

# **Nappy & Toilet Training**

## **Nappy Changing**

Parents may be asked to supply nappies, wet wipes and any other creams their child will need. Children wearing nappies will be changed mid way through each session, lunchtimes and teatimes to keep them comfortable and avoid nappy rash. They will also be changed as necessary if they have soiled or are considered to be over wet. Remember to talk/sing at change time and have fun with the child, as this is an excellent bonding process.

## **Nappy Procedure**

Ensure that the nappy change area is ready and you will have all the equipment you will need. Put an apron and gloves on. You may encourage the child you are changing to collect their nappy from their bag with you, pointing out the name on their peg. Ensure child is safe on mat. Remove nappy and place in a nappy bag and dispose of in nappy bin. Clean using baby wipes and dispose in nappy bin. Put clean nappy on. Remove child from mat. Spray mat and wipe down with paper towels. Remove apron and gloves and dispose and wash your hands. Record on Daily Nappy Changing sheet.

If a child has any unusual marks, rash's, bruises that are noticed a senior staff member will be asked to look at these and a decision made on how to proceed.

We are happy to use re-useable nappies and this can be discussed with individual parents / carers as necessary.

## **Toilet Training**

All staff are experienced in helping parents decide if their child is ready for toilet training. Please do not hesitate to ask for advice or support.

The toilets at the nursery are smaller children's toilets. Children are encouraged to use the toilet rather than a potty, however these are available for the children to use if necessary or requested by the parent. Good hygiene practices are always followed at the nursery and the children are shown how to use the toilet and flush and how to wash their hands each time they have used the toilet. 'Accidents' will be dealt with calmly, sympathetically and in a way which does not make the child feel they have done anything wrong.

We advise parents to provide a change of clothes but do always have spare clothes if necessary.