

## Elements of a Family Plan of Action

## *Responding to Family Issues* SEMINAR #22:

Identify the IssueCompleting and F.T.R. worksheetApply the Family Values Based DecisionComplete the practical exercises and videoConnect the needed resources or support issueComplete a Family Plan of Action for this issue		
Purpose:		The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.
	Instructions	The elements of a family plan of action is a process with step by step path for a family to consider when developing their response in how to best create a solution to a family member passing. Complete each step below to formulate your possible family course of action.
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews what is included in a Elements of a Family Plan of Action: What Change to Expect, The Family Meeting, Making a Family Decision. Which of these will the family member need to seek help in addressing?
	Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
	Key Topic #1: What Change to Expect	Your family members will seek identify What Changes will take place. Determine What impact will it have on the family and each family member? Also complete the practical exercise in the Seminar Workbook.
	Key Topic #2: The Family Meeting	Each family member will seek clarity as to if complicated parts of the decision and how a plan will include them or others to create a solution to an issue. Gathering and creating a unified response will require the family to communicate together in a family meeting. Complete the practical exercise in the Seminar Workbook.
	Key Topic #3: Making a Family Decision	Having family members who understand a standard way the family will make decision is an advantage for everyone. Learn and decide as a family how decisions will be made, what are the steps? Each family member may have a different way to approach decision making and yet this is a family action that unites all members of the family.
	Purpose:	The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.



## Seminar Objectives:

- Learn what a Elements of a Family Plan of Action Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A "It's Time to Get Organized" family organizing binder.
- A "It's Time to Get Networked" family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar. Clinical Paper Handout, for each seminar.