

2023 Glens Falls Rotary 5K Run/Walk



Age Group Results

Place	Bib	Name	Age	Corporation	GunTim	Pace
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5K

1.	286	Hogan, Michelle			44:03	14:12 / mi
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Female 14 & Under

1.	79	Entwhistle, Claire	12	HHWH	26:46	8:37 / mi
2.	98	Grabbe, Daniella	10		32:34	10:30 / mi
3.	100	Grabbe, Regina	10		32:46	10:34 / mi
4.	251	Willigan, Morgan	10		36:33	11:47 / mi
5.	249	Denno, Piper	11		36:35	11:47 / mi
6.	214	Sheerer, Hailey	14	HHWH	39:16	12:39 / mi
7.	48	Copeland, Addie	10	HHWH	39:52	12:51 / mi
8.	78	Entwhistle, Caroline	11	HHWH	44:19	14:17 / mi
9.	6	Alger, Mya	9	HHWH	48:04	15:30 / mi
10.	112	HARRINGTON,	7		58:23	18:49 / mi
11.	268	Barlow, Lilly	10		1:04:17	20:43 / mi

Female 15-19

1.	241	WELCH, PARKER	15		25:44	8:17 / mi
2.	97	Gorton, Robin	18	SUNY Adk Students	28:59	9:20 / mi
3.	101	Granger, Tori	18	SUNY Adk Students	29:17	9:26 / mi
4.	28	Bodnar, Ava	15	Fort Miller Group	29:53	9:38 / mi
5.	201	Rifenburgh, Kylie	18	SUNY Adk Students	32:14	10:23 / mi
6.	213	Sheerer, Alivia	16	HHWH	48:42	15:42 / mi

Female 20-29

1.	45	CHARPENTIER,	27		28:02	9:02 / mi
2.	279	Dewitt, Scarlett	24		28:37	9:13 / mi
3.	151	McCane, Megan	23	HHHN	30:29	9:49 / mi
4.	186	Paszko, Jennifer	24	HHHN	30:29	9:49 / mi
5.	200	Reilly, Nicole	28	HHHN	34:57	11:16 / mi
6.	191	Pinkerton, Nicole	24	HHHN	43:49	14:07 / mi
7.	230	Trayah, Brittany	27	Fort Miller Group	44:43	14:25 / mi
8.	285	Bosy, Jessica	28		46:09	14:53 / mi
9.	113	Harrington, Logan	24	HHHN	50:21	16:14 / mi
10.	150	McCall, Desiree	28	HHHN	50:22	16:14 / mi
11.	228	Toich, Kaycie	24	HHHN	54:09	17:27 / mi
12.	138	Lawrence, Mackenzie	23	HHHN	54:10	17:28 / mi
13.	245	Wren, Katie	22	HHHN	54:47	17:40 / mi
14.	189	Perez, Valentina	24	HHHN	55:16	17:49 / mi
15.	169	Mulcahy, Hannah	20	HHHN	59:14	19:06 / mi
16.	136	Larrow, JoAnne	26	HHWH	59:24	19:09 / mi
17.	164	Morehouse, Madelyn	24	Hannaford	1:10:29	22:44 / mi

Female 30-39

1.	65	Dingman, Jen	36	HHHN	23:58	7:43 / mi
2.	47	Cooney, Elizabeth	37	HHHN	24:46	7:59 / mi
3.	176	NUDI, ERIN	37	Mannix Marketing	28:53	9:18 / mi
4.	29	Bodnar, Sarah	37	Fort Miller Group	34:32	11:08 / mi
5.	25	BLACK, KELLY	38	SUNY Adirondack	36:18	11:42 / mi
6.	24	BLACK, CARRIE	38		37:36	12:07 / mi

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Place	Bib	Name	Age	Corporation	GunTim	Pace
7.	125	KINDRON, ALINA	39	Arrow Financial	42:54	13:50 / mi
8.	224	Tarantino, Amber	31	HHHN	42:58	13:51 / mi
9.	223	Starling, Liz	38	HHHN	43:28	14:00 / mi
10.	146	Madding, Marissa	37	HHHN	43:49	14:07 / mi
11.	243	WhitfordThompson,	39	HHHN	44:02	14:12 / mi
12.	61	DelSignore, Krystal	39	HHHN	46:09	14:52 / mi
13.	53	Crowley, Maggie	32	HHHN	49:29	15:57 / mi
14.	27	Blanchard, Nikkie	32	HHHN	49:46	16:02 / mi
15.	207	Santore, Megan	34	HHWH	54:20	17:31 / mi
16.	185	Paszko, Emily	32	HHHN	54:43	17:38 / mi
17.	91	Gates, Brianna	32	HHHN	54:51	17:41 / mi
18.	265	O'Rourke, Carrisa	32		55:25	17:52 / mi
19.	246	Wright, Leeah	32	HHHN	57:08	18:25 / mi
20.	217	Sherman, Sharmarie	34	HHHN	58:09	18:45 / mi
21.	114	HARRINGTON,	30		58:26	18:50 / mi
22.	168	Mulcahy, Deb	34	HHHN	59:16	19:06 / mi
23.	124	Kaetzel, Elizabeth	34	Hannaford	1:02:07	20:02 / mi
24.	123	Hill, Tiaisha	30	Hannaford	1:02:07	20:02 / mi
25.	262	Gordon, Melissa	35		1:02:50	20:16 / mi
26.	30	Bongiorno, Jessica	30	Hannaford	1:10:32	22:44 / mi

Female 40-49

1.	90	GAMBINO,	45		26:11	8:26 / mi
2.	83	Fisher, Pam	42	HHHN	28:04	9:03 / mi
3.	157	McKeever, Jesse	47	HHHN	30:18	9:46 / mi
4.	3	ADAMSSNELL,	41		32:07	10:21 / mi
5.	270	Hine, Stacy	42		32:22	10:26 / mi
6.	242	WHITE, CYNTHIA	41		35:04	11:18 / mi
7.	77	EDWARDS, REBECCA	42	SUNY Adirondack	36:39	11:49 / mi
8.	236	Vogel, Caroline	40	HHHN	39:35	12:46 / mi
9.	254	Pauquette, Heather	40		42:15	13:37 / mi
10.	219	Simons, Sara	41	HHHN	43:27	14:00 / mi
11.	287	Zachar, Lyan	48		44:03	14:12 / mi
12.	140	Leonard, Cassie	44	HHWH	44:20	14:17 / mi
13.	173	NORTON, KASEY	47	Arrow Financial	47:31	15:19 / mi
14.	4	ALDEN, KARI	46		48:01	15:29 / mi
15.	202	Rion, Sara	41	HHWH	48:09	15:31 / mi
16.	5	Alger, Kim	41	HHWH	48:12	15:32 / mi
17.	252	Denno, Jaime	48		49:08	15:50 / mi
18.	41	Caputo, Desma	43	HHWH	49:18	15:54 / mi
19.	174	Novotarski, Krista	47	HHHN	49:27	15:56 / mi
20.	33	Brittany, Rozelle	40	HHHN	49:46	16:02 / mi
21.	244	WILLIAMS, KRISTEN	43		52:09	16:49 / mi
22.	95	Goertzen, Danielle	49	HHHN	53:23	17:13 / mi
23.	44	Castro, Shannon	43	HHWH	54:19	17:31 / mi
24.	72	Dunn, Erin	42	HHHN	54:36	17:36 / mi
25.	163	Miller, Kim	42	HHHN	54:37	17:37 / mi
26.	42	Casey, Jess	40	HHHN	54:38	17:37 / mi
27.	212	SEEBER, RACHEL	47	Warren County GOP	54:45	17:39 / mi
28.	94	GILLIGAN, HALEY	46	Dems for the win	55:47	17:59 / mi
29.	69	Duers, Amanda	44	HHHN	1:07:14	21:41 / mi

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Age Group Results

Place	Bib	Name	Age	Corporation	GunTim	Pace
30.	115	Haskell, Dana	45	Hannaford	1:10:15	22:39 / mi

Female 50-59

1.	275	Hewlett, Charlene	53		27:40	8:55 / mi
2.	278	Burhoe, Carla	57		28:33	9:12 / mi
3.	271	Mauro, Carrie	58		28:34	9:12 / mi
4.	132	Lago, Jenny	53	Fort Miller Group	29:10	9:24 / mi
5.	272	Collins, Liz	58		29:37	9:33 / mi
6.	177	OAKES, DARIA	57		30:28	9:49 / mi
7.	197	Quintois, Jeanette	52	HHHN	32:37	10:31 / mi
8.	96	GORHAM, AMY	58		35:01	11:17 / mi
9.	37	BUTKOWSKI, TERRI	53		36:35	11:48 / mi
10.	203	Rivera-Legere, Diana	51	Fort Miller Group	38:00	12:15 / mi
11.	71	DUFFY, KRIS	57	SUNY Adirondack	41:39	13:25 / mi
12.	158	McKeeever, Karen	53	HHHN	44:12	14:15 / mi
13.	284	Steark, Maureen	56		46:11	14:53 / mi
14.	9	APINNER, BELINDA	59	Glens falls hospital	47:52	15:26 / mi
15.	36	BUSSING, MICHELLE	55	Glens Falls National Bank and Trust/Arrow	48:00	15:28 / mi
16.	120	Helmer, Erika	59	HHHN	49:25	15:56 / mi
17.	14	Bardin, Kelly	51	HHHN	49:45	16:02 / mi
18.	116	Hasselwander, Kelly	56	HHHN	49:48	16:03 / mi
19.	193	Poole, Maureen	56	HHHN	52:41	16:59 / mi
20.	133	LaGuerre, Tammie	52	HHHN	52:50	17:02 / mi
21.	32	Bradley, Laura	58	HHWH	53:24	17:13 / mi
22.	240	WELCH, PAMELA	50		53:57	17:24 / mi
23.	221	Spokane, Linda	57	HHHN	54:37	17:36 / mi
24.	92	Gates, Susan	59	HHHN	54:52	17:41 / mi
25.	172	NORTON, CHRISTINE	58	ADK Advisors/ADK Excursions	55:31	17:54 / mi
26.	50	Corsones, Pamela	53	HHHN	57:06	18:25 / mi
27.	196	Potter, Karen	56	HHHN	59:13	19:06 / mi
28.	20	BEST, FELICE	57		59:19	19:07 / mi
29.	154	McGarr, Deb	52	HHWH	59:23	19:09 / mi
30.	226	Tennyson, Patti Jo	58	SUNY Adirondack	59:30	19:11 / mi
31.	208	Schaefer, Emily	50	HHHN	1:01:37	19:52 / mi
32.	8	Anderson, Sandy	59	HHHN	1:01:41	19:53 / mi
33.	128	Kleitgen, Laurie	59	HHHN	1:05:40	21:10 / mi
34.	121	Hensler, Debbie	54	HHHN	1:05:51	21:14 / mi

Female 60-69

1.	7	ANDERSON, LAURIE	64		27:51	8:58 / mi
2.	107	Gustafson, Nina	61	HHHN	31:15	10:04 / mi
3.	51	COSEY, MARY	69		43:37	14:03 / mi
4.	192	Pollock, Linda	69		47:08	15:12 / mi
5.	239	Webster, Barbara	65	HHHN	48:06	15:30 / mi
6.	211	Sedaker, Cindy	66	HHHN	49:25	15:56 / mi
7.	17	BEAN, KATHRYN	69	HHHN	50:37	16:19 / mi
8.	109	Hallinan, Maria	62	HHHN	50:38	16:19 / mi
9.	40	CAPEZZUTI, DEB	60		51:18	16:32 / mi
10.	1	Abbas, Cindy	60		51:19	16:32 / mi
11.	129	KLIMAS, NANCY	69		52:09	16:49 / mi
12.	267	Norton, Shawn	61		52:59	17:05 / mi

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Place	Bib	Name	Age	Corporation	GunTim	Pace
13.	23	Biss, Lynette	65	HHWH	53:24	17:13 / mi
14.	184	Paszko, Donna	62	HHHN	54:43	17:39 / mi
15.	263	Taft, Roseann	60		55:24	17:52 / mi
16.	247	Lapper, Jean	60		55:46	17:59 / mi
17.	227	Toich, Christine	60	HHHN	58:09	18:45 / mi
18.	31	BOSSONIS, VICTORIA	63	Victoria Bossonis	59:19	19:07 / mi
19.	160	McShane, Karen	65	HHWH	59:24	19:09 / mi
20.	234	VAUGHN, PAMELA	64		1:02:55	20:17 / mi
21.	16	Barody, Laura	67	Hannaford	1:10:32	22:45 / mi

Female 70-79

1.	188	PEDERSON, JILL	72		30:56	9:58 / mi
2.	237	Wallace, Margaret	73		39:41	12:47 / mi
3.	22	Biss, Cathy	75		47:07	15:11 / mi
4.	233	TURNER, NANCY	70		55:47	17:59 / mi
5.	149	MCCABE, TERRY	71	Warren County GOP	56:45	18:18 / mi

Male 14 & Under

1.	238	WANG, JOHN	14		18:29	5:57 / mi
2.	46	CIRILLO, JONATHAN	12		25:06	8:05 / mi
3.	76	EDINGTON JR,	12		26:35	8:34 / mi
4.	49	Copeland, Austin	10	HHWH	31:49	10:15 / mi
5.	26	BLACK, THEODORE	7	SUNY Adirondack	36:17	11:42 / mi
6.	126	KINDRON, CHASE	10	Arrow Financial	42:43	13:46 / mi

Male 15-19

1.	118	HEALY, RYAN	17		18:46	6:03 / mi
2.	274	Froncato, Jacob	19		23:44	7:39 / mi
3.	148	MARASCO, MATTHEW	19		25:04	8:05 / mi
4.	198	RAMOS, EDDIE	19		27:43	8:56 / mi
5.	156	McKeever, Benjamin	17	HHHN	27:54	8:59 / mi

Male 20-29

1.	147	MARASCO, JOE	27		19:00	6:07 / mi
2.	283	Bosy, William	28		24:00	7:44 / mi
3.	145	Machuzhak, Vitali	27	HHHN	31:31	10:09 / mi
4.	52	CROSSMAN, ETHAN	21		37:05	11:57 / mi
5.	231	Trayah, Joe	27	Fort Miller Group	44:28	14:20 / mi
6.	222	STARK, BRADY	22	Warren County Republican Committee	54:45	17:39 / mi
7.	73	Eckert, Jonathon	22	HHHN	54:47	17:40 / mi

Male 30-39

1.	282	Taylor, Brandon	36		21:30	6:56 / mi
2.	152	MCCARTHY, ANDREW	39	Warren County GOP	22:12	7:09 / mi
3.	229	TORRES, MARCELO	30		26:21	8:29 / mi
4.	111	HARRINGTON, BEN	35	Glens Falls Fire Department	27:23	8:49 / mi
5.	175	NUDI, ALAN	38	Arrow Financial Corporation	34:26	11:06 / mi
6.	225	Tarantino, Don	35	HHHN	35:56	11:35 / mi
7.	139	Legere, Ryan	39	Fort Miller Group	38:00	12:15 / mi
8.	235	Villano, Jackie	33	HHHN	45:47	14:46 / mi
9.	54	Crowley, Tim	35	HHHN	49:31	15:58 / mi
10.	67	Dougrey, Kevin	37	HHHN	49:43	16:01 / mi

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Age Group Results

Place	Bib	Name	Age	Corporation	GunTim	Pace
11.	183	Paszko, Andrew	35	HHHN	54:45	17:39 / mi
12.	264	O'Rourke, Robert	32		55:22	17:51 / mi

Male 40-49

1.	253	Pauquett, Lou	42		18:31	5:58 / mi
2.	80	ETHIER, GREG	49		19:36	6:19 / mi
3.	84	FISHER, RYAN	42		20:01	6:27 / mi
4.	277	Trybendis, Justin	40		20:40	6:39 / mi
5.	105	Guadagno, Brian	43	HHHN	23:29	7:34 / mi
6.	64	Dimick, Chris	44	HHHN	24:30	7:54 / mi
7.	131	KOONE, CURTIS	47		26:00	8:23 / mi
8.	75	EDINGTON,	40		28:30	9:11 / mi
9.	269	Wilson, Ryan	41		28:32	9:12 / mi
10.	165	Morrison, Andrew	44	HHHN	28:46	9:16 / mi
11.	99	Grabbe, Jeremy	46		32:53	10:36 / mi
12.	60	DeSignore, Andrew	44	HHHN	46:08	14:52 / mi
13.	209	Schaefer, Jeff	48	HHHN	46:25	14:58 / mi
14.	266	Viche, Jeff	41		47:11	15:13 / mi
15.	127	KINDRON, JOSH	43	Arrow Financial	47:26	15:17 / mi
16.	144	LYONS, TOM	47		47:51	15:26 / mi
17.	250	Denno, Jason	48		49:08	15:50 / mi
18.	215	Sheerer, Ronald	46	HHWH	49:19	15:54 / mi
19.	43	Castro, Ed	45	HHWH	54:20	17:31 / mi
20.	70	Duers, Jeremy	46	HHHN	1:08:03	21:56 / mi

Male 50-59

1.	86	Fogmire, Michael	54	Fort Miller Group	24:11	7:47 / mi
2.	220	Spiezio, Rick	56	Fort Miller Group	26:15	8:27 / mi
3.	87	Fosmire, Wayne	56	Fort Miller Group	26:59	8:42 / mi
4.	194	Potter, Greg	55	HHHN	28:08	9:04 / mi
5.	276	Peltier, Ted	59		28:44	9:15 / mi
6.	204	Rizzo, Paul	59	HHHN	29:31	9:31 / mi
7.	216	Sheldon, Brian	50	Fort Miller Group	34:24	11:05 / mi
8.	110	Hamby, Scott	53	Fort Miller Group	35:01	11:17 / mi
9.	161	METCALFE, TIMOTHY	54		41:05	13:14 / mi
10.	117	Hasselwander, Mark	59	HHHN	49:49	16:03 / mi
11.	103	Griswold, Adam	50	HHHN	54:17	17:30 / mi

Male 60-69

1.	206	SANTONI, LEWIS	64		25:25	8:11 / mi
2.	134	LAMANDO, NICK	64		25:39	8:16 / mi
3.	281	McGivney, William	61		25:51	8:20 / mi
4.	167	MOWREY, ROY	64		26:22	8:30 / mi
5.	256	Behlmer, Thomas	65		26:55	8:40 / mi
6.	179	Omohundro, James	61	HHHN	29:52	9:37 / mi
7.	182	PARKER, ERIC	67		31:05	10:01 / mi
8.	259	Dolan, Mike	64		31:47	10:15 / mi
9.	130	KLINGBEIL, MARK	60		34:38	11:10 / mi
10.	255	Thorv, Douglas	60		35:07	11:19 / mi
11.	35	BUSSING, GREGORY	63	Glens Falls National Bank and Trust/Arrow	47:59	15:28 / mi
12.	171	NORTON, BILL	62		52:59	17:05 / mi
13.	261	Murphy, Tom	64		54:38	17:37 / mi

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Age Group Results

Place	Bib	Name	Age	Corporation	GunTim	Pace
14.	248	Roland, Peter	62		55:36	17:56 / mi
15.	18	BEATY, DOUG	67	Warren County GOP	56:46	18:18 / mi
16.	15	Barocky, Bob	69	HHHN	1:04:16	20:43 / mi

Male 70-79

1.	205	SAGER, MARK	72		25:06	8:05 / mi
2.	137	LARSON, DANIEL	71		28:10	9:05 / mi
3.	106	Guadagno, Tony	71	HHHN	32:28	10:28 / mi
4.	280	Wrigley, Alan	73		35:53	11:34 / mi
5.	155	MCGUIRE, CHARLES	73		36:06	11:38 / mi
6.	55	CUNNINGHAM, JIM	78		38:50	12:31 / mi

Number of records: 234