1111 E Schaumburg Road (847) 985-2100  
 Pick Up Saturday/Sunday, May 20 – 21, 2023 - 10:00AM – 4:00PM  
 Order Form 2023**

Vegetables

2002-Celeriac-Heirloom hardy large root has sweet crisps celery flavor good keeper 80 days	4.50	_____	_____
2002-1 Chinese Pink Celery- The dazzling color make for real eye candy in your garden	4.50	_____	_____
2003-Cucumber-Hybrid bush type short vines full sized cukes can grow in containers 57 days	4.50	_____	_____
2003-1 Cucumber Lemon- This cuke has the shape, size and color of a lemon	4.50	_____	_____
2003-2 Cucumber Straight Eight- Straight eight has uniform smooth fruit	4.50	_____	_____
2004- Eggplant Black Beauty- Lustrous ebony skin and delicate creamy flesh 55 days	4.50	_____	_____
2005-Eggplant – Fairy Tale Japanese type 5” x 1” Striped delicious pale lavender 50 days	4.50	_____	_____
2008-Fennel Heirloom – Florence bulbing type delicious raw or cooked 90 days	4.50	_____	_____
2011-Garlic Chives- This lovely vegetable-herb is a staple in Asian cuisine	4.50	_____	_____
2015-Kale Lacinato – Heirloom Tuscan cold tolerant salads & cooked greens	4.50	_____	_____
2021-Kale Russian Red- Cold tolerant tender & mild eye-catching color 50 days	4.50	_____	_____
2026-Lettuce Heirloom – Merveille des Quatre Saisons 48 Days	4.50	_____	_____
2030-Leeks – Sweet & mild gourmet onion family for stew, soup, egg dishes 75 days	4.50	_____	_____
2034-Parsley Root-Heirloom tops used as parsley roots used in soups & stews	4.50	_____	_____
2043-Big Jim Chili Pepper- This Tex-Mex chili is renown as the largest chili pepper	4.50	_____	_____
2045-Pepper – Candy Cane Chocolate Cherry sweet bell great color & flavor 70 days	4.50	_____	_____
2055-Pepper- Lady Bell Red Sweet uniform shape very prolific 71 days	4.50	_____	_____
2060-Pepper Heirloom– Sweet Banana mild yellow turn red 6” 72 days	4.50	_____	_____
2062-Pepper–Jalapeno serve stuffed with seafood, meat, poultry, or cheese	4.50	_____	_____
2065-Pepper – Thai Hot Very Hot Asian pepper	4.50	_____	_____
2070-Pepper – Gourmet Orange Sweet bright color intense full flavor 70 days	4.50	_____	_____
2072-Spinach Strawberry- Tolerates heat much better than the ordinary leafy plant	4.50	_____	_____
2076-Squash Golden Crookneck- You will get high yields and tasty fruits	4.50	_____	_____
2077-Squash Scallop- Adorable “Flying Saucers” are a delectable table treat. 50 days	4.50	_____	_____
2080-Swiss Chard – Bright Lights multicolored stems delicious steamed	4.50	_____	_____

Fruits

2480-Blueberry Top Hat – Grown as a potted patio plant Self-fertile 20” tall Gal. Shrub	24.00	_____	_____
2490-Currant Red Lake– Large clusters of bright red berries. Self-fertile Gal. Shrub	24.00	_____	_____
2500-Goji Berry – Orange/Red berries Vitamin & antioxidant rich. Gal. Shrub	24.00	_____	_____
2505-Gooseberry – Sweet/Tart delicious fruit Gal. Shrub	24.00	_____	_____
2510-Honeyberry Indigo Gem – Super fruit high antioxidant & vitamin C, Gal. Shrub	24.00	_____	_____
2515-Honeyberry Indigo Treat – Blue berries high antioxidant & vitamin C, Gal. Shrub	24.00	_____	_____
2520-Lingonberry – Red tart fruit for jam pink flowers Gal. Shrub	24.00	_____	_____
2521-Raspberry Anne– Golden berries luscious and sweet flavor Gal. Shrub	24.00	_____	_____
2523-Ground Cherry - The size of a cherry tomato, with a flavor of pineapple and tomato	6.00	_____	_____
2525-Strawberry Rainbow Treasure – Ever bearing with multi colored flowers	6.00	_____	_____

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Total \_\_\_\_\_

PICK UP LOCATION IS SPRING VALLEY NATURE CENTER 1111 E  
 SCHAUMBURG ROAD  
 Quantities limited, to avoid disappointment order early to assure availability.  
 Questions? Contact Spring Valley Nature Club:  
[springvalleynatureclub@gmail.com](mailto:springvalleynatureclub@gmail.com) Thank you for your support of the Spring  
 Valley Nature Club

<u>Herbs</u>	Price	Qty	Total
3000-Basil Genovese-Heirloom favorite "sweet basil" bold full flavor Annual	\$5.00	_____	_____
3001-Basil Red Rubin- Intense deep purple leaves holds its color all season Annual	5.00	_____	_____
3003-Basil Perpetuo – Intense basil aroma & flavor decorative variegated leaves Annual	5.00	_____	_____
3005-Basil Thai Siam Queen- Decorative and delicious anise flavor Annual	5.00	_____	_____
3015-Borage- Cucumber flavored leaves blue flowers used as edible garnish Annual	5.00	_____	_____
3020-Chives- Snip leaves for salads & garnish clump forming Perennial	5.00	_____	_____
3022-Chamomile-Soothing aromatic, for tea,potpoutti & spa use Perennial	5.00	_____	_____
3025-Chervil- Licorice flavor great on potatoes, fish & chicken Annual	5.00	_____	_____
3027-Cilantro flavor favorite for salsa & Asian cuisine Annual	5.00	_____	_____
3031-Dill Fern Leaf delightful pickle herb great on fish & cooked beets & potatoes Annuals	5.00	_____	_____
3035-Fennel – Bronze ornamental & delicious anise flavor on fish & vegetables Annual	5.00	_____	_____
3040-Horseradish – Heirloom zesty hot root for condiment young leaves for salad Per.	5.00	_____	_____
3045-Lavender Provence – Use in sachets & potpourri, ingredient in "herbs de Provence"	5.00	_____	_____
3050-Lemon Grass – Lemon flavoring essential in Thai cooking Tender Perennial	5.00	_____	_____
3051-Lemon Verbena-Intense lemon flavor for tea & drinks, fragrance for potpourri Annual	5.00	_____	_____
3055-Lovage- Celery & anise flavored leaves entire plant edible Perennial	5.00	_____	_____
3060-Marjoram Sweet – Delicate oregano like flavor great on fresh tomatoes Annual	5.00	_____	_____
3070-Mint Mojito- Delightful warm mint flavor great for mulling in drinks Perennial	5.00	_____	_____
3074-Oregano Greek-The original flavor for Italian & Mediterranean fare Tender Perennial	5.00	_____	_____
3075-Oregano Hot & Spicy - Intense flavor for pizza & spaghetti sauce Perennial	5.00	_____	_____
3080-Parsley Italian flat leaf - Leaves for garnish & tempura frying Biennial	5.00	_____	_____
3082-Rosemary-Spicy woody herb great for chicken & Mediterranean fare Tender Perennial	5.00	_____	_____
3083-Sage-Savory herb used in stuffing soups & Mediterranean dishes Perennial	5.00	_____	_____
3084-Pineapple Sage- Fruity addition to teas, fruit garnish hummingbird magnet Annual	5.00	_____	_____
3085-Savory Winter- Ingredient in "herbs de Provence" for meat & bean dishes Perennial	5.00	_____	_____
3090-Sorrel- Red Veined tart flavor great accent in soups and salads very ornamental Per.	5.00	_____	_____
3093-Stevia – Sugar plant non caloric sweetener use fresh or dried Annual	5.00	_____	_____
3095-Sweet Annie- Fragrant and attractive used in wreaths, potpourri, and sachets. Annual	5.00	_____	_____
3101-Sweet Woodruff- Fragrant flowers for potpourri and room freshener Perennial	5.00	_____	_____
3102-Thyme English-Most familiar thyme used in soups stews & roasts Perennial	5.00	_____	_____
3105-Thyme Silver Edge- Ornamental use in "Bouquet Garni"& "herbs de Provence" Per.	5.00	_____	_____
3110-Thyme Spicy – Orange flavor great with chicken, fish, salads and tea. Perennial	5.00	_____	_____
3111-Thyme Variegated Lemon-Very decorative rich lemon flavor Perennial	5.00	_____	_____
4020-Eucalyptus- Silvery to blue green color, menthol-like fragrance when bruised	8.00	_____	_____
4025-Mexican Sunflower- A fantastic nectar source for your pollinators and butterflies	5.00	_____	_____
4050-Tansey- Used by crafters as an addition to dried flower arrangements	5.00	_____	_____

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TOTAL PAGE 3 \$ \_\_\_\_\_

TOTAL PAGE 1&2 \$ \_\_\_\_\_

PAGE 1&2 + PAGE 3

GRAND TOTAL \$ \_\_\_\_\_

NAME \_\_\_\_\_ TELEPHONE \_\_\_\_\_ STREET  
 \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ CITY  
 \_\_\_\_\_ E-MAIL \_\_\_\_\_

Mail to Spring Valley Nature Club PO Box 68395 Schaumburg, IL 60168

Checks payable: Spring Valley Nature Club

Preorder Cutoff May 10, 2023 - Order Pick Up - May 20 & 21, 2023

10:00AM-4:00PM

## Spring Valley Update for March/April Newsleaf – 2023

Spring Valley's grounds and facilities remain open for winter hours through March and will transition to spring/summer hours on April 1. We continue to offer a full schedule of family, youth, and adult programs, as well as seasonal special events.

- Spring Valley's grounds and walking trails are open for walkers every day from 8am-5pm through March. Starting April 1, hours will extend to sunset to accommodate our longer days.
- The gate leading onto Heritage Farm's walking paths from St. Matthew's Church will reopen daily on March 1.
- The **Nature Center Museum** is open to visitors Wednesday-Sunday from 10am-4pm. On April 1, these hours will be extended, with the facility open daily from 10am-6pm. The restrooms, drinking fountain and vending will be opened every day for visitor use.
- **Volkening Heritage Farm's Visitor Center** and other farm buildings will remain closed through the end of March but will then reopen Wednesday-Sunday from 10am-4pm starting April 1.
- **Bison's Bluff Nature Playground** will remain open daily from 10am-4:00pm during March, except during snowy, icy or rainy weather. Admission is free until the end of March. Starting April 1, the nature playground will be open daily from 10am-7pm, weather permitting, and the admission fees for children ages 2-12 will once again be in place.
- Volunteers continue to assist with outdoor conservation projects, trail maintenance, and with some of our events and programs. If you are enrolled as a Spring Valley volunteer and have questions about upcoming opportunities, please reach out to Volunteer Coordinator, Sarah Severson at [saseverson@parkfun.com](mailto:saseverson@parkfun.com).

### NEW – Spring Valley App

There's now an app for Spring Valley visitors! Staff has recently developed an app for use on either Android or Apple smartphones. It features not only information on hours, site features, and facilities, but two guided tours that provide information on various natural history or historical topics as you walk the trails. The app is FREE and available from either the Google Play Store or Apple Store (simply type Spring Valley Nature Center into the search bar). It is also available as a web-app by going to [www.springvalley.stqry.app](http://www.springvalley.stqry.app).

### Spring Events & Programs

Pre-registration is recommended for some events with limited attendance, although larger events are usually walk-in admission only. Nearly all classes have limited capacity and require pre-registration. More information and on-line registration are available via the Park District's virtual **Spring Program Guide**, found at [www.parkfun.com](http://www.parkfun.com).

**Sugar Bush Fair's** popular pancake breakfast and outdoor maple syruping demonstrations will return on Saturday & Sunday, March 18 & 19, 9am-noon! Breakfast reservations will be limited to 750 each day and can be made by visiting [www.parkfun.com](http://www.parkfun.com). Breakfast reservations are \$6.50/plate if purchased prior to 12:00pm on March 17. Day-of tickets, if available, will be \$8/plate.

**Sunset Fire & Picnic on the Prairie** will also return on Saturday, April 1, 5-7pm. Reservations are recommended for this popular evening program exploring the benefits of fire for our Midwestern natural areas. The registration cost is \$3/resident or \$4/non-resident, with children 3 and under free. Reservations are available at [www.parkfun.com](http://www.parkfun.com).

**Earth Day Party** is scheduled for Sunday, April 23, 12-4pm. A variety of green living and environmental awareness activities and demonstrations will be available in both the Nature Center's backyard and at Heritage Farm, including a display of live hawks and owls, and some with take home crafts or plantings. A wagon shuttle will transport visitors between Heritage Farm and the Nature Center. Parking will be available at either the Nature Center or St. Matthew's Church. Admission is paid at the event and is \$3/person or \$12/family.



**Eggsapalooza**, which takes place Saturday, April 8, combines a scavenger hunt on the trails with an egg hunt near Merkle Cabin, followed by a wagon ride. This popular family program usually sells out, so pre-register early for one of six sessions, starting at 9:00am and repeating every half-hour. Registration fee is \$5/resident or \$6/non-resident.

**Walpurgis Night** returns to Heritage Farm on Saturday, April 30. This traditional German holiday features witches in April, marshmallows around a campfire, and a wagon ride. Pre-register for one of four sessions starting at 6:00pm and repeating every half hour. Registration fee is \$5/resident or \$6/non-resident.

### **SPECIAL Earth Week Program Series**

During Earth Week (April 16-22), a different program will be offered each day to focus on a different aspect of local natural history awareness or sustainability. Most programs are family-friendly and meet at the Nature Center, but all do require pre-registration. More info on each is available on the website or by calling the Nature Center. The series will include:

**DIY Green Cleaning Life Hacks** – Monday, April 17, 4-5pm

**Meet the Turtles** – Tuesday, April 18, 4-5pm (3 different sessions available)

**We Dig Dirt** – Wednesday, April 19, 4-5pm (designed for youngsters with a parent)

**Buckthorn Busters** – Thursday, April 20, 4-6pm (designed for ages 16+)

**Repurposed Art** – Friday, April 21, 4-5pm (designed for families)

**Guided Forest Therapy Walk** – Saturday, April 22, 10-11:30am (designed for families)

**Native Plant & Heirloom Vegetable Sale** – Saturday & Sunday, May 20 & 21, 9am-2pm

Pre-order your native wildflowers, grasses, shrubs or heirloom vegetables and herbs for this year's garden projects! The Schaumburg Community Garden Club is only offering pre-orders again this year. The above dates are when orders can be picked up at Spring Valley. Visit [www.schaumburggardenclub.org](http://www.schaumburggardenclub.org) to learn more about native plants and place your order. Heirloom veggies and herbs can be ordered via [www.springvalleynatureclub.org](http://www.springvalleynatureclub.org). Ordering deadlines vary between the two organizations, but ordering before the end of April is advised!

### **Spring Volunteer & Spring Valley Nature Club Meeting – Kiss the Ground!**

Join fellow volunteers and Nature Club members on Wednesday, May 3 at 6:30pm for snacks and socializing followed by an update on upcoming projects, events and more. At 7:15, we will be showing the award-winning documentary film, *Kiss the Ground*. This hopeful film, narrated by Woody Harrelson, details the promise of regenerative agriculture, which has the promise of not only improving the way we grow food, but also revitalizing our soils and mitigating climate change.

### **Spring Valley Summer Camps!!**

Spring Valley's popular summer youth camps will be back this summer! Register early for these weeklong camp programs, available from June-August for ages 5-6, 7-9, and 10-13. Visit the Park District's online **Summer Camp Guide** to learn more!

## **Longing for an Heirloom Vegetable & Herb Garden? Now is the Time to Plan!**

Seems almost everyone I know started a garden of some sort. Maybe you should too! Take a look at our website! What flavors do you like best? A favorite tomato, a unique pepper, tender crisp cukes, bush beans, celeriac? Looking for something new? Don't dwell on images of wonderful things to come, act on it! Do a quick plan for your veggie garden and prepare. Don't have a garden space in ground? No prob! You can have great results planting in containers! Don't want to buy pots and planters? No prob! You can use old tote bins, just drill holes in the bottom for drainage and you can grow a multitude of items! Even 5 gallon buckets will work and can be used as planters for tomatoes, eggplants, peppers and more! Many gardeners include veggie plants in the flower beds. Peppers, eggplant, Swiss chard and many other plants are beautiful and fit in well to the formal garden! Now is a great opportunity to plan for your own garden adventure!

Click [www.springvalleynatureclub.org](http://www.springvalleynatureclub.org) to view pictures of plants that are available.

Watch for the seed racks of Botanical Interests Seeds that will be on display in Spring Valley's and the Farm's Visitors Centers. They are high quality seeds and are organic too! Proceeds benefit the community with programs and activities for all ages!

### **Vegetable & Herb Sale Saturday May 20 & Sunday May 21, 2023, at the Spring Valley Nature Center.**

Click [www.springvalleynatureclub.org](http://www.springvalleynatureclub.org) to view available plants and place your order.

Please continue your loyalty to our cause, it is with support from our members and friends of Spring Valley, that we can assist the Spring Valley Nature Center in its educational and environmental efforts to provide programs and benefits for the community. Thank you.

### **Do you use Amazon? Donate to Spring Valley Nature Club.**

When making purchases through "Amazon Smile" Amazon will donate 0.5% of the price of your purchases to our club. Shop at [smile.amazon.com](http://smile.amazon.com) and make Spring Valley Nature Club your choice for charitable contributions!



## 1974 And Beyond

**Spring Valley began as a dream by one of the founders of the Village of Schaumburg, Ellsworth Meineke.** Early on he referred to it as “The Spring Valley Dream.” It was he who convinced the Schaumburg Park District and the Village of Schaumburg to work together to acquire and preserve land for Spring Valley. Ellsworth founded the Spring Valley Nature Club in 1974 as a not-for-profit service organization which provides volunteer and financial support for Spring Valley and promotes conservation, nature, and environmental education. The Club sponsors nature programs and teacher field trips, and members volunteer at festivals and fund raisers. We have been working hard since 1974. Won’t you join us?

These words reflect the dedication that the founders felt for the purpose of the Club and the love of the natural world around us. Since the Schaumburg Park District assumed the responsibility of recruiting volunteers, Nature Club’s purpose has evolved to share its love of Spring Valley by offering timely programs that reinforce a more wholesome lifestyle. We have initiated monthly educational programs that instill a comprehension of our ability to lessen our carbon footprint by reducing waste, recycling and reusing our valuable resources. Our monthly programs enlighten us to appreciate our environment and respect its fragile beauty.

We have lessened our impact on landfill waste by eliminating the mailing of our bimonthly News Leaf. We are encouraging members to attend educational programs which teach us the importance of the wildlife around us, the art of using our natural resources wisely and being more self-reliant by advising how to live a more wholesome lifestyle, grow and live more organically and become more self-sufficient.

With the kind donations and assistance from local merchants and organizations, we can exist more ecologically by shopping locally. Some of the wonderful supporters and contributors to the club have been, Roselle Ace Hardware discount coupon on purchases; Schaumburg Park District 1-day Fitness Pass; Platt Hill Nursery for their support and discount coupon at their garden centers; Holistic Art Studio discount coupon; Skincare by Carmela for their discount on services.

Our wonderful supporters have given us a way to lessen our footsteps by offering valued products and services at discounted prices while saving our energy dollars by reducing the number of miles we travel. Please support our supporters. With their help, we have been successful in raising additional funds to sponsor educational programming for our Club members, Spring Valley Volunteers, and school children and teachers from our community. We have supplied funds for books for Spring Valley’s Library and have sponsored various free to the public programs and events that the Nature Center has offered.

Thanks to you all, and especially our valued Members and Supporters of Spring Valley Nature Club!

Please take time to review all the wonderful benefits we are offering to our members with their Nature Club membership. Won’t you join us?

Spring Valley Nature Club is a 501(c)(3) non-profit organization and contributions may be tax deductible. Check with your tax advisor.



## Spring Valley Nature Club 2023 Membership Rates

To show our appreciation for our members' loyalty, a special benefit packet is offered to club members.

**“Discount Coupon Packet”** This packet will include certificates and coupons for various merchants, i.e., Holistic Health Studio (massage discount), Platt Hill Nursery (discount on purchase), Chick-Fil-A (Free Sandwich - Schaumburg Stores only), Skincare by Carmela (Discount on Services), Ace Hardware (Nerge Rd. \$5 off) and Schaumburg Park District one day fitness pass & one day pool pass.

**Special Benefit;** An invitation to the Spring Valley Volunteer/Meineke Award Picnic on the first Friday in August. A postcard will be sent to current members in good standing by mid-July asking for an RSVP.

**Free Entry to the Nature Club Programs:** Allows you to attend any of Spring Valley Nature Club monthly meetings and educational programs from February through November where you can enjoy some refreshments and camaraderie with fellow supporters of the Nature Club and the Spring Valley Volunteers.

**Membership Card & Bi-monthly News Leaf:** Identifies you as a supporter of the Nature Club's efforts.

**Life Membership:** In addition to the above items, this membership includes a Nature Club Commemorative Fleece Throw (\$35.00 value); this fleece throw is for **New Life Memberships Only**.

**Current Life Members** are eligible for the Discount Coupon Packet. Any donation is appreciated and helps the Nature Club fulfill its charter to support Spring Valley Nature Center.

Your Membership Packet needs to be picked up in person at the Spring Valley Nature Center 10:00 – 5:00 daily. Any member may have the membership package mailed to them for a handling fee of \$2.00

### Yearly Memberships Begin February 1<sup>st</sup> through January 31<sup>st</sup>

Senior 55 Plus	\$10.00
Individual	\$15.00
Family	\$25.00
Supporting	\$35.00
Life	\$150.00
Sponsor	\$1000.00

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### Senior - Individual – Family – Supporting - Life – Sponsor

Name-----

Address-----City-----St.-----Zip-----

Email-----Phone-----

Checks should be made payable and mailed to:  
Spring Valley Nature Club - 1111 East Schaumburg Road, Schaumburg, IL 60194