

## MENU - WEEK 2

Breakfast – a selection of cereals, fresh fruit, wholemeal toast. Milk or water.

Day Nursery and Out of School Club

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	A selection of fresh fruit, crackers & cheese, breadsticks & dips or vegetable sticks.				
LUNCH MAIN MEAL	Spaghetti & Meatballs 1	Homemade Fish Goujons, Potatoes & Peas 1, 4, 9, 10	Homemade Pie of the day with Vegetables 1, 4, 9, 10	Pasta dish of the day 1, 4, 10	Bean Chilli with Rice
VEGETARIAN OPTION	Tomato Pasta	Vegan Fish Fishers, Potatoes & Peas 1, 9, 10	un	(1))	un
PUDDING	Chocolate Whip 1, 10	Melon	Jelly	Ice Cream 10	Banana & Custard 10
SNACK TEA	Crackers with options of cheese and cooked meats 1, 10	Waffles & Beans 10	Crumpets 1	Sandwiches with a selection of fillings 1, 4, 10	Sausages in a bun
PUDDING	Homemade Cornflake Cakes 1, 10	Yogurts 10	Homemade Biscuits 1, 9, 10	Homemade Scones 9	Yogurts 10

Dawn– Our Cook will liaise with parents/carers to cater for children with allergy/dietary needs. Allergen information – 1 Cereals containing Gluten, 2 Crustaceans, 3 Molluscs, 4 Fish, 5 Peanuts, 6 Lupin, 7 Nuts, 8 Soyabeans, 9 Eggs, 10 Milk, 11 Celery, 12 Mustard, 13 Sesame, 14 Sulphur dioxide