



IDEAS for toys and activities for early development

Age	Developing Skills	Toys	Activities
0-12 months	<ul style="list-style-type: none"> *Visually tracking objects *Grasping objects *Reaching for toys *Clapping toys together *Taking items out of container 	Rings Textured rattles Soft books Soft blocks Textured teethingers	--Move toy side to side, up and down for your baby to visually track --Help your baby hold toys starting at 3-4 months -closer to 12 months, help your baby hold a toy in each hand and clap them together
12-18 months	Points with index finger Stacks three blocks Scribbles	Building blocks Coloring items Stacking cups, rings Board books Single piece puzzles	Assist child with putting one block on another Provided one on one learning time to scribble Point to named pictures, help your child point Assist child to remove the puzzle pieces Name the items in the pictures for language skills
18-24 months	Imitates a vertical mark Stacks four blocks Holds crayon with thumb and fingers String beads	Drawing paper Coloring books Sticker books Painting activities Stringing /lacing Board Books Single piece puzzles Pull apart toys	Provide time to color 2-3 days each week (3-5 min) Assist child to build with objects Use chalk, paint, magna doodle, dry erase boards Coloring may only last a few minutes and you may be working with your child to color on the paper and not put the crayon to their mouth, but this is important to do. You are teaching how to use these items.
24-36 months	Copies a circle Build with eight blocks Imitates a cross Snips with scissors	Painting on canvas Coloring craft items Tongs or scissors Pegboards Manipulatives	Hold your child's hand as they are drawing and guide their movements to draw a circle Building with blocks allows child to be creative Use tongs in sensory tubs for early scissor skills. Sensory tubs for pretend play

This is a limited amount of recommendations for fine motor skill development. We recommend one on one learning time 10-15 minutes 1-2 times daily. This is time you help with the activities and teach upcoming skills. Kids LOVE this time, and it will really direct that energy into something positive!

There are six levels of development with fine motor skills being only one part of overall development.

As you play, you are addressing fine motor skills, cognitive skills (thinking skills), language, and social interactions. We also look at gross motor and self-help skills during these early years. WOW kids learn so much so early!

There is an amazing amount of brain development and many skills are learned in these first three years. We are here to guide you through this time with information about skills developing each month and by providing you the items needed to address those skills. Our [OT Boxes](#) are for all ages and all levels of development.