

Stuart's south west coastal footpath launch weekend party!

You are invited to join myself, Jo Cam and Francesca, on the first leg of my south west coastal footpath fundraising venture in aid of the Motor Neurone Disease Association. Followed by a bit of a shin dig to celebrate my 61st birthday at Bere Regis Cricket Club. Stuart Contact tel 07739548276

Stuart's Just Giving Fundraising Page in aid of The Motor Neurone Disease Association.

https://www.justgiving.com/fundraising/stuart-robertsonmnda?utm_source=Sharethis&utm_medium=fundraising&utm_content=stuart-robertsonmnda&utm_campaign=pfp-email&utm_term=93fe9d1276f74d2692b53da7640ec070

Saturday 4th December

Meet Shell Bay National Trust Car Park at 11.00. This is the car park closest to the sandbanks ferry (on the studland bay side). If using a SAT NAV the post code is **BH19 3BA**. We will walk via the naturist beach(oohh matron!!!) past Old Harry's Rock and then around to Swanage. Those who are up for it a swim at swangae bay??

We estimate the walk to take around 3 1/2 hours, so I suggest taking a flask of coffee or something stronger plus packed lunch.

When we finish we can gather in the Love cake cafe <https://lovecakecafe.co.uk>
.....for a cup of tea and cake!

If you need to drop your car in Swanage and catch the bus to the start point at the far end of studland bay at the ferry terminal, here is the link to the bus

<https://bustimes.org/services/50-bournemouth-sandbanks-studland-swanage>

It maybe that you can arrange to meet at Broad Road Car Park

<https://www.swanage.gov.uk/carparkcharges.aspx>

and park one car there and then drive the other to studland.

Saturday Evening

The walk coincides with the weekend of my 61st Birthday. I thought we could combine that with post walk celebrations at Bere Regis Cricket Club. I will be making big pots of chillie and curry to keep everyone fed then the drinks can be bought at the bar.

We will meet there from around 6.00 onwards.

THE CLUB HOUSE

Bere Regis Cricket Club
Townsend
North Street, Bere Regis, Wareham
Dorset
BH20 7LD
Telephone: [01929 471591](tel:01929471591)

POSTAL ADDRESS

North Street
Bere Regis
BH20 7LA

Sunday 5th December

For those left standing, we can complete the walk from swanage around to Langton Matravers, finishing at the Square and Compass pub <https://www.squareandcompasspub.co.uk>

maybe for a pasty for late lunch. They sometimes have music on a sunday pm.

We will meet in the broad road car park at Swanage at 10.15

<https://www.swanage.gov.uk/carparkcharges.aspx>

Then the other place to park your car would be at the pub.

Buses will not be an option on a sunday and/or on this route. But we can organise lifts etc on the saturday night.

In order to an idea on numbers for the walks themselves and then food on saturday etc can you email me back to let me know on numbers coming from your family.

Stuart.yoga@gmail.com or 07739 548276

Southwest Coastal footpath link

Over Saturday and Sunday this is the walk we will be doing except in reverse order. So if you want to join in for a shorter walk /or a part of the walk that is more accessible, then take a look and let me know where you will be and when

<https://www.southwestcoastpath.org.uk/walksdb/187/>

If you cant make the walk, or the party then no problem, you can still donate and get a 4 step wellbeing programme!

There will be other opportunities to join me, on other legs of the journey. So keep an eye out for updates on my just giving page or my newly created facebook page

<https://www.facebook.com/profile.php?id=100073782062425>

. am not sure if you can follow it or have to become a friend?!

To be honest I think I will have more trouble working out how to use facebook than I will walking the footpath!!!

Think that's it ...so looking forward to catching up at some point soon!

Sending love

Stuart