



# Style and Substance Coaching

...Because looking good is only half the picture

## What Women Want to Know

Dressing for your Body Shape and Lifestyle

with

**Style and Substance x Ten**

Please join us for an evening of fun and chatter on Wednesday 25<sup>th</sup> May, 2011 at the Onslow Arms, Clandon, nr Guildford

<http://onslowarmsclandon.com/>

We will be advising on your individual body shape and how to dress to suit.

Cindy Forbes of Style and Substance Coaching, a highly experience Style Coach will present ideas on how to dress for your body shape without spending a fortune!!

In return, we will ask you for your thoughts on what you would want from an on-line service which we are launching this summer and use your comments and ideas for our introductory film.

So please join us from 7.15 for 7.45 pm start at The Onslow Arms

Kindest Regards

Cindy, Martine and Andrew

RSVP: [martine@thetenclub.co.uk](mailto:martine@thetenclub.co.uk)

**Please feel free to bring along a friend, but if we can have an idea of numbers by 21<sup>th</sup> May latest that would be great thank you.**

**Martine Goddard**

**The Ten Club**

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