

GENERAL HYGIENE

- Always wash your hands with soap and water before:
 - Preparing food
 - Eating (*children's hands also*)
 - Changing nappies
 - Before (if possible) and after rendering first aid.
- Regularly clean floors, toilet areas, toys, equipment and bedding.
- Clean up spilt blood and any bodily fluids using disposable gloves and paper towel, then detergent and water and disinfectant as appropriate. Dispose of paper towel by placing in double plastic bags for disposal (*see first aid procedure for further information*)