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Newsletter December 2022

Hello everyone,

I hope that you are all well and are ending the year with lots of festivities and joy. It feels great to reflect on all of the brilliant things we have been up to as a group. We have been lucky to see lots of familiar faces returning to our activities as well as welcoming some brilliant new members.

As always, our evenings at the Wisteria are a firm favourite for many of our members, eating great food together, catching up and of course enjoying a game or two, with our Uno championships getting bigger and better every time. Our Cinema Club is as popular as ever too, with members seeing a whole range of films chosen by our brilliant leader Sam. (Thanks as always!)

In summer, it was brilliant to have members and their families gathered together at Rutland Water for our annual BBQ. The food was fantastic, the weather was perfect and lots of us enjoyed a game of swing ball or two. We have also enjoyed a few of our favourite activities including a bouncing session at Jump Revolution and getting a bit too competitive at LaserStorm (and that's just the leaders).

In the run up to the festive season, we had a successful trip to Fosse Park to begin our Christmas shopping. We also had a fantastic Christmas dinner at the Wisteria, followed by a disco led by DJ Louis, who got us all up dancing. To top off 2022, our members enjoyed a day trip to Winter Wonderland and what an adventure it was. Despite the cold weather, the group layered up and had THE BEST time. Our young adults loved going on the rides (they're much braver than me!), enjoyed some Christmas market snacks and a mulled wine or hot chocolate to help warm up.

As always, it has been an absolute joy to work with our young adults this year, but while we all have the most fun, lots of work goes on behind the scenes to make our adventures run smoothly. Huge thanks to Jacqui and Ashley for all that they do to organise our activities, to our drivers who help to get us there and to our wonderful leaders and volunteers who help our young adults in so many ways each Thursday. Thanks also to our families, carers, friends and all who support our work and continue to encourage our young adults to be part of it.

I can't wait to see what 2023 holds for us.

With best wishes as always, Rosie OHCR Leader