

# Packing List - Beach Retreat 2021

## Clothing:

- Regular Clothes
- Sweatshirt/Jacket
- Sleepwear/Pajamas
- Underwear and Socks
- Bathing suit & towel if you want to jump in the ocean (The Polar Plunge)  
\*\*Females-Bathing Suits must be a ONE-PIECE or u MUST wear a t-shirt!

## Toiletries & Bedding:

- Toothbrush and Toothpaste
- Shampoo/Conditioner
- Soap
- Bath Towel & Washcloth
- Bedding – Sleeping Bag or sheets & blanket-Twin size
- Pillow and Pillowcase

## Other Items:

- Medications (ALL medications need to be turned in at Check-In))
- Bible and notebook
- Phone & Charger
- Snacks **(Because there is no food allowed in the rooms and because we are trying to cut down on confusion in the kitchen and the adults don't have time to make sure someone doesn't accidentally take someone's snack, all snacks will be added to one collection and given out to everyone. Please bring something you are willing to share. Exceptions will only be made for those with dietary restrictions. Such restrictions should be noted at check-in and container of foods clearly marked.)**

## Optional Items

- Water Bottle
- Favorite Stuffed Animal
- Flashlight w/extra Batteries (You're NOT getting mine)
- Items for the Lip Sync Battle (If u are participating)

## Things To Leave AT HOME

VAPES

Drugs, alcohol, or tobacco

Weapons of any kind-Including knives!

Fireworks

Revealing clothing

Pets

Anything which would result in tremendous unhappiness if it were lost, broken, or to get dirty!