

The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

Pastoral Staff:

Rev. Ms. Pamela L. Moyer, Senior Minister
Mr. David R. Evans, Minister with Music
Mrs. Roudaina M. Iskander, Administrative Assistant
Rev. Dr. J. Wayne Yawn, Senior Minister Emeritus
Rev. Dr. Gerald L. Young, Pastor Emeritus

7100 Columbia Pike
Annandale, VA 22003-3106
703-256-5900
UBCoffice@aol.com

Publication/Distribution Staff:

Rev. Ms. Pamela L. Moyer, Publication Editor
Mrs. Roudaina M. Iskander, Production & Distribution

www.theunitedbaptchurch.org

The United Baptist Church Vision is to develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.

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Issue 10



The 2022 Annandale CROP Hunger Walk is October 15th at Lake Accotink. We meet there at **8 a.m.** near the marina. Proceeds from the walk benefit Church World

Service with a large contribution to ACCA. Please give as you can, letting Rev. Moyer know if you wish to walk or donate. To give a donation for the CROP walk, please place a check or cash in a pew envelope in the labeled

basket in the Sanctuary or mail to The United Baptist Church, 7100 Columbia Pike, Annandale, VA 22003, attn: CROP WALK. Checks MUST be made payable to CWS/CROP (not UBC or a person). If it is cash, we will issue a receipt for Tax Deduction. Your donation will help the food insecure, poverty stricken refugees, and victims of devastating weather events.

Did You Know?

Fairfax Countywide Safety Campaign!

Whether you are walking, biking, or driving, safety is a two-way street and is everyone's job. Every year, the number of pedestrian and bicycle related fatalities and injuries continues to rise at an unacceptable rate. As an ongoing commitment to the safety of all residents, Fairfax County launched a multifaceted countywide campaign called "Take a Moment" to eliminate traffic-related deaths and injuries.

Safety is always a priority but in an increasingly distracted world, it is more important than ever that all of us pay more attention to our surroundings when we are out. As the days get shorter and holiday activity increases, we need to keep a lookout for one another. Please remember to:

- stop so school buses can safely load and unload children
- stop for pedestrians trying to cross the road
- slow down in school zones and in neighborhoods
- don't text and drive
- wear high-visibility clothing or equipment if you're out at night ~ reprinted from Fairfax Chm. Jeffrey C. McKay newsltr

FELLOWSHIP OPPORTUNITIES!

The Young at Heart Gadabouts Trip for Senior Adults is Tuesday, October 11th leaving at 11:30 am from the church. We will have lunch at **Artie's Restaurant**, 3260 Old Lee



Hwy, Fairfax, VA 22030. It's at Fairfax Circle Shopping Center. Please sign up on the bulletin board near the Fellowship Hall. Dutch treat; we will carpool together.

The next UBC Friends & Family Breakfast was moved to October 29th at 9:30 am at **Great American Buffet**, 8365 Sudley Rd, Manassas, VA 20109. Meet there-Dutch treat; prayer needs, praises, and devotional are shared. It is a fun way to start your Saturday; we usually have 6-8. Rides are available, call the office.



Sign-up sheet is on the Special Events bulletin board near Fellowship Hall or call office. No reservations needed, but it's nice to know who is coming. [2019 photo].

Saturday, October 22, 9 am-11 am is **NorthStar Church Network's Business and Breakfast meeting, celebrating 20 years**, at Manassas Baptist Church, **The Rock**, 8730 Sudley Rd., Manassas, VA 20110. Executive Director, Dee Whitten is retiring at the end of 2022, so we will be voting on the Board's Selection of Bryan Jones as successor. If you'd like to attend, please notify Rev. Moyer for a ride or arrangements to go as a Messenger.

COVID-19 CHURCH UPDATE

We are currently "**Masks Optional.**" Please use hand sanitizer, 20-second handwashing, and good health hygiene (elbow bumps and covering coughs or sneezes to prevent spread). Extra cleaning and disinfecting are done. We respect your choice to wear or not wear a mask. We will remain flexible, vigilant, and responsive to public health requirements. Thank you for your cooperation!

Kairos Moments ♥ ♥ ♥

(10/4/22) Reflections of Reverend Pamela Moyer

Happy Autumn! While this is usually my favorite time of year, the hurricanes, clouds, rains, and cold temperatures have ‘dampened’ peoples’ spirits! Ok, too much time with the Potters and their wonderful puns. In any case, we do raise our prayers and love to those folks in Puerto Rico, Cuba, Florida, and North and South Carolina who lost lives and property from Hurricane Ian. Be cautious about how you choose to donate to assist with recovery efforts. Our denomination committed Disaster Teams IRL (in real life) and has created online donation portals that will directly serve needs – [CBF](#), and [BGAV](#) and CWS/CROP walk. Dishonest Scam fundraisers are popping up already. Check with the office or a church leader if you’re not sure.

We have been praying hard this fall for the condition of our world, its leaders, and its people. We remembered 9/11 which fell on Sunday this year at the same time Great Britain was grieving the loss of her queen. Then hurricane Fiona ravaged the Caribbean and Canada, before Ian hit a week later. And yes, the violence on our streets continues, while the stock market remains volatile. People who do not know God personally wring their hands in fear and frustration; we who know and live for Christ may wring our hands too, but we first get on our knees in humility for all the good in our world and lives. We also have a sense of community to help weather these storms, literal or figurative. Bobby Joe and Patsy Small are Godly examples of faith, trusting him, humility, and gratitude. We sent a little food and prayers their way, and received 15 or so thank you notes on napkins or whatever paper he had available at the hospital. This family recovered well, and send their love to the congregation and friends.

Our last parable from the summer was from Luke 5:36: “No one tears a piece out of a new garment to patch an old one. Otherwise, they will have torn the new garment, and the patch from the new will not match the old.” Have you ever loved a piece of clothing so much (either the style or broken-in feel of it, or the soft touch of an old college sweatshirt), and just couldn’t give it up? Or have you ever tried to patch over a hole, a stain, or a tear in those favorite jeans? I admit to owning a few “loved-to-death” garments, and made my mistakes using a brand new patch. After the first washing, it destroyed the garment I loved. The Kingdom Jesus shares is brand new cloth and cannot be attached to cover a flaw in old systems; rather, he brings to us a whole new existence! John the Baptist had his purpose to patch up the old system and to prepare folks to meet Jesus; but now the Messiah is here, and his purpose is not to mend the old systems or humans with new patches (or new wine), but he offers us spiritual healing through total metamorphosis! Let us live this new life in a new way with the new cloth that Christ has given us! This last 2022 quarter, please listen for the work, but also watch for the extraordinary in the ordinary messes of life. You will be encouraged and amazed at Christ’s presence and beauty. †♥

Parish Nurse’s Touch

Debbie Caffrey

October Health Focus



Did you know that 100 years ago, an influenza (flu) pandemic swept the globe, infecting an estimated 1/3 of the world’s population and killing at least 50 million people? The pandemic’s death toll was greater than the total number of military and civilian deaths from World War I, which was happening simultaneously. That pandemic is commonly believed to have occurred in three waves. Unusual flu-like activity was first identified in U.S. military personnel at Camp Funston in Fort Riley Kansas during the spring of 1918. Flu spread rapidly in military barracks where men shared close quarters. The second wave occurred during the fall of 1918 and was the most severe. A third wave of illness occurred during the winter and spring of 1919.

With no vaccine to protect against influenza infection and no antibiotics to treat secondary bacterial infections that can be associated with influenza infections, control efforts worldwide were limited to non-pharmaceutical interventions such as isolation, quarantine, good personal hygiene, use of disinfectants, and limitations of public gatherings, which were applied unevenly.

Why is this important? The science of influenza and medicine have come a long way in 100 years! However as we enter the flu season, please remember that non-pharmaceutical interventions such as washing your hands often, covering your cough and staying home when you are sick are still very key in preventing the spread of germs. **Now is the time to get a flu shot, get plenty of rest, and practice good health habits. We want you to stay healthy this year and season, so please be active in your own health.**

October is also *National Breast Cancer Awareness Month*, organized by major charities to increase awareness of the disease and to raise funds for research, prevention, diagnosis, treatment, and cure. Both men and women are vulnerable to the disease. You can’t change some risk factors, such as getting older or your family history, but you can help lower your risk of breast cancer by taking care of your health in the following ways:

- Keep a healthy weight.
- Exercise regularly (at least four hours a week).
- Research shows that lack of nighttime sleep can be a risk factor.
- Don’t drink alcohol, or limit alcoholic drinks to no more than one per day.
- Avoid exposure to chemicals that can cause cancer (carcinogens) and chemicals that interfere with the normal function of the body.
- Limit exposure to radiation from medical imaging tests like X-rays, CT scans, and PET scans if not medically necessary.

We care for you and your health, so if questions, reach out!

~ Be Well! Debbie

October Birthdays



<u>Name</u>	<u>Date</u>
Kayla Straub	1
Douglas Grimsley	5
Helen Bromley	7
Sonia Duran	10
Gerald Young	15
Diane Yawn	22
Kyle Jones, Jr.	24
Rob Banks	25
James Sturges	25
Bill Harward	27
Irene Mills	29
Kaitlin Martindale	29

October & November

Thursday, October 6, 20

9:15 am – Sandwich Team, Fell. Hall

Saturday, October 8

8:00 am – Annan. Women's Club Yard Sale, Fell. Hall

Sunday, October 9

12:15 pm – UBC Building & Grounds Mtg, Sanctuary

Monday, October 10 – Office Closed for Indig. People Day

Tuesday, October 11

11:30 am – YAH Gadabouts Lunch, Details on Page 1

Saturday, October 15

8:00 am – Annandale CROP Hunger Walk, Lake Accotink

Friday, October 21

6:00 pm – NBMBC Community Comedy Night, Gym

Sunday, October 23

12:15 pm – UBC CLCEB Meeting, Conf. Rm

Saturday, October 29

9:30 am – UBC Friends & Family Breakfast, see Page 1

Sunday, October 30

12:00 pm – UBC Annual Membership Mtg, Sanctuary

Wednesday, November 2, 16

9:15 am – Sandwich Team, Fell. Hall

Sunday, November 6

12:15 pm – UBC Building & Grounds Mtg, Sanctuary

Tuesday, November 8

11:30 am – YAH Gadabouts Lunch, Details to follow

Friday, November 11 – Office Closed for Veteran's Day

Monday Nov. 14 to Wednesday Nov. 16

BGAV Annual Meeting – Pam Moyer attending, Hampton, VA



Contributions

September 2022 (Final)	<u>Required</u>	<u>Received</u>
Tithes & Offerings	\$5,000.00	\$ 4,260.00
Building Usage	8,633.33	6,800.00
Mortgage Loan (int)	712.33	712.37
Other (Env, B-Thrifty, Flwrs)	0.00	38.90
Monthly	\$14,345.66	11,811.27
Total YTD (Jan-Aug)	\$129,110.94	\$ 112,689.63
Above/(Below)		\$ (16,421.02)*
Benevolence Funds Rec'd.		\$ 155.00

* Budgeted Investment Transfers are **not** included in the "Required" or "Received;" tithes appear high due to Bus Shelter one-time donation. One transfer (\$48,240) was made in September as budgeted. Other donations are not budgeted, but are gratefully received (BThrifty, Gas, Envelopes Init. Offrg, Flowers). Questions, call Rev. Moyer.

Thank you for your stewardship and prayers! Offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors and staff are working at full capacity and thank you for your generosity. Benevolence offerings by check, clearly marked "Benevolence," may be mailed to the office or cash/checks brought on any Sunday. Thank you.

Dear Church, Mission Center, Former Members, and Friends,

We want to inform you that as you drive past our building, you will notice the large oak tree is no longer there. After consultation with a highly qualified arborist, exploring trimming vs. removal, the Council (CLCEB) agreed with his assessment of the danger of harm to people, local traffic, and the building. The tree was in serious "oak decline" due to age. Hollow branches due to canker, fungus, and wood borers were dying and breaking off in every storm.



We are grateful for its nearly 100 years of beauty and service to local birds, squirrels, and our neighbors as well as the church. It is our plan and hope to plant a new tree

elsewhere on the property to watch it grow and flourish in the future. The job went very smoothly, no injuries, with outstanding equipment and workers. We have taken down the brick bench around the stump this week, so that Miss Utility can mark the area; Green Vista will grind the stump to 6" below ground and leave wood chips to slowly deteriorate. The Office has "in progress" photos if you wish to see them. Before it was removed, our church walked outside and prayed a benediction of gratitude, blessing, and safety.



**The United Baptist Church
7100 Columbia Pike
Annandale, VA 22003**

Return Service Requested

Personal prayer requests have been removed for privacy. Please see community and world prayers below:

COMMUNITY & GLOBAL PRAYER

Serving others in prayer is a needed social and safe action to show your love especially now!

- The Shepherd Center of Annandale-Springfield for volunteers and Office Director
- Those experiencing grief over loss, homelessness, unemployment, or poverty
- Local and Global health issues & vaccination where appropriate
- Mission Center Leaders and Groups we support & to build new community relationships
- All affected by weather, wildfires, war, disaster & violence: refugees; families and victims of mass violence; California wildfires, **Florida, Puerto Rico**, Dominican Republic, Canada, Alaska recovery, Disaster Teams, current Hurricane season, China & Taiwan earthquake recoveries
- **Pray for relief of Somalia, East Africa 1 million displaced residents, suffering from 2-year famine due to historic dry spell (UNHCR)**
- Safety of all police officers and military, especially local force struggling with open positions
- Children, teachers, responders & responders & communities for school safety this fall
- Condolences to Great Britain in the death of her Queen & prayers for transition
- For our Country's Leadership & decision making domestically & internationally
- Pray for protection of all women who are under threat for trafficking
- Pray for peace and comfort for Ukrainians who have left loved ones behind
- Pray that the global church will not forget the people of Ukraine
- Pray for the war to end and for just peace to prevail
- Prayer for the immigrants crossing into our borders for safety and provision & for our leaders' decisions about it, related drug smuggling, related human trafficking & the many deaths from the risk