

**You are called over to the hilton to someone who has been found unresponsive on the ground.**

What is the first thing you should do? (1 mark)

**A bystander stated that he was walking to his car when he suddenly collapsed and struck his neck on the handrail landing in an awkward position and was UNRESPONSIVE.**

2) How do you ascertain if someone is in cardiac arrest? (2 marks)

3) When you check for breathing you should L \_\_ \_\_ \_\_, L \_\_ \_\_ \_\_ \_\_ \_\_ & F \_\_ \_\_ \_\_ for \_\_\_\_ seconds (2 marks)

4) The man is breathing, should you roll him into recovery or leave him on his back? (1 mark)

5) Not long after the man stops breathing, what are your next steps? (2 marks)

6) When should you connect a defibrillator? (1 mark)

7 (5 marks)

a) What is the compression to breath ratio

b) How deep should we compress

c) At what rate should we compress

d) how often does the defibrillator analyse the heart rhythm

8) When should you stop CPR - (2 marks)

1-

2-

3-

4-

9) What 4 steps ensure the best chance of survival for someone suffering a cardiac arrest? (2 marks)

Early \_\_\_\_\_, Early \_\_\_\_\_, Early \_\_\_\_\_, Early \_\_\_\_\_