



We have put together a list of a number of very informative and enlightening videos that have been posted online. These are mostly videos that have been put together by people that have Asperger's Syndrome and offer a perspective from their reality and not from a medical professionals point of view.

I am a 27 year old adult male with Asperger's syndrome.

I have decided to make a series of videos to help parents and other adults learn how to better deal with their children. There are a few very important things to learn when dealing with an Asperger's child that can make both their and your lives significantly easier and reduce the amount of conflicts and frustration at home.

Link for video: [YouTube - Introduction](#)

This video covers fights and arguments. I'm sure you've had more than your share of fights and arguments with your child, and they have likely gotten out of hand, often resulting in a rage or a meltdown.

When a child in such a situation tells you to leave them alone, what they are really doing is expressing, the best they can, that they are being pushed too far and are on the verge of losing control. When this happens, the absolute best thing you can do is to back off. Stop talking to them, give them space, let them calm down. If you continue trying to push it at this point, it will almost always result in a meltdown or a rage.

If the child runs to their room and closes the door, the same rules apply. They need to be allowed to calm down or they will lose control. They're trying their best to remain in control, and expressing it as best they can at the time. You need to recognize this and respect this. If you do so, your relationship with your child will be much better.

Link for Video: [YouTube - Asperger's - Message for parents: Fights and arguments](#)

People with Aspergers often interpret tone of voice more in terms of friendliness or hostility.

A harsh, annoyed, or urgent tone of voice may be interpreted as hostile, and will often result in an instinctive defensive response.

Understand that tone of voice may be misinterpreted, and that a defensive response is not necessarily an act of defiance. They may simply be responding to what they perceive is a hostile approach. Try to avoid antagonizing the situation further by switching to a more calm tone.

Link to video: [YouTube - Asperger's - Message for Parents: Tone of Voice](#)



Time management is a potential source of conflict for the following reasons:

1. People with Asperger's often have a poor sense of time.
2. They tend to need a basic mental image or plan on how things are going to go before they do things.
3. They tend to greatly dislike being interrupted.

It is therefore very stressful for them to be given a task with a timetable of "Now."

A better solution, to reduce stress, is to give a reminder 5 or 10 minutes in advance to allow them to tie up any loose ends and get out of whatever they are doing, and plan for the next task. This should significantly reduce stress and frustrations.

Link to Video: [YouTube - Asperger's - Message for Parents: Time Management](#)

Created to help others to learn about the widely misunderstood condition known as Asperger's syndrome (high functioning autism) and what needs to be done for those with this condition. Showing the positive effect of proper attention, and unfortunate result of ignorance towards them.

Created by Kaye Fugal as a presentation in her psychology class at UVSC about her son Ian. Re-edited by her son Bryan.

"What else is love but understanding and rejoicing in the fact that another person lives, acts, and experiences otherwise than we do...?" - Friedrich Nietzsche

Link to Video: [YouTube - Understanding Autism - Asperger's syndrome](#)

(A Video About Asperger's Syndrome)

INFORMATION:

My name is Alex Olinkiewicz and when I was 6 I was diagnosed with Asperger's (A High Functioning form of Autism). Ten years later I made this video to help you and others understand what its like inside my head. I show you how I behave and how I think by webcam and by using cartoon pictures that I drew on MS Paints (Microsoft).

RECEPTION:

Ever since I posted this video it has received many positive things. First it became a Featured Video on the front page of YouTube. This video has won 2nd place in the 2007 East End Student Film Project and was nominated for Best Commentary Video for the 2007 YouTube Awards. This video was shown at the Western Suffolk Counselor's Association spring conference in front of 25 counselors and will be shown again this time in front of 300 counselors. Also this video have received many comments, sure I have got a few bad comments, but mostly all of them are strong positive comments from Parents who has kids who are diagnosed, Teachers, People who has friends who are Autistic, and also people who have Asperger's/Autism. Also this video will be shown on a public television station called BronxNet on a TV show called The Crystal Stairs.

Link for Video: [YouTube - In My Mind](#)



A series of videos from Dr Nick Dubin. A Dr who has Asperger's Syndrome.

Brief video detailing some suggestions on how to help your child or adolescent with Asperger Syndrome better handle transitions. Also I will give you some insights as to why transitions can be so difficult for us.

Link to Video: [YouTube - Asperger Syndrome and Transitions](#)

The first of most likely many videos coming from me on Asperger Syndrome and Bullying. My website is..... www.aspergerwisdom.com

Link to Video: [YouTube - Asperger Syndrome and Bullying](#)

Video to parents of children with Asperger's Syndrome regarding when it might be the appropriate time for one's son or daughter to be made aware of their Asperger's diagnosis. Possible future videos on this topic may delve into successful disclosure techniques to employ with one's son or daughter. My website is

Link to Video: [YouTube - Asperger's Syndrome and Disclosure](#)

Video to other individuals with autism, Asperger's, PDD-NOS regarding how the changes in the DSM V for 2013 might effect one's self-esteem. The message is that autism should not be demarcated into classes of higher and lower functioning and that one's self-esteem shouldn't dependent upon where one is in the "pecking order" or by how much one accomplishes. Self-esteem should come from within. My website is

Please email me if you are interested in me speaking to your organization.

Link to Video: [YouTube - A Brotherhood of Autism](#)

Video emphasizing how important self-care is in the lives of individuals on the autism spectrum. It also highlights some of the miscommunications that can take place as a result of different self-care needs arising for both the neurotypical and autistic populations.

Link to Video: [YouTube - Autism, Asperger's and Self-Care](#)

First of what may be several videos on issues related to Asperger's Syndrome and employment. This video highlights the importance of tapping into one's strengths and interests, self-esteem difficulties amidst hostile job environments, and realizing one's inherent potential by not letting past "failures" ruin one's chances at future successes. Possible future videos may focus on issues related to self-disclosure, advocacy and workplace survival tips as well as some of the advantages and disadvantages of self-employment. The last few minutes of the video is directed specifically towards the individual on the spectrum/person with Asperger's.

Link to Video: [YouTube - Asperger Syndrome and Employment](#)

This is a news story about my new book (Asperger Syndrome and Anxiety) that appeared on Fox News Atlanta, in June of 2009.

Link to Video: [YouTube - Asperger Syndrome and Anxiety with author Dr. Nick Dubin](#)

A community based program on CBS Detroit where Dr. Nick Dubin discusses Asperger Syndrome with host Carol Cain.

Link to Video: [YouTube - Asperger Syndrome Interview](#)