

Life Changing Short Stories - Natural Help 4 Diabetes

Microsoft

Volume 1, Issue 1

Newsletter Date



After Being a Diabetic for 20 Years. . .

I have been a type 1 diabetic for 20 years and in trying to find things that work to make life easier to deal with this disease I have found Shaklee to have many products that have proven to work. I regularly take Shaklee Vita Lea, B-complex (helps fight cravings), I start each morning off with Shaklee Energizing Soy Protein which helps so much with stabilizing my blood sugars right from the start in the morning. I have Carpal Tunnel and now always take Shaklee Alfalfa & Lecithin, the 2 together relieve me from the pain and inflammation. GLA is a product I take that keeps menstrual cycles regular, and tames the cramps that can come with it, the diabetes affects every area of your body and even after 4 babies that is all I need to keep things good in that area. After 20 years and 13 of them I have been on Shaklee products my doctors say that they could give my blood work results to any doctor and they would never know it was a diabetic. My eye doctor referred to my eyes as remarkable after a full in depth exam. That is all the proof I need that Shaklee works for me. *Jennifer*

Pancreas Functioning Again for Type 1 Diabetic

A couple of years ago I struggled with a kidney infection that would not go away. For four months I fought with infection and kidney stones that wouldn't quit. This meant I was in the hospital on average at that point, once a month. After 4 months had passed and the infection persisted, doctors were going to prescribe me an antibiotic that would potentially make me resistant to other antibiotics later. I was a fearful diabetic who wanted to watch her young children grow up without being reduced to kidney dialysis and failure. I was desperate and reached out for an alternative. This 'thinking' outside the box' led me to Shaklee products, which healed that 4 months infection in two weeks. **I am so happy to share that I have not had a hospital stay in a year and a half.**

I have a business administration and marketing background with a Master's degree. However, we chose to take the salary cut and make the necessary cut backs long before this turning point in order for me to stay at home with our two young boys. We couldn't afford to maintain these "Shaklee" products and so I decided to sell them in order to afford them. Well, I did that in 4 days and 4 hours. At that point, I knew I needed to take a closer look at the compensation package and see it for what it was, and it was GREAT! Within a couple of months I reached business leader status and did not look back as I built towards replacing my old income without a boss hassling me or limited vacation days to worry about. I feel such physical freedom and am enjoying building a financial peace to enhance our lives, Long-Term. *Rebecca Fountain*

UPDATE: After Vivix came out, I began taking it (1 tsp./day) daily. After a year on Vivix, the doctor concluded that I could go on Type 2 diabetes medication because my pancreas was beginning to make some insulin. I am still on insulin, but am now taking at least 2 tsp. of Vivix a day and sometimes more. **Vivix does more for me than anything else. The Cinch shake allowed me to cut my insulin in half.**

I Can Feel My Toes Again!



I am diabetic with all the problems that go along with it. One of my greatest fears is losing my legs as my grandfather lost his from diabetes. I suffered severe neuropathy in both my legs and feet. In addition to that, I had 3 stints put in my left leg last summer and was diagnosed with PAD. I was experiencing severe leg cramps nightly. Hardly a night went by when I wasn't awakened by them and had to jump out of bed and walk around. This would happen several times a night. Since taking **Vivix**, I have not been awakened a single evening with a leg cramp. It is so Wonderful! **And I can feel my toes again!** They no longer feel like wooden appendages down there. Bless Shaklee and **Vivix**! I now experience a full night of restful sleep

Cathi S. Lindall, CPA

Neuropathy Gone!

I don't know anything about Neuropathy personally, but what I do know is that when the Vivix testimonials came out I read one about Neuropathy. My brother in law is a Type 1 diabetic and has been since 18 years of age. He has had neuropathy forever. But when he read the testimonials about how Vivix helped, he immediately became a member and ordered **Vivix**. He had taken Neurontin for a long time. And after 3 days of taking **Vivix** his neuropathy was gone. He could not believe it. So now he takes no Neurontin, just **Vivix** and has talked to a lot of people about taking **Vivix**. Hope this helps someone who reads this.

Sherry Mindy



Blood Sugars Numbers Down

JUDY'S STORY: After consulting with Dr. Bevacqua, she recommended that I get my blood sugar levels back in the normal range immediately so I wouldn't develop pre-diabetes. By using certain Shaklee supplements for 3 months (from 6-25-08 to 9-26-08) I dropped my glucose from 114 to 88, and my hemoglobin A1C dropped from 6.0 to 5.6! Because **Vivix** was introduced on 8-8-08, I only used it for about 6 weeks during this process! So Vivix is fast acting! As diabetes is a very serious disease affecting millions of Americans today, I highly recommend that you get started today if you are overweight, obese, or have high triglycerides to stop this potential problem from affecting your life in the future!

Dr. Bevacqua has a Ph.D. in molecular and cellular biology, has completed 12 years of blood chemistry work with over 20 years of cancer research and has been a Shaklee distributor for over 10 years. She recommends Shaklee products because she sees faster changes (RESULTS) in a person's blood chemistry

Diabetic Free of Hep C

I have been a Type 1 Diabetic since my early teens, about 12 years. It was very difficult for me to accept this condition because I felt it limited what I could do with my life and would affect my health forever and I was a very active teen. I was so angry and did not take care of my disease in my earlier years. Eventually I realized it was an absolute 'must' that I assume responsibility for how my life would go. I began eating a healthier diet, exercising regularly and taking a basic program of Shaklee products. However in the process of my poor habits, **I developed Hepatitis C** which was to be another complication in my life. After I decided it was time for me to do something about my health I agreed to accept the medical treatment for Hep C which is Interferon. It is a very difficult drug for many to use and many are not able to tolerate it. I was on Interferon for 3 months when I realized I had a problem with vision in one eye. The doctor explained that this was a common reaction for diabetics on Interferon. He immediately stopped the treatment. I had been taking some basic Shaklee products for sometime but about a year before beginning the Interferon treatment I began using **Nutriferon and Liver DTX** as well. When the doctor checked my stats after discontinuing the Interferon treatments, he was shocked and said he had never seen it happen before, but I was completely free of Hep C. He said many cannot finish the treatment, many never get rid of the disease even after a year of treatment. He had never seen anyone test negative for Hep C with only 3 months of treatment. I believe the Nutriferon and Liver DTX I have taken over a period of time have made this success possible. I am grateful for Shaklee in my life • *GSW*

Great Success with Cinch Inch Weight Loss for a Long Time Diabetic



I don't know how long I've had diabetes but I know that when I was first diagnosed, I did not take it seriously. Even though I took Nutrition classes for diabetics, I continued to eat anything I wanted. The doctor had prescribed insulin which I took daily. On my own, I increased the amount of insulin so that I could continue to eat all I wanted. Let me say right here that that was a big mistake. My doctor was shocked when I told him how much insulin I was taking. At that point, I made the decision to take charge of my life and my disease. **I lost 45 pounds on the Cinch Inch Loss Plan.** I don't know how many inches I lost in total but I know I lost three inches in my neck alone. I stayed on the Cinch maintenance plan for a while and then decided I would lose more weight to reach a new goal. It is great that while I was on maintenance, I did not gain back any of the weight I had originally lost. At this time, I have lost a total of 62 pounds and plan to reach my goal of losing a total of 75 pounds. The plan is easy to follow. I like all of the shake flavors but chocolate is my favorite. I like all of the snack bars but again, chocolate is my favorite. I usually have Cinch Pomegranate tea about 3:00 P. As I lost weight, I began to have better blood glucose readings. I was testing four or five times a day and using just enough Humulin to cover the carbs I would consume at the next meal. The point came when I did not need the Humulin at all and only had to take one shot a day of Lantus, the 24 hour, long lasting insulin. As I continue to lose weight with Cinch, I am able to lower the amount of Lantus. My final goal is to not only lose the weight but to also be able to discontinue insulin altogether. My doctor says he is obligated to offer me prescriptions though he knows by now that I am not going to take them. If I took everything he wanted me to take, I would be on five prescriptions at an annual cost to me of \$2,000.00. I take Shaklee's Rx for a Healthier Life (Vitalizer, Cinch, Vivix and Nutriferon) so that also gets some of the credit for my improved health. I don't take flu shots and I haven't had the flu nor even a cold in 30 years of taking Shaklee nutritional supplements. In the past twelve years, I have had three MRIs that show no plaque in my arteries. I give total credit to Shaklee for that. I take extra Omega Guard and Vita-E Complex. I am 77 years old. Neither my grandfather, my dad, nor my uncle lived long enough to celebrate their 58th birthday. Dr. George Wotan, MD told me I should take all the antioxidants I can, so in addition to the Rx for a Healthier Life, I take additional Vita-C, Carotomax, Flavomax, Formula I and Zinc. At the first sniffle or sneeze, I take Defend and Resist and, of course, every day I take Nutriferon which is part of the Rx for a Healthier Life. I take Alfalfa Complex because it benefits diabetics and for me, another benefit is the relief it gives for stiff and sometimes painful fingers of my left hand. I am very thankful for Shaklee and for my friend who introduced me to both the products and the business of Shaklee. **Buddy King** : February 10, 2011

What is Vivix and Why do so many Diabetics have success with Vivix?

Antioxidants are known to prevent premature cellular aging that has been the subject of much investigation and discussion among researchers for decades. Shaklee's entry into the field of longevity includes a most remarkable antioxidant known as **VIVIX**. Clinical studies suggest that it could extend cellular health by 25 years.



Vivix works on 4 levels: 1)DNA damage from chemicals and radiation
2) genetic repair regulators 3) mitochondrial energy production in the cell &
4) reduction of AGE proteins from metabolism. These AGE proteins are essentially trash in our cells that tends to stick to blood vessel walls and cause diabetic complications

These potent blends of polyphenols in **Vivix** decreases insulin resistance of the cell, enhancing glucose's ability to enter the cells and stabilizing weight, polyphenols provide a complementary way to attack the disease. Additionally, studies have confirmed that polyphenols are potent anti-inflammatories that reduce free radicals, and inhibit the formation of end metabolism trash, AGE.

Vivix has 10X the antioxidant capacity than the older consumer products such as Noni, Mangosteen, Goji and Acai.

Contact: