



Serving Pierce County, Washington and surrounding areas

Please note that we are able to custom design a menu just for your event. Special dietary needs can easily be accommodated. If there is something special you are looking for please contact us so we can discuss a menu that is perfect for you.

(253) 426 - 1232

ChefLerrin@yahoo.com

www.GetRedsCatering.com

Gluten Free

Creamy Chipotle Shrimp

Chicken and Rice

Chicken Stir Fry

Stuffed Peppers

Eggs Benedict with Sweet Potato Toast

Chicken Salad or Tuna Salad Lettuce Wraps

Avocado Egg Salad on Gluten Free Bread

Baked Lemon Butter Salmon

Mediterranean Chickpea Salad

Wild Rice and Butternut Squash Salad

Whole Roasted Cauliflower with Cheese Sauce

Broccoli Salad

Zucchini Pasta with Lemon Garlic Shrimp

Marinated Pork Chops with Garlic Butter

Marinated Chicken Breasts

Teriyaki Chicken

Sesame Thai Rice Noodles

Chicken Fajitas with Gluten Free Tortillas

Green Chili Chicken Soup

White Bean Soup

Cauliflower Crust Pizza

Zucchini Lasagna

Baked Eggplant Slices

Grilled Shrimp, Pineapple, and Avocado Kabobs

Vegetable and Tofu Kabobs

CAN'T FIND WHAT YOU LIKE? TAKE A LOOK AT OUR NON-GLUTEN
FREE MENUS. IF YOU FIND A FLAVOR PROFILE YOU LIKE LET US
KNOW AND WE CAN FIND A WAY TO MAKE THE RECIPE GLUTEN FREE.

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