**GAMES (DAY 1)**

**TUESDAY**

**BIBLE POINT-** JESUS’ POWER HELPS US DO HARD THINGS.

**SUPPLIES -** Water cooler, cups, Limbo, Sing and Play Express Music CD, CD player

**Say:** It’s going to be an awesome week, and Loco motion Games is where you’ll run, splash, play, and laugh as you learn about Jesus’ power!

Today we’re on track with how Jesus’ Power helps us do hard things (Trust Jesus!) You’ll get to take on a fun challenge in this game of limbo. We’ll play some fun music, and we will keep lowering the limbo bar to see if we can keep from knocking it down. Let us see how hard it gets!

Play CD as children play Limbo - *Encourage kids to cheer on their friends as they attempt to Limbo!*

After playing game **ask:** What was the hardest part of the game for you?

**Say:** Doing hard things can get easier. God gave us these amazing brains that learn as we struggle. When we keep trying, we figure things out and gain new skills. Sometimes we get tired of trying, but when we feel like we’re at the end of our own power, Jesus’ power helps us do hard things (Trust Jesus!)

**GAMES (DAY 2)**

**WEDNESDAY**

**BIBLE POINT-** JESUS’ POWER GIVES UP HOPE.

**SUPPLIES -** Water cooler, cups, soccer balls, 2 soccer goals, orange cones, 2 football toss games, and mini footballs

**Say:** While you play this next game, pay attention to what gives you hope to keep playing even if someone scores against you.

**Soccer dribbling relay -** *Beforehand, set up a starting line with orange cones and across the yard set up two soccer goals.*Set up relay lines and divide players into even teams. On go, the first person from each team will dribble the soccer ball to the soccer goal and score. Once the soccer ball is in the goal, the next person in line can “go” and will do the same thing. This will continue until everyone from the team has dribbled and scored. The first team to finish is the winner. Using your hands is off limits.

**Football toss -** *Beforehand, set up two football toss games and a starting line***.** Divide players into even teams. Assign an adult or youth at each football toss game to keep score *(scoring rules are indicated on the football toss).* Each child gets 2 football tosses per game. Once everyone has had a turn add up the points to determine the winning team.

**Say:** It was fun to try to score a goal in our soccer game or score a point on our football game. I’m not sure it was quite as much fun for the sailors with Paul. Some properly wondered if they would make it. Sometimes we wonder if we’ll ever be done with a hard time. But we know Jesus has good plans for us. We can trust Jesus because Jesus’ power gives us hope! (Trust Jesus!)

**GAMES (DAY 3)**

**THURSDAY**

**BIBLE POINT-** JESUS’ POWER HELPS US BE BOLD.

**SUPPLIES -** Water cooler, cups, Bunch-O-Balloons water balloons, hula hoops,large bin for holding water balloons, water hose with water hook up,and orange cones.

**Water balloon toss -** Each child will need a partner.Stand close together across from a partner and toss the water balloon, moving further and further apart with each toss. Set up orange cones if needed to show children where to stand.

**Water balloon ring toss -** Each child will need a partner.Have one child hold a hula hoop around his/her waist and another try to make it through the hoop for points. Each child gets 3-4 balloon tosses and then switch positions. Set up orange cones if needed to show children where to stand.

**Say:** Today at Rocky Railway we’re learning about being bold.

**Ask:** What things come to your mind when you think about being bold? *Share an example of your own, first, such as standing up for a friend or even simply doing something that puts you in the spotlight.*

**Say:** Being bold can feel uncomfortable or risky, but sometimes being bold is the only way something good can happen - so it’s worth the risk. When we’re not sure when or how to be bold, we can ask Jesus for help because Jesus’ power helps us be bold. (Trust Jesus!)

**Say:** You’ll get to be bold in this next game, but don’t worry, the risk you’ll take is a really fun and you may experience a little splash.

**Say:** Being bold can be hard all on our own, but teamwork and encouraging our friends can make it easier. Jesus can help us through the encouraging words of others. It’s just one-way Jesus’ power helps us be bold. (Trust Jesus!)