

SYNERGY HOCKEY

SMALL GROUP TRAINING LESSONS

• Fall 2022 •

20-20-20 Plan:		
20 min. of Power Skating / 20 min. of Stickhandling / 20 min. of Goal Scoring & Shooting		
	WEDNESDAYS at MUHC/Chesterfield	THURSDAYS at MUHC/Chesterfield
<u>Week 1</u>	<u>10/19/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>10/20/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 2</u>	<u>10/26/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>10/27/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 3</u>	<u>11/2/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>11/3/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 4</u>	<u>11/9/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>11/10/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 5</u>	<u>11/16/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>11/17/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 6</u>	<u>11/23/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>11/24/22</u> NO LESSON! THANKSGIVING DAY
<u>Week 7</u>	<u>11/30/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>12/1/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 8</u>	<u>12/7/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>12/8/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 9</u>	<u>12/14/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>12/15/22</u> 6:00am-7:00am at MUHC/Chesterfield
<u>Week 10</u>	<u>12/21/22</u> 6:00am-7:00am at MUHC/Chesterfield	<u>12/22/22</u> 6:00am-7:00am at MUHC/Chesterfield



10 Weeks of Lessons \$700/skater	9 Weeks of Lessons \$630/skater
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Commitment to full schedule at time of enrollment is required.

**Payment in FULL for all upcoming lessons is required at the time of enrollment.

Should you need a special payment plan, please contact our office for assistance.

636-237-2220 or info@synergyhockeyskills.com.