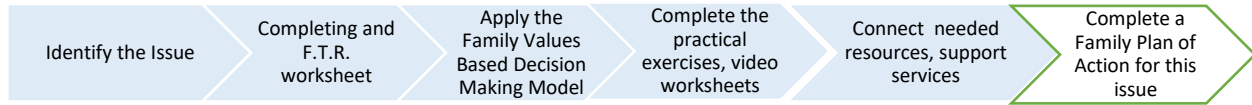


Relapse is a Part of the Brain Disease Journey

“It’s Time to Get Organized Process”

SEMINIAR # 9



Purpose:		<i>The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.</i>
<input type="checkbox"/>	Instructions	The “Responding to Family Issues” process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
<input type="checkbox"/>	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the “Relapse is Part of the Brain Disease Journey: At home environment and relationship changes to impact the recovery environment., What are the persons key triggers, how can the family monitor the outcome of the changes they made. Create a Family Plan of Action to the issue. Which of these will the family seek to solve?
<input type="checkbox"/>	Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
<input type="checkbox"/>	Key Topic #1: Home environment and relationship changes	Your family members will seek to understand how the environment they set up is in relationship to the potential for relapse as a part of the brain disease. Also complete the practical exercise in the Seminar Workbook.
<input type="checkbox"/>	Key Topic #2: What are the persons key triggers	Your family members will seek to understand what the loved ones key triggers are and what steps can be taken to modify the removal of these triggers from the family dynamic. Keeping in mind, mental health profile to manage triggers in the home. Also complete the practical exercise in the Seminar Workbook.
<input type="checkbox"/>	Key Topic #3: monitor the outcome of the changes they made	Your family members will seek to understand how to respond to the outcomes of steps take, both positive and negative in responding to potential relapse. Also complete the practical exercise in the Seminar Workbook.

Family Plan of Action

I. SOLUTION:

The Identified Solution: (From the completed F.T.R. Worksheet):

II. DECISION:

The Decision-Making Process: (From the completed Family Values Decision-Making worksheet)

III. PLAN OF ACTION:

Priority # 1.

Task:

Task:

Task:

Priority # 2.

Task:

Task:

Task:

Priority # 3.

Task:

Task:

Task:

Prior to taking any action it is important to review your families plan of action with a professional therapist, counselor or licensed State/Federal professional. This step should not be ignored and will ensure safety, continuity and bring about the best results for your loved one and your family.