



Eligibility

Women are eligible for these services if they meet both of the following criteria:

- 1) Are pregnant, parenting dependent children, or are attempting to regain custody of their children and
- 2) Are in need of substance abuse prevention or treatment services

Women can access VCSB services through open access at our Main Office on Monday, Tuesday, Thursday, or Friday from 8am - 1pm.
540 887-3200

For urgent medical concerns, women are directed to call 911 for immediate medical assistance.

For any urgent mental health/substance abuse concerns, contact VCSB Emergency Services Department 24/7 by calling 540-885-0866.



Valley Community Services Board

85 Sanger's Lane
Staunton, Virginia 24401

Main Line: 540-887-3200

Emergency Services:

540-885-0866

www.myvalleycsb.org

VCSB does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.



8/2021

Valley Community Services Board

All Ages



Pregnant
and
Parenting Women:
*Substance Abuse Prevention
& Treatment*



Plan of Safe Care

An individualized plan developed by you and your service providers to identify needed treatment and support services during pregnancy and after delivery to promote the best health outcome for you and your child

Plan of Safe Care may:

- ❖ *Identify substance use treatment services, supports, and interventions for both mother and child*
- ❖ *Assist with service coordination and referrals*
- ❖ *Provide education resources on Neonatal Abstinence Syndrome*
- ❖ *Identify resources and/or interventions to support caring for substance exposed infants*
- ❖ *Does not presume abuse or neglect*



Pregnant & Parenting Women

Welcome to Valley Community Services Board (VCSB). VCSB is committed to providing prompt comprehensive services to pregnant and parenting women in need of substance abuse services. Pregnant women receive priority treatment and are admitted into treatment within 48 hours of their request.

Community Referrals

VCSB provides intensive treatment services to pregnant and parenting mothers and links them to appropriate resources and services in the community. Assistance is provided with referrals for services such as:

- ◆ *Prenatal Screening*
- ◆ *Physical Exams*
- ◆ *Nutritional Counseling*
- ◆ *Child Care*
- ◆ *Pediatric Services & Immunizations for Children*
- ◆ *Developmental Assessments for Children*
- ◆ *Vision & Dental Screenings*
- ◆ *Parent Education*
- ◆ *Therapeutic Services for Children*
- ◆ *Transportation*

VCSB Services

VCSB also provides supportive services to children and families. Women who receive services also receive assistance in linking their children to needed services that VCSB has to offer children and families, including:

- ◆ *Infant Developmental Screenings*
- ◆ *Mental Health Assessment*
- ◆ *Substance Abuse Assessment*
- ◆ *Family & Individual Counseling*
- ◆ *Substance Abuse Groups*
- ◆ *Child Case Management Services*
- ◆ *Psychiatric Services*