THE
BERLESDUNA
TRUST

Recovery Curriculum Principles



The background to our principles

"When the children return to school there needs to be a Recovery Curriculum in place. Suddenly daily routines have evaporated and with it, any known curriculum framework. No more rushing to get the school bag ready and running out of the door to begin the journey to school. For most children their daily goal in going to school is not just to learn but to see their friends and to feel a sense of self-worth that only a peer group can offer. You cannot underestimate the impact of the loss of that social interaction." (Carpenter, 2020)

The recovery curriculum is based on five key levers:

- Lever 1: Relationships we can't expect our students to return joyfully, and many of the relationships that were thriving, may need to be invested in and restored. We need to plan for this to happen, not assume that it will. Reach out to greet them, use the relationships we build to cushion the discomfort of returning.
- **Lever 2: Community** we must recognise that curriculum will have been based in the community for a long period of time. We need to listen to what has happened in this time, understand the needs of our community and engage them in the transitioning of learning back into school.
- Lever 3: Transparent Curriculum all of our students will feel like they have lost time in learning and we must show them how we are addressing these gaps, consulting and co-constructing with our students to heal this sense of loss.
- **Lever 4: Metacognition** in different environments, students will have been learning in different ways. It is vital that we make the skills for learning in a school environment explicit to our students to reskill and rebuild their confidence as learners.
- Lever 5: Space to be, to rediscover self, and to find their voice on learning in this issue. It is only natural that we all work at an incredible pace to make sure this group of learners are not disadvantaged against their peers, providing opportunity and exploration alongside the intensity of our expectations.

"A Recovery Curriculum: Loss and Life for our children and schools post pandemic." Professor Barry Carpenter (2020)

The Berlesduna Trust has taken the 5 key levers, the principles and expectations from the DfE and the Trust's curriculum and assessment principles to form the Trust Recovery **Curriculum Principles** which will be embedded into the curriculum of each school within the Trust for the 2020-2021 academic year.

Wellbeing

- Increasing opportunities to work as a team and collaborate in their learning through drama and speaking and listening activities
- Focus on learning that promotes self expression and develops resilience
- Consistent use of a school's behaviour policy which is based on de-escalations 'before', 'during' and 'after' a crisis
- Increase teaching of PHSCE to give opportunities to speak about their experiences, build relationships and develop spiritually
- Phase in the relationships and sex education (RSE) curriculum by January 2021

Being Physically Active

- Increasing time for play, sport and physical activity
- Learning in the open air wherever possible

Being Mentally Active

- Set activities that develop children's concentration times
- Provide stimulating and interesting activities
- Provide challenge and praise at every opportunity

Catching Up

- To give greater emphasis to the core of the Primary curriculum reading including phonics, writing including vocabulary, maths including times tables whilst still maintaining the overall breadth
- To actively engage with blended learning providing online work to supplement schoolwork
- Support and encourage children's access to home learning

Early Years

- Focus on the Prime areas of learning in Nursery
- Focus on language including extending vocabulary, early reading including phonics and maths in Reception

Extra Curricular Activities

 Provide a range of extracurricular activities focused on well-being, self-expression, resilience, teamwork communication and health