

# 11-17 Year Well Check-Up

Person completing form: Mother \_\_\_ Father \_\_\_ Grandparent \_\_\_  
Other \_\_\_\_\_  
Language(s) spoken at home \_\_\_\_\_

**Parental Concerns:** Do you have any concerns today? No \_\_\_ Yes \_\_\_  
If yes, explain \_\_\_\_\_

## **Relationships:**

Who lives in the home with the child? \_\_\_\_\_  
Number of siblings? \_\_\_\_\_  
Are you coping well with your child? No \_\_\_ Yes \_\_\_  
Are you comfortable with your child? No \_\_\_ Yes \_\_\_  
Are there smokers at home? No \_\_\_ Yes \_\_\_  
If yes, do they smoke outside only? No \_\_\_ Yes \_\_\_

## **TB Risk Assessment:**

Known exposure to person with TB? No \_\_\_ Yes \_\_\_  
If yes, who? \_\_\_\_\_

## **Home Environment & Safety:**

Type of dwelling: (circle one) Apartment House Trailer Other  
Heat source: (circle one) Gas Electric Hot water Other  
Water source for dwelling: (circle one) City/municipal Well  
Known Lead exposure in home? No \_\_\_ Yes \_\_\_  
If yes, was it removed? No \_\_\_ Yes \_\_\_  
Home built before 1950? No \_\_\_ Yes \_\_\_  
Any home renovations in last 6 months? No \_\_\_ Yes \_\_\_  
Use bike/skating helmet? No \_\_\_ Yes \_\_\_  
Use seatbelt in vehicle? No \_\_\_ Yes \_\_\_  
Does your dwelling have:  
Carbon monoxide detectors? No \_\_\_ Yes \_\_\_  
Smoke detectors? No \_\_\_ Yes \_\_\_  
Pool/spa at home? No \_\_\_ Yes \_\_\_  
Pets or animals at home? No \_\_\_ Yes \_\_\_  
If yes, what types? \_\_\_\_\_  
Firearms in the home? No \_\_\_ Yes \_\_\_  
If yes, are they in locked storage? No \_\_\_ Yes \_\_\_

## **Education:**

School Name \_\_\_\_\_ Grade \_\_\_\_\_  
Has your child repeated any grades in school? No \_\_\_ Yes \_\_\_  
If yes, what grade? \_\_\_\_\_  
Average grades \_\_\_\_\_  
Does your child like school? No \_\_\_ Yes \_\_\_  
Ever suspended or expelled? No \_\_\_ Yes \_\_\_  
If yes, please explain \_\_\_\_\_  
Learning disability diagnosed/suspected? No \_\_\_ Yes \_\_\_  
Special needs in school? No \_\_\_ Yes \_\_\_  
College Prep? No \_\_\_ Yes \_\_\_

## **Activity/Exercise:**

Any concerns? No \_\_\_ Yes \_\_\_  
How many hours of exercise per day? \_\_\_\_\_  
How many hours per day watching TV or  
playing video games? \_\_\_\_\_  
Any organized sports/activities? No \_\_\_ Yes \_\_\_  
If yes, what types? \_\_\_\_\_

## **Sleep Habits:**

Any concerns? No \_\_\_ Yes \_\_\_  
If yes, explain \_\_\_\_\_  
Does your child sleep alone in own room? No \_\_\_ Yes \_\_\_  
Does your child sleep 8 hrs or more per night? No \_\_\_ Yes \_\_\_

## **Travel:**

Any recent travel out of the country? No \_\_\_ Yes \_\_\_  
If yes, where did you travel? \_\_\_\_\_

## **Nutrition:**

Does your child drink (circle all that apply): Milk Juice Water Soda  
What type of milk is given?  
Whole \_\_\_ 2% \_\_\_ 1% \_\_\_ Soy \_\_\_ Almond \_\_\_ Rice \_\_\_  
How many ounces of milk per day? \_\_\_\_\_  
How many ounces of juice per day? \_\_\_\_\_  
Does your child eat a healthy variety of foods? No \_\_\_ Yes \_\_\_

## **Dental:**

Any concerns with child's teeth? \_\_\_\_\_  
Brushing teeth every day? No \_\_\_ Yes \_\_\_  
Regular visits to dentist every 6 months? No \_\_\_ Yes \_\_\_  
Any cavities? No \_\_\_ Yes \_\_\_

## **Elimination:**

Any concerns with urine output? No \_\_\_ Yes \_\_\_  
Any concerns with bowel movements? No \_\_\_ Yes \_\_\_

## **Family History:**

Is there any family history of mental illness, emotional problems, drug or alcohol abuse? If so, please describe \_\_\_\_\_  
\_\_\_\_\_

## **Illness/Injuries/Hospitalizations/Surgeries:**

Since the last well visit, has your child:  
Had any injuries or admitted to the hospital? No \_\_\_ Yes \_\_\_  
Had any surgery? No \_\_\_ Yes \_\_\_  
If yes, please explain \_\_\_\_\_  
\_\_\_\_\_