



We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



Week of March 13, 2022 The Everyday Wonder

of Play: A Spoonful of Humor IS the Medicine

Your body cannot heal without play. Your mind cannot heal without laughter. Your soul cannot heal without joy.

~Catherine Ripperger Fenwick

Visit our Website

Online Sunday Gatherings

Guided Meditation 10:45am
Inspirational Service 11:00am

Community Conversation 12:00pm

Healing ourselves (mind, body, and heart) is one of the biggest reasons we come together to study metaphysics. Like all things we think are important, we tend to take it very seriously. We watch our self-talk, observe our thoughts, and seek to actively shift our beliefs. What if we're missing a key element in the healing process? Humor and Joy bring a lightness into our lives that facilitates healing on a whole new level, and the newest science backs it up. Let's explore the role of laughter, play and fun in revealing Wholeness.





Sacred Covenant

There is only One Life. That Life is God's Life. That Life is Perfect. That Life is my life now.

In knowing that...

To read the full covenant, CLICK HERE



Mary Klein, RScP

Meditation Guide





Our Practitioners want to support you in prayer.

Please email your prayer request to prayer@cslstgeorge.org
or email them individually from our website
(cslsg.org/about)
or leave a message at
435-893-6702

Online Links

You can access each meditation and service on CSL St. George Facebook page. https://www.facebook.com/CSLSG/live/

Meditation and service will also stream on YouTube. https://www.youtube.com/channel/UCmmd5S1h6OjZpkgnDmt5l6A

Community Conversation on Zoom at Noon. https://us02web.zoom.us/j/5628970832

Paypal online donation

We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our <u>MISSION</u> is to provide spiritual tools for personal and global transformation.

Our <u>PURPOSE</u> is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.

Our <u>VISION</u> is a world that works for everyone.



MINISTER SEARCH UPDATE

The Search Committee has met and assessed the recent application in relation to our community values and desires and has scheduled the first formal interview. Evaluation and discussion will continue as the next step possibilities unfold.

The Committee works with Divine guidance on the community's behalf.

We will keep you posted.

Important CORE COUNCIL ANNOUNCEMENT

Is CSL St George an important part of your life? Do you have the desire to serve your community and see our Center continue to grow and flourish? Do you have the skills to be our NEW Treasurer? (You don't need a



masters degree in accounting, just the willingness to learn some basic skills.) If the answer to any or all of these questions is "YES", we invite you to apply to join the Core Council.

Please reply to this newsletter email, or email <u>marinaanderson@cslstgeorge.org</u>, to get more information and start the conversation.

To join Core Council you need:

- *To be a member in good standing of CSLSG.
- *To have a desire to serve your community with your Divine spirit and innate/unique talents and perspectives.
- *To have completed the Foundations or Beyond Limits class. (Or be willing to take one of them in the near future. CSLSG will be offering Foundations very soon. It is also possible to take it from other CSL resources.)
- *To be willing to attend monthly meetings (currently held via Zoom) and be able to respond to email and text conversations on a regular basis.
- *To be willing to participate in the planning and production of the Center's events.



Book Club will resume Thursday March 24!! 6-7pm

The

ALCHEMIST

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NEW BOOK: The Alchemist by Paulo Coehlo

An easier, interesting read. Discussion of introduction and chapter 1-2 on Thursday, March 24, 6-7 pm on Zoom.

"Combining magic, mysticism, wisdom and wonder into an inspiring tale of self-discovery, a journey that teaches us about the essential wisdom of listening to our hearts, of recognizing opportunity and learning to read the omens strewn along life's, and, most importantly, to follow our dreams."

Email for information & Zoom link: suegfullmer@gmail.com

<u>NEXT</u> <u>In-Person</u> <u>Gathering</u>

SAVE THE DATE:



March 26th
Watch for time and location
in Friday Reminders

Spread the



Love!!

Give Online:
 Paypal link is on our website: <u>cslsg.org</u> on the Donation page

• Give by Mail: send checks to CSLSG PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | https://www.cslsg.org



