

## Pregnancy & Infant Loss Awareness Month

In October 1988, President Ronald Reagan proclaimed October as National Pregnancy & Infant Loss Awareness Month. He stated in part, "This month recognizes the loss so many parents experience. It is also meant to inform and provide resources for parents who have lost children due to miscarriage, ectopic pregnancy, molar pregnancy, stillbirths, birth defects, SIDS, and other causes."

### October 15: Pregnancy & Infant Loss Remembrance Day

Robyn Bear, founder of October15th.com, "envisioned a day when all grieving parents could come together and be surrounded by love and support from their friends and families, a day where the community could better understand their pain and learn how to reach out to those grieving. This would be a day to reflect on the loss, yet embrace love. While our babies' lives were so brief, they were also very meaningful." Since October had been proclaimed Awareness Month, she chose October 15 as Pregnancy & Infant Loss Remembrance Day.

Everyone is invited to light a candle at 7 p.m. on October 15 to create an international Wave of Light for Pregnancy & Infant Loss Remembrance Day.  
[www.October15th.com](http://www.October15th.com)

## Pregnancy & Infant Loss

### 10-WEEK COURSE

Start this 10-week course anytime, work at your own pace, complete within 6 months of registration date.

Choose from two tracks:

**Track 1** — 10 CEUs for \$65

Includes weekly topics and post-test.

**Track 2** — 30 CEUs for \$125

Includes weekly topics with activities and post-test.

To begin the course, visit  
[PAILA-WCMD.com/education](http://PAILA-WCMD.com/education)

Course presented by Brianne Tesla Bearese, LCPC, CPLC, Founder and Director of Pregnancy & Infant Loss Awareness of Washington County, Md. She is a Licensed Clinical Professional Counselor (LCPC), holds a master's degree in mental health counseling, and is Certified in Perinatal Loss Care (CPLC).



If you or someone you know would be interested in volunteering to make Angel Gowns for babies who do not make it home from the hospital, please contact us at [PAILAofWCMD@gmail.com](mailto:PAILAofWCMD@gmail.com) or 240-818-8911 or visit [www.paila-wcmd.com](http://www.paila-wcmd.com).

# Pregnancy & Infant Loss Awareness of Washington County, MD



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**Pregnancy and Infant Loss  
Awareness**  
of Washington County, MD

# About PAILA

Pregnancy and Infant Loss Awareness of Washington County, MD provides support to those experiencing a pregnancy and/or infant loss. We also host events throughout the year to honor our Angels and to promote Pregnancy and Infant Loss Awareness.

## Support Groups

### Father 2 Father

*Grieving Fathers Support Group*

Meets the 3rd Thursday each month at 7 p.m., Brook Lane North Village, Room 116, 18714 North Village, Hagerstown  
For information, contact Rob Embly at PAILfather2father@gmail.com

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### Rainbow of Hope

*Pregnancy After Loss Support Group*

Peer-to-peer online support group with a few “meet up” activities throughout the year. For information, contact Brianne Tesla Bearese at PAILAofWCMD@gmail.com

For additional support groups and resources, please visit [www.paila-wcmd.com/Resources](http://www.paila-wcmd.com/Resources)

## How you can help...

If you're able, please consider donating to Pregnancy & Infant Loss of Washington County, MD. Donations help provide support services and funding for our events. [www.paila-wcmd.com/donations](http://www.paila-wcmd.com/donations)

# Annual Events & Activities

hosted by PAILA of Washington County, MD

MARCH

**Pregnancy After Loss Awareness**

MAY/JUNE

**Mother's Day & Father's Day Celebrations**

AUGUST

**Butterfly Release**

OCTOBER

**A Walk to Remember  
Virtual Walk  
Luminaries  
Awareness Ribbon Display  
and more...**

NOVEMBER

**Dia de los Muertos  
Monarch Festival**

DECEMBER

**Holiday Celebration at  
Remember Me Butterfly Haven**

**There are more events throughout the year listed on our website: [www.paila-wcmd.com](http://www.paila-wcmd.com).**

Register for events at [www.paila-wcmd.com/eventsfundraisers](http://www.paila-wcmd.com/eventsfundraisers)

# Remember Me Butterfly Haven

The Monarch butterfly population has decreased by 90% over the past 20 years. To help save the Monarch, PAILA-WCMD created a waystation to help with conservation efforts. As the butterfly is a symbol of hope and transformation, our Remember Me Butterfly Haven is a symbol of hope for families who have experienced a pregnancy and/or infant loss and will help the Monarch population.



Open to the public: Dawn to dusk

