

Hours of Operation

Our services are:

Monday - Friday
8:00am - 5:00pm

Emergency Services
are always available
from VCSB 24 hours a
day, 7 days a week.

You can reach our
Emergency Services
Department at
540-885-0866.



**VALLEY COMMUNITY
SERVICES BOARD**

**85 Sanger's Lane
Staunton, VA 24401**

**Main Office: 540 887-3200
Emergency Services: 540 885-0866**

VCSB does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

August 2021




Valley Community Services Board

Adult Program



**Adult Outpatient
Services**





Additional Information

Services for Pregnant and Parenting Women

Services are provided to pregnant women with substance abuse treatment/prevention needs within 48 hours of contacting VCSB. VCSB provides liaison services with Augusta Health for pregnant and post-partum clients and babies prenatally exposed to substances.

Confidentiality

Employees of VCSB adhere to standards of professional ethics, including confidentiality. Your records and information will not be shared with anyone outside of VCSB without your written permission. When Federal or State laws provide for disclosure of information without your permission, we will release records and/or information, as well as in emergency situations.

Adult Outpatient Services

Welcome to Valley Community Services Board (VCSB). We offer a variety of comprehensive mental health and substance abuse services for adults within the Counties of Augusta and Highland and the cities of Staunton and Waynesboro.

Outpatient Counseling >>>

Outpatient mental health and substance abuse counseling

Group Counseling >>>

Group therapy available for addressing various mental health concerns

Psychiatric Services >>>

Offered as part of a comprehensive treatment plan

Intellectual Disabilities >>>

Services available including case management and residential placement

Community Connections >>>

Connecting clients with and/or coordinating services in the community, including:

- Department for Aging & Rehabilitative Services
 - Family Outreach Program
 - Department of Social Services
 - Veterans Services
 - Drug Court (with Blue Ridge Court Service)
- ◇ Prescreening for inpatient residential treatment and coordinating return to outpatient treatment after residential stay

Payment Options >>>

Valley CSB charges fees for services. We accept most insurances, including Medicaid and Medicare. We also accept private insurance and offer sliding scale fees for those with no insurance based on ability to pay.

Substance Use Treatments

All substance use treatment programs include random urine drug screen and breathalyzers.

Intensive Outpatient (IOP)

Monday through Friday daily treatment to provide 9 hours weekly of structure treatment during early recovery. ASAM level 2.1 and Drug Court Services Most intensive SU Program

Outpatient SA Groups

Meet several times weekly for support during recovery; day and evening hours available. Frequency of meetings are dependent upon client need.

- Women's SA Group
- Self-Discovery in Recovery
- Coping Skills
- Healthy Relationships