



2023 WINTER 1 REC SESSION

X-TREME GYMNASTICS
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REGISTRATION FOR WINTER 1:	Priority: November 28 - December 3, 2022 Public: Opens December 5, 2022
WINTER 1 SESSION:	<i>Winter Break: Dec. 15 - Jan. 1, 2023 (no Rec classes)</i> January 2 - February 25, 2023 (8 weeks)
REGISTRATION FOR WINTER 2:	Priority: February 6 - 11, 2023 Public: Opens February 13, 2023

FOLLOW US:



CLASS INFO	TUES	WED	THURS	FRI	SAT
Super Stars <i>Introductory gymnastics class designed for ages 3-5.</i>	5:00-5:50 PM		5:00-5:50 PM		9:30-10:20 AM
Beginner <i>Introductory gymnastics class for ages 5 & up. 5 year olds require coach recommendation.</i>	6:00-6:50 PM	5:00-5:50 PM Ages 5-8 only	6:00-6:50 PM	5:00-5:50 PM	10:30-11:20 AM 1:00-1:50 PM
Intermediate 1 <i>Intermediate gymnastics class for ages 5 & up. Coach recommendation required.</i>	6:00-6:50 PM	5:00-5:50 PM Ages 5-8 only	6:00-6:50 PM	5:00-5:50 PM	10:30-11:20 AM 1:00-1:50 PM
Intermediate 2 <i>Advanced intermediate class for ages 5 & up. Coach recommendation required.</i>	7:00-8:20 PM	6:00-7:20 PM Ages 5-9 only	7:00-8:20 PM	6:00-7:20 PM	11:30-12:50 PM 2:00-3:20 PM
Advanced 1-3 <i>Advanced gymnastics class for ages 6 & up. Coach recommendation required.</i>	7:00-8:20 PM		7:00-8:20 PM		11:30-12:50 PM 2:00-3:20 PM
Pre Team (Ages 5-8) <i>Invite Only. Training for the 2023-2024 L2 Competitive Team.</i>		6:00-7:20 PM			1:00-2:20 PM
Tumbling <i>Floor focused class catered to your skill level & progressions. Round off required. Ages 6+</i>		7:30-8:20 PM			
Open Gym <i>Independent open practice with coach supervision. Ages 6-18. Check website for future dates.</i>				SELECT FRIDAYS 7:30-8:30 PM CASH ONLY	

X-treme Gymnastics reserves the right to remove a class if a minimum class size is not met. Class days and times are subject to change. Please be sure to check our website for the most up to date schedule.

X-TREME GYMNASTICS POLICIES AND PROCEDURES

REGISTRATION & TUITION POLICY

In order to register for a class you will need to turn in a Registration Form signed by a parent/guardian with your tuition payment. **The tuition payment must be made in full upon registration to secure your spot in class.** Tuition Rates may vary based on the number of weeks within the session. Closings due to holidays can be prorated from your tuition cost, unless you would prefer to make up the class. We are able to pro-rate you into a session late as long as there is still space in class. **To guarantee your spot, we recommended registering during the following times:**

- **Priority Registration** allows our currently registered families the chance to register for the next session one week before public registration opens! ***We highly recommend that current students to register at this time.***
- **Public Registration** allows everyone the chance to register for any available class. During this time, all classes are first come, first serve, regardless of prior enrollment.

Winter 1 Session Tuition Rates for the FULL session (8 weeks)

50 minute classes Super Stars, Beginner, Intermediate 1, Tumbling	One class per week: \$132 (for 8 weeks) Two classes per week: \$259 (for 8 weeks)
80 minute classes Intermediate 2, Advanced 1-3	One class per week: \$196 (for 8 weeks) Two classes per week: \$387 (for 8 weeks)
Pre Team (Invite Only)	Two classes per week: \$387 (for 8 weeks)

PAYMENT METHODS: Checks can be made payable to X-treme Gymnastics. Cash is also accepted. All credit and debit cards will incur a 3% processing fee. Returned checks will incur a \$30 fee.

REFUND POLICY

There are NO REFUNDS given for any reason. Classes are non-transferable. There are no refunds for missed classes.

CANCELLATION & MAKE-UP POLICY

If you are unable to attend a class due to an emergency or scheduling conflict you must inform us either by phone, email, or in person, a MINIMUM OF 24 HOURS PRIOR to the class you are missing. This process is imperative in order to schedule a make-up class, as we must first receive a cancellation in a class in order to put someone in that spot for a make-up class. Therefore, if you do not cancel ahead of time, a make-up class cannot be given to someone else, and vice versa. One make-up per session will be honored pending class availability. **No call or no show = no make-up class.** There are no refunds, transfers, or credits for missed classes for any reason. If you do not schedule your make up within the session, you will lose the class. **Class ratios are very important to us; therefore, your cooperation in this procedure is greatly appreciated.**

WHAT TO WEAR & BRING TO CLASS

Male gymnasts, Tumbling, & Open Gym participants may wear athletic wear (T-shirts, compression tops, elastic waistband athletic shorts, etc). All female gymnasts must **wear a one-piece leotard** to class. For your safety, skirted leotards are prohibited due to equipment usage and spotting purposes. No tights or pants. Fitted, spandex shorts may be worn over top your leotard (no baggy shorts and no shorts with ties, buttons or zippers). No socks or shoes. No loose jewelry. Hair should be pulled back out of face. Glasses must be secured with an safety strap. **All participants need to bring their own water.** There is NO drinking fountain. There is a vending machine in the waiting area.

GYM CLOSINGS & INCLEMENT WEATHER POLICY

X-treme Gymnastics does close annually for most holidays. Recreational sessions with classes falling on these holidays can be prorated at the time of registration. X-treme Gymnastics does NOT close with the school districts, as the roads are usually cleared up by the time we open for evening classes. Always check our website and social media pages if you are uncertain. **IF NOTHING IS POSTED ONLINE, WE ARE OPEN.** If we close due to inclement weather, you will receive a make-up class; however, if we are open and you are a no call/no show then you would lose the class (see our cancellation and make up policy for more information).