



OFFICE POLICIES, CONSENTS AND COMMUNICATIONS

Payment Policy: Our office is private pay (we are not in any insurance networks) and payment is expected at the time of service. We accept VISA, Master Card, American Express, Discover or personal checks. I understand that I am financially responsible for all services rendered. Any returned checks will incur a **\$20 fee** and a monthly billing charge of **\$25** will be added to all accounts 30 days past due. **Initials:** _____

Insurance Release: *(For Medicare patients and any others needing assistance processing their insurance claims)*
I hereby authorize the release of any medical or other information necessary to process my insurance claim. This is a permanent authorization that I may revoke at any time by written notice. **Initials:** _____

Missed Appointment Policy: We ask that you notify us at least 24 hours in advance if you need to cancel or reschedule your appointment. We do allow 1 initial missed appointment per year. Any other missed appointments or cancellations without notice will result in a \$25 fee. Inclement weather, acute illness, or family emergencies are exceptions to this policy. If we are not here to take your call, just leave a message. **Initials:** _____

Informed Consent To Chiropractic Treatment: I hereby request and consent to the performance of chiropractic adjustments and any other chiropractic procedures, including examination tests and physical therapy techniques. I understand that chiropractic adjustments or other clinical procedures are usually beneficial and seldom cause any problems. In rare cases, underlying physical defects, deformities or pathologies may render me susceptible to injury. The doctor, of course, will not give any treatment or care if she is aware that such care may be contraindicated. I do not expect the doctor to be able to anticipate and explain all risks and complications. It is my responsibility to make it known, or to learn through healthcare procedures what I'm suffering from--latent pathological defects, illnesses or deformities which would otherwise not come to the attention of the doctor. Furthermore, I have had an opportunity to ask questions regarding chiropractic treatment, and by initialing I agree to the previously named procedures. I intend for this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment. **Initials:** _____

Informed Consent To Needle Acupuncture Treatment: I hereby request and consent to needle acupuncture and any other procedure in the scope of practice including dry needling, gua sha, cupping, laser or electrico-acupuncture. I understand that acupuncture is usually beneficial and seldom causes any problems. I have been given the opportunity to review the acupuncture information leaflet provided for me, explaining any risks. I intend for this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment. **Initials:** _____

Informed Consent To Clinical Muscle Testing, Dietary Suggestions & Supplements: I have been given the opportunity to read the informational leaflet about clinical muscle testing and understand that it is not a method for "diagnosing" or "treating" of any disease including cancer, AIDS, infections, or other medical conditions, and that these are not being tested for or treated. I also understand that no guarantee has been made regarding the results of muscle testing, dietary suggestions or supplement recommendations, and I am not obligated to purchase supplements if they are recommended. **Initials:** _____

HIPAA Privacy: I have reviewed the notice of privacy practices and know my right to privacy. **Initials:** _____
Communications: In the event we need to communicate your health information, to whom may we do so? Please name below:
Spouse: _____ Children: _____
Others: _____ No One
May we leave messages on any answering device? ___ cell phone voicemail ___ home answering machine ___ work voicemail ___ none

Email/Text: We use Square, a HIPAA compliant service for online scheduling and appointment reminders, via text and e-mail. We also use Hushmail, a HIPAA compliant email server, for general information, exchange of ePHI, and periodic office updates. By initialing here, you consent to these services through e-mail &/or text. **Initials:** _____

PLEASE SIGN THAT YOU HAVE READ AND UNDERSTAND THE ABOVE INFORMATION ON OUR POLICIES, INSURANCE RELEASE, CONSENTS, HIPAA, AND COMMUNICATIONS.

Printed Name of Patient _____ Signature of Patient _____ Date _____



CONSENT TO EVALUATE AND TREAT A MINOR OR THOSE PHYSICALLY OR MENTALLY UNABLE:

I, _____, being the parent, legal guardian, or court appointed legal representative, of _____, have read and fully understand the above terms and policies, and hereby grant permission for him/her to receive care from Dr. Nygren.

Signature of Patient's Parent, Legal Guardian, or Court Appointed Legal Representative

Date

In the event that I am not able to attend the above named patient's appointment, I hereby grant permission for the following person(s) to bring him/her to their visit and communicate their personal health care information with Dr. Nygren & staff.

Name(s) and Relationship

CHILD NEW PATIENT FORM

PERSONAL INFORMATION:

Child's Name _____ DOB: _____ Age: _____ Sex: M F
Address _____ City _____ State _____ Zip _____

Parent's Information: Name (s): _____
Primary Cell #: _____ Email: _____ Referred By: _____
Child's Health Care Providers: Pediatrician: _____ Last seen for: _____
Chiropractor: _____ Last seen for: _____

PRESENT CONDITION:

Primary reason for your child's visit today: _____
This began: Date _____ How?(Include history with details) _____

If pain, describe: __ Sharp __ Dull __ Ache __ Pinch __ Throb __ Shooting __ Burning __ Tingle __ Numb
__ Random __ Constant __ On & Off __ Other: _____ Radiate/travel to other body parts? _____
Is this auto accident related? Yes _____ No _____ Current Litigation? Yes _____ No _____
Previous tests or treatments for this problem: _____

Rate your pain: 1(least) to 10 (most severe) _____ This problem occurs? _____ Hourly _____ Daily _____ Weekly _____ Monthly
List anything that makes it worse: _____
List anything that makes it better: _____
Is your child's condition interfering with their: __ Play __ Sleep __ Eating __ Exercise __ Other: _____
Where do you rate your child's overall health now? Sick- 1 2 3 4 5 6 7 8 9 10 -Healthy

PRENATAL HISTORY:

Pregnancy Complications: _____
Medications During Pregnancy _____ Cigarette/Alcohol Use During Pregnancy? __ Y __ N
Location of Birth: __ Hospital __ Home Birth Intervention: __ Induced __ Forceps __ Vacuum Extraction __ C-Section
Meds during Delivery: __ Pitocin __ Epidural __ Other Explanation _____
Birth Weight _____ Genetic Disorders or Disabilities: _____ Jaundice? _____

FEEDING HISTORY (if 5 yrs. old or under):

Breast Fed __ Y __ N How long? _____ Formula Fed __ Y __ N How long? _____ Type: _____
Difficulty latching on? _____ Food Intolerances __ Y __ N List _____

CASE HISTORY:

Surgeries and hospitalizations with dates: _____
Current prescription medications and what they are for: _____
Current vitamins/herbs and what they are for: _____
Family history of cancer, diabetes or heart illness? Y N Please list: _____

Please check the areas of stress that apply to your child.

<input checked="" type="checkbox"/>	Physical Stress
	Birth Trauma
	Fall on head
	Car Accidents
	High Contact Sports
	Physical Abuse
	Poor Posture
	Sleep on stomach
	Heavy Backpack
	Continuous sitting/standing
	Bone Fractures
	Surgery

<input checked="" type="checkbox"/>	Emotional Stress
	Relationships/Siblings
	Children
	Homework
	High Stress
	Hold in Feelings
	Quick Tempered
	Verbal Abuse
	Perfectionist
	Sickness/loss of loved one
	Self Esteem
	Other

<input checked="" type="checkbox"/>	Chemical Stress
	Second hand smoke
	Poor diet
	Caffeine—amount?
	Excessive Sugar
	Processed/Fast Food
	Artificial Sweeteners
	Soda
	Antibiotics
	Prescription Meds
	Over the counter meds
	Other

Please check any of the following conditions that apply to your child:

<input checked="" type="checkbox"/>	
	Acid Reflux
	ADHD
	Allergies
	Asthma
	Anxiety
	Bed wetting
	Bladder Problems
	Colds (frequent)
	Chronic Sinus

<input checked="" type="checkbox"/>	
	Colic
	Cough
	Diarrhea/Constipation
	Dizziness/Vertigo
	Ear infections
	Epilepsy
	Food Sensitivities
	Growing Pains
	Headaches

<input checked="" type="checkbox"/>	
	Scoliosis
	Seizures
	Skin Conditions
	Stomach Aches
	Tongue Tie
	Torticollis
	Temper Tantrums
	Vaccine Reaction
	Other

AUTHORIZATION FOR CARE OF A MINOR:

I hereby authorize this office and its Doctor to administer care to my Son/Daughter as they deem necessary.
 I clearly understand and agree that I am personally responsible for payment of all fees charged by this office

Printed Patient Name: _____

Printed Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____



Dr. Nichole Nygren, DC Dr. Tyler Nygren, DC
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Right to Receive a Good Faith Estimate of Expected Charges

You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost under the No Surprises Act as of January 01, 2022

Under the new law, chiropractors are required to give patients who don’t have insurance or who are not using insurance *the option* of a *written* estimate of out of pocket expenses while under care.

During your call to set up your new patient appointment we *verbally* went over your out of pocket fees for the exam and possible adjustments or acupuncture treatments. At that time you were asked if you wanted a *written* estimate sent to you prior to your first appointment and we did so accordingly.

We are now notifying you of your option to receive a *written* estimate for the cost of your **follow-up visits**, including fees for treatments needed in your care plan.

If you prefer a Good Faith Estimate *in writing* for your follow-up visits, please specify below and you will receive an estimate at your next appointment.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises

I acknowledge that I have received this notice and understand my rights and options as stated above.

I have been verbally explained the expected out of pocket fees for services at this office during my new patient phone call and I

_____ still do _____ do not _____ wish to receive an estimate *in writing for my follow-up visits*.

Patient Name Parent Signature Date Signed