



2021

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Components:		3	4	5	6	7
Ages 1-2 1/2 cup milk 1/4 cup fruit / veg 1/2 oz eq grain	W	Cherrios	Sandwich Thins	English Muffin	Rice Crispies	Oat & Honey Bar
	E	Pears	Peaches	Mandarine Oranges	Banana	Pears
Ages 3-5 3/4 cup milk 1/2 cup fruit / veg 1/2 oz eq grain	E	Milk	Milk	Milk	Milk	Milk
	K	Animal Crackers	Cheese Cubes	HB Egg	Vanilla Wafer	Mini Pretzels
Ages 6-12 1 cup milk 1/2 cup fruit / veg 1 oz eq grain	1	Apple Juice	Apples	Pineapple	Grape Juice	Mango
		10	11	12	13	14
Ages 1-2, 3-5 1/2 cup milk 1/2 cup fruit / veg 1/2 oz eq grain	W	Cinnamon Raisin Brd	Special K Cereal	Chewy Bar	Waffles-Syrup	Honey Bunch Oats
	E	Orange Juice	Apple Sauce	Mixed Fruit	Pineapple	Peaches
Ages 6-12 1 cup milk 1/2 cup fruit / veg 1 oz eq grain	E	Milk	Milk	Milk	Milk	Milk
	K	Oyster Crackers	Animal Crackers	Goldfish	Wheat Thins	Rice Cakes
Snack Components: Select 2 of 5: Ages 1-2, 3-5 1/2 cup milk 1/2 oz protein 1/2 cup veg 1/2 cup fruit 1/2 oz grain	2	Cranberry Juice	Sliced Pears	Banana	Grape Juice	Pineapple
		17	18	19	20	21
Ages 6-12 1 cup milk 1 oz protein 3/4 cup Veg 3/4 cup Fruit 1 oz grain	W	Corn Flakes	Hawaiin Buns	Oat & Honey Bar	Mpl Srp Corn Bread	Rice Crispies
	E	Fruit Cocktail	Mixed Fruit	Pineapple	Orange Juice	Sliced Apples
Thank You U.S. Soldiers 	E	Milk	Milk	Milk	Milk	Milk
	K	Ritz Crackers	Graham Crackers	Cheese Itz	Cheese Cubes	Animal Crackers
Ages 1-2, 3-5 1/2 cup milk 1/2 oz protein 1/2 cup veg 1/2 cup fruit 1/2 oz grain	3	Mandarin Oranges	Apple Juice	Mango	White Grape Juice	Mixed Fruit
		24	25	26	27	28
Ages 6-12 1 cup milk 1 oz protein 3/4 cup Veg 3/4 cup Fruit 1 oz grain	W	Fruit & Grain Bar	Honey Bunch Oats	Frnch Tst Stix-syrup	Butrmlk Bscuit w/Jelly	Cherrios
	E	Mandarine Oranges	Mango	Peaches	Pears	Banana
Thank You U.S. Soldiers 	E	Milk	Milk	Milk	Milk	Milk
	K	Graham Crackers	Oyster Crackers	Vanilla Wafer	HB Egg	Pretzel Sticks
Thank You U.S. Soldiers 	4	Apple Juice	Apple Sauce	Banana	White Grape Juice	Peaches
		29				
Thank You U.S. Soldiers 	W					
	E					
Thank You U.S. Soldiers 	E					
	K					
Thank You U.S. Soldiers 	5					

